

# the CenterPiece

## UC BERKELEY RETIREMENT CENTER NEWSLETTER

### RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

### CONTACT US

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Web: [retirement.berkeley.edu](http://retirement.berkeley.edu)

### HOURS

Monday–Friday:  
1pm–4pm  
excluding holidays

*Transforming Retirement  
for 18 Years*



### Director's Notes

I am eager to share updates on the work we're doing to keep you informed and connected in retirement. Starting this spring, all retirees and active staff and faculty planning for retirement who have provided us with their email address will receive the **Retirement CenterExpress e-newsletter**. The *CenterExpress* will arrive in your inbox every Monday and will deliver the coming week's events on or near campus (such as Learning in Retirement), pension and benefits updates, as well as local and national news about the latest in retirement.

What is especially exciting about the *CenterExpress* is the addition of a selective set of news and human interest stories from around the country on the topic of retirement. The Retirement Center will cull through thousands of articles from popular and reputable sources like the New York Times, Bloomberg Report, US News and World Report, AARP and the National Institute on Health, and send you the most interesting, informative and relative pieces available. We will explore topics of family, finance, life and adventure, mental and physical health, reinventing yourself in retirement and more.

The *CenterExpress* will arrive only once per week and will replace all other weekly emails sent out by UCBRC. It will be your main source of information for timely and important updates on Open Enrollment, health and welfare benefit changes, and other issues of particular concern to UC retirees.

With a convenient "opt out" link on each email, you can remove yourself from the list at any time. **Don't miss out!** If you do not currently receive weekly emails from [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu), please email us your name and email address. Expect your

first issue of the *CenterExpress* to arrive in your inbox on May 4th.

If you do not wish to receive weekly email updates but would like an annual update from the Retirement Center, you may opt to receive *the CenterPiece* newsletter only, which will be published and distributed via email and U.S. mail once each fall. *The CenterPiece* newsletter will include upcoming events, Cal Connections information (latest discounts and services available with Retiree ID), and other news.

We hope you will join us for our upcoming series and reception in celebration of Older Americans Month (see p. 3). The **Learning in Retirement** series promises to deliver an intriguing presentation and dialogue on the global implications of an aging population, answering questions such as: "How do families and governments around the world care for the elderly and invest in the next generation?" and "What are the implications of demographic and economic pressures on Medicare and other public support programs?"

Many of you have already begun the conversation by submitting your stories to the **White House Conference on Aging** (WHCOA). Thank you to those of you who have shared your stories with me already, which I know took courage to write. If you are interested in helping the WHCOA determine the key issues currently affecting older Americans, consider participating in the conference's regional forums. To learn more go to the WHCOA website: <http://www.whitehouseconferenceonaging.gov/> and click on "what's happening."

Best,

Cary Sweeney, Director



## Cal Connections

To take advantage of these special offers, you must use a **Retiree ID** card that identifies you as a retired from UCB, LBNL or UCOP; or their surviving spouse or partner. To obtain your free card, come by the Center between 1pm and 4pm daily or call 510-642-5461 to order by mail.

## Selected Cal Connections

- 20/20 Vision Plan discount at the University Eye Center
- Free admission to the Berkeley Art Museum
- Faculty/staff rates at the Pacific Film Archive
- Discount on annual membership to the UC Berkeley Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performances events
- Use of Cal Rentals to find and list rentals
- Discounted membership at the Cal Rec Club
- Chronicle of the University of California discount
- bConnected account or email forwarding through the Cal Retirement Center Network (CRCN)
- Access to the campus Health Care Facilitator
- Access to International Travel Care
- Free enrollment to the *Berkeleyan* e-newsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute (OLLI@Berkeley) membership discount
- 10% Cal Student Store discount
- Discounts on online purchases at UC Press (use code 15W2181 for discount)
- Wellness Letter discount for new subscribers
- Discounted membership to the Faculty Club
- Discounted membership at the Women's Faculty Club (WFC)

For expanded descriptions and details on any of these Cal Connections visit <http://retirement.berkeley.edu/connect.shtml>.

## UCB Library Card

Obtain a free UC Berkeley Library card, good for use at all campus libraries, by taking your Retiree ID and a California-issued photo ID to the Privileges Desk in Doe Library.

**Did you know?** Cal's Library consists of 32 constituent and affiliated libraries that together make it the sixth largest university library by number of volumes in the United States. It has over 11 million volumes and maintains over 70,000 serial titles!

## Retiree Parking Permit Program

### Night and Weekend Parking

Single-use Night and Weekend (NW) hang-tag permits allow retirees to park in unreserved lots on campus after 4:30pm M-F, and all day on weekends. NW permits are sold only in packs of 10 or 20; 10 permits cost \$50; 20 permits cost \$90.

### Central Campus Retiree Permit Parking

Central Campus (C) single-use hang-tag permits are available to retirees for \$5 each for the sole purpose of attending UCB Retirement Center programs and events. If you purchase permits and end up not using them for the planned UCBRC event, save the permit to use for a future UCBRC event. C permits allow retirees to park in unreserved lots on campus at any time of day. You may purchase as many C permits as you need to attend the programs that you are currently enrolled in. Please note: Retirement Center-issued C permits may not be used for any purpose other than to attend a Retirement Center program or event.

### How to Purchase Permits

At this time, the UCB Retirement Center is only able to accept checks or money orders made out to UC Regents. You may purchase permits by mail for an additional \$2 per order, or in person at 101 University Hall during open hours, M-F 1pm-4pm.

## UC Press Discount

University of California Press is pleased to offer our retirees a 30% discount on books ordered online. To get the discount, place your order online at <http://www.ucpress.edu> and enter the code **15W2181** in the discount code box in the online shopping cart. This discount does not apply to e-books.



## Celebrate Older Americans Month with the UC Berkeley Retirement Center

*Learn and interact with colleagues in May to:*

**Commemorate** the 80<sup>th</sup> anniversary of Social Security and the 50<sup>th</sup> anniversary of Medicare, Medicaid, and the Older Americans Act. **Stimulate** new thinking! Have fun, and **enjoy** yourself!

### Learning in Retirement Presents

## Our Aging Population and Macroeconomic Implications

*Organized by Professors Emeriti Carol N. D'Onofrio, Neil Smelser, and Donald A. Riley*

**All Lectures: Tuesdays, 2pm – 4pm**

**Location: Maude Fife Room, 315 Wheeler Hall**

**May 5: “Aging Populations and Intergenerational Economic Relations: A Global Perspective”**

Ronald D Lee, Professor Emeritus Economics and Demography, Immediate Past Director of the Center on the Economics and Demography of Aging

**May 12: “Population Aging and the Macro-Economy”**

Ronald D Lee, Professor Emeritus Economics and Demography

**May 19: “The Future of Medicare”**

William Dow, Director of the Center on the Economics and Demography of Aging, Professor of Public Health

### To Register:

Email [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu). Space is limited; registration is required.

### Reception and Social Hour

**May 19, 4pm - 5:30pm**

Please join us on May 19<sup>th</sup> for a reception hosted by representatives of the UC Berkeley Emeriti Association (UCBEA), UC Retirees' Association at Berkeley (UCRAB), Lawrence Berkeley National Lab Retirees Association (EX-Ls), and President's and Regents' Retiree Association (PARRA).



## Spotlight

## RETIREE OF DISTINCTION

### Mary Graham - Distinguished UCB Retiree



Mary Graham retired last June after working at Cal for 33 years. Her Cal affiliation runs deep: Two of her aunts graduated from Cal in 1930, and Mary earned a degree in English here in 1970. 1970 was the year of the Kent State shootings and the People's Park riots, and Cal students went on strike. "The campus awarded a blanket "B" for all courses that spring," she recalls, "and I've always believed that's why I passed Physics!"

Starting as an administrative assistant in the Nuclear Medicine group at what was then known as LBL, Mary transferred to a position at the UCLA Medical Center in 1981. Serious health problems in the late 1980s led her to rethink her career and she returned to campus in 1991 in a support staff position in the College of Natural Resources. "The cool thing about working at Berkeley is that the system allows for flexibility—I could return in a lower job classification without penalty." When her health stabilized, she started up the career ladder again, becoming a Management Services Officer (MSO) in 1999 and then departmental Human Resources Manager in 2005.

Mary loved the years she spent as an MSO helping to build a culture of collegiality among staff, students and faculty. A pivotal experience for Mary was enrolling in the Supervisor Development Workshop series run by Alan deHerrera in Human Resources, where she learned how to develop a campus-wide staff network to navigate Berkeley's complex (and often arcane) administrative systems. Networking was one key to Mary's success at Berkeley, and she misses the daily interactions with campus colleagues.

An accomplishment Mary was very proud to have been part of the Berkeley Staff Association's mentorship program, which matches those less-experienced with seasoned staff to explore career development opportunities. She participated in the 2005 pilot program, and was an active member of the organizing committee until she retired. Three staff that she mentored through the BSA mentorship program went on to higher-level positions at Cal.

For the last seven years of her career, Mary was an Academic Personnel Policy Analyst with the campus committee on Budget and Interdepartmental Relations. The Budget Committee, as it is informally known (sometimes with trepidation, she notes) reviews and makes recommendations on faculty personnel actions including appointments, promotions, merits and retentions.

Mary began to contemplate retirement years before the actual event. "Like everyone else, I wondered how I would fill my time—what would I do? I read books and talked with retired friends and family. Everyone had the same advice: Start planning now!" Upon retirement, Mary was most surprised by the overwhelming feeling of relief. The freedom to structure her own time and to get up when she wanted was brand new—but it did take about six months for her to settle in to her new lifestyle.

Well before retirement, Mary started volunteering for Ashby Village, a local non-profit that provides access to resources and develops volunteer-based, interactive programs designed to help elders stay in their own homes. Mary's latest passion is exploring the possibilities for collaboration between Ashby Village and the UCB Retirement Center. "I'd like to help develop a peer-to-peer program in which retirees could be paired with folks contemplating retirement—a retirement mentorship program!"

Mary suggests new retirees make a list of projects they would like to take up or get back to. For her, that included volunteer work. "Without work constraints, there is the added benefit of spontaneity—you can change plans without worrying about using up your vacation time!" She encourages us all to find something to be passionate about—a meaningful project or two—and, most importantly, plan things to look forward to.



## Partner Programs & Services

### SUMMER LEARNING WITH OLLI @BERKELEY

Learn and engage this summer through the Osher Lifelong Learning Institute at UC Berkeley!

A summer membership with OLLI @Berkeley allows you to audit most Summer Sessions classes on campus. Summer Sessions offers over 600 courses in five sessions between May 27 and August 15. UC retirees get a discount on OLLI membership!

OLLI @Berkeley is also offering five classes this June on topics including the history of rock & roll; contemporary Russian politics; and Native American literature. Classes meet for four weeks and cost \$110 plus membership. To learn more about OLLI visit <http://olli.berkeley.edu> or call 510-642-9934.

### FIDELITY PLANNING & GUIDANCE CONSULTANTS

Get one-on-one advice with a Fidelity Planning and Guidance Consultant, who can help you make the most of your UC Retirement Savings Program by reviewing your retirement accounts and your other financial goals. They'll be glad to work with you to establish a plan that includes an annual review of your portfolio and professional guidance on investments and goal planning

To schedule a one-on-one confidential consultation, call Fidelity directly at 1-800-558-9182 or go online to [ucfocusonyourfuture.com](http://ucfocusonyourfuture.com).

### UC BOTANICAL GARDEN PROGRAMS

New programs are constantly added. Check [botanicalgarden.berkeley.edu](http://botanicalgarden.berkeley.edu) for updates.

#### Sick Plant Clinic

First Saturday of Each Month, 9am -12pm  
Join the Garden for our monthly Sick Plant Clinic and find out which diseases ail your plants. Entomologists are also available to identify pests! Please cover plants and disease samples in containers or bags before entering the Garden. Free.

#### Unsel't Birding Breakfast

Saturday May 2 8am - 10:30am  
Join the flock of bird enthusiasts and enjoy the Garden's bird life with Chris Carmichael, Associate Director of Collections and Horticulture. Event includes light breakfast. Free; Members Only; registration required.

#### Morris Dancers for May Day

Sunday, May 3, 2pm - 2:30pm  
Come enjoy our annual visit by the Berkeley Morris Dancers to celebrate May Day. Their lively performance will be in the Garden entrance. Free with Garden Admission.

#### Mother's Day Tea in the Garden

Sunday, May 10 10am - 12pm  
Invite mom for a lovely tea-style breakfast followed by a botanical crafting session where you'll use Tillandsia air plants to create gorgeous displays for your home. Held in our new Julia Morgan Hall. \$65, \$55 members.

#### Lecture: Julia Morgan, Her Life and Legacy

Thursday, May 14, 10am - 11:30am  
Julia Morgan scholar Dr. Karen McNeil will speak on Julia Morgan's life, UC Berkeley and the women's movement, and the history of the Garden's newest building. Free with Garden Admission.

#### Redwood Grove Concerts

Thursdays, June - August 5:30pm-7:30pm  
Bring a picnic and the entire family to enjoy wonderful live music under towering redwoods. Check website for line-ups and ticket information.

#### Botanical Latin

Saturday June 6, 9:30am - 1pm  
Join us for an introduction to botanical Latin. We'll look at common Latin and Greek roots for plant names and botanical terms, and use simple rules of thumb to pronounce plant names with confidence. Al Luongo developed this course for the New York Botanical Garden and is now bringing it to Berkeley. \$50, \$40 members.

#### Summer Solstice Shrubs & Spirits

SAVE THE DATE! Sunday June 21; early evening hours  
Mark your calendar for lovely evening hours in the Garden on the Summer Solstice. The Cocktail Whisperer Warren Bobrow will tell us tales of the newest celebrity in the artisanal cocktail world - the shrub! St. George's Spirits will be sponsoring the event with delicious libations. Details on our website.



## ANTHEM CYBERATTACK UPDATE

On January 29, 2015, Anthem, Inc. (Anthem) learned of a cyberattack to their IT system. The cyberattackers tried to get private information about current and former Anthem members. Anthem believes the attack happened over the course of several weeks beginning in early December 2014.

Anthem began working to close the security vulnerability and contacted the FBI as soon as they discovered the attack. Anthem has also retained cybersecurity firm Mandiant to assist them in the investigation and to strengthen the security of their systems.

**Current or former members of Anthem's affiliated health plans may be impacted.** In addition, some members of other independent Blue Cross and Blue Shield plans who received healthcare services in any of the areas that Anthem serves over the last 10 years may be impacted. **If you have been impacted, Anthem has arranged to have AllClear ID protect your identity for two (2) years at no cost.** Find out how to access and sign up for identity theft repair and credit monitoring services online at: <https://www.anthemfacts.com/>

## NEIL J. SMELSER, 2015 EMERITUS OF THE YEAR

The UC Berkeley Emeriti Association has just announced the selection of Neil J. Smelser, University Professor of Sociology Emeritus, as its Distinguished Emeritus of the Year for 2015. Professor Smelser will receive this award at a fall luncheon, at which he will also be the guest speaker.

Professor Smelser "retired" in 1994 and promptly became the Director of the Center for Advanced Study in the Behavioral Sciences at Stanford University until 2001. In the twenty years since his retirement, he has published seven books, 23 major articles and 40 other papers. He has focused his work in the social sciences as well as higher education, terrorism, and the Free Speech Movement.

Recently, Professor Smelser joined the Learning In Retirement committee and organized the March 2015 series on Themes in Higher Education. Distinguished and very active, this Emeritus of the Year shows no signs of reduced activity in research, teaching and service to the Berkeley campus. Congratulations to Professor Smelser!

## BERKELEY ART MUSEUM UPDATE

**From the museum:** We are excited by the tremendous progress on the new BAM/PFA building in downtown Berkeley. One of the most noticeable changes is the removal of the tower crane from the jobsite. Our move to the new building will be a massive undertaking. We have started to inventory, pack, and transport our collection of over 19,000 works of art and hundreds of thousands of books, magazines, and clippings.

We've bought 144 rolls of brown plastic packing tape to help us pack everything up. Six miles of tape... enough to circle the UC Berkeley campus almost three times! We'll use five hundred sheets of cardboard totaling 4,000 linear feet, about the distance between the two towers on the Golden Gate Bridge.

We are looking ahead with excitement to the many opportunities that our new building will provide for collection access and engagement.

The Film Library and Study Center will feature BAM/PFA's exceptional collection of books, periodicals, clippings, and other ephemera related to the history of film and video, as well as opportunities for researchers

and the general public to view films and videos from our extensive collection.

The Asian Art Study Center will house our world-renowned collection of Chinese ink scrolls as well as Japanese prints, Indian miniatures, and other historical works on paper. In the Works on Paper Study Center, you will be able to examine our thousands of prints, drawings, and photographs.

The Steven Leiber Conceptual Art Study Center will make accessible our unparalleled collection of Conceptual art, reference books, and related ephemera.

You will also be able to enjoy our library of contemporary poetry and experimental fiction in the Reading Room, visit the Art Lab for drop-in art making, watch films on our outdoor LED screen, and gather in a variety of delightful spaces. We hope that everyone will feel welcome at BAM/PFA and will find their own ways to discover the art and film of the world.

*Kelly Bennett, Chief Preparator, and Lawrence Rinder,  
Director, Berkeley Art Museum*



## the CenterPiece

The *CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for the Faculty. The *CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

### UC BERKELEY RETIREMENT CENTER POLICY BOARD

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### UC Berkeley Emeriti Association

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### RETIREMENT CENTER STAFF

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*Cary Sweeney*

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*Summer Scanlan*

Rehired Retiree

*Patricia Hom*

## Retiree Association News and Events

### JOIN A RETIREE OR EMERITI ASSOCIATION!

Retiree and Emeriti associations perform several critical functions for their members. From serving as watchdog and advocate at the campus and statewide levels to offering social interaction with colleagues and friends, strong and large associations protect retirees' rights and nourish their relationships with each other and the UC campuses.

Each of the four UCB-affiliated emeriti and retiree associations is a member of the Council of University of California Emeriti Associations (CUCEA) or the Council of University of California Retiree Associations (CUCRA), organizations that represent members throughout the University of California.

Associations also offer opportunities to engage with fellow retirees, such as quarterly luncheons with interesting speakers.

Find out how to join an association by navigating to the association websites listed under the association name in the event calendar, below.

### RETIREE ASSOCIATION EVENT CALENDAR

#### UC Berkeley Emeriti Association (UCBEA)

(<http://thecenter.berkeley.edu/ucbea.shtml>)

**Luncheons** - New for 2015! Members of any retiree association are invited to attend UCBEA luncheons. See <http://retirement.berkeley.edu/ucbea-activities.shtml> for additional information and registration details.

May 2 - Carolyn Bertozzi

September 19 - Seth Rosenfeld

November 21 - Richard Taruskin

January 23, 2016- George Leitmann

March 19, 2016 - Mary Ann Mason

May 7, 2016 - Jennifer Doudna

**Board Meetings** - April 28

#### UC Retirees' Association at Berkeley (UCRAB)

(<http://thecenter.berkeley.edu/ucrab.shtml>)

**Luncheons** - See [http://retirement.berkeley.edu/ucrab\\_activities.shtml](http://retirement.berkeley.edu/ucrab_activities.shtml) for additional information and registration details.

June 18 - Annual Business Meeting

September 17 - Speaker TBA

**Board Meetings** - April 21, May 19

#### President's and Regents' Retiree Association (PARRA)

(<http://thecenter.berkeley.edu/parra.shtml>)

**Luncheons** - April 30 - Debora Obley

#### LBNL Ex-Ls Retiree Association

(<http://www2.lbl.gov/EX-Ls/>)

**Luncheons** - See [http://www2.lbl.gov/EX-Ls/lunch\\_form.htm](http://www2.lbl.gov/EX-Ls/lunch_form.htm) for additional information and registration form.

May 21 - Gordon Wozniak, Berkeley City Council

August 20 - Speaker TBA

November 19 - Speaker TBA

**Board Meetings** - April 9, July 9, October 8; held 3pm at the Lab

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*The  
Connecting  
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<http://retirement.berkeley.edu/>

the **CenterPiece**

Summer 2015

### Directions to the Center

**By BART:** Take BART to the Downtown Berkeley station. Exit and walk one block north on Shattuck Ave. Turn right onto the north side of Addison Street. Walk one block east. University Hall is located at the southwest corner of Addison and Oxford Street. Suite 101 is in the northeast corner of the building.

**By AC Transit:** AC Transit bus lines 1, 18, 49, 51B, 65, 67, 800, and 851 stop at the Berkeley Bart Station.

### Payment Reminder

Currently, the Retirement Center only accepts checks and money orders made to UC Regents as payment. We do not accept cash or, at this time, credit cards. Please be prepared when stopping by.

### Do We Have Your Email Address?

Stay connected and get the most recent news by email! To receive regular updates from UCBRC, including topics such as program announcements, benefits deadlines, and campus events, send your name and email address to [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu).