

# CenterPiece

### UC BERKELEY RETIREMENT CENTER NEWSLETTER

### Retirement Center Mission Statement

The UC Berkeley
Retirement Center is
dedicated to developing
programs and services
that contribute to the
well being and creativity
of retired faculty, staff
and their families and
that support the UC
community.

### CONTACT US

2 Boalt Hall, #7200 Berkeley, CA 94720-7200 Tel: 510.642.5461 Fax: 510.643.1460

Email:

ucbrc@berkeley.edu

Website:

http://thecenter.berkeley.edu

### **CENTER HOURS**

Monday—Friday: 9:00am—4:00pm Closed: Noon—Ipm Walk-in hours: I—4pm



### What's News

First and foremost, the Center would like to thank those of you who have sustained our programs with your donations of money and volunteer efforts. Although the campus provides a core budget for the Center, we depend on your contributions to fund gaps left by permanent budget cuts. More than 500 people participated in our annual and endowment campaign in 2005, with almost 200 giving more than four times since we began our fundraising efforts in 1999. Over 100 people have provided volunteer services.

Our Learning in Retirement (LIR) program, for example, is free to students because its coordinators, Professors Melvin Webber and Donald A. Riley are volunteers. In turn, they recruit others to provide courses on a voluntary basis. In six years, LIR has attracted over 1,000 unduplicated students (counting each person only once). Our model of LIR is unique in its approach and in its steadfast dedication to keeping its offerings free.

The Center's Policy Board and the Emeriti and Retiree Association boards are also comprised of volunteers. Over the years, in addition to their social functions, these associations have provided advocacy on campus and systemwide to ensure the continuity of retiree benefits. This was especially poignant recently, when the Associations led the effort to challenge the campus increase in emeriti and Center program parking by 300%.

This summer, the Center is sponsoring computer classes for those of you who might want to get started using computers or acquire some new skills. With the Retiree Association, we are co-sponsoring a tour of Sonoma that includes some basics about winemaking (p.3).

Our *Cal Connection* section highlights three summer discounts arranged for you by the Center. First, those wishing to buy a Senior Audit Card for Summer Sessions can do so at a reduced price. Second, until August 31st, you can use the coupon on page two for 20% off on the purchase of clothing, gifts or general books at the Cal Student Store. Finally, Lair of the Golden Bear, Cal's family camp, announces a 15% discount for CenterPiece readers at their two "Adult Weeks." Our on-going discounts are listed, with full details available through the Center (p.2).

Please also note a special invitation from the Section Club to join them at their Fall Reception at University House (p.4). University House will also be the venue in September for the Chancellor's annual reception for those who retired within the past year. We are delighted that the Birgeneaus have carried on this tradition; they will be sending invitations.

### **News from LBNL**

We are pleased to report that LBNL has renewed its contract with the Center through June 30, 2009. All LBNL participants can now call or visit the Center for an updated identification card.

LBNL also invites all CenterPiece readers to their Friends of Science talk on Saturday, July 22, 2006, from 1:30pm-4:30pm. The talk "Looking Inside Nanodevices with X-rays" will include a tour of the Advanced Light Source beam line where this research is done. The speaker is Charles S. Fadley, Senior Scientist, Materials Sciences, Berkeley Lab, and Professor, Physics, University of California, Davis. To attend this talk, you will need reservations for gate access and parking at LBNL; call the Retirement Center or email friendsofscience@lbl.gov.



### The Retirement Center has arranged these discounts and services



### **ID Cards**

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1pm and 4pm daily or call the Center to order by mail.

### Among the discounts and services arranged by the Center are the following:

- \* Library cards
- \* Night and Weekend Parking
- \* Berkeley Art Museum/Pacific Film Archive
- \* Long-Term Care Insurance Counseling
- \* 20/20 Vision Plan at University Eye Center
- \* Cal Rentals (housing)
- \* Chronicle of the University of California
- \* UC Press Discount
- \* Wellness Bargains
- \* Cal Rec Club
- \* Music Department Discount
- \* Women's Faculty Club
- \* Faculty Club
- \* Health Care Facilitator
- \* Affordable Computer Equipment at The Scholar's Workstation (TSW)
- \* Three Email Options through the Cal Retirement Center Network (CRCN)

For details of any of these programs, call or email the Center.

#### **Senior Audit Card**

Retirees are invited to audit classes during the UC Berkeley Summer Session for a special discount of \$25, available only through the UC Berkeley Retirement Center.

The Senior Audit Card allows you to audit courses at the discretion of the instructor (note exceptions: language courses, lab science courses and courses with limited enrollment). The next sessions begin July 3 and July 31.

To obtain a card, send a check for \$25 payable to UC Regents to the Retirement Center, 2 Boalt Hall #7200, Berkeley, CA 94720-7200. Call or email the

Center for more information. You can also obtain a free course catalogue from the Center or browse the courses and schedules online at summer.berkeley.edu.

Senior Audit Cards are non-refundable.

### A Cal Camp Vacation for Adults – With a Discount

The Lair of the Golden Bear, the nation's preeminent summer family camp, is offering two weeklong camping vacations for active adults this year at a 15%



discount for readers of the CenterPiece. Membership in the Cal Alumni Association, normally required for registration, is waived for attendance at these two adult weeks.

### CLUB LAIR: August 27 – September 3, 2006

In a week of non-stop adventure and/or relaxation, activities range from hiking, tennis, and kayaking to folk art, campfire shows, and yoga.

## SPORTS & RECREATION WEEK: September 3 – September 10, 2006

For the more physically active, this week offers expert instruction in tennis, golf, swimming and hiking along with stargazing, wellness, art, and relaxation.

Each week is a smorgasbord of food, laughter and fun. For information, call either (510)642-0221 or the toll-free (888)CAL-ALUM (888)225-2586; e-mail lair@alumni.berkeley.edu; or visit www.alumni. berkeley.edu/lair (click Adult Weeks). When calling for information, be sure to request the special reservation form for readers of the CenterPiece to receive your 15% discount, or indicate on any forms you fill out that you're with the UCB Retirement Center.



### **Center Sponsored Programs and Events**

Classes are tailored for you. A \$10.00 per session fee includes instruction and materials. Parking can be arranged for \$4.00 per day. Call the Center for reservations or if you have any questions. Class space is limited to 18 participants.

### **Computer Basics** (This is a two-session class.)

Monday July 17 9am-Noon Tuesday July 18 9am-Noon

These sessions introduce you to the very basic elements of computer use. They offer an overview of computer applications and hands-on training. You will



learn what makes a computer tick, how to use a keyboard and mouse, how to open, close and navigate through programs, and how to create and save files.

### **Advanced Basics** (This is a two-session class.)

Monday July 24 9am-Noon Tuesday July 25 9am-Noon

This class offers instruction on how to navigate your computer and how to use programs such as Microsoft Word and Microsoft Excel. Includes creating and naming files and folders, finding your files and basic security.

Prerequisite: Completion of Computer Basics or equivalent experience.

#### **World-Wide Web: The Internet Starter Course**

Monday July 31 9am-Noon
Finding long lost friends, researching the best

Finding long-lost friends, researching the best price on airline tickets, purchasing books, and even academic research can now be done from the comfort of your home or anywhere there is an Internet connection. This class covers Internet basics, including how to use browsers and search engines.

### World-Wide Web II: The Next Steps

Tuesday August 1 9am-Noon This class is designed to help you take the next

This class is designed to help you take the next steps in using the Internet. Topics covered include researching, shopping, downloading and more. It also provides in-depth coverage of viruses and security issues.

Prerequisite: Completion of The Internet Starter Course.

### **UCRAB/UCBRC Day Trip to Sonoma**

Thursday, July 20, 2006

Join us as we combine beauty and education that begins with travel across the beautiful Bay Bridge and magnificent Golden Gate Bridge through scenic Marin County to the Historical Town of Sonoma. Sonoma is known as the birthplace of California, for it was in the town square of Sonoma where the Bear flag was first raised June 14, 1846. The town once served as the capital of the short lived California Republic. Sonoma is also the location of Mission San Francisco Solano, the last and northernmost of the 21 California missions.

Our tour includes: The Plaza, a National Historic Landmark; La Casa Grande; and the historical home of General Mariano Guadalupe Vallejo where we will have lunch. We will visit the Petaluma Adobe Fort (built by General Vallejo, now a historical Park and museum). The tour will also cover a talk on viticulture with a guided tour of the Sebastiani Winery, as well as a Tuscan wine and food pairing event at the Viansa Winery and Italian Market Place. Come and enjoy the day with us!

### **ON CAMPUS**

### **Invitation to Section Club Fall Reception**

UC retirees are invited to join the University Section Club at its Fall Reception, which will be held on Tuesday, September 19, 2006 at University House from 11:30am to 2pm.

The Section Club is a non-profit support group founded in 1927 with two main goals: first, to bring together members from faculty, administration and staff in a variety of interest/social groups or "sections," and second, to offer practical and financial help to students on campus.

For more information, contact Judy Gordon (510)524-7765 or Janice Lieu (925)631-0322 or visit: university section club. berkeley.edu.

UC BERKELEY RETIREMENT CENTER

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The Connecting Link

the CenterPiece

The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for Academic Affairs and Faculty Welfare. The CenterPiece is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

#### UC BERKELEY RETIREMENT CENTER POLICY BOARD

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### How to reach the Retirement Center:

The Retirement Center is located in 2 Boalt Hall. Boalt Hall is located on Bancroft Way, between Piedmont and College Avenues. Room 2 is on the ground floor, just off the Kroeber Plaza fountain area.