#### VOLUME 7, NUMBER 1

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# UC BERKELEY RETIREMENT CENTER NEWSLETTER

#### **Retirement Center Mission Statement**

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

#### **CONTACT US**

2 Boalt Hall, #7200 Berkeley, CA 94720-7200 Tel: 510.642.5461 Fax: 510.643.1460 Email: ucbrc@uclink.berkeley.edu Website: http://thecenter.berkeley.edu

#### **CENTER HOURS**

Monday–Friday: 8:30am–4:30pm Walk-in hours: 1–4pm Closed: Noon–1pm



#### A Message from Chancellor Berdahl

To each of you, I wish to express my personal appreciation for the academic excellence and renown you have provided to our university.

Whether you started your affiliation with the University of California many years ago as a student, or joined us as a faculty or staff member, your contributions have helped us to remain the world's leading academic and research institution.

The Retirement Center is one of the programs of which I am very proud, as well as one that has successfully supported one of my larger goals: enhancing the Cal Community. With that in mind, my hopes are that you will remain actively involved in our community, and that the Retirement Center will provide you with those opportunities as well as give back to you as you have given to us.

Please accept my warmest wishes and thanks.

#### What's News

We hope this newsletter finds you all well and enjoying 2004. As mentioned by Chancellor Berdahl, the Center has always had a guiding mission to ensure your continued connections with the Cal Community after retirement. The **Cal Connection** section highlights a variety of ways for you to do so. In this issue, we introduce a new program: a 15% discount on all UC Press books (p.2).

**Center-Sponsored Events** highlights our **Learning in Retirement** (LIR) series, now in its fourth year. We are offering three courses this spring: Should Society Expand School Choice for Ordinary Families?; Russia: What's New and Not So New; and Recent Developments in the Business Environment (p.4). Also highlighted is a new World Wide Web class that takes students beyond the basics taught in our beginner's session and a workshop called *Crossing the Digital Divide* that gives the basics about electronic gadgetry (p.5). Of special note is an educational excursion to the Monterey Bay Aquarium. Continued offerings include a docent-led tour at the Berkeley Art Museum and a workshop on Medicare and UC health benefits (p.5).

The **On Campus** section is filled with upcoming offerings, including: a one-day conference, *Archiving the Past*; a seminar on managing your prescription costs; CalFIT's 50+ classes; the Summer Sessions Senior Audit Card and information about Cal Day 2004. As well, we announce a new partnership with the campus Cal Corps program, which includes a call for volunteers (p.6).

Several *Special Events* are found on page seven. Cal Women's basketball is holding its second annual Retiree Day on Saturday, February 21st. The Association of Retirement Organizations in Higher Education (AROHE), which the Center has helped to form, announces its second biennial conference later this year in Nashville, Tennessee. Closer to home in San Francisco, the American Society on Aging and the National Council on Aging are holding their joint annual meeting in April; they are seeking volunteers in return for free admission to the conference.

Finally, we want to recognize the passing of former Berkeley Chancellor and UC President Clark Kerr. Described by Chancellor Berdahl as "one of the most revered leaders in public higher education in the 20th Century," Kerr's vision was at the heart of the multicampus University of California. (See public memorial information on page 7.)

# the Cal Connection

The Retirement Center has arranged these discounts and services



#### UC Press Discount

University of California Press is pleased to offer you a 15% discount on all books. With more than 180 new books published each year in the humanities, social sciences and natural sciences, the Press offers something for everyone's reading list.

A code, which you can get from the Retirement Center, is required to receive the discount. The code can then be used for phone orders when you call the fulfillment service at (800)777-4726 or for Internet orders. (Type the code in "comments.")

#### **ID** Cards

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1 pm and 4 pm daily or call the Center to order by mail.

#### Library Cards

Obtain a free campus library card good for use at all UC Berkeley libraries. Call the Center for details.

#### **UC Botanical Garden**

With your retiree ID card, you are eligible for free admission to UC Botanical Gardens. Established in 1890, the Garden's 34 acres contain over 12,000 different kinds of plants. The Garden is open 9am-5pm year round. From Memorial Day to Labor Day, summer hours are extended until 8pm, Wednesday through Sunday.

#### Chronicle of the University of California

The Chronicle of the University of California is devoted to the preservation of the University's past and the promotion of research in University history. The Chronicle offers you a 15% discount off the price of a single issue (normally \$20) or 15% off any two-issue subscription (normally \$36). Call the Center to subscribe.

#### **Cal Rentals**

You can now use Cal's housing counseling and rental listing service. Some services have a small fee. For more information, call (510) 642-0706 or visit http://calrentals.housing.berkeley.edu

#### Pacific Film Archive

The Pacific Film Archive (PFA) offers you a reduced admission rate of \$5.00. (The senior rate drops to \$4.50 for those age 65 and over.)

#### **Berkeley Art Museum**

Enjoy free admission to the Berkeley Art Museum by showing your retiree ID. The museum is open 11am-7pm, Wednesday - Sunday. A free docent-led tour and discussion of the exhibit Ant Farm 1968-1978 is available for retirees, their families and guests (p.5).

#### Night and Weekend Parking Coupons

Purchase a book of ten parking coupons for night and weekend parking for only \$40.00. Coupons are good in most campus lots.

To purchase by mail, please send a check for \$41.50 made payable to UC Regents, to the Retirement Center (the additional \$1.50 is for mailing costs). You may also buy them in person at the Center, Monday through Friday between 1pm and 4pm. Note: Coupons are not valid in UC public lots for sporting or special events.

#### **Discounted Parking for Center Programs**

When attending a Center-sponsored event, you are eligible for parking at \$4.00 in any non-reserved parking space on campus. You must call the Center at least two days prior to the day of the event to reserve your parking pass.

#### Cal Rec Club

Join the Cal Rec Club at a significant savings. Membership includes free morning aerobics and discounts on other programs. Call the Center for a brochure.

#### 20/20 Vision Plan at University Eye Center

You and your designated beneficiary are eligible for this plan. Benefits include a comprehensive examination for a maximum out-of-pocket cost of \$49.00\*, a discount on other vision services, a discount on ophthalmic materials (such as spectacles, contact lenses, or low vision devices), a complimentary "Cal" glasses case when spectacles are dispensed, free parking, and a free shuttle ride to the Eye Center.

For information or to make an appointment, call the UCB Eye Center at (510) 642-2020. Be sure to identify yourself as a 20/20 Vision Plan member. \*Where applicable, insurance will be billed first.

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The Retirement Center has arranged these discounts and services

#### **Cal Performances**

Enjoy select Cal Performances events at 15% off regular ticket prices (limit two). To order tickets, call the Cal Performances ticket office at (510) 642-9988. For more information visit www.calperfs.berkeley.edu. The Retirement Center discount cannot be combined with other discounts. All sales are final. *Note: discount is not available for on-line purchases or for performances not listed below.* 

Enjoy the following events at a 15% discount off the prices listed below. All events are at Zellerbach Hall.

Yefim Bronfman, <i>piano</i>		\$32, \$42, \$56	
Sunday	February 22	3pm	
<b>Art Spiegelman</b> Tuesday	February 24	<b>\$18, \$22, \$28</b> 8pm	
Newport Jazz Festival®\$22, \$32, \$4650th Anniversary Tour, starring Terence Blanchard, Cedar Walton, Lew Tabackin, Ken Peplowski, Lea DeLaria, Howard Alden, Peter Washington, and Kareem Riggins			
Friday	March 19	8pm	
<b>Michael Cunningha</b> Saturday	<b>m</b> April 3	<b>\$18, \$22, \$38</b> 8pm	
<b>Joe Lovano Nonet</b> Saturday	April 24	<b>\$22, \$32, \$46</b> 8pm	

#### Internet and Email Access through Cal Retirement Center Network (CRCN)

Subscribe to the Retirement Center's email and Internet access service for just \$13.00 per month, plus a one-time \$10.00 set-up fee. Cost includes software, unlimited Internet access, an email account and access to your email through a web browser. Call or email the Center for details.

In order **not to incur** toll charges, check with your

local phone company to ensure that calling the campus from your home is a local call.



# Affordable Computer Equipment at The Scholar's Workstation (TSW)

Purchase hardware and software at low educational prices at the campus computer retail outlet. You can



also place orders on-line with a credit card, using your CalNet ID and passphrase. CRCN members (see below) and emeriti can call the Center for their CalNet ID. All other retirees can fax a copy of their retiree ID after placing an on-line order.

The Scholar's Workstation is located on the ground floor of University Hall in Room 41. It is open Monday-Thursday 9am-4pm, and 9 am-noon on Fridays. Visit their web site by going to www.tsw.berkeley.edu.

#### Long-Term Care Insurance Counseling

Before purchasing a long-term care insurance policy, it is important to know all the issues you must consider. The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, please call the Center.

#### **Health Care Facilitator**

Receive confidential one-on-one assistance regarding problems with or questions about your health plan. This service is provided by a location-specific Health Care Facilitator (HCF). Call the Center to get the phone number of your HCF.

#### Wellness Bargains

The *UC Berkeley Wellness Letter* offers new subscribers a discounted rate of \$15.00 (regularly \$28.00) on the first year of a subscription. For a free pamphlet entitled "Wellness Made Easy: 365 Tips for Better Health," a free sample copy of the Wellness Letter, or to subscribe, contact the Center.

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#### **Center Sponsored Programs and Events**

#### LEARNING IN RETIREMENT

#### Should Society Expand School Choice for Ordinary Families?

Organized by Professor Emeritus John E. Coons, School of Law

Parents of means determine which schools their children will attend by choosing a residence or by paying privateschool tuition fees. Would it be good policy to subsidize choice among private and public schools for poor and working families? Would a system of state-subsidized choice offend federal and state constitutions? What would be the proper design for such a system? If there are pitfalls, can they be eliminated? Discussions of school "vouchers" are now politically alive in every state, but vouchers seem little understood by most journalists. Three Boalt Hall professors who have been studying proposals for school vouchers will discuss their pros and cons. All three wrote amicus briefs for the U.S. Supreme Court in the historic Zelman decision, their arguments anticipating the Court's conclusion.

Thursdays, 2pm-4pm

March 4	Professor Emeritus John E. Coons: "Choice: What is It and Who Needs It?"
March 11	Professor Jesse Choper: "School Choice–Federal Constitutional Status"
March 25	Professor Emeritus John E. Coons: "Equal Access for all–How and Why?"
April 1*	Professor Stephen Sugarman: "Choice in the Government Sector"

#### Russia: What's New and Not So New

Organized by Professor Emeritus Gregory Grossman, Department of Economics

Several issues continue to pervade Russia's long-term and recent histories: uniformity versus variety, cohesion versus dispersion, inertia versus change, nationalism versus westernization. Four of Berkeley's leading Russia scholars will explore these tensions against the realities of Russia's geopolitical and geo-economic constraints and its legacies from the past. They will seek to examine Mr. Putin's strong but ambivalent influences during the past four years. They will then speculate about the implications of his virtually certain reelection next March and about the implications of the December 2003 Duma election and its triumph of Russian nationalism, ranging from moderate to extreme.

Mondays, 2pm-4pm

March 22	Professor Emeritus David Hooson: "Russia's Geographic Foundations"
March 29	Professor Yuri Slezkine: "Russian National Identity-Old and New"
April 5	Director Edward W. Walker: "Russia's Muslims–Islam and Islamism after Communism"
April 12	Professor M. Steven Fish: "The Perils of Putin"

#### **Recent Developments in the Business Environment**

Organized by Professor Emeritus George Strauss, Haas School of Business

Four Haas professors plan to discuss some of the major issues facing businesses in America today and in the near future. David Vogel will focus on recent scandals, their causes and potential remedies. Fifteen years ago Japan's system of employment relations was widely seen as unique and perhaps better than ours. James Lincoln has just returned from a year's sabbatical leave in Kyoto and will explain how that system has changed. Meanwhile, the American system is changing in various ways that David Levine describes as, at best, "worrisome." At the same time, American trade unions have been suffering losses in membership and clout. George Strauss will seek to explain why that has happened and will discuss recent attempts at revival.

Fridays, 2pm-4pm

April 23	Professor David Vogel: "The Challenge of Corporate Responsibility"
April 30*	Professor James Lincoln: "The Transformation of the Japanese Employment System"
May 7	Professor David I. Levine: "How New is the 'New' Employment Contract?"
May 14	Professor Emeritus George Strauss: "The Decline and Possible Revival of U.S. Unions"
Ithough those IT	P courses are free, pre-registration is required due to limited class size. Class location will

Note: Although these LIR courses are free, pre-registration is required due to limited class size. Class location will be provided in your confirmation letter.

\*Class will meet from 3pm-5pm.

9am-Noon

## **Center Sponsored Programs and Events**

#### TRIPS, TOURS AND WORKSHOPS

#### **COMPUTER CLASSES**

These classes are tailor-made for you. A \$10.00 per session fee includes instruction and materials. Call the Center for reservations or if you have any questions. Class space is limited to 18 participants.

Advanced	Basics (This is a two-	session class.)
Monday	March 15	9am-Noon
Tuesday	March 16	9am-Noon
Havo vo	u over saved a file or	aly to realize you

Have you ever saved a file only to realize you couldn't find it later? Ever wanted to go beyond basic letter writing? This class offers instruction on how to navigate your computer and how to use programs such as Microsoft Word and Microsoft Excel. (Includes use of My Computer, Windows Explorer, menus and icons.)

Prerequisite: Completion of Computer Basics or equivalent experience. The next Computer Basics class will be held in the fall.

# World Wide Web I: The Internet Starter Course

Wednesday March 22

Finding long-lost friends, researching the best price on airline tickets, purchasing books, and even academic research can now be done from the comfort of your home, or anywhere there is an Internet connection. This class covers Internet basics, including how to use browsers and search engines.

# NEW!

# World Wide Web II: The Next Steps

Monday March 25 9am-Noon This new class is designed to help you take the next steps in using the Internet. Topics covered include researching, shopping, downloading and more. It also provides in-depth coverage of viruses and security issues.

#### Crossing the Digital Divide

Monday May 3 2pm-4pm Confused by all the different options available in today's digital gadget market? This interactive session conducted by UC Berkeley's Scholars' Workstation will introduce you to the major issues involved in buying computers and other digital gear, including: Personal Computer (PC) versus Macintosh (MAC), digital cameras, printers, scanners, storage devices and more. (There is no fee for this class.)

#### Medicare and Your UC Health Benefits

Thursday May 6 10am-Noon Especially targeted to those who will soon become eligible for Medicare benefits (usually at age 65). The session will provide an overview of the Medicare program, explain how UC health benefits coordinate with Medicare and identify issues to consider when selecting a plan. It will also detail what steps you will need to take with UC, Medicare and your health plan to complete your enrollment successfully.

#### **Berkeley Art Museum Tour**

 Thursday
 March 11
 11am

 Ant Farm 1968–1978
 1000, 1070
 1110

Ant Farm 1968–1978 uses drawings, collages,

photographs, and video clips to create a linear narrative of the remarkable Ant Farm story.

Ant Farm artists Chip Lord, Doug Michels, and Curtis Schreier created projects based in architecture which also contained elements of performance, media, and sculpture. Beginning with inflatable sculptures (designed in part for easy transportation), Ant Farm's projects later included the now famous Cadillac Ranch (1974) in Amarillo, Texas, realized with another principal Ant Farm member Hudson Marquez, and Media Burn (1975), the videotape documentation of a spectacular performance event in San Francisco.

#### Monterey Bay Aquarium Excursion

Co-sponsored with the UC Retirees' Association at Berkeley Friday June 4 7:30am-6pm Join us for a guided educational tour of the Montery Bay Aquarium. We will take a chartered coach to Monterey, where the aquarium sits on Monterey's historic Cannery Row, just minutes from Carmel and Pebble Beach. This year the Aquarium is celebrating their 20th anniversary with special festivities throughout the year, including a new shark exhibit and a grand new entry gallery for visitors.

Please call the Center by **May 7** for more details and registration information.

#### Managing Your Prescription Costs

Thursday March 11 1:30pm-3pm Learn what you need to know about UC's prescription benefit: the three-tier co-payment structure, brand name vs. generic medications, formularies, and how to use the mail order benefit to manage maintenance medication costs.

#### Cal Day!

April 17

Saturday 9am-4pm You are invited to join us for Cal Day 2004 where



students, faculty and staff will be your hosts for a day of discovery, learning and fun on the Berkeley campus. Make sure to stop by the Retirement Center/UCB Emeriti Association/ UCB Retirees' Association booth! For more information, call

(510) 642-2294 or email calday@berkeley.edu.

## Archiving the Past

Friday April 30 9am-4pm Co-Sponsored by the Retirement Center, The Townsend Center for the Humanities, and The Bancroft Library.

What does the historian of the future want to see and what can we, should we, provide? To answer this question and the very practical one of what does the University want from its emeriti and retirees, or aboutto-be-emeriti/retirees, in terms of their records: books and papers, scholarly, administrative, personal, accumulated over their years of service on the campus, University specialists—archivists and librarians—will offer advice.

Among the scheduled speakers on "Archiving the Past" will be David Lowenthal, author of The Past is a Foreign Country. He, and others will put before us some of the almost philosophical problems of dealing with the past itself from the earliest written records through the Florentine fourteenth century business documents, to the personal letters of Nobel Prize winning scientists.

Lunch will be served. For a detailed brochure, call the Center.

#### Fitness Classes Tailored to Those 50+

The CalFIT program is set for spring. There are seven-week sessions for Tai Chi, Keep Moving (light yet challenging exercises to improve your mobility, balance, strength, coordination, and flexibility), Yoga, and Strength Training. For more information call CalFIT at (510) 643-5151. Most classes are located at the Strawberry Canyon Recreation Area where parking is available and free.

#### Summer Sessions Senior Audit Card

Audit classes during the UC Berkeley Summer Session for the greatly discounted fee of \$25.00, a \$335 savings! The Senior Audit Card allows you to sit in on an unlimited number of courses from a select list of classes that are identified in the Summer Sessions catalog with a special "S" code added to the course description. To obtain a card and course information, call (510) 642-5611 or you can email info@mail.summer.berkeley.edu.

#### **Unique Volunteer Opportunity on Campus**

We are seeking two retirees to serve as AmeriCorps members next year to help create meaningful volunteer opportunities for UC retirees. You would serve as a "Bonner Leader" along with 50 other AmeriCorps members on campus in positions of service supported by the Bertram and Corella Bonner Foundation. A stipend of \$1000 is offered for a commitment of 300 hours (approximately 10 hours a week for the academic year).

This is an opportunity to create lasting programs that will serve both the campus and the community! If you are interested in learning more about these positions, contact the Center.

#### Center Fundraising Update

We have been deeply touched by the outpouring of responses to our Annual Fund. We are now embarking on a campaign to build our Endowment. This fund is intended to provide a sustaining resource for new Center programs in the future. Any readers interested in including the Center in their trust or will, or making a gift of real estate or securities, please call Center Director Shelley Glazer.

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# the CenterPiece

#### The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for Academic Affairs and Faculty Welfare. The CenterPiece is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

#### UC BERKELEY RETIREMENT CENTER POLICY BOARD

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Project Manager Ronni Gravitz

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Administrative Specialists André Porter Mary Carol Randall **Special Events** 

#### **Clark Kerr Memorial**

A public memorial to honor former UC President and UC Berkeley Chancellor Clark Kerr will be held Friday, February 20 at 3pm in Zellerbach Auditorium on the UC Berkeley campus. Call the Center for information on parking.

# Volunteers Needed for Premier Conference on Aging in San Francisco

*The Road Ahead: Taking the Journey Together* Hilton San Francisco April 14-17, 2004

Retiree volunteers are needed to staff the conference of the nation's two largest professional associations on aging–the American society on Aging (ASA) and the National Council on the Aging (NCOA). This conference will feature over 800 sessions covering a diverse range of topics in aging. It will showcase innovative programs, foster policy discussion and advocacy, and share cutting-edge research findings.

Volunteer benefits include: public transportation reimbursement, free conference attendance on the day(s) of service, and snacks and beverages throughout service in the volunteer suite. All volunteers need to attend a pre-conference orientation and will be contacted via mail with possible orientation dates. Send questions and application requests to Megan McCarthy at rsvpinfo@ncphs.org or (415) 731-3335.

#### **Retirement Organizations in Higher Education**

The Association of Retirement Organizations in Higher Education (AROHE) has successfully incorporated and attracted members nationwide. In addition to the organizing and networking activities that are now taking place, AROHE is sponsoring an international conference entitled, "Retirement Organizations in Higher Education: Get in Tune With the Future." The conference will be held October 8-10 at the Loews Vanderbilt Plaza Hotel in Nashville, Tennessee. Retirement Center Director Shelley Glazer is the 2004 conference chair and has also been elected the 1st Vice-President of the AROHE board. All interested individuals are welcome.

For more information, visit: www.AROHE.org.

Hope to see you in the stands!

to Retiree Day at Cal Women's Basketball



Support the Cal women as they take on the Trojans of USC

#### FREE ADMISSION FOR ALL UC RETIREES\*

February 21, 2004, 1pm, Haas Pavilion

FOR MORE INFORMATION ON WOMEN'S BASKETBALL AND CAL ATHLETICS,

CALL (800) GO BEARS OR VISIT CALBEARS.COM

\*Show your UC Retiree ID card at the door

the CenterPiece

UC BERKELEY RETIREMENT CENTER University of California 2 Boalt Hall #7200 Berkeley, CA 94720-7200 NON-PROFIT ORGANIZATION U.S. POSTAGE PAID UNIVERSITY OF CALIFORNIA



# **VISIT US ON-LINE!**



The Connecting Link

the CenterPiece

http://thecenter.berkeley.edu

#### How to reach the Retirement Center:

The Retirement Center is located in 2 Boalt Hall. Boalt Hall is located on Bancroft Way, between Piedmont and College Avenues. Room 2 is on the ground floor, just off the Kroeber Plaza fountain area.

#### By BART:

Take BART to the Berkeley Station. After exiting the station, proceed to the bus stop in front of Scandinavian Designs. Catch a UCB Perimeter Shuttle to the intersection of Bancroft Way and College Ave. The shuttle costs 50 cents.

#### By AC Transit:

AC Transit bus lines 51, 52L, 604, and 605 stop at Bancroft Way and College Ave. Line 7 stops at Bancroft Way and Piedmont Ave. Bus lines 40, 40L, and 64 stop 3 blocks away at Telegraph Ave. and Bancroft Way. (Check with AC Transit for changes.)

#### By car:

Please call the Center for directions.