

# the CenterPiece

## UC BERKELEY RETIREMENT CENTER NEWSLETTER

### RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

### CONTACT US

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Berkeley, CA 94720-1550  
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Email: [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu)  
Web: [retirement.berkeley.edu](http://retirement.berkeley.edu)

### HOURS

Monday–Friday:  
1pm–4pm  
excluding holidays



### Director's Notes

Over the past year, we've had a number of exciting developments at UCBRC. We launched our new website at <http://retirement.berkeley.edu>, our e-newsletter, the *CenterExpress*, an events calendar with online registration, and online credit card payments.

Our improved website design and user-friendly layout is easy to navigate. It's also easy for us to update, making the site a great resource for timely UCBRC news and events. Many of you already receive the *CenterExpress* via email. I'd like to thank those of you who completed our e-news survey -- as requested, we will adapt the *CenterExpress* to be delivered every other Monday (about twice a month). We also received feedback regarding small font size. If font size has been an issue for you, we encourage you to review an article on adjusting size depending on your computer and browser type: [https://www.health.ny.gov/help/text\\_size.htm](https://www.health.ny.gov/help/text_size.htm).

Our new Online Events Calendar allows you to see LIR, Association events and workshops by month or in a chronological list, along with location, date and event description. For LIR, you can choose to register for one session or an entire series. The system also allows you to register your guests, and sends automatic confirmation emails. See step-by-step instructions for how to register on the insert of this newsletter.

We are also pleased to now accept online credit card payments for Retiree bMail Service and Retiree Parking permits. This program -- now in its pilot phase -- offers retirees a safe, easy and secure way to pay without having to get out the checkbook. We encourage your feedback at [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) so that we can

make the process as easy and convenient as possible. Please note: prices for these services increased slightly to cover credit card processing and administrative costs.

All of this great progress at UCBRC wouldn't have been possible without the hard work and dedication of Summer Scanlan. We're very proud of Summer, who took a new position as the CalNet Coordinator of UC Berkeley's Information Services and Technology department. As most of you know, Summer has been the anchor of the UCBRC team, ensuring the smooth operation of our many programs and services. Please join me in congratulating Summer on this wonderful career achievement and opportunity!

We would like to congratulate 1000+ recently retired UCB, LBNL, and OP faculty and staff and look forward to the opportunity to connect with you! Please mark your calendars for October 22, 2015 for our Reception Honoring New Retirees -- a chance to celebrate and connect with programs based on your interest. Keep an eye out for an invitation.

\*\*Please note: *the CenterPiece* newsletter comes out annually in the fall and includes information about trips, events, lectures, and workshops for the following academic year. Be sure to subscribe to the *CenterExpress* e-news, as it is our primary method of communicating with retirees about upcoming events. Don't miss out! Send your name and email address to [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) and ask to sign up for the *CenterExpress*.

Best,

Cary Sweeney, Director



## Cal Connections

To take advantage of these special offers, you must use a **Retiree ID** card that identifies you as a retired from UCB, LBNL or UCOP; or their surviving spouse or partner. To obtain your free card, come by the Center between 1pm and 4pm daily or call 510-642-5461 to order by mail.

## Selected Cal Connections

- 20/20 Vision Plan discount at the University Eye Center
- Free admission to the Berkeley Art Museum (when it reopens)
- Faculty/staff rates at the Pacific Film Archive
- Discount on annual membership to the UC Berkeley Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performances events
- Use of Cal Rentals to find and list rentals
- Discounted membership at the Cal Rec Club
- Chronicle of the University of California discount
- Retiree bMail and bMail forwarding service
- Access to the campus Health Care Facilitator
- Access to International Travel Care
- Free enrollment to the *Berkeleyan* e-newsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute (OLLI@ Berkeley) membership discount
- 10% Cal Student Store discount
- Discounts on online purchases at UC Press (use code 15W2181 for discount)
- Wellness Letter discount for new subscribers
- Discounted membership to the Faculty Club
- Discounted membership at the Women's Faculty Club (WFC)

For expanded descriptions and details on any of these Cal Connections visit [http://retirement.berkeley.edu/id\\_card](http://retirement.berkeley.edu/id_card).

## Cal Rec Club

Join the Cal Rec Club for \$332/year. The Cal Rec Club offers memberships to UC Berkeley retirees at a discounted rate. See <http://recsports.berkeley.edu/about/member-services/membership-types/uc-berkeley-emeriti-retirees/> for more information.

## Cal Performances Discounts

Retirees enjoy a \$5 discount on most performances in the 2015-2016 season (Special Events and Exclusive Engagements excluded). Season brochures are available at the Cal Performances Ticket Office in Zellerbach Hall or by calling 510-642-9988. For more information and performance locations visit <http://www.calperformances.org>.

Note: Discounts will only be available for in-person or charge-by-phone sales. This discount is limited to one ticket per retiree per event; cannot be combined with other discounts; is not retroactive; and all sales are final. Retiree ID card required at the door.

To order tickets, call Cal Performances at 510-642-9988.

## UC Botanical Garden

Retirees of UCB, LBNL and UCOP can receive a discounted Affiliate Membership to the garden with Retiree ID card. Affiliate memberships are discounted from the regular rate, \$40 for an individual and \$60 for a family membership.

For more information, go to <http://botanicalgarden.berkeley.edu/membership/> and scroll down to Cal Affiliates section.

## Retiree bMail and bMail Forwarding

Did you know you can keep your @berkeley.edu bMail account for a low annual fee? Alternatively, you can also choose to set up a permanent forward so that email sent to your @berkeley.edu bMail address is redirected to your home address.

Retiree bMail comes with campus tech support, storage space, anti-virus software downloads, and more! See <http://retirement.berkeley.edu/bmail> for pricing and online applications.

Retiree bMail service is also available to retirees of UCOP and LBNL - just submit the application for new service.



## Retiree Spotlights

*Find out what recent retirees have been up to*

### **Meredith Minkler, Professor Emerita**

#### *Tell us about yourself*

I was Professor of Health and Social Behavior, School of Public Health, with 39 years of service when I retired. I was founding director of the UCB Center on Aging and for many years served as a Senior Researcher at PolicyLink, a national organization focused on health and social equity.



#### *Has your work changed as Emeritus?*

Very much so, and my official title, Professor of the Graduate School, enables me to continue to make contributions on campus while pursuing new interests. I give guest lectures on campus and around the county and the world. I also spend much more time in the community, such as working on re-entry and criminal justice reform in Oakland and Richmond.

#### *What are you most proud of accomplishing?*

As a young Assistant professor, while consulting on family planning in India, I was in a unique position to study the national compulsory sterilization campaign. I met with the Minister of Health of Pakistan and convinced him not to pursue this path, which ultimately brought down the government of Indira Gandhi.

I co-led the first in-depth study of grandparents raising grandchildren during the crack cocaine epidemic, where we developed interventions based on research. After outgrowing its campus home the center was transferred to AARP in Washington DC, where it has served thousands of such grandparents and their families, and helped impact needed policy change.

Also, in 2002 I founded the intergenerational California Senior Leaders Program which identified, honored, and trained over 160 Californians aged 60-102 who continued to make outstanding contributions to healthy aging and social justice.

#### *What are you up to, now?*

With my retirement, I helped transition the CSLA to a African American-led non-profit association with a strong regional structure and a Capitol Action Team, with which I continue to work.

### **Patrick Cullnane, Retired Staff**

#### *Tell us about your career*

In 2014 I retired as director of the UCB Retirement Center. Formerly, I was director of special projects at the American Society on Aging. My time at Cal capped 48 years of service dedicated to community health development.



#### *How are you staying connected with campus?*

I serve on the UCBRC Transforming Retirement committee and volunteer as opportunities present. I enjoy conversations with Cary Sweeney as she manages UCBRC in its next iteration and value the opportunity to contribute a lifetime of experiences and knowledge. I also continue to sing with the Faculty Club Monks.

#### *What did you enjoy about working on campus? What are you most proud of accomplishing?*

Working with retirees, “pre-retirees,” campus colleagues, and my terrific staff was enjoyable and enriching. Together, we maintained excellent programs and services through leaner times; reinstated the biennial retiree conference; modernized the database; sharpened the focus of the pre-retirement program; and established the Transforming Retirement initiative. This initiative focuses on a new paradigm for assisting faculty and staff in preparing for and transitioning to next life chapters.

#### *What are you enjoying most about retirement?*

My wife Barbara and I are enjoying the flexibility and freedom of time. There is a magic to enjoying what used to be a weekend activity in the middle of the week. I continue to engage with my community and serve as President of the Association of Retirement Organizations in Higher Education, on Kaiser Hospital Oakland’s patient advisory and older adult advisory committees, on the Strawberry Creek Lodge Foundation board, and on committees at the Unitarian Universalist Church of Berkeley. We also sing with the Berkeley Broadway chorus.

#### *Do you have plans to do anything special/different?*

Life now is not so much doing something different as it is doing more of what used to take second place to work. As Mary Oliver says in her poem *The Summer Day*, I now have exciting options for my one wild and precious life.



## Learn More About Your Emeriti and Retiree Associations!

Emeriti and retiree associations offer opportunities to stay in touch with colleagues, make new friends, and enjoy interesting newsletters, lectures, luncheons and social events. Our associations also serve as watchdog and advocate at the campus and statewide levels to protect retiree rights while nourishing retiree relationships with each other and the UC campuses.

### Find out more online:

<http://retirement.berkeley.edu/join>



#### UC Berkeley Emeriti Association (UCBEA)

Membership: \$25/year

*Open to emeriti from UC Berkeley; emeriti from other campuses may email to request membership*

Web: <http://retirement.berkeley.edu/ucbea>

Email: [ucbea@berkeley.edu](mailto:ucbea@berkeley.edu)



#### UC Retirees' Association at Berkeley (UCRAB)

Membership: \$20, two years for \$35, or three years for \$50

*Open to all retirees and emeriti from any UC campus, and active faculty and staff who are eligible for retirement*

Web: <http://retirement.berkeley.edu/ucrab>

Email: [ucrab@berkeley.edu](mailto:ucrab@berkeley.edu)



#### Lawrence Berkeley National Lab EX-Ls

Membership: \$15/year, Lifetime membership: \$150

*Open to all retirees and former employees of the Lawrence Berkeley National Lab*

Web: <http://retirement.berkeley.edu/ex-ls>

Email: [cegrondona@att.net](mailto:cegrondona@att.net)



#### President's and Regents' Retiree Association (PARRA)

Membership: \$10/year, by donation

*All retirees of UCOP are automatically members of PARRA and are encouraged to pay dues annually*

Web: <http://retirement.berkeley.edu/parra>

Email: [grubees@sbcglobal.net](mailto:grubees@sbcglobal.net)

**Are you already a member?** Double-check when your membership renewal date is by emailing [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu). Don't miss out on **newsletters, luncheons, trips and events!**



## Learning in Retirement

*There are no enrollment fees for Learning in Retirement (LIR) courses, but advance registration is required to attend. Register online using our new Events Calendar at: <http://retirement.berkeley.edu/LIR/schedule>.*

### **Current Issues In Food Production And Distribution**

*Organized By Professors Emeriti Donald A. Riley and Carol N. D'Onofrio with Claire Kremen, Faculty Co-Director Of The Berkeley Food Institute and Professor, Environmental Science, Policy And Management*

**Thursday, September 10, 2015, 2-4pm**

“Agriculture, Environment and Sustainability,” Claire Kremen, Faculty Co-Director of the Berkeley Food Institute and Professor, Environmental Science, Policy and Management

**Thursday, September 17, 2015, 2-4pm**

“California’s Water Paradox: Why Enough Will Never Be Enough,” Doug Parker, Director, California Institute for Water Resources, UC Office of the President

**Thursday, September 24, 2015, 2-4pm**

“Agriculture, Society, and Food Sovereignty,” Kathryn DeMaster, Assistant Professor, Environmental Science, Policy, and Management

**Thursday, October 1, 2015, 2-4pm**

“Behind the Kitchen Door,” Saru Jayaraman, Director, Food Labor Research Center

### **Five Decades of Feminism**

*Organized by Professor Emeriti Neil Smelser and Arlie R. Hochschild*

**Tuesday, November 3, 2015, 2-4pm**

“Vicissitudes in Feminist Theory,” Charis Thompson, Chair, Department of Gender and Women’s Studies; London School of Economics

The what, when, where, and who of “women’s lib” and other feminist movements; thinking about race, class, masculinity, and global issues in feminist theory; is feminist theory still relevant today?

**Tuesday, November 10, 2015, 2-4pm**

“Gender, Race, and Class at Work,” Leslie Salzinger, Department of Gender and Women’s Studies

One way to tell the story of the last fifty years of US feminism is to say that more women than ever are in the paid workforce, and that they are being paid more fairly than ever before compared to men. However, a full accounting must delineate the distinct trajectories and challenges of paid work for women and men of different class positions and racial groups in a period of growing inequality and think through the implications for feminism of this more complex picture.

**Tuesday, November 17, 2015, 2-4pm**

“Women, Work, Marriage, Family: Liberation and/or New Burdens?,” Arlie Hochschild, Emeritus, Sociology

In the 1970s, many American families were caught in a “stalled gender revolution” in which change came faster to women than in the workplaces they ventured out to, or the men they came home to. In what ways have we unstalled that revolution, and in what ways not? Have new unanticipated challenges also emerged? If so, how can we address them?

### **Registration Information**

Advance registration is required to attend UCBCRC events. To register, navigate to our Online Events Calendar at: [https://ucbrc-events.secure.force.com/pmtx/evt\\_\\_SiteEventList](https://ucbrc-events.secure.force.com/pmtx/evt__SiteEventList) and find the program you would like to attend. Detailed instructions can be found on the back of this newsletter’s Upcoming Events Calendar insert.



## Learning in Retirement

### **Boundaries of the Human: Monstrous Fictions in 19th Century British Novels**

*Organized By Louise George Clubb, Professor Emerita, Italian Studies & Comparative Literature*

**Tuesday, February 16, 2016, 2-4pm**

“Victor Frankenstein’s Creature: Life, Death, and the Human?” Carol Christ, Professor Emerita, English, Berkeley  
Director, Center For Studies In Higher Education

**Tuesday, February 23, 2016, 2-4pm**

“Plausible Story or Monstrous Fiction: Death in Dickens’ *Bleak House*” John Heilbron, Professor Emeritus, History, Berkeley

**Tuesday, March 1, 2016, 2-4pm**

“Strange Case: Rober Louis Stevenson’s *Dr. Jekyll and Mr. Hyde*,” Ian Duncan, Professor and Florence Green Bixby Chair In English, Berkeley

**Tuesday, March 8, 2016, 2-4pm**

“Medicine, Men and Monsters in H.G Wells’ *The Island of Dr. Moreau*,” Thomas Laqueur, Professor, History, Berkeley

### **The Quality of Contemporary Urban Life**

*Organized by Professor Emeritus Neil Smelser, Sociology*

**Tuesday, April 5, 2016, 2-4pm**

“Sources Of Social Integration In The City,” Claude Fischer, Natalie Cohen Professor of Sociology, Sociology and Demography Group

**Tuesday, April 12, 2016, 2-4pm**

“The Seamier Side: Inequality, Poverty, Homelessness, Crime, and Incarceration,” David Harding, Associate Professor, Sociology and Demography Group

**Tuesday, April 19, 2016, 2-4pm**

“Migration And The Cities,” Irene Bloemraad, Associate Professor, Sociology

### **Promoting Healthy Aging**

*Organized by Carol N. D’Onofrio, Professor Emerita, Public Health*

**Tuesday, April 26, 2016, 2-4pm**

“Healthy Aging at the Intersection of People and Places,” William Satariano, Professor of Epidemiology, School of Public Health

**Tuesday, May 3, 2016, 2-4pm**

“Community Initiatives for Aging Well,” Andrew Scharlach, Kleiner Professor of Aging, School of Social Welfare

**Tuesday, May 10, 2016, 2-4pm**

“A Look at Technology-Enabled Services and Current Challenges for Making Aging as Healthy and Independent as

### **Parking for Center Sponsored Programs and Events**

Retirees may purchase “C” daily parking permits from the Retirement Center for \$6 each in order to attend our events. New! Payment for retiree parking permits is now available online. If you have feedback on the online payment system or need help, please email us at [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu).

Find details of the Retiree Parking Permit program and links to our online store on our website:  
<http://retirement.berkeley.edu/parking>.



## Trips and Special Events

Hosted by the UC Retirees' Association at Berkeley

To register for any of these trips or for more information, go to: [http://retirement.berkeley.edu/ucrab\\_events](http://retirement.berkeley.edu/ucrab_events). Call Iola James, UCRAB Trip & Event Coordinator, 510-632-7264, email: [iolaj@comcast.net](mailto:iolaj@comcast.net) if you have additional questions.

### Monterey Bay Aquarium Excursion

Thursday, September 24, 2015 - Board bus: 8am – Return to Berkeley: 6pm

Price: UCRAB members (and guests): \$70.00 / Non-UCRAB members: \$80.00

Online registration opens the week of August 24 / Deadline for registration September 14, 2015

Join us for an educational tour of the Monterey Bay Aquarium. We will take a chartered luxury coach to Monterey by the scenic route via Highway 1 to the aquarium, which sits on historic Cannery Row just minutes from Carmel and Pebble Beach. The featured exhibit is *Tentacles: The Astounding Lives of Octopuses, Squid and Cuttlefishes!*

Midway through the tour, we will enjoy lunch at Bubba Gump's on Cannery Row, where you will have an appetizer, choice of one of five entrees, beverage and dessert. As we pass through "The Artichoke Capital of the World," we'll make a stop at the nation's most notable artichoke fields for access to the freshest artichokes available. Trip price is all-inclusive.

Additional Details: Meet the chartered bus at the Foothill Parking Lot (north side of campus, off Hearst Ave at Cyclotron Road). Bus also picks up at parking lot on corner of Hearst and Oxford around 8:40 am.

### Oakland Symphony, Opening Night: Renshaw & Rachmaninoff

Friday, October 2, 2015, 8pm

Paramount Theatre, Oakland, 2025 Broadway, Oakland, CA 94612, parking adjacent to theater on Telegraph

Online registration opens the week of August 24 / Deadline for registration September 21, 2015

Price: Orchestra seats \$16 - \$60, depending on seat

Two internationally acclaimed local artists - composer Mason Bates, who has worked with the Symphony since early in his career, and Menuhin Competition winner and Crowden School alumnus Kenneth Renshaw - take the stage for what promises to be a sensational season opening.

Bate's Devil's Radio (2014) swings and grooves from quietly propulsive to shimmering melodic "lures" to a bluesy bassline. "One of the premier young violinists in the world," according to SF Classical Voice, Kenneth Renshaw brings a formidable technique and interpretive flair to Prokofiev's virtuoso concerto.

Oakland Symphony Chorus Music Director Lynne Morrow celebrates ten years on the podium, conducting Brahms' lyrical Liebeslieder Waltzes, after which the soaring melodies, driving rhythms and lush harmonies of Rachmaninoff's Symphonic Dances complete the evening.

This special event includes a pre-concert talk at 7pm and reception after the concert.

### UC Retirees' Association at Berkeley (UCRAB) Mixer and Fundraiser

Thursday, February 11, 2016

*Now Recruiting Artists!*

To all artists, musicians, craftspersons, poets, quilters, sketchers, photographers and anyone else with talents and hobbies in the UCRAB Member Community, please let us know if you would like to display your specific interest at our upcoming UCRAB fundraiser on Thursday, February 11, 2016. UCRAB has held two previous events which displayed the creative contributions of our UCRAB Member Community.

If you would like to display your creative contribution, please contact Isabelle Revoir, UCRAB Membership Director, at 510-524-4127 or email: [isabelle.revoir@gmail.com](mailto:isabelle.revoir@gmail.com).



## Spring 2016 Workshops

### HOUSING WORKSHOP

#### Housing Options for Seniors

Thursday, April 7, 2016, 2:30 - 4pm

Joann Sullivan, Real Estate & Resources for Seniors

Come to this informative workshop and learn about the many possibilities for living, including: community resources that will allow you to remain at home safely; assisted living options and how to pay; and creative communal living, such as pocket neighborhoods and accessory dwellings; and how to create a community of like-minded people to plan for your own housing needs. **Register online at: [http://retirement.berkeley.edu/workshops\\_details](http://retirement.berkeley.edu/workshops_details).**

Joann Sullivan is a full service Realtor® who specializes in working with seniors. She has worked with seniors for over 15 years, first as Clinic Director at Over 60 Health Center and most recently as a realtor. She blogs about housing options and resources for seniors in [www.EastBaySmartSenior.com](http://www.EastBaySmartSenior.com).

### LEGAL CLINIC & WORKSHOPS

All of these sessions will be held in 150 University Hall from 2:30 - 4pm. Advance registration is required. **Register online at: [http://retirement.berkeley.edu/workshops\\_details](http://retirement.berkeley.edu/workshops_details).**

#### How to Detect a Black Sheep on a White Horse and Stop Scams Targeting Retirees

Thursday, March 24, 2016

This presentation covers the latest scams targeting retirees. We will dissect the scam artist's techniques from inception to method of communication to reeling in the victim. Real life scenarios will be discussed including "the friend traveling scam", the lottery scam, and "the call from a government agent" scam. Finally, we will discuss how people can protect themselves.

#### Retirement Doesn't Mean You Stop Planning for Your Future

Thursday, May 12, 2016

We plan for vacations and dinners with friends, but when it comes to issues associated with aging, most of us prefer to just hope for the best. In this presentation, we will discuss how you can take control of your future. We will discuss resources available if you wish to age in place, resources available if you need or wish to be cared for outside your home, and the documents that give voice to your desires about who will make decisions for you if you can't, what decisions you would like made on your behalf, and the legacy you would like to leave.

#### Legal Clinic

Thursday, May 19, 2016

Bring your questions about estate planning documents or planning for long-term care to a free 30 minute consultation with an attorney.

#### Presenters/Attorneys

Kristen Southworth received her JD from the University of Wisconsin School of Law in 1990 and her BA with distinction from the University of Michigan in 1986.

Kathleen Day-Seiter received her BA from the University of California at Riverside, her Masters of Social Welfare with a specialization in gerontology from the University of California at Berkeley, and her JD from Rutgers University – Newark.

Nola Veganes Chavez received her JD from UCLA Law School and her BA from the University of California Berkeley.

Southworth Chavez & Day-Seiter LLP, located in Orinda, focuses on Estate Planning, Elder Law, Special Needs Planning, and Probate and Trust Administration.

See more: <http://www.scdlegal.com/attorneys.html>.

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The *CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for the Faculty. The *CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

### UC BERKELEY RETIREMENT CENTER POLICY BOARD

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### RETIREMENT CENTER STAFF

Director  
*Cary Sweeney*

## Special Announcements

### NEW RETIREE RECEPTION

*Save-the-Date!*

#### Celebration Honoring New Retirees

October 22, 1- 4pm

Krutch Theater, Clark Kerr Campus, UC Berkeley

Recent retirees and current Association members welcome!

### IN MEMORIAM - DR. KURT LAURIDSEN

It is with great sadness that we report the sudden passing on August 16th of beloved UC Retirees' Association at Berkeley (UCRAB) President and UCBRC Advisory Board Member, Kurt Lauridsen.

Sometimes we knew him as Santa Claus at our annual Holiday Parties, handing out candy and perspiring in his wonderful red suit, cap, and beard. Sometimes he was President Franklin D. Roosevelt, waving his (unlit) cigarette in its traditional holder and dispensing fascinating historical nuggets of information on the former president's yacht the USS Potomac. But always he was our friend and colleague, first as a long-time Director of the Student Learning Center on campus, and more recently as the UCRAB Newsletter editor and Association's guiding light, UCRAB's President.

Gracious, always of good cheer, supportive of others' efforts -- we will all miss him greatly. UCRAB will have a few moments of silence in Kurt's memory at their September luncheon. We will inform UCBRC constituents by e-mail of future memorial plans.



*In sadness, the UCRAB Board of Directors*

### A FOND FAREWELL

Dear retiree friends,

After more than six years of planning programs and coordinating services at UCBRC, it is time for me to bid you farewell. On Monday, August 10, I started my new job as CalNet Coordinator in the UC Berkeley Information Services and Technology (IST) Department.

While I am excited to join the CalNet team, I am also sorry to leave. I've so enjoyed getting to know you! From book clubs to retiree conferences; our new website, new office and new Director; a picnic in the rain and getting to stand on the new Bay Bridge - my experiences and memories at UCBRC are unforgettable.

Best wishes to you all!

*Fondly, Summer Scanlan*

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<http://retirement.berkeley.edu/>

the CenterPiece

Fall 2015

### Directions to the Center

**By BART:** Take BART to the Downtown Berkeley station. Exit and walk one block north on Shattuck Ave. Turn right onto the north side of Addison Street. Walk one block east. University Hall is located at the southwest corner of Addison and Oxford Street. Suite 101 is in the northeast corner of the building.

**By AC Transit:** AC Transit bus lines 1, 18, 49, 51B, 65, 67, 800, and 851 stop at the Berkeley Bart Station.

**Open Hours:** We are generally open Monday - Friday, 1pm-4pm. Because we are a small office, we occasionally must close during this time. Please call ahead to (510) 642-5461 to ensure that staff will be available to assist you if stopping by.

### Do We Have Your Email Address?

Stay connected and get the most recent news by email! To receive regular updates from UCBRC, including topics such as program announcements, benefits deadlines, and campus events, send your name and email address to [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu).

## EVENT CALENDAR 2015-2016

*Events are open to all UCBRC constituents*

- September 10, 2015 - LIR: "Agriculture, Environment and Sustainability," Claire Kremen  
September 17, 2015 - UCRAB Luncheon, Sheila Humphreys  
September 19, 2015 - UCBEA Luncheon, Seth Rosenfeld  
September 17, 2015 - LIR: "California's Water Paradox: Why Enough Will Never Be Enough," Doug Parker  
September 24, 2015 - LIR: "Agriculture, Society, and Food Sovereignty," Kathryn DeMaster  
September 24, 2015 - Monterey Bay Aquarium Excursion
- October 1, 2015 - LIR: "Behind the Kitchen Door," Saru Jayaraman  
October 2, 2015 - Oakland Symphony, Opening Night: Renshaw & Rachmaninoff  
~~October 21~~ November 6, 2015 - LIR: "Money and Politics: Panel on Campaign Finance," Moderator: Jerry Lubenow, with Karen Getman, Nathaniel Persily, Dan Schnur  
October 22, 2015 - Celebration Honoring New Retirees
- November 3, 2015 - LIR: "Vicissitudes in Feminist Theory," Charis Thompson  
November 7, 2015 - UCBEA Luncheon, Richard Taruskin  
November 10, 2015 - LIR: "Gender, Race, and Class at Work," Leslie Salzinger  
November 12, 2015 - UCBEA Luncheon, Neil Smelser (note special Thursday date)  
November 17, 2015 - LIR: "Women, Work, Marriage, Family: Liberation and/or New Burdens?" Arlie Hochschild  
November 19, 2015 - EX-LS luncheon (members only), Speaker TBA
- December 3, 2015 - UCRAB Holiday Party
- January 19, 2016 - LIR: "The Foundations and Early Tests of General Relativity," Alex Filippenko  
January 23, 2016 - UCBEA Luncheon, George Lakoff  
January 26, 2016 - "General Relativity Now: Applications and the New Frontier," Alex Filippenko
- February 11, 2016 - UCRAB Mixer and Fundraiser  
February 16, 2016 - LIR: "Victor Frankenstein's Creature: Life, Death, and the Human?" Carol Christ  
February 23, 2016 - LIR: "Plausible Story or Monstrous Fiction: Death in Dickens' Bleak House," John Heilborn
- March 1, 2016 - LIR: "Strange Case: Robert Louis Stevenson's Dr. Jekyll and Mr. Hyde," Ian Duncan  
March 8, 2016 - LIR: "Medicine, Men and Monsters in H.G. Wells' The Island of Dr. Moreau," Tom Laquer  
March 19, 2016 - UCBEA Luncheon, Mary Ann Mason  
March 24, 2016, - How to Detect a Black Sheep on a White Horse and Stop Scams Targeting Retirees
- April 7, 2016 - "Housing Options for Seniors," Joann Sullivan, Real Estate & Resources for Seniors  
April 5, 2016 - LIR: "Sources Of Social Integration In The City," Claude Fischer  
April 12, 2016 - LIR: "The Seamier Side: Inequality, Poverty, Homelessness, Crime, and Incarceration," David Harding  
April 19, 2016 - LIR: "Migration And The Cities," Irene Bloemraad  
April 26, 2016 - LIR: "Healthy Aging at the Intersection of People and Places," William Satariano
- May 3, 2016 - LIR: "Community Initiatives for Aging Well," Andrew Scharlach  
May 7, 2016 - UCBEA Luncheon, Jennifer Doudna  
May 10, 2016 - LIR: "A Look at Technology-Enabled Services and Current Challenges for Making Aging as Healthy and Independent as Possible," Dave Lindeman  
May 12, 2016 - Retirement Doesn't Mean You Stop Planning for Your Future  
May 19, 2016 - Legal Clinic, Southworth Chavez & Day-Seiter LLP

## REGISTERING ONLINE FOR UCBRC EVENTS...

We now have online registration for many of our UCBRC and Association events. We're glad to see that many of you have already tried this! Below are step-by-step instructions. If you have any questions, please feel free to call us: (510) 642-5461.

**STEP 1:** Go to <http://retirement.berkeley.edu/> and click on the Events Calendar button at the bottom of the home page.



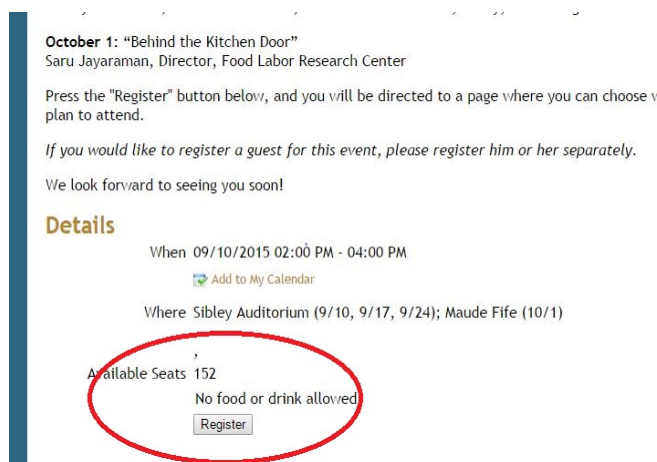
**STEP 2:** Click on the arrow to advance to the month when an event is being held

**STEP 3:** Click on an event you would like to register for; for example "Sept 10, LIR: Issues in Food Production and Distribution"



**STEP 4:** Scroll down to "Details" and click on the "Register" button; you will be directed to a page where you can choose which of these LIR sessions you plan to attend.

**\*\*PLEASE NOTE - If you would like to register a guest for this event, please register him or her separately.\*\***



**STEP 5:** Complete the registration form

Under "Registration Options" leave "attendee" as the registration type; click the check box next to the sessions you would like to attend; Under "Registration Details," fill in your contact information. Fields with an "\*" are required; Click "Submit Registration;" An automated confirmation email will be sent to you.

