



## RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

## CONTACT US

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## CENTER HOURS

Monday–Friday:  
9am–Noon by appointment  
1pm–4pm Walk-in  
Closed: Noon–1pm



BERKELEY  
RETIREMENT  
CENTER

# the CenterPiece

## UC BERKELEY RETIREMENT CENTER NEWSLETTER

### Director's Notes

Who is Kathleen Casey-Kirschling? Most media identify her as the first baby boomer (referring to the “boom” in births after WWII), born just after midnight on Jan. 1, 1946. On Jan. 1, 2011, Ms. Casey-Kirschling was the first of some 78 million people born between 1946 and 1964 to turn 65 years old. Other baby boomers, including Barack Obama and George W. Bush, will eventually join her at a rate of 10,000 per day for the next 10 years.

This age cohort has often been thought and spoken of as a uniform group with similar beliefs, needs and preferences. Yet, like all population groups, there is great diversity with significant differences in life experiences. The Retirement Center sees the same diversity in our constituent population. It is important that service providers like the Center be aware of this diversity and periodically check in to be sure we are best serving our constituents' needs and preferences.

### RETIREE SURVEY

To that end, the Center, supported by its Policy Board and the Vice Provost for Academic Affairs and Faculty Welfare, is conducting a survey of our retirees. We want your opinions about current and potential services and programs. To participate in the survey: 1) go to <https://www.surveymonkey.com/s/retireesurvey2011> or 2) call the office (510.642.5461) and ask to have a copy mailed to you. You may even choose to enter a drawing for one of six \$50 Cal Student Store gift cards upon completion of the survey. The survey takes about 10 minutes to complete, and must be returned by Feb. 4, 2011. We want and need your input. Let us hear from you.

**Learning in Retirement (LIR):** See p. 4 for news about three exciting LIR sessions scheduled for spring: Music and Politics; The Berkeley Campus in a Time of Rapid Change; and The Two Cultures: Science and Humanities.

**Older Americans Month Activities:** Go to p. 3 for information on three lectures designed to help you live well as you live long. Also, if you are on our email list, we will keep you informed about a possible May conference on post UC employment careers and resources, e.g., legal, financial, health.

**UC Advocates:** Join thousands of others in helping California recognize the value of UC to the state. Go to <http://www.ucforcalifornia.org/uc4ca/home/>

**Live Well Live Long:** Check out the Center's Living Well program at <http://thecenter.berkeley.edu/wellness.shtml> for resources and ideas for you to promote a healthy 2011.

**Retiree Work Opportunities (RWO) Update:** See p. 7 for the details of important changes to this program.

**Email Addresses:** Much can happen between issues of *the CenterPiece*. If we have your email address, we can alert you to developments regarding retirement benefits and Center services as they happen. Share your email address with us at [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu).

Please know that we appreciate your generous donations. Your contributions help ensure that our services continue at the highest level possible. The Center staff and students wish you all the best for 2011.

*Patrick C. Cullinane, MS, Director*



## Cal Connections

### ID Cards

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1pm and 4pm daily or call the Center to order by mail.

- 20/20 Vision Plan discount plan at the University Eye Center
- Free admission to the Berkeley Art Museum
- Faculty/staff rates at the Pacific Film Archive
- Discounted admission to the UC Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performances events
- Use of Cal Rentals to find and list rentals
- Discounted membership at the Cal Rec Club
- Care Services Elder Care Program
- Chronicle of the University of California discount
- Email Forwarding and CalMail accounts through the Cal Retirement Center Network (CRCN)
- Lower membership rates at the Faculty Club
- Access to the campus Health Care Facilitator
- Free Health Insurance Counseling from HICAP
- Access to International Travel Care
- Access to the *Berkeleyan* e-newsletter
- Free UCB Library Card
- Music Department performance discounts
- Osher Lifelong Learning Institute (OLLI @ Berkeley) membership discount
- Faculty/staff discount at the The Scholar's Workstation (TSW) campus computer store (does not apply to Apple or Adobe products)
- Discounts on online purchases at UC Press
- Wellness Letter discount for new subscribers
- Discounted membership at the Women's Faculty Club (WFC)

For full descriptions and details on any of these programs, contact the Center at 510.642.5461 or visit <http://thecenter.berkeley.edu/connect.shtml>

## Cal Performances Discount

Cal Performances invites you to enjoy \$5 off 2010-2011 Season regular events. To order tickets, call Cal Performances at 510.642.9988 (season discounts will only be available for in-person or charge-by-phone sales).

For more information and program locations, visit <http://www.calperformances.org> or pick up a free season brochure at the Zellerbach Hall Ticket Office.

Note: Discount limited to two tickets per retiree per event; is not available for Special Event performances; cannot be combined with other discounts; is not retroactive; and all sales are final. Retiree ID card required at the door.

## Payment Policy Reminder

The Retirement Center accepts checks and money orders only. Payments may include: course fees, parking permits, and CRCN CalMail service, Emeriti or Retiree Association dues, and luncheon and event fees. Contact the Center for more information.

## Cal Student Store Offer

Get 10% off any apparel or gift item at the Cal Student Store. Either present this coupon in-store or visit [www.calstudentstore.com](http://www.calstudentstore.com) and enter "Centerpiece 10% Off" in the comments box to get your discount.

**GET 10% OFF**  
**a single apparel or gift item\***  
**at the Cal Student Store!**



Bancroft at Telegraph  
 510-642-9000  
[www.calstudentstore.com](http://www.calstudentstore.com)

**THE STORE THAT GIVES BACK**

**\*offer expires 3/15/11**



## Center-Sponsored Events

### MAY - OLDER AMERICANS MONTH ACTIVITIES

Historically, May Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country. Every President since JFK has issued a formal proclamation during or before the month of May asking that the nation pay tribute to and honor older Americans by acknowledging their continuing contributions to our nation.

Last year's theme was "Age Strong! Live Long!" which recognized the diversity and vitality of today's older Americans and highlighted the importance of staying healthy throughout our lives. As we go to press, the theme for 2011 has not yet been published.

Nevertheless, the Center wants to join others across the nation in saluting all older Americans and providing several events to assist our retirees in staying healthy, vital and as independent as possible so they may live well as they live long.

#### **Live Well, Live Long: Latest Evidence for Later Life Health**

Wednesday May 4 2pm-3:30pm  
*John Swartzberg, MD, FACP, Director, UCB-UCSF Joint Medical Program, Chair, Editorial Board, and UC Berkeley Wellness Letter*

Contact the Retirement Center to register.

#### **Health Care Reform and Medicare: What It Means for You**

*Janet Van Deusen, Manager, Health Insurance Counseling and Advocacy Program (HICAP), Legal Assistance for Seniors of Alameda County*

Thursday May 19 2pm-3:30pm  
 Health insurance reform impacted the benefits and costs to enrollees of the federal Medicare program. Learn about new free benefits and other changes to use the program

to best serve your health needs. Contact the Retirement Center to register.

#### **Caring for the Caregiver**

*Maureen Kelly, Ed. D., LCSW, Elder Care Counselor, CARE Services, UC Berkeley*

Tuesday May 24 12:10-1:30pm  
 Tang Education Center. Elder caregivers who ignore their own health may know intellectually "I should care for myself," but may find it difficult or impossible to find the time and motivation to do so. This workshop will provide support and resources to make more room for you in your life. Advance registration is required. Call CARE Services at 510.643.7754.

*The Elder Care Program offers confidential, free assistance for retirees who are caregivers. See <http://uhs.berkeley.edu/Facstaff/CARE/eldercare/> for more information.*

### ON-CAMPUS PROGRAMS

#### **Fidelity Investments: Creating a Plan for Lifetime Income in Retirement**

Friday February 25 3pm-4pm  
 Learn how to create a retirement income plan, assess financial risks in retirement and take advantage of UC Retirement Savings Program tools and resources. Contact the Center to register.

#### **Fidelity Investments: Drop-In Sessions**

Tuesday April 12 2pm-5pm  
 Stop by the UCBRC Conference Room, 1925 Walnut Street, Berkeley, and ask a Fidelity Retirement Services counselor general questions about the UC Retirement Savings Program and to gather educational materials. No registration or appointment is necessary.

#### **Berkeley Art Museum Tour & Tea**

Thursday April 14 2pm-4pm  
 Join us for a free, docent-led tour of *Abstract Then*, an exhibit that focuses on the 1940s to the 1980s and presents exceptional Abstract Expressionist works by Jackson Pollock, Mark Rothko, and others, as well as key examples of Minimalist and Conceptual approaches to abstraction by such artists as Robert Irwin and Eva Hesse. A tea and open discussion among tour attendees follows the one hour tour.

#### **Fidelity Retirement Services**

Contact a Fidelity representative with questions regarding your retirement savings account at 866.682.7787 or <https://netbenefits.fidelity.com/>



## Center-Sponsored Events

### LEARNING IN RETIREMENT

There are no enrollment fees for Learning in Retirement (LIR) courses, but advance registration is required. Please call the Center to register; course location will be provided with your confirmation. Parking information for Center-sponsored events can be found at the bottom of page 5.

#### **Music and Politics: Some Encounters in Italian and French History**

*Organized by Professor Emerita Louise George Clubb*

With a life of its own outside of time, music can also serve purposeful functions in specific historical contexts. Each lecture uncovers unexpected ways in which seemingly apolitical music turns out to be deeply implanted in the political details of its historical moment, from the courts of Renaissance Florence and Ferrara to cultural-political exchange in the French *Grand Siècle* to operatic gestures of national sentiment during the Italian *Risorgimento*.

Tuesdays, 1pm-3pm

- February 1 Professor Davitt Moroney  
*The Pope, the Emperor and the Grand Duke: The Rediscovery of a Musical Masterpiece from Renaissance Florence*
- February 8 Professor Anthony Newcomb  
*Dante, Music and Cultural Politics at the Este Court of Ferrara, circa 1575*
- February 15 Professor Kate van Orden  
*Public Spectacle and Power in 17th-century French and Italian Courts*
- February 22 Professor Mary Ann Smart  
*Viva Verdi: Myths and Realities about Opera and Politics in Italy*

#### **March 2011: The Berkeley Campus in a Time of Rapid Change**

*Organized by Professor Emeritus W. M. Laetsch*

Four former campus leaders will talk about their experiences at the University of California and the Berkeley Campus in particular, during the last half of the 20th Century. Additional information is to be determined. Contact the Center with your email address or phone number to receive program updates as they develop.

#### **The Two Cultures: Science and the Humanities**

*Organized by Professor Emerita Louise George Clubb*

Fifty years after C.P. Snow's lecture on science and the humanities set off a violent controversy in England, it continues to arouse debate--although changes in technology and international politics have created a world in which the positions of the two realms seem to have been reversed. Today the continued disparities between science and the humanities are increasingly apparent.

Tuesdays, April 19 and 26, 1pm-3 pm

Featured Speakers:

- Beth Burnside, Professor Emeritus of Cell and Developmental Biology  
 Carlos Bustamante, Professor of Chemistry, Physics and Molecular and Cell Biology  
 Anthony Cascardi, Professor of Spanish, Rhetoric and Comparative Literature, Director of the Townsend Center  
 John Heilbron, Professor Emeritus of History of Science  
 Anthony Long, Professor of Classics and Philosophy  
 Randy Schekman, Professor of Cell and Developmental Biology

#### **Did You Know?**

When you move, you should update your contact information with the UCOP Retiree Service Center. When your beneficiary moves, you should do the same! Call the Service Center at 1-800-888-8267 ext. 4 to update your beneficiary (and your own personal) information.



## Spotlight

### EMERITI AND RETIREES OF DISTINCTION

#### Errol Mauchlan – Distinguished Emeritus

*“The social, friendly, honest man, Whate’er he be,  
‘Tis he fulfils great Nature’s plan, And none but he.”*

This verse by Scottish poet Robert Burns aptly describes the remarkable virtues and character of Errol Mauchlan, long time UC Berkeley Emeritus, now very appropriately designated as an “Emeriti of Distinction.”

Errol was brought up in the south of Scotland, where he lived in several small towns and villages. The most memorable of these were Earlston, where he began elementary school, and North Berwick, where he attended high school.

Errol graduated from high school in June 1940, immediately following the fall of France. His war years began when he was only 19. He joined the Fleet Air Arm of the Royal Navy, and served: as an observer in the Indian Ocean; as a navigator and mine-layer in four-engine Halifax bombers with Bomber Command of the Royal Air Force, flying from Brighton in Yorkshire to lay mines in Nazi naval harbors of the German and Vichy French coasts; and in Barracuda torpedo-bombers on the aircraft carrier, H.M.S. Glory in the Pacific, where he witnessed the eventual surrender to Australia of the Japanese South-East Asia Army. He arrived in the Coral Sea on August 8, 1945, two days after the first atomic bomb was dropped on Hiroshima, and one day before the second was dropped on Nagasaki. The Japanese government capitulated six days later, on August 14, 1945. One might say these war-time activities resemble a James Bond movie!

In 1946 Errol was admitted to Edinburgh University where he took an M.A. degree in honors in English Language and Literature. He worked for six years for the British government in Edinburgh and London, before emigrating to North America with his late wife, Margaret, in 1956.

Errol joined the Berkeley campus in 1957, and in 1958 was hired by then-Chancellor Glenn Seaborg as his Budget Assistant. He remained in the Chancellor’s Office to the end of his career in 1991, serving seven Chancellors -- Seaborg, Strong, Acting Chancellor Meyerson, Heyns, Bowker, Heyman, and Tien, eventually retiring as Assistant Chancellor, Budget and Planning. In his spare time, Errol built a second home in Scotts Valley, claiming that those building and plumbing skills he acquired would not be put to use again!

Errol serves on the board of the UC Berkeley Retirees’ Association as Treasurer. He proudly states that the Association’s finances are in good shape. He has also served as President of the UCB Emeriti Association (UCBEA), UCBEA’s representative to the Council of UC Emeriti Associations, and on the UCB Retirement Center Policy Board.

Errol is ferociously Scot! He’s extraordinarily well read and for the last six years has celebrated the birthday of Robert Burns on January 25th at the Berkeley City Club, where he recites the “Ode to the Haggis.” Given Errol’s amazing accomplishments and contribution to the University of California, he is indeed an “Emeriti of Distinction.”

*Dorothy Snodgrass*

#### Join an Association!

The UC Retirees’ Association at Berkeley (UCRAB) and UC Berkeley Emeriti Association (UCBEA) advocate on behalf of staff and faculty retirees, acting through campus and systemwide organizations to maintain close relationships which give us a voice in important campus decisions. Membership also allows you to keep in touch with friends and colleagues. Each Association offers luncheons with interesting and educational speakers and social activities. Go to <http://thecenter.berkeley.edu/> and click the link for UCRAB or UCBEA to find out how to join.

#### Parking for Center Sponsored Programs and Events

Retirees are eligible to purchase daily parking permits for \$5 each to attend Center events. Send a check or money order to the Center to be received at least a week in advance of the program; include \$2 for postage and handling costs. Permits are for Center programs only. You may purchase permits in person at the Center during drop-in hours, M-F, 1-4pm. Call 510.642.5461 before dropping in to be sure that staff is available to assist you.



## Campus Events and Programs

### Section Club - Annual Beehive Luncheon

Tuesday February 22 11:30am-2pm

You are invited to join the University Section Club for its annual Beehive Luncheon and Silent Auction at the Unitarian Universalist Church of Berkeley, 1 Lawson Road, Kensington. Enjoy a delightful meal, auction, crafts and raffle! Proceeds fund UC student emergency grants.

Cost is \$25 in advance or \$30 at the door. Send a check payable to University Section Club, Inc. to Mary Kay Duggan, 2229 Marin Avenue, Berkeley, CA 94707. Please mail by Tuesday, February 15th. Donations accepted.

### Cal Women's Basketball Senior/Senior Night

Saturday February 26 7:30 p m

Fans of all ages are invited to join Cal Women's Basketball for Senior Night at the last regular season home game! The team will honor its senior members as well as their older fans at this game against Oregon State. Members of the Bay Area Senior Games will scrimmage at halftime. Call 1-800-GO-BEARS for more information.

Ticket prices:

- Seniors (65 years or older) - \$5
- Adults - \$10
- Youth - \$1
- Groups of 10 or more - \$3 per person

### Health\*Matters Walking Group

Monday, Wednesday, & Friday 12:10pm

Retirees are invited to join the Health\*Matters Walking Group. Led by Walking Leaders, participants meet at the south side of the Campanile and take routes through campus that accommodate all levels of fitness walkers, from moderate to brisk. Enjoy the benefits of walking by taking a 30-35 minute walk through campus.

For information, please contact Health\*Matters at 510.643.4646. Health\*Matters is the UCB wellness program for faculty and staff and strives to build a healthy campus community that supports the health and well-being of faculty, staff and their families. This program is open to retirees.

### Lunch Poems

First Thursday of the month 12:10pm - 12:50pm

Lunch Poems, a free noon-time Poetry Reading Series under the direction of Professor and Pulitzer Prize-winning Poet, Robert Hass, is held Thursdays in the Morrison Library in the Doe Library at UC Berkeley. This event features distinguished faculty and staff from a wide range of disciplines. For more information, visit <http://lunchpoems.berkeley.edu/>

## WHAT'S AGING IN PLACE? An Introduction to the "Village"

You're living on your own, in good health - you're thinking about the future. You love your home and neighborhood and don't want to think about living anywhere else, or being dependent on strangers.

The solution may be a "Village," a non-profit membership organization inspired by the nationwide "aging in place" movement. "As the longevity revolution unfolds, senior villages will become one of the distinctive social inventions of our time... These virtual villages offer an affordable way for seniors to find the practical support, companionship, and cultural vitality they need while remaining in their own homes and neighborhoods," states Theodore Roszak in his book, "The Making of an Elder Culture."

Villages address the reasons older people sometimes move to retirement or assisted living facilities: they've stopped driving; tradesmen won't do small repairs; and cooking is hard.

There are Four Villages in the Bay Area: Ashby Village, serving Berkeley and surrounding communities, San Francisco Village, Avalon Village serving Alameda, and Avenidas in Palo Alto. Villages in North Oakland and Marin County are in the works.

Villages create a network of volunteers, service agencies, and businesses who often offer discounts, social and cultural activities, daily check-in calls, transportation to and from medical appointments, and the opportunity to volunteer helping other members, all contributing to a sense of confidence at home and a supportive community of new friends. Your Village is only one phone call away.

Today there are approximately 50 fully functioning Villages across the country, with many more in startup mode. For more Village information, see: [www.ashbyvillage.org](http://www.ashbyvillage.org), [www.sfvillage.org/](http://www.sfvillage.org/), [www.avalonvillage.org/](http://www.avalonvillage.org/), [www.avenidas.org/](http://www.avenidas.org/).



# the CenterPiece

The *CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for Academic Affairs and Faculty Welfare. The *CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

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## Retirement Center News

### Retiree Work Opportunities (RWO) Update

As of October 30, 2010, the RWO website is no longer available. There are several strategic reasons why the Center made this decision. Feedback from department hiring managers indicated that most departments post temporary assignments to the general campus recruitment system. Managers prefer to post jobs only once, so postings to the RWO website declined over time. Budget constraints have also had an effect on all the Center's programs.

We greatly value and will continue to support retiree career-life development. A new section of the Center's website -- <http://thecenter.berkeley.edu/rwo-new.shtml> -- now provides ideas and links to a wide range of resources for mature individuals seeking career-life opportunities internal or external to the University. With your involvement, we aim to build a vibrant and evolving new program and a progressive development for you and the Center. To access this site, go to the Center's website home page, <http://thecenter.berkeley.edu/>, click the Programs and Services button on the left-hand menu, and then select Retiree Career-Life Planning from the menu that appears.

Retiree career-life development encompasses paid employment, volunteering, continuing education, entrepreneurship, and other approaches to ongoing involvement and growth. The Center's goal is to help you explore and pursue an entire array of opportunities as you move forward in this stage of your life.

To apply for jobs on campus or create a personal recruitment profile, go to <http://jobs.berkeley.edu/>. UC system wide policies in place since January, 2009 continue to apply to the rehiring of UC retirees. A retiree's benefits can be affected when the retiree is rehired, even for a short-term assignment. Please see <http://hrweb.berkeley.edu/policy/rehiredretirees.htm> to familiarize yourself with these policies before accepting any assignment.

#### Talent Acquisition Management (TAM) Information Session

UCB Employment Services would like to invite retirees interested in a job search to an informational session and introduction to UC Berkeley's new Talent Acquisition Management system, TAM. The session will provide an opportunity to become familiar with this new system. If you are interested in attending, send an email to [transitions@berkeley.edu](mailto:transitions@berkeley.edu).

## Association News

Mark your calendars for the following retiree association events.

**UCBEA** (<http://thecenter.berkeley.edu/ucbea.shtml>)

Board Meetings - January 11, March 22, May 3

Luncheons - February 5, March 26, May 7

**UCRAB** (<http://thecenter.berkeley.edu/ucrab.shtml>)

Board Meetings - January 19, February 16, March 16, April 20, May 18

Luncheons - March 17, June 16

**PARRA** (<http://thecenter.berkeley.edu/parra.shtml>)

Luncheon - April 7

**EX-Ls** (<http://www.lbl.gov/ex-l-express/>)

Board Meeting - January 13, April 14

Luncheon - February 17, May 19

UC BERKELEY RETIREMENT CENTER  
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Berkeley, CA 94720-1550

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SPRING 2011

**Directions to the Center**

**By BART:** Take BART to the Downtown Berkeley station. Exit and walk two blocks north on Shattuck Ave. Turn right on University Ave. Walk one-half block east. Turn left on Walnut St. Walk one-half block north. Building is on your right.

**By AC Transit:** AC Transit bus lines 1, 18, 49, 51B, 65, 67, 800, and 851 stop at the Berkeley Bart Station.

**Campus Accessibility Information**

Check out the online FASDI Access Guide, which includes building accessibility information, as well as other useful accessibility tools. <http://fasdi.berkeley.edu/index.cfm>

**Options for *The CenterPiece***

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