



RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

CONTACT US

1925 Walnut Street #1550

Berkeley, CA 94720-1550

Tel: 510.642.5461

Fax: 510.643.1460

Email:

ucbrc@berkeley.edu

Website:

<http://thecenter.berkeley.edu>

CENTER HOURS

Monday—Friday:

9am—Noon and 1pm—4pm

Closed: Noon—1pm



the CenterPiece

UC BERKELEY RETIREMENT CENTER NEWSLETTER

The year 2008 continues to be one of transition for the Center. In addition to our move from Boalt Hall to Walnut Street, the Center's founding director retired earlier this year. So, instead of the What's News that usually appears on this page, we bring you a note from Shelley and a letter of appreciation for her dedicated service to UC retirees.

As you may or may not know, I have retired from the university. My time at Cal was exciting and deeply enriched by the many of you I met and got to know over the past ten years. It was an honor to be of service to you through the work of the Center. My very best wishes to you all.

Shelley Glazer

An appreciation of Shelley Glazer -

Until her retirement earlier this year, Shelley Glazer had been the Director of the UCB Retirement Center from its founding in 1997. Largely through her efforts the Center has become the leading organization of its kind in the UC system, and nationally an exemplary institution. She was one of the founders of the national Association of Retirement Organizations in Higher Education (AROHE), has organized its meetings, and served on its board and as its president.

In an early example of her foresight and initiative, she and the late Professor Sheldon Messinger took the lead in creating the position of Health Care Facilitator at UCB. This office has answered a rising need for health care information for active and retired UCB employees. Following its success at Berkeley, the Office of the President promoted health care facilitators at other UC campuses. However, it is worth noting that Glazer and Messinger had to overcome resistance from the Human Relations bureaucracy.

She organized successful conferences centered on retirement, such as the

Redesigning Retirement Conference in 2000, which brought together a group of outstanding speakers providing an informative and stimulating program for over 200 attendees.

In 2002 the Center began a Retirees' Work Opportunity Program (RWO), a web-based program publicizing part-time, temporary positions on the campus and housing profiles of retired staff members who want to be considered for those positions. It was an immediate success, filling a growing need of both the campus and its retirees. In May of this year this program won a 2007 MetLife Foundation/Civic Ventures Breakthrough Award.

The Center, under her leadership, initiated pre-retirement planning courses for faculty and staff. Large waiting lists attested to the success of the program and UCOP has expressed interest in introducing pre-retirement planning courses throughout the UC system.

Director Glazer made the Center a recognized resource for about 14,000 retirees, including surviving spouses from UCB, UCOP and LBNL. Her professional training on issues of aging and retirement was of direct and personal benefit to many retirees. She was widely recognized in the campus and UC community as a retirees' advocate. In many respects she was the Retirement Center.

Initiative, imagination, administrative skill, inter-personal proficiency, and professional knowledge characterized her performance over the 10 years of the Center's existence and her direction of it. Most of all, her welcoming presence assured retirees that there was on the campus a strong sympathetic advocate for their interests, and even though retired, they still belonged to the UCB community.

Thank you, Shelley. You will be sorely missed.

Larry Waldron, Past Chair



ID Cards

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1pm and 4pm daily or call or email the Center to order by mail.

Among the discounts and services arranged by the Center are the following:

- Free UCB Library cards
- Discounted Night and Weekend Parking Permits
- Free admission to the Berkeley Art Museum/Pacific Film Archive
- Access to free Long-Term Care Insurance Counseling
- Discounts on eye exams and eyeglasses at University Eye Center
- Cal Rentals (housing)—list or find rentals
- Discount on issues of the Chronicle of the University of California
- Discount on UC Press Publications
- Wellness Letter Discount
- Discounted membership at the Cal Rec Club
- Discounted admission to Music Department concerts
- Discounted membership at the Women's Faculty Club
- Access to The Scholar's Workstation (TSW)
- Two Email Options through the Cal Retirement Center Network (CRCN)

For details on any of these programs, call or email the Center or visit <http://thecenter.berkeley.edu>

Senior Audit Card

Retirees are invited to audit classes during the UC Berkeley Summer Session for a special discount of \$45.

The Senior Audit Card allows you to audit courses at the discretion of the instructor (note exceptions: language courses, lab science courses and courses with limited enrollment). The next sessions begin July 28.

Send your name, address, and a check or money order for \$45 made out to "UC Regents" to: Berkeley Summer Sessions, Senior Audit Card, 1995 University

Avenue, Suite 110, Berkeley, CA 94704-7026. The card and information about how to use it will be sent to you by mail. Please note that the senior audit fee is nonrefundable.

An Exciting Camping Vacation in the Sierras

For more than 25 years, the Lair's adult sessions have emphasized the inner athlete in all of us, for all skill levels. Depending on your program session, our wildly diversified activities will include world class tennis instruction, professionally led hiking, golf, swimming and wellness programs, gourd craft, and evening campfire entertainment. Throw in a first class menu, evening cocktails, and the legendary Pinecrest Lake dinner cruise and it all adds up to an unforgettable vacation – and a tremendous vacation value. Lace up your boots, grab your tennis racket, dust off your clubs, and stretch it out – join us at the Lair this summer!



Club Lair:

August 24 - August 31, 2008

Sports & Recreation Week:

August 31 - September 7, 2008

Women's Wellness Weekend:

September 19-21, 2008.

We'd love to tell you more! And tell us that you saw us in the CenterPiece!

EMAIL: lair@alumni.berkeley.edu

WEB: www.lairofthebear.org

PHONE: 510.642.0221

E-Communications from the Center

From time to time, special programs or issues come up between newsletters. We would like to let you know about these via email because it is the fastest and most efficient means by which we can get the information to you. Further, you can now also receive the CenterPiece via email. With the looming budget crisis, receiving the CenterPiece electronically saves us printing and mailing cost and perhaps a few trees. So, if you think we do not have your current email address, and/or would like to receive the e-CenterPiece, please let us know by emailing us at ucbrc@berkeley.edu.



Center Program Information and Updates

Gloria Parra reported to the Policy Board recently on the Retiree Work Opportunity (RWO) program. The Policy Board is interested in your comments and feedback on the following abbreviated report. To respond, please email projects@berkeley.edu, using "RWO Feedback" in the subject line of your message.

2008 Status Report and Future Options for the RWO Program

Background:

The RWO program and website has been successfully operating for four years in much the same format, using a commercial web platform. The Retirement Center pays \$500/month for that service and currently provides all program and website development, communications and support. Staffing includes the program manager and one student, each working 8-10 hrs/wk.

UC retirees and hiring managers from the Berkeley campus, Lawrence Berkeley National Laboratory, and UC Office of the President have been successfully using the program to fill their temporary positions. Overall impressions are that RWO provides a necessary and effective resource for temporary hiring, it does not compete with recruitment for career positions. It also brings positive internal and external recognition to the Center and the university, such as receiving a 2007 Breakthrough Award from MetLife and Civic Ventures. The award recognized innovative programs nationwide that capitalize on the talents and contributions of mature workers.

The following issues, options and recommendations reflect the results of program surveys (using a combination of on-line survey software; email and phone contacts by the Center staff; and informal, anecdotal feedback).

Software Considerations:

The company providing the web software platform has made many enhancements to their product during the past four years but, unfortunately, the product is not designed for recruitment and employment. That somewhat limits the scope of what can be developed in the RWO website.

Two-Way Functionality of RWO is Not Fully Utilized:

More work listings need to appear on the website. However, feedback has strongly shown that hiring managers prefer to browse the profiles/resumes of

retirees seeking work and contact people directly rather than posting the jobs, usually because they must fill the opening within just a few days. Retiree users may feel discouraged with the scarcity of work postings, although we know managers are actively recruiting and hiring retirees through the use of the RWO website.

Potential of RWO for Faculty and Volunteers:

The Center has envisioned including work opportunities for faculty and volunteers but those options have not been developed yet. The volunteer component is now being explored with the help of Allan Jensen, the Center's new volunteer coordinator.

Recommendations:

1. Explore adding temporary work opportunities for faculty, volunteers, and other special projects. This would require expanding the Center's approaches to the program's development, marketing and communications. More fiscal and human resources would be needed to support the program and additional collaborations internally and externally could be explored.
2. Seek external funding through the community, foundations, corporations, and grants, particularly if the RWO program expands to include the environment external to UC. UC retirees often contact the Center about their interests in volunteering in the community or in finding employment outside UC. External employers and non-profit organizations also frequently contact the Center wanting to connect with UC retirees and the expertise they offer. Again, the Center would need expanded resources to support seeking and administering external funding.
3. Enhance internal partnering with Human Resources. However, HR would be unlikely to coordinate volunteer or external placements; the Center could more effectively support those purposes.
4. The Center should consider developing its own web software platform or switching to a commercial product designed for recruitment and tracking. This would broaden the opportunities for better program functionality and effectiveness.



On Campus

Retirement Center Welcomes New 'Volunteer' Volunteer Coordinator

After twenty-seven years on campus coordinating the College Work-Study program, Allan L. Jensen has agreed to help the Center begin anew with setting up the bare bones of a volunteer program to serve the needs of our retiree community and the campus. We would like to hear your thoughts and ideas about such a program, and also about your interests in volunteering at Cal or perhaps in the community. Email Allan at "retireevolunteers@berkeley.edu".

Volunteer-Retirees are Making Significant Contributions

Excerpts from the *Daily Cal*, By Jacqueline Johnston, June 16, 2008.

David Gowen, 62, of Oakland, a carpenter before he retired, is now a local amateur botanist. As a result of the assistance and training he received as a volunteer at UC Berkeley's Jepson Herbarium, David recently discovered two new wildflower species at Lime Ridge Open Space in Walnut Creek. The Jepson Herbarium, established in 1950 through an endowment from botanist Willis Linn Jepson, focuses exclusively on

California flora.

Barbara Ertter, curator of Western North American Flora at the Herbarium, said, "he took the effort to train himself." She said Gowen was inspired to begin scouring the Lime Ridge area in 1998 for Mt. Diablo buckwheat, at the time presumed extinct, after hearing a lecture Ertter gave challenging researchers to attempt to find it. Instead, Gowen discovered two entirely new species. Ertter said the location of the discovery is unusual because humans have developed the area and scientists have studied it for the last hundred years

Learning in Retirement - Fall Semester Courses

Learning in Retirement presentations for the fall 2008 semester begin on September 25 with a symposium on the November election organized by Professor Gerald Lubenow of the Department of Political Science. This will be a one-session meeting with four knowledgeable discussants.

A course of four sessions organized by Professor Emeritus Donald Riley (Psychology) dealing with the biological, psychological and social aspects of ageing will begin early in the semester.

Professor Catherine Gallagher of the English Department will present a course on Victorian novels.

The world food crisis is to be the subject of a course organized by Agricultural & Research Cooperative Extension Economist Jerome Siebert.

As firm dates and room assignments develop they will be posted on the Retirement Center website (<http://thecenter.berkeley.edu>), or you may check with the Center (phone: 642-5461 ; email: ucbrc@berkeley.edu).

WANTED:

Volunteer Xenoscapers and Xeroscape Plants



THIS IS NOT A XEROSCAPE

The Center is asking for volunteers and draught-resistant plant donations to improve the front yard of the Center's new home. If interested, please call the Center.

One of gardening's largest recent trends is xeroscaping, the all-natural approach to garden and landscape design. Xeroscaping is not solely focused on water conservation, although reduced watering is often an added benefit. Low levels of required maintenance are also a benefit of xeroscape gardens; however, there is more to it than either of these two components.

Xeroscaping is using native plants and natural materials to create a garden that adapts perfectly to its environment without coddling or special requirements. It is a non-invasive way of creating a pleasant outdoor environment, a way to connect with the feel and flavor of your region by living with the land, not on it.



Center Sponsored Programs and Events

COMPUTER CLASSES

We are in the process of updating our classes and developing new ones. A \$20 per class fee includes instruction and materials. Class space is limited to 15 participants. Call the Center for reservations or if you have any questions. Parking permits can be purchased for \$5 per day, by mailing a check at least one week before your class or by picking them up at the Center. (Regular permit prices have increased to \$13 per day).

Web 1.0—Internet Basics (Two sessions)

July 28-29

9am-Noon



This class is designed to help you with the basics of the Internet, including how to use browsers and search engines, the tools used to navigate and find information on the web. This class also includes basic web security information.

Prerequisite: Ability to use the mouse and keyboard

Web 2.0—Beyond the Basics (Two sessions)

August 14-15

9am-Noon

This class is designed to help you get beyond the basics, including exposure to immediate level search skills and the use of Web 2.0 sites (customized information sites, web based email, shared bookmark and news sites, and social networking sites).

Prerequisite: Completion of the Center's Internet Basics Class or comparable knowledge

Advanced Basics

July 30

9am-3pm

This class offers instruction on how to navigate your computer and how to use programs such as Microsoft Word and Microsoft Excel. It also includes creating and naming files and folders, finding your files, and a description of the basic security measures you need to take. (Note: Class is from 9am-3pm with a break from 12:15-1pm).

Prerequisite: Very basic PC or Mac skills

Microsoft Word—Beyond the Basics

(Two sessions)

August 5-6

9 am-Noon

This class will take you beyond an introduction to this popular program. The class will help you improve your skills in editing and page layout, as well as give you an introduction to the tools needed to use Excel to create mailing lists ("mail merge").

Prerequisite: Completion of the Center's Advanced Basics Class or comparable knowledge

The following is a list of Berkeley area organizations that offer computer classes for older learners. Let us know if you need help finding something in your area.

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|--------------------------|-------------------------------------|---------------------|
| • ALBANY ADULT SCHOOL: | 601 San Gabriel, Albany, CA 94706 | Phone: 510.559.6580 |
| • BERKELEY ADULT SCHOOL: | 1701 San Pablo, Berkeley, CA 94702 | Phone: 510.644.6130 |
| • SOUTH BERKELEY CENTER: | 2939 Ellis St., Berkeley, CA 94703 | Phone: 510.981.5170 |
| • WEST BERKELEY CENTER: | 1900 Sixth St., Berkeley, CA, 94709 | Phone: 510.981.5180 |

ASSOCIATION NEWS

Join the Emeriti/Retiree Associations

For less than a good cup of coffee a month become a member of a retiree association or emeriti association at Berkeley or a retiree association at LBNL or UCOP and 1) be represented on the systemwide Councils of UC Retirees' and Emeriti Associations (CUCRA/CUCEA), advocacy organizations for the retention and improvement of benefits available to UC retirees; 2) be invited to luncheons featuring prominent speakers from UC locations and the community; 3) go on trips to noteworthy attractions; 4) receive association newsletters, which have information about systemwide and location-specific issues and news as well as future events and outings.

Campus retirees/emeraliti can download a membership application at: <http://thecenter.berkeley.edu> (click on either UCRAB or UCBEA). Lab retirees can get

information at: <http://www.lbl.gov/ex-l-express>. UCOP retirees and anyone else with questions call the Center at 510.642.5461. The Berkeley associations invite UC retirees from other campuses to join if this location is closer.

The Cal Student Store invites you to enjoy

20% OFF
your purchase of clothing,
gifts, or general books!*

*Not to be combined with any other offer. Expires 08/31/2008



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SUMMER 2008

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<http://thecenter.berkeley.edu>

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How to Reach the Retirement Center:

The Retirement Center is located at 1925 Walnut Street, one half block off University Avenue, next to the Mike's Bikes and Berkeley ACE Hardware parking lots.

UC BERKELEY RETIREMENT CENTER POLICY BOARD

Chair <i>Louise Taylor</i>	University of California Retirees' Association at Berkeley <i>Marian Gade</i>
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RETIREMENT CENTER STAFF

Director <i>Open</i>	Administrative Specialist <i>Carolina Vasquez Defago</i> (part-time)
Program Managers <i>André S. Porter</i> <i>Gloria Parra</i> (part-time) <i>Caroline Kane</i> (part-time)	Administrative Assistant <i>Linda Dayce</i> (part-time)