



RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

CONTACT US

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Email:

ucbrc@berkeley.edu

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<http://thecenter.berkeley.edu>

CENTER HOURS

Monday—Friday:

9am—Noon and 1pm—4pm

Closed: Noon—1pm



BERKELEY
RETIREMENT
CENTER

the CenterPiece

UC BERKELEY RETIREMENT CENTER NEWSLETTER

What's News

The start of the fall semester at Berkeley is always exciting. Sproul Plaza is crowded with students buying books, greeting friends, and checking out the scene. Freshman and transfer students roam the campus hunting classrooms and discovering new delights. Returning undergrads make a beeline to favorite places. Graduate students happily head to libraries and labs. Faculty and staff weave through the throngs, hurrying to meetings, chatting with colleagues, or pondering as they enjoy sunshine and warm weather, soon to turn crisp. The Campanile chimes. The Cal band lifts spirits. Football fever spreads—Go Bears!

Many retirees are part of the action, but others are not and miss the campus atmosphere or colleagues, friends, students, and lunch buddies. Fret not. A wise person once said “having a career at UC Berkeley is more than just a job, it is being part of a community and one does not retire from a community.”

The UC Berkeley Retirement Center is your “connecting link” to the Cal Community. This connection is maintained by our physical presence in our new location at 1925 Walnut Street, just off the campus’ west entrance; by our close relationship with the emeriti and retiree associations, and also through the programs, services and discounts we offer or arrange through our campus partners. Through these partnerships, many of the discounts and services you received as an active member of the Cal Community continue to be extended to you and your spouse or partner.

In this issue of the Centerpiece we highlight:

- A co-sponsored Engaging the Aging through the Humanities Conference (p.6)
- Free Learning in Retirement short courses to be offered in Fall 2008 (pp.4-5)
- A membership discount for OLLI@Berkeley, which offers longer courses for older learners (p.2), and
- Shopping for the latest computers and peripherals at The Scholar’s Workstation (p.3)

Contact us to find out more about these opportunities and other programs and services, such as keeping your CalMail account, acquiring a free library card and more. We hope to see you soon and to help you keep your connection to Cal as strong as ever.

Options for *theCenterPiece*

As you may know the State is in the midst of a financial crisis, which has led to cuts in the Retirement Center’s budget. In an effort to reduce our publication, printing, and mailing costs yet maintain our high level of programming, we would like to encourage you to subscribe to *theCenterPiece* by electronic delivery (email).

To “opt in” to the electronic delivery option, simply email the Center at ucbrc@berkeley.edu. Downloadable versions are always available on our website.



20/20 Vision Plan at University Eye Center

You and your designated beneficiary are eligible for a comprehensive examination (maximum out-of-pocket cost of \$70.40*), a discount on other vision services and on ophthalmic materials (such as spectacles, contact lenses, or low vision devices), a complimentary "Cal" glasses case when spectacles are dispensed, free parking, and a free shuttle ride to the Eye Center. For information or to make an appointment, call 510.642.2020. Be sure to identify yourself as a 20/20 Vision Plan member. Note this is not the Vision Service Plan (VSP) offered to retirees for the first time this year.

ID Cards

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1pm and 4pm daily or call us to order by mail.

Berkeley Art Museum/Pacific Film Archive

Enjoy free admission to the Berkeley Art Museum (BAM) with your retiree ID. The Pacific Film Archive (PFA) offers you the UC faculty and staff admission rate of \$6.50 (with retiree ID card).

Cal Rec Club

Join the Cal Rec Club for \$296/year. This annual membership fee includes free morning aerobics, five annual guest passes, and discounts on other programs.

Chronicle of the University of California

The Chronicle of the University of California is devoted to the preservation of the University's past and the promotion of research in University history. The Chronicle offers you a 15% discount off the price of a single issue (normally \$20) or 15% off any two-issue subscription (normally \$36). Contact the Center to subscribe.

Faculty Club

The Faculty Club is pleased to offer you membership at the Professor Emeritus rate of \$11 per month upon presentation of your retiree ID card. Call the Center for details.

Library Cards

Obtain a free campus library card good for use at all

UC Berkeley libraries. Retiree ID required.

Health Care Facilitator (HCF)

Receive confidential one-on-one assistance regarding problems with or questions about your UC health plan. Call the Center to contact your location-specific HCF.

Health Insurance Counseling from HICAP

The Health Insurance Counseling and Advocacy Program (HICAP) provides **UPDATED** assistance to people with questions and/or problems relating to Medicare. HICAP is a non-profit, volunteer-based program that does not charge for its services. Through trained Volunteer Counselors, HICAP provides information, education and advocacy in the areas of Medicare, medical billing and claims, Medicare Supplemental Insurance, Medicare Advantage Plans, Part D plans, Long Term Care Insurance and insurance fraud program of Legal Assistance for Seniors in Alameda when necessary. HICAP is funded through the Alameda County Department on Aging and adult services. Please call 510.839.0393 if you have questions and/or would like to make an appointment at the Center. Be sure to identify yourself as a UCB Retirement Center constituent.

Music Department

The Department of Music offers you a discount on the price of admission. Unless otherwise noted, tickets to weekend and evening concerts are \$8 (regularly \$12) with your retiree ID card. Concerts include performances by the University Symphony Orchestra, University Chorus, and University Wind Ensemble as well as by other groups. Noon concerts and some special events are free to the general public. See concert schedules at <http://music.berkeley.edu>.

Osher Lifelong Learning Institute (OLLI)

Receive a special membership rate of \$40 for a single term (normally \$50) in the Osher Lifelong Learning Institute at Berkeley with a retiree ID. Visit their www.oli.berkeley.edu for more information.

UC Press

University of California Press is pleased to offer you a 15% discount on all books purchased online or by phone. Before placing your order, please contact the Center to obtain the "UC Press discount code." Simply mention the code when you call the fulfillment service at 800.777.4726 or enter the code in the coupon code field when ordering online at <http://www.ucpress.edu>.



Center Program Information and Updates

Wellness Letter

The *UC Berkeley Wellness Letter* offers new subscribers a discounted rate of \$15 (regularly \$28) on the first year of a subscription. To subscribe, call the Center or order online at <http://www.calmarketplace.org>.

Cal Performances

Enjoy select Cal Performances events at 15% off regular prices (limit two; cannot be combined with other discounts and all sales are final). To order tickets, call Cal Performances at 510.642.9988. For more information and program locations visit <http://www.calperformances.org>. *Note: discount is not available for on-line purchases or for performances not listed below.* All performances are in Zellerbach Hall unless otherwise noted. Retiree ID required at the door.

Alexander McCall-Smith

October 1 8pm \$20, \$26, \$32

Richard Goode, *piano*

October 5 3pm \$34, \$48, \$62

Seymour Hersh

October 7 8pm \$20, \$26, \$32

Haruki Murakami

October 11 8pm \$16, \$24, \$30

Jerusalem Symphony Orchestra

Leon Botstein, *conductor*

Robert McDuffie, *violin*

October 26 7pm \$38, \$56, \$80

Conrad Tao, *piano*

November 2 8pm \$42

***This performance will be held in Hertz Hall*

Merce Cunningham Dance Company

November 7, 8 8pm \$26, \$34, \$48

November 14, 15 8pm \$26, \$34, \$48

Ballet Flamenco José Porcel

December 5, 6 8pm \$24, \$36, \$48

Pomegranates & Figs:

A Feast of Jewish Music

featuring Nikitov & Teslim

December 20 8pm \$20, \$26, \$32

Mariachi Los Camperos de Nati Cano

Fiesta Navidad

December 21 3pm \$24, \$30, \$38

Evening and Weekend Parking

Buy one-time use hang tags for \$5 each. To purchase by mail, send a check made payable to UC Regents for the purchase amount plus \$2 for mailing and handling. You may also purchase hang tags at the Center during regular business hours. Note: Permits are not valid for sporting or special events and are non-refundable.

Computer Equipment at The Scholar's Workstation (TSW)

UC Office of the President and Dell have negotiated a new agreement for departments that provides additional savings over current education pricing on select models. Under this agreement, the UC Berkeley-Dell Personal Purchase Program is open to retirees and their families and friends. The Scholar's Workstation has select pre-configured Dell models on display. Retirees are welcome to come to the store for demonstrations and consultations. See <http://www.dell.com/berkeley> for program details.

Of course, you can still purchase other hardware and software at educational prices. TSW's full catalog is available on their website, where you can compare products, assemble shopping lists for in-store purchase, or prepare orders for shipping directly to your home. Some products and specials may require a CalNet ID to view online. CRCN members (see below) can call the Center for their CalNet ID. Emeriti should contact their departments. Call 510.642.8424 or visit <http://tsw.berkeley.edu> for more information.

Email Options through the Cal Retirement Center Network (CRCN)

CRCN E-Mail Forwarding is for those who want to get or keep a berkeley.edu email address but want to use, or are already using, another internet or email service such as Yahoo!, Earthlink, AT&T, or Comcast. Other than a \$10 set-up fee, this service is free.

CRCN CalMail is for broadband users (e.g., DSL, cable) and other Internet connections who want to keep a full service email account through the campus. For an annual flat fee of \$60, plus a \$10 set-up fee, you receive a CalMail account with a "berkeley.edu" email address, 100MB of email storage, vacation forwarding and Connecting at Berkeley (C@B) consulting support, which includes software, updates, and technical support by email or phone.

Please note: *The CRCN SHIPS*, the campus dial-up Internet access program, is being retired in December 2008. Call or visit the Center for more information.



Center Sponsored Programs and Events

LEARNING IN RETIREMENT

There are no enrollment fees for Learning in Retirement (LIR) courses, but advance registration is required. Please call the Center to register; course location will be provided with your confirmation. Parking information for Center-sponsored events can be found at the bottom of page six.

Perspectives on Human Aging

Organized by Professor Donald A. Riley, Department of Psychology

This series will examine aging from a variety of different viewpoints. The first two talks will focus on the biology of the aging body: first on factors affecting longevity, second on changes in the aging brain and related changes in cognitive function. The third discussion will take a humanistic approach to the problems that face people as they grow older. Finally the fourth session will consider the role of a changing society in the way people confront aging.

This course is an excellent lead-in to the Engaging the Aging Through Humanities Conference happening on Saturday, October 11 (see p. 6).

Mondays, 3pm–5pm

- September 15 Professor Paola Timiras, Department of Molecular and Cell Biology,
“A New Image of Aging and Longevity”
- September 22 Professor William J. Jagust, School of Public Health and Helen Wills Neuroscience Institute,
“Aging and Memory”
- September 29 Professor and Director Guy Micco, School of Public Health and Resource Center on Aging
“Humanistic Approaches to an Understanding of Aging”
- October 6 Professor Andrew Scharlach, School of Social Welfare, “Aging in Social Context”

Election Symposium 2008

A Joint Program of The Faculty Club and the UC Berkeley Retirement Center

Moderated by Gerald C. Lubenow, Director of Publications, Institute for Governmental Studies

Thursday, September 25, 2008

4pm–6pm

Price: \$15, for wine and cheese reception

As the presidential campaign moves into high gear, the Retirement Center and the Faculty Club will present a panel of distinguished experts including Professors Henry Brady of the Goldman School of Public Policy and David Karol of Political Science. They will assess the state of the race, provide tips on turning points to watch for, and answer questions from the audience.

Registration required. Please make out your check for \$15 per person to the UC Regents and mail or bring to:

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1925 Walnut St. #1550
Berkeley, CA 94720-1550

Call 510.642.5461 or email ucbrc@berkeley.edu for more information.

Parking for Center Sponsored Programs and Events

When attending a Center-sponsored event, you are eligible for parking at \$5, plus \$2 postange and handling in any non-reserved parking space on campus. You must prepay by sending a check or money order **to be received by the Center at least one week prior to the day of the event.** The Center will then mail the permit to your home for use for that program. Alternatively, you may come into the Center and purchase the permits in person.



Center Sponsored Programs and Events

LEARNING IN RETIREMENT

New Models of Research Collaboration: Salvation or Faustian Bargain?

Organized by Professor Lawrence Waldron, Environmental Science, Policy and Management

As the proportion of university financial support contributed by the state declines, campus units increasingly seek support for research from commercial sources. Also, as permitted by the federal Bayh-Dole Act of 1980, the university gets income from its intellectual property by licensing to commercial firms the discoveries of UC scientists. Faculty in technical fields may find that their research has a greater real world impact through these connections and their students may be rewarded with career opportunities. On the other hand, dependence on commercial sources of research support is a potential threat to academic independence.

CITRIS is a new experiment in public-private partnerships among four Northern California campuses. It is to be housed in the large building being built near North Gate.

Our three speakers have extensive knowledge and experience of these developments that are shaping the modern university and which are quite unfamiliar to the public, particularly to older persons who may cherish the more detached academy. Whether you view these modern trends with enthusiasm or alarm, this series of lecture/discussions will give you an authentic depiction of them. So sign up and learn about what's happening and enter the discussion!

Mondays, 3pm–5pm

- October 27 Gary Baldwin, Director of Special Projects, Center for Information Technology Research in the Interest of Society (CITRIS), "CITRIS: A New Experiment in Public—Private Partnership"
- November 3 Carol Mimura, Associate Vice Chancellor, Intellectual Property & Industry Research Alliances, "Contracting at the University-Industry Interface: Case Studies"
- November 10 Professor Howard K. Schachman, Department of Molecular and Cell Biology, "Can Openness in Academia be Preserved?"

COMPUTER CLASSES

A \$20 per course fee includes instruction and materials. Class space is limited to 18 participants. Dates and times are subject to change. Call the Center for reservations or if you have any questions. Parking can be arranged for \$5 per day.

Web 1.0—Internet Basics (two sessions)

Thursday	October 2	9am-Noon
Friday	October 3	9am-Noon



This class is designed to help you with the basics of the Internet, including how to use browsers and search engines, the tools used to navigate and find information on the web. This class also includes

basic web security information.

Prerequisite: Ability to use the mouse and keyboard

Web 2.0—Beyond the Basics (two sessions)

Thursday	October 16	9am-Noon
Friday	October 17	9am-Noon

This class is designed to help you get beyond the basics, including exposure to immediate level search skills and the use of Web 2.0 sites (customized information sites, web-based email, shared bookmark and news sites, and social networking sites).

Prerequisite: Completion of the Center's Internet Basics Class

Genealogy 101—How to Research Your Family History Online (two sessions)

Thursday	November 6	9am-Noon
Friday	November 7	9am-Noon

This class will cover the basic principles of online genealogy as well as how to use free resources on the Internet to help you begin and/or expand your family tree. You will learn to unearth and decipher pockets of information nestled in the most surprising places. Bring your questions and family history!

Prerequisite: Must be comfortable using the computer to browse the Internet.

Suggestions for New Classes

The Center is looking into new computer class offerings, including training that might help those who would like to upgrade their skills for returning to work on campus. If you have thoughts or ideas about courses you would like to see offered, let us know by emailing ucbrc@berkeley.edu.



Center Sponsored Programs and Events

AGING CONFERENCE

UC Berkeley Engaging Aging Through the Humanities Conference

Saturday, October 11, 2008

9am to 5:30pm

Reception to follow

UC Berkeley, Doreen B. Townsend Center for the Humanities
220 Stephens Hall, Geballe Room

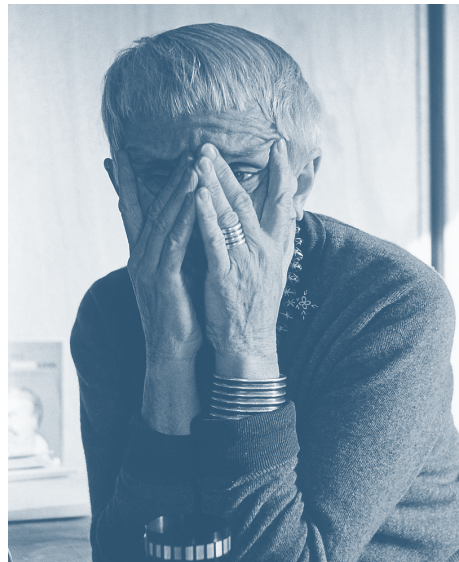


Photo Credit: Dorothea Lange, Early 1960s ©Rondal Partridge

Popular culture has it that aging and old age are, at best, a nuisance. Medicine seeks to ameliorate their ravages and, in decades to come, will seek to 'cure' them. The purpose of this conference is to look at aging and old age through the various, perhaps softer lenses of the arts and humanities. There will be presentations and discussions with an historian, a dancer/choreographer, a neurolinguist, a photographer, an anthropologist, and a musician-neuroscientist. And, a molecular biologist will consider "the humanities and aging". For more details, please visit: <http://ist-socrates.berkeley.edu/~aging/>.

Registration fee is \$45 for all attendees. Please register prior to the event through the UC Berkeley Extension either online at www.unex.berkeley.edu/enroll or by phone at 510.642.4111. You will need to cite course EDP #028415 and pay by credit card. Limited on-site registration begins at 8:30am, with payment by check only.

Co-Sponsors: UCB Resource Center on Aging; UCB Center for Medicine, the Humanities, and Law; UCB Extension; The UCB Retirement Center; Doreen B. Townsend Center for the Humanities; UCB Center on Photography; ASUC Arts Studio/A Public Arts Program of UCB; UCB Osher Lifelong Learning Center

UCBRC BOOK CLUB

Tuesday, October 28, 10:30am–12:30pm

The UCBRC Book Club selection this fall is "American Slavery, American Freedom: The Ordeal of Colonial Virginia," by Edmund S. Morgan (W. W. Norton & Co., paperback edition, reissued 1995). Contact us if you would like join the discussion. Our first club meeting last fall discussed the book selected by the College of Letters and Science last year for incoming freshman. This year L&S selected a film. As a result, Preston Hotchkis Professor of American History Emeritus Robert Middlekauff, who launched this Center program, selected the Norton book—one he's assigned to his students in the past, and will lead the discussions Registration required—contact the Center.



the CenterPiece

The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for Academic Affairs and Faculty Welfare. *The CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

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Center Sponsored Programs

RETIREMENT INCOME PLANNING

Planning Today for your Fiscal Tomorrow

Vice Chancellor-Planning Emeritus Adrian Harris (UCLA) achieved his plan to retire at age 59 1/2. Since retiring, he has maintained a thorough knowledge of University of California and Government policies and procedures, and has been providing advice on estate planning and financial retirement matters. Pre-register to receive more information, confirmation of the date (likely November 20 or 21) and location, by emailing us at ucbrc@berkeley.edu or calling 510.642.5461.

ACCESSIBILITY

Introduction to Accessibility Services at UC Berkeley

October 30, 2pm–4pm

This program, co-sponsored by the UC Berkeley's Disabled Student's Program, the UC Retirees' Association at Berkeley (UCRAB), the Osher Lifelong Learning Institute@Berkeley (OLLI@Berkeley) and the Retirement Center, offers an introduction to campus accessibility services available to you. Daniel Kodmur, communications access specialist and Peter O'Connell, mobility access officer and possibly others will discuss changes to the accessibility landscape over the past few years. This program is geared towards those who attend campus events, or perhaps decide to not attend, due to accessibility hardships.

Association News

For less than a good cup of coffee a month become a member of a retiree association or emeriti association at Berkeley or a retiree association at LBNL or UCOP and be represented on the systemwide Councils of UC Retirees' and Emeriti Associations (CUCRA/CUCEA), advocacy organizations for the retention and improvement of benefits available to UC retirees. You will also be invited to luncheons featuring prominent speakers from UC locations and the community and to go on trips to noteworthy attractions (see below for some events this fall). Campus retirees/emmeriti can download a membership application at: <http://thecenter.berkeley.edu> (click on either UCRAB or UCBEA). Lab retirees can get information at: <http://www.lbl.gov/ex-l-express>. UCOP retirees and anyone else with questions call the Center. The Berkeley associations invite UC retirees from other campuses to join if this location is closer.

Upcomming Events

UCRAB - September 16 - Fall Luncheon - "No Hiding Place for Obama or McCain!" a talk presented by Associate Professor Susan Rasky, Department of Political Science

UCBEA September 13 - Fall Luncheon - speaker Dr. Marshall Stoller, UCSF, Department of Urology

UCRAB - October 16 - Free Oakland Port Tour - Tour the Port's operations from a Blue and Gold ferry

Contact the Center by phone or email to reserve or request information.

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FALL 2008

How to reach the Retirement Center

The Center is located in the brown shingle house at 1925 Walnut Street between University Avenue and Berkeley Way, and between Shattuck and Oxford in downtown Berkeley.

Directions to the Retirement Center

By BART: Take BART to the Berkeley Station. Exit the station. Walk two blocks north on Shattuck. Turn right on University. Walk one-half block east. Turn left on Walnut. Walk one-half block north. Building is on your right.

By AC Transit: AC Transit bus lines 1, 7, 9, 16, 18, 19, 51, 52L, 65, 67, 79, 800, 851, and F stop at the Berkeley Bart Station.

By car: Please call the Center for directions and parking information.

Campus Accessibility Information

Check out the online FASDI Access Guide, which includes building accessibility information, as well as other useful accessibility tools.

<http://fasdi.berkeley.edu/index.cfm>