

the CenterPiece

UC BERKELEY RETIREMENT CENTER NEWSLETTER

RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

CONTACT US

101 University Hall
Berkeley, CA 94720-1550
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Email: ucbrc@berkeley.edu
Web: retirement.berkeley.edu

HOURS

Monday–Friday:
1pm–4pm
excluding holidays

*Transforming Retirement
for 18 Years*



Director's Notes

Once a decade, the White House Conference on Aging (WHCoA) brings together leading national experts and stakeholders in the field of aging to make recommendations and shape national aging policy. 2015 marks the 6th WHCoA since 1961 - which was perhaps the most significant since it laid the groundwork for "Great Society" programs whose 50th anniversaries we observe next year: Medicare, Medicaid and the Older Americans Act.

2015 is a very exciting year for making your voice heard about the importance of the programs that provide a safety net for all older Americans. If you've ever wanted to learn more about these programs or help shape aging policy so that future generations of older Americans are secure, the time is now!

Sharing your ideas and story

What is different and perhaps exciting about the 2015 WHCoA is the Policy Committee's effort to engage directly with older Americans to solicit ideas and stories. Through the WHCoA website (<http://www.whitehouseconferenceonaging.gov>), you can get involved by submitting topics you'd like to see discussed at the conference. With 2015 marking the 50th Anniversary of Medicare, Medicaid, and the Older Americans Act, as well as the 80th Anniversary of Social Security, you are encouraged to share stories that show how these programs make a difference in your life or the lives of your family, friends or neighbors.

What will the Conference focus on for 2015?

The 2015 WHCoA will focus on four broad policy areas: retirement security,

health aging, long-term services and supports, and elder justice. "Retirement security," of particular interest to the Center, currently includes discussions about protecting social security, planning for retirement (including more in savings) and providing workforce opportunities for older workers.

Staying connected and learning more

Details (including the date) for the 2015 WHCoA are being finalized. However, check out the new WHCoA website in the mean time (<http://www.whitehouseconferenceonaging.gov/>) to sign up to receive regular updates and emails or participate in webinars to learn more about the issues. A recording of a webinar on multiple chronic conditions, the first of a series of webinars being hosted by the WHCoA, should be available here, soon: <http://www.wciconferences.com/WHOA/archives.html>.

As I hear about upcoming webinars or other announcements, I will share what I learn - especially information pertaining to the "retirement security" focus area. Be sure that the Center has your email for these updates. And if you are curious about submitting your ideas or your stories to the WHCoA website, but aren't quite certain how to do so, contact me (cary.sweeney@berkeley.edu) or the Retirement Center (ucbrc@berkeley.edu) for help!

Best,

Cary Sweeney
Cary Sweeney, Director



Cal Connections

To take advantage of these special offers, you must use a **Retiree ID** card that identifies you as retired staff, retired academic, or emeriti or their surviving spouse or partner. To obtain your free card, come by the Center between 1pm and 4pm daily or call 510-642-5461 to order by mail.

Selected Cal Connections

- 20/20 Vision Plan discount at the University Eye Center
- Free admission to the Berkeley Art Museum
- Faculty/staff rates at the Pacific Film Archive
- Discount on annual membership to the UC Berkeley Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performances events
- Use of Cal Rentals to find and list rentals
- Discounted membership at the Cal Rec Club
- Chronicle of the University of California discount
- bConnected account or email forwarding through the Cal Retirement Center Network (CRCN)
- Access to the campus Health Care Facilitator
- Free Health Insurance Counseling from HICAP
- Access to International Travel Care
- Free enrollment to the *Berkeleyan* e-newsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute (OLLI@Berkeley) membership discount
- 10% Cal Student Store discount
- Discounts on online purchases at UC Press (use code 15W2181 for discount)
- Wellness Letter discount for new subscribers
- Discounted membership to the Faculty Club
- Discounted membership at the Women's Faculty Club (WFC)

For expanded descriptions and details on any of these Cal Connections visit <http://retirement.berkeley.edu/connect.shtml>.

The University Section Club – 48th Annual Beehive Luncheon and Silent Auction

Tuesday, February 24, 2015 11am – 2:30pm

You are invited to join the University Section Club for its annual Beehive Luncheon and Silent Auction at the Unitarian Universalist Church of Berkeley, 1 Lawson Road, Kensington. Enjoy poached salmon, salads, baguettes, cheeses and home baked cookies. Bid on unique auction treasures, buy jewelry and crafts, and perhaps win a raffle basket full of goodies! Proceeds will fund UC student emergency grants. Pay \$30 at the door or pre-reserve for \$25. Send your check by Tuesday, February 17th payable to University Section Club, Inc. to Lucia Falcone, 235 Ginocchio Ct., Walnut Creek, CA 94598.

Cal Performances Discounts

Retirees enjoy a \$5 discount on most performances in the 2014-2015 season (Special Events and Exclusive Engagements excluded). Tickets and season brochures are available at the Cal Performances Ticket Office in Zellerbach Hall or by calling 510-642-9988. For more information and performance locations visit <http://www.calperformances.org>.

Spring 2015 highlights include the acclaimed author of *The English Patient*, Michael Ondaatje (February 13); the San Francisco Contemporary Music Players' Project TenFourteen series (January 25, February 22, and March 29); and the incomparable Alvin Ailey American Dance Theater (April 21-26).

Note: Discounts available by in-person or charge-by-phone sales; limited to one ticket per retiree per event; cannot be combined with other discounts; is not retroactive; and all sales are final. Retiree ID card required at the door.

Fidelity Planning and Guidance Consultants

Get one-on-one advice with a Fidelity Planning and Guidance Consultant, who can help you make the most of your UC Retirement Savings Program by reviewing your retirement accounts and your other financial goals. They'll be glad to work with you to establish a plan that includes an annual review of your portfolio and professional guidance on investments and goal planning. To schedule a one-on-one confidential consultation, call Fidelity directly at 1-800-558-9182 or go online to ucfocusonyourfuture.com.



Partner News and Events

RECREATIONAL SPORTS OFFERINGS

Annual Retiree Membership

Did you know that the Recreational Sports Facility offers retirees a substantially discounted annual membership to retirees with retiree ID card? Membership costs only \$332/year.

- Sign up in person at the RSF Customer Service Center at 2301 Bancroft Way, Berkeley
- Includes 5 Free Day Passes
- Open to retirees from UCB, UCOP and Lawrence Berkeley Lab
- Access to exclusive members-only classes and programs

Find out more online at: <http://recsports.berkeley.edu/about/member-services/membership-types/uc-berkeley-emeriti-retirees/>.

Foam Roller - A one day fitness workshop

All retirees are invited to sign up for this one-day class (the price is slightly higher for those without a Rec Sports membership). This class will teach you to give yourself a therapeutic massage, break-up scar tissue, release knots in the muscle and surrounding fascia using a foam roller. Increase your muscle performance and flexibility before or after your workouts.

Schedule

Dates	Days	Time	Fee
2/21/15	Sat	10am-12pm	\$20/\$25

Register for the foam roller class online at: <http://recsports.berkeley.edu/fitness-wellness/instructional-classes/fitness-workshops/foam-roller/>

HEALTH INSURANCE COUNSELING FROM HICAP

The Health Insurance Counseling and Advocacy Program (HICAP) provides free and quality assistance to people with questions and/or problems relating to Medicare. Via a special arrangement with the UCB Retirement Center, retirees are eligible to make an appointment to meet with a HICAP Counselor for a personalized session on campus.

Please call HICAP at (510) 839-0393 if you have questions and/or would like to make an appointment to meet with a HICAP representative on campus. HICAP representatives are available on campus on the second Friday of each month.

About HICAP

HICAP is a non-profit, volunteer-based program that does not charge for its services. Through trained Volunteer Counselors, HICAP provides information, public education and advocacy in the areas of Medicare, medical billing and claims, Medicare Supplemental Insurance, Medicare Advantage Plans, Part D plans, Long Term Care Insurance and insurance fraud or abuse issues.

HICAP services in Alameda County are offered through Legal Assistance for Seniors, an Alameda County non-profit agency since 1976. HICAP program funders include the Alameda County Department of Aging and Adult Services, the California Department of Aging, and the Center for Medicare and Medicaid Services. California HICAP is part of a national network of State Health Insurance and Assistance Programs (SHIP).

Additional information about HICAP is available on the web at: <http://lashicap.org/services/health-insurance-counseling-and-advocacy-program>.

Announcing the Retirement CenterExpress!

The UCB Retirement Center is excited to announce a new resource -- the Retirement CenterExpress eNewsletter! This new format will enable you to easily access online content, as well as find out about upcoming Center and campus offerings.

The Retirement CenterExpress allows us to offer a greater variety of news including resources, webinars, and more from the campus and the community. eNews articles will be user-friendly, interesting, and relevant to you, the retiree. Delivered on a regular schedule, you can expect to see the premier issue this spring.

Don't miss out on this great new service! Send your name and email address to ucbrc@berkeley.edu and ask to sign up for the CenterExpress. Retirees who currently receive our weekly emails will be automatically subscribed.

If you have suggestions regarding what content to include in our new eNewsletter, we want to hear from you! Email us at ucbrc@berkeley.edu.



Spotlight

EMERITA OF DISTINCTION

Caroline Kane - Distinguished Emerita



Caroline Kane was always interested in molecular science, although her five-year old self wouldn't have called it that. Her curiosity (why do lightning bugs light up?) and desire to understand things you can't see led to a life in science. After completing her undergraduate degree in Ohio, Caroline earned a PhD in Biochemistry at Cal in 1974. She started a post-doctoral appointment in Seattle and finished it at Cal, and spent 27 years on campus as research faculty, then adjunct faculty, then professor in residence.

Caroline loves research and figuring out how things work, and studied transcriptional regulation as a Professor of Biochemistry. All cells have the same genetic information, and she and her lab looked at how decisions are made on the molecular level. "We were good at it," Caroline explained, "and people followed up on our work after I closed my lab. That was the best compliment."

The aspect of her job that Caroline most enjoyed was working with students – undergraduate, graduate, and postdoctoral fellows. She still holds office hours once per week and mentors students in the Biology Scholars Program, which she helped found in July 1992.

Berkeley is a natural place to be an activist and throughout her career, Caroline worked successfully on increasing diversity at all levels in the Biological Sciences. She sat on the Special Scholarships Committee and on a variety of diversity-focused committees at the invitation of both Chancellors and colleges. Caroline directed undergraduate research programs and served on national committees focused on Education, Women in Science,

and Minority Health. She currently serves as Board President of Biotech Partners, an East Bay nonprofit that introduces high school and first-year community college students to biosciences and biotechnology, providing opportunities for greater participation by underserved youth in higher education and access to fulfilling science careers.

While Caroline officially retired in June 2008, she is still very involved with the campus. She is the President of the UC Berkeley Emeriti Association and an Ex-Officio member of the Faculty Welfare Committee of the Academic Senate. Caroline is also the Interim Director of the President's Postdoctoral Fellowship Program, a UCOP program that is administered at UC Berkeley. The 30-year old program funds 20-40 competitive postdoc appointments across the 10 campuses with the goal of diversifying faculty on all campuses and in all disciplines. Berkeley currently has several such fellows on campus.

The nuts and bolts of retiring were straightforward for Caroline, who received a great piece of advice from her brother-in-law that helped ease the transition. "Practice retirement," he said. "Practice saying no, practice spending a half day on campus once per week." For those contemplating retirement, she suggests actively participating in the retirement planning process, which will make the transaction more comfortable. Also, "think about what you would like to do next or what you would have liked to do if your office was locked and you weren't allowed back in. Play."

After retirement, Caroline found herself with the unexpected joy of unstructured time. "People had told me about this, but it still surprised me. I really like it. My time is full of things I choose instead of requirements. It's a delight." She encourages new retirees to do at least one thing every day that they really enjoy.

In addition to her continuing academic pursuits, Caroline is the Tournament Chair for the Tilden Women's Golf Club and volunteers as an official wildlife rehabilitator at Lindsay Wildlife Rehabilitation Hospital. She and her husband, Emeritus Michael Chamberlin of Molecular and Cell Biology, also spend about three months per year in Hawaii – working, golfing, walking and snorkeling. "If you look at retirement as a new adventure—it will be."

Interviewed by Summer S. Scanlan



Retirement Center Programs

LEARNING IN RETIREMENT

There are no enrollment fees for Learning in Retirement (LIR) courses, but advance registration is required. Please email ucbrc@berkeley.edu to register; course location will be provided with your confirmation email. You can find a historical list of LIR classes on our website: <http://retirement.berkeley.edu/lir.shtml>.

The Auditory System - How it Works, Understanding Loss of Hearing, and Current Research on Dealing with Hearing Impairment

Organized by Professor Emeritus Ervin Hafter, Department of Psychology

Wednesday, February 4, 2015, 2-4pm

Ervin Hafter, Emeritus Professor of Psychology (Berkeley) will talk about historical and modern theory of hearing and what it says about how we encode auditory information.

Wednesday, February 11, 2015, 2-4pm

Harvey Abrams, former Director of Audiology Research at Walter Reed and currently Director of the Audiology Research group at Starkey Hearing Technologies (Eden Prairie, MN), will talk about what goes wrong in normal hearing due to noise exposure, aging, disease, etc.

Wednesday, February 18, 2015, 2-4pm

Sridhar Kalluri, Manager of Hearing Science research at the Starkey Hearing Research Center (Berkeley) will talk about how modern science and technology is being used to address problems of hearing impairment.

Themes on Higher Education

Organized by Professor Emeritus Neil Smelser

Tuesday, March 3, 2015, 2-4pm

“How UC Got Its Unique Level of Autonomy: A Counterfactual History,” John Douglass, Senior Research Fellow—Public Policy and Higher Education, Center for Studies in Higher Education

Topics: The great debate over the purpose of the University of California in the 1870s; the constitutional convention and the granting of constitutional autonomy, 1879; political intrigue and parliamentary maneuvers in making the University of California a “public trust”; the importance of constitutional autonomy in UC history; a counterfactual adventure: what if UC had never attained this constitutional status?

Tuesday, March 10, 2015, 2-4pm

“Faculty Involvements Outside the University: How Permeable Should the Ivory Tower Be?” Judson King, Director, Center for Studies in Higher Education

Topics: University roles in the processes of innovation and economic and societal development; relationships between consulting and research, external influences upon the university research agenda and collegiality in the academy; appropriate controls.

Tuesday, March 17, 2015, 2-4pm

“Changing Emphases in Academia,” Paula Fass, Professor Emerita of History, UC Berkeley

Topics: student vocationalism; decline in teaching loads; deterioration of undergraduate education, especially liberal and general education; the “crisis of the humanities,” and possibly the social sciences; general changes in academic stratification.

Tuesday, March 31, 2015, 2-4pm

“Current Economic Trends and Higher Education,” Neil J. Smelser, University Professor of Sociology, UC Berkeley

Topics: Deterioration of public support from the states; increased accountability and external control; increased fees, tuition, and student debt; explosion of non-tenured and part-time faculty; on-line education and its consequences.



Retirement Center Programs and News

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Music and Politics II: Beethoven, Wagner, Shostakovich

Organized by Professor Emeritus Louise George Clubb

Tuesday, April 7, 2015, 2-4pm

“Beethoven, from Revolutionary to Reactionary,” Nicholas Mathew, Berkeley, Professor of Music

Tuesday, April 14, 2015, 2-4pm

“Art vs. Politics in Die Meistersinger von Nürnberg and the Wagner Legacy,” Karol Berger, Stanford, Professor of Music and Thomas Grey, Stanford, Professor of Music

Tuesday, April 21, 2015, 2-4pm

“Shostakovich: The Case of Lady M.” Richard Taruskin, Berkeley, Professor of Music

IN MEMORY OF ERROL WILSON MAUCLAN 1921 - 2014

Native of Scotland, war veteran of the Royal Navy, and graduate of the University of Edinburgh, Errol joined the Berkeley campus as a planning analyst in 1957. He became the Chancellor's budget assistant the following year, and Assistant Chancellor in 1963.

During his 34-year tenure at Berkeley his responsibilities expanded to include both academic and space planning. Through periods of considerable turmoil, he guided the campus through the ever-increasing complexity of the budget, oversaw the development of several extensive long-range academic plans, helped manage the transitions from the semester to the quarter system and back again, and was instrumental in bringing technology to planning processes.

Although his accomplishments were significant, he was no less esteemed for certain intangibles. He had a very sly humor and an absolutely uncanny way of elucidating an argument by rephrasing it. His warmth and modesty graced a very brilliant analytical and critical mind. It speaks volumes that a senior member of the administration won the wide admiration of the Berkeley faculty (and the staff).

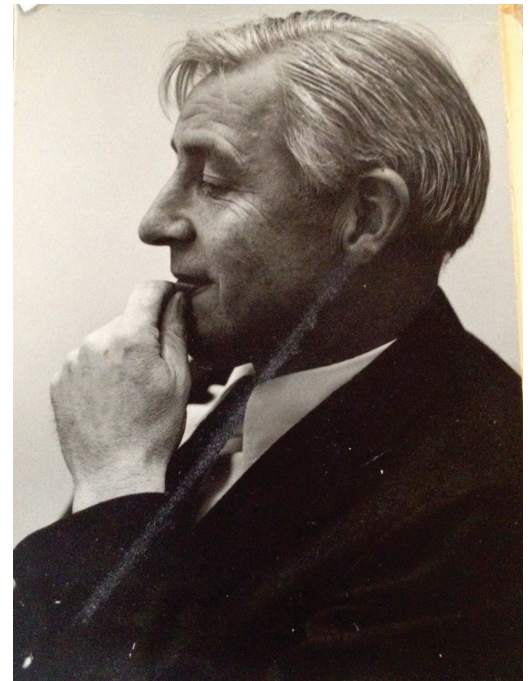
Well beyond his responsibilities, he gave liberally of his time and energy to the Freshman Cluster Program, the Young Musicians' Program, and the Lawrence Hall of Science, and served on the boards of the Friends of the Botanical Garden and The Faculty Club, where he was also Secretary/Treasurer.

On retiring from Berkeley in 1991, he was asked to serve as Associate Chancellor at UC Santa Cruz at a critical time in that campus' budget. He subsequently served on the UC Berkeley Retirement Center's Policy Board for more than a decade and was vital in shaping the Center into its current form. He was also President of the UCB Emeriti Association (UCBEA), and a long time treasurer of the UC Retirees' Association at Berkeley (UCRAB).

In his spare time he was a founding member of the Naval Club (Hill Street, London), a regular at the Berkeley Breakfast Club, and an inordinately proud devotee of Robert Burns suppers (every 25th of January).

He gave immensely of himself, exemplified the highest standards of professional achievement and personal integrity, and left a wonderfully indelible mark on all those fortunate to have known him.

Errol's family requests any donations be given to support the Young Musicians Program, the UC Botanical Garden, or the Lawrence Hall of Science.





the CenterPiece

The *CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for the Faculty. The *CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

UC BERKELEY RETIREMENT CENTER POLICY BOARD

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Partner & Association News and Events

UNIVERSITY OF THE PEOPLE

Volunteer Opportunity

The University of the People (UoPeople; www.UoPeople.edu) seeks faculty to volunteer to help in the development and instruction of several new programs – a new Bachelor's level major in Health Sciences and an MBA program- as well as the addition of more general education Arts & Sciences course.

UoPeople is a non-profit, tuition-free, online university accredited by the Distance Education and Training Council (DETC); It is dedicated to opening access to higher education globally. Using open-source technology, Open Educational Resources, peer-to-peer learning, and the assistance of academic volunteers, UoPeople is especially designed to provide access to college studies for qualified individuals, despite financial, geographic or societal constraints. Founded in 2009, the University currently has over 2300 enrolled students from over 150 countries and continues to grow.

The organization has support of volunteers and leaders in academics worldwide. Its Council of Presidents is chaired by New York University President John Sexton, and includes UC Berkeley Chancellor Nicholas Dirks, Oxford Vice-Chancellor Emeritus Sir Colin Lucas, former U.S. Under Secretary of Education Martha Kanter, and George Washington University President Emeritus Stephen Joel Trachtenberg, among others. With oversight from Vice Provost, Dr. Roxie Smith (recent Columbia Vice Provost), Dr. Dalton Conley (NYU), Dean of Arts & Sciences, will lead the development of the Health Sciences program. The MBA will be headed by Dr. Russ Winer (NYU), Dean of Business Administration.

For more information and to register your interest in volunteering, please contact Dr. Roxie Smith, Vice Provost at rrs20@columbia.edu.

RETIREE ASSOCIATION EVENT CALENDAR

Stay connected to the University and colleagues through a retiree association! Our affiliated emeriti and retiree associations serve as watchdog and advocate. Associations also offer opportunities to engage with fellow retirees, such as quarterly luncheons with interesting speakers. See more at the websites, below.

UC Berkeley Emeriti Association (UCBEA)

(<http://thecenter.berkeley.edu/ucbea.shtml>)

Luncheons - January 24, March 21, May 2

Board Meetings - January 13, March 17, April 28

UC Retirees' Association at Berkeley (UCRAB)

(<http://thecenter.berkeley.edu/ucrab.shtml>)

Luncheons - March 19, June 18, September 17

Board Meetings - January 20, February 17, March 17, April 21, May 19

President's and Regents' Retiree Association (PARRA)

(<http://thecenter.berkeley.edu/parra.shtml>)

Luncheons - April and October, to be announced

LBNL Ex-Ls Retiree Association

(<http://www.lbl.gov/ex-l-express/>)

Luncheons - February 19, May 21, August 20, November 19

Board Meetings - January 8, April 9, July 9, October 8

UNIVERSITY OF CALIFORNIA, BERKELEY
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Berkeley, CA 94720-1550

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the CenterPiece

Spring 2015

Directions to the Center

By BART: Take BART to the Downtown Berkeley station. Exit and walk one block north on Shattuck Ave. Turn right onto the north side of Addison Street. Walk one block east. University Hall is located at the southwest corner of Addison and Oxford Street. 101 is in the northeast side of the building.

By AC Transit: AC Transit bus lines 1, 18, 49, 51B, 65, 67, 800, and 851 stop at the Berkeley Bart Station.

Payment Reminder

Currently, the Retirement Center only accepts checks and money orders made to UC Regents as payment. We do not accept cash or, at this time, credit cards. Please be prepared when stopping by.

Do We Have Your Email Address?

Stay connected and get the most recent news by email! The Retirement Center supplements this newsletter with regular emails to our retiree email list. Email content varies and includes program announcements, benefits updates, campus events, and items of interest and importance. To sign up, send your name and email address to ucbrc@berkeley.edu.