



The CenterPiece

UC Berkeley Retirement Center

Greetings

This is the premiere edition of The CenterPiece, a publication for UC Berkeley Emeriti and staff Retirees from UC Berkeley or the Office of the President. Periodically, we will publish news about the Center's programs and activities as well as issues of concern to Emeriti and Retirees in this newsletter.

Special Thanks to Adrian Kragen

Adrian Kragen, Professor of Law Emeritus, played a crucial role in founding the Center and securing its space in Boalt Hall. On April 1, we say thank you by naming our conference room in his honor.

Kragen first came to Cal as an undergraduate in 1927. He graduated summa cum laude in 1931 and, after a brief time at Hastings, returned to Berkeley to finish his law degree. After practicing law for several years, Kragen became Assistant Attorney General for the State of California ('40-'44). He then returned to Cal as the Shannon Cecil Turner Professor of Law until his first retirement in 1973. Retirement, however, did not last long. Kragen taught at Hastings from 1973-1980 and again at Cal from 1980-1994.

Today, in addition to his participation in the Retirement Center, Kragen still actively supports and participates in Boalt Hall School of Law and Cal Athletics.

Retirement Center Staff

Shelley Glazer, M.S.W., M.P.H., is Director of the Retirement Center. A second generation graduate of UCLA and Cal, Glazer has worked in the field of gerontology for almost 20 years.

Karina Robinson is the Center's Administrative Assistant. She is a graduate of Mills College and served in the Peace Corps. Robinson has been on staff at UC Berkeley for three years, most recently with International and Area Studies.

Introducing the Retirement Center

To better serve its Emeriti and Retirees, UC Berkeley has enhanced the programs and services of its Retirement Center (UCBRC). The Center began as the home and administrative support of UC Berkeley's Emeriti and Retiree Associations. While it still serves that function, it is now building bridges between the campus and retired faculty and staff by expanding access to existing campus programs and services (see page 3). The Center is also exploring new opportunities for constituent participation in the Cal Community.

We have already developed many new programs and events, which are listed on pages two and three. Program topics include finances, arts and leisure, computer basics, "surfing" the Internet, health and insurance options. A resource library with information on areas such as health, housing, second careers, and financial planning will soon follow. Call us if you are having difficulty locating a community service or are in need of some assistance.

This is your Center. We are here to serve your interests and efforts. We are also here to provide information and service. To improve our budget for these programs and services, we are seeking outside funding to augment our seed money from the Chancellor's office. If you have expertise in grant writing or fundraising, we need your assistance. We also welcome your help in developing our resource library. To participate in any of our programs or to provide assistance, please call (510) 642-5461.

UC Berkeley Retirement Center

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Fax: (510) 643-1460

Email: ucbrc@uclink4.berkeley.edu

Center hours:

Monday-Friday 8:30 a.m.- 4:30 p.m.

Center Makes Campus Services Available to Emeriti and Retirees

The Center has arranged to extend three campus services to you:

International Travel Care. Through this service, you can get a personally tailored health and information package based on your itinerary, health history, and planned activities. Immunizations are available, as well as a computerized traveler's report. There is a charge for this program. A free information session will be conducted by the Travel Care Medical Staff. Call the Center for date and time.

Free Hours at the Berkeley Art Museum. Emeriti and Retirees are now eligible for free entrance to the Berkeley Art Museum on any Thursday between noon and 5 p.m. Just show your Retiree ID Card.

Returning Student Orientation for Retirees. Ever think about returning to school? A great many retirees have returned to Cal for undergraduate and graduate degrees through the Returning Students Program (RSP). Helen Johnson, Program Director, (who was herself an older returning student) will discuss how RSP can assist you with the admissions process through graduation. Call the Center for date and location.

For Your Information...

UC Berkeley Emeriti or Staff Retirees from UC Berkeley or Office of the President, are eligible for a **25% discount on Cal Rec Club Membership**.

You are also eligible for a **free campus library card**. This card is good for use at all UC Berkeley libraries. In addition, the Main Library has offered free tours of its facilities.

Please call the Center if you are interested in either of these offers.

Retirement Associations Open for Membership

Are you a member of the UC Berkeley Emeriti Association (UCBEA) or the UC Retirees Association at Berkeley (UCRAB)?

The organizations perform a critical advocacy function for retired faculty and staff. Each hosts luncheons featuring entertaining speakers and publishes an informative newsletter on a quarterly basis. UCRAB also organizes Bay Area trips and tours. For more information on how to become a member, please call Karina at (510) 642-5461. For information about the Office of the President Retirees Association, please call Keith Sexton (510) 376-5194.

Retirement Community Recommendations Sought

Do you live in a retirement community or residence? Can you recommend it to other Emeriti and Retirees? If you live in such a residence or community and are willing to share your experiences please call Shelley at (510) 643-3212.

Retiree ID Cards Now Available at the Retirement Center

If you don't have a UC Berkeley Identification card indicating "Campus Retiree" and would like one, please come by and pick one up. Be sure to have your campus employee ID number.

The CenterPiece

The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost. The CenterPiece is distributed to annuitants of UC Berkeley and the Office of the President.

UC Berkeley Retirement Center Policy Board

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Retirement Center Director
Shelley Glazer

Administrative Support
Karina Robinson

Center Sponsored Events

All programs require reservations, except where noted. Call (510) 642-5461.

FINANCIAL

Investment Strategies to Reach Your Goals

Creating a portfolio that works best for you and is appropriate in the current economic climate.

Michael Tilles, Certified Financial Planner

May 14th 9:30–11:30 a.m. 150 University Hall

The New Tax Law and You

Provisions of the Taxpayer Relief Act of 1997 and how you can save on taxes.

Karen Eng, Personal Financial Planner

May 21st 9:30–11:30 a.m. 150 University Hall

Fidelity Investments One-on-One Counseling

Call to make a personal appointment regarding disbursements through or investments with Fidelity. Ongoing: please call for dates and times.

ARTS/LEISURE

Berkeley Art Museum

Free docent-led tour of the Hogarth Exhibit.

April 3rd 11 a.m. Berkeley Art Museum

Cal Performances

Emeriti, Retirees and their families are eligible for a group discount. To qualify for this discount, the Center must gather at least 10 people per event. Please call the Center if you have a desire to attend any of the performances listed below:

Merce Cunningham Dance Co.	April 3–4th	8:00 p.m.
Russian National Orchestra	April 5th	3:00 p.m.
Vadim Repin (violinist)	April 19th	3:00 p.m.
Faddis, Hampton & Heath	May 3th	3:00 p.m.

Berkeley Symphony Orchestra

Gustav Mahler's *Das klagende Lied*.

Kent Nagano, conductor (UC Berkeley Group Rate).

May 14th 8 p.m. Zellerbach Hall

Computer Classes

Are you interested in learning more about computers? Even if you have never laid a hand on a keyboard, we have a class for you. Class offerings include: Computer Basics, the Internet, and Word Processing. \$5.00 per class.

HEALTH/HEALTH INSURANCE

CalPers Long-Term Care Insurance

Hear about CalPers LTC insurance that University of California Retirement System employees and annuitants may purchase between April 1 and June 30, 1998.

March 31st Noon–1:00 p.m. 150 University Hall

April 1st Noon–1:00 p.m. 150 University Hall

Tuning in to Hearing Loss

A discussion of strategies to improve communications skills and reduce frustrations of hearing loss.

Edna Shipley-Conner, Deaf Counseling Advocacy and Referral Agency (DCARA). *Co-sponsored with PODS Medical Group.*

Call for date, time and location.

Surfing for Life - A film for all ages

A one-hour documentary-in-progress about healthy aging and vital living that features a series of profiles of men and women surfers in their late 50's to late 80's. Discussion following the film led by co-producers. No reservations necessary. *Co-sponsored with the UC Berkeley Academic Geriatric Resource Program and the School of Social Welfare Center for the Advanced Study of Aging Services.*

April 7th 3:00 p.m. Gund Theater, Pacific Film Archive

Talk with Your Health Plan

Do you still have questions about plan benefits such as referrals to specialists? Have you recently changed health plans? The Center has arranged for your health plan representative to come and meet with you on campus. Group presentation and discussion in Room 150, University Hall:

Kaiser Senior Advantage	April 14th	1–2:30 p.m.
HealthNet Seniority Plus	April 16th	1:30–3 p.m.
Pru High Option/UC Care	April 22nd	1–2:30 p.m.
PacifiCare SecureHorizons	April 23rd	10–11:30 a.m.

Long-Term Care Insurance Counseling

Before purchasing a long-term care insurance policy, it is vitally important to know all the aspects you must consider. The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, please call the Center.

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HOW TO GET TO THE CENTER

The Retirement Center is in Room 2, Boalt Hall. Boalt Hall is located on Bancroft Ave., between Piedmont and College Avenues. Room 2 is located on the ground floor, in the Southwest corner of the building just off the fountain plaza.

By BART:

Take BART to the Berkeley Station. Exit the station and proceed to the bus stop in front of Bank of America. Catch a *UCB Perimeter Shuttle*, which will take you clockwise around the campus. Get off at College/Bancroft in front of the Fountain. The bus will cost \$0.25.

By bus:

AC Transit bus lines 7, 51, 52L, 604, and 605 stop at Bancroft and College. Bus lines 40, 40L, and 64 stop 3 blocks away at Telegraph and Bancroft.

By car:

Please call for directions (510) 642-5461.

SPECIAL EVENTS

Retirement Center Open House on Cal Day

The UCB Retirement Center will be open from 9 a.m. to 4 p.m. on Cal Day, April 18th. We invite you to see our site, see old friends and meet new friends. Attend our free one-hour lecture entitled *The Ins and Outs of Medicare, Supplemental Insurance and HMOs* at 11 a.m. and 2 p.m. in Room 2, Boalt Hall.

