



the CenterPiece

UC BERKELEY RETIREMENT CENTER NEWSLETTER

RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

CONTACT US

1925 Walnut Street #1550
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Phone: 510-642-5461
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Web: <http://thecenter.berkeley.edu>

CENTER HOURS

Monday–Friday:
9am–Noon by appointment
1pm–4pm Walk-in
Closed: Noon–1pm



Director's Notes

You never grow old until you've lost all your marvels." (Merry Browne) Join us for a summer of enjoyable, engaging activities. This year's theme for Older Americans Month (May) is, "Never Too Old to Play." The theme recognizes that older Americans are active and engaged in their communities, benefiting younger generations with wisdom and experience. President Obama, in his proclamation for the month, noted that America endured great trials and heralded defining triumphs over the course of the 20th century, and the men and women who saw us through that time remain among our Nation's greatest assets.

15th Anniversary Celebratory Event: Save the date of Oct. 11, 2012, for an event at the Lawrence Hall of Science with a Nobel Laureate. UC President Mark Yudof and Chancellor Robert Birgeneau headline the Honorary Committee. See the enclosed flyer.

UC Advocacy – Crucial Action Needed Now: With the release of the Governor's state budget, it is a crucial time for UC advocates to speak up and urge support for this great public university system. Go to <http://atyourservice.ucop.edu/news/general/1205-message-from-president-yudof-on-state-budget.html> to read President Yudof's call for action.

Annual Summer BBQ: See p. 6 for information about enjoying great food and wonderful company at our free annual summer BBQ in Tilden Park on July 26.

Learning in Retirement (LIR) Ansel Adams and Clark Kerr: See p. 6 for advance notice about an early September LIR on the work of Ansel Adams to imagine the future of the UC system through photography, and Sheldon Rothblatt's book, *Clark Kerr's World of Higher Education Reaches the 21st*

Century.

Pilot Volunteer Effort with Coming of Age: Bay Area: UCBRC has completed a Memorandum of Understanding with Coming of Age: Bay Area (<http://www.comingofage.org/bayarea/>). A pilot effort will enable UCBRC to explore community-based volunteer and service opportunities offered to retirees through Coming of Age: Bay Area's established volunteer program. More information about implementing the effort will be coming soon.

Older Adult Retirement Housing: The University has entered into an agreement with Belmont Village (<http://www.belmontvillage.com/>) to construct an independent, assisted and memory care rental facility on University property in Albany, CA. Preliminary discussions are underway about an affiliation agreement to establish a mutually beneficial partnership that positions the parties as leaders in the field of University affiliated age-related housing and promotes new models for older adult living options.

New Memorial Stadium and Other Tours: See p. 3 for information about seeing firsthand the construction of the new Memorial Stadium. Tour spaces are very limited. Also on this page read about tours of Doe Library and the Botanical Garden.

Retiree of Distinction: See p. 5 to read the latest addition to the list of Retirees of Distinction.

Other Summer Opportunities: See p. 4 for the Eldercare Summer Workshops, the Berkeley Art Museum Tour and Tea and Fidelity workshops and p. 7 for UCRAB day trips *Beans and Buds* and *Delta Cruise*.

From all of us at the Center, enjoy the marvels this summer brings.

Patrick C. Cullinane, Director



Cal Connections

ID Cards

To take advantage of these special offers, you must use a Retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your free card, come by the Center between 1pm and 4pm daily or call 510-642-5461 to order by mail.

- 20/20 Vision Plan discount plan at the University Eye Center
- Free admission to the Berkeley Art Museum
- Faculty/staff rates at the Pacific Film Archive
- Discount on annual membership to the UC Berkeley Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performances events
- Use of Cal Rentals to find and list rentals
- Discounted membership at the Cal Rec Club
- Access to Care Services Elder Care Programs
- Chronicle of the University of California discount
- Email Forwarding and CalMail accounts through the Cal Retirement Center Network (CRCN)
- Access to the campus Health Care Facilitator
- Free Health Insurance Counseling from HICAP
- Access to International Travel Care
- Free enrollment to the *Berkeleyan* e-newsletter
- Free UCB Library Card
- Music Department performance discounts
- Osher Lifelong Learning Institute (OLLI @ Berkeley) membership discount
- Faculty/staff discount at the The Scholar's Workstation (TSW) campus computer store (does not apply to Apple or Adobe products)
- Discounts on online purchases at UC Press
- Wellness Letter discount for new subscribers
- Discounted membership to the Faculty Club
- Discounted membership at the Women's Faculty Club (WFC)

For full descriptions and details on any of these programs, contact the Center at 510-642-5461 or visit <http://thecenter.berkeley.edu/connect.shtml>

OLLI @Berkeley Summer Offerings

The program formerly known as the Senior Audit Program is now a benefit of membership in the UC Berkeley Osher Lifelong Learning Institute (OLLI @Berkeley). This program allows OLLI members to audit Summer Sessions courses.

OLLI @Berkeley is also offering expanded summer programming to include five OLLI courses in the month of June in addition to member-led Interest Circles from July to September. Both Interest Circles and Summer Sessions auditing are free with membership. Present your retiree ID card when you join to receive a \$10 discount on membership.

For more information about OLLI courses, Interest Circles, or Summer Sessions auditing, visit <http://olli.berkeley.edu> or call 510-642-9934.

Cal Performances Discounts

Single tickets for Cal Performances' next season will go on sale August 5th and the first performance is September 15th. Retirees enjoy a \$5 discount on most performances (Special Events and Exclusive Engagements excluded).

To order tickets, call Cal Performances at 510-642-9988 (2011-2012 season discounts will only be available for **in-person or charge-by-phone sales**). For more information and program locations visit <http://www.calperformances.org>. Note: This discount is limited to two tickets per retiree per event; cannot be combined with other discounts; is not retroactive; and all sales are final. Retiree ID card required at the door.

Cal Student Store Discount

The Cal Student Store invites you to enjoy

20% OFF

your purchase of clothing, gifts, or general books!*

*Discount applies to one item only and is not to be combined with any other offers. Expires 8/31/2012

The Store That Gives Back!

510.642.9000 / calstudentstore.com

Bancroft & Telegraph



Center-Sponsored Events

SUMMER TOURS

The Retirement Center is excited to bring you several tours around and about campus this summer. Each of these free tours requires advance registration to attend. Please see the requirements for each tour, as some restrictions do apply. Retirees may purchase a “C” campus parking permit for \$5 to attend any of the events below; please see p. 7 for more details. We hope to see you soon!

Memorial Stadium Tours

Thursdays, June 14 and 21 at 3pm, and Fridays, June 15 and 22 at 10am
Cosponsored by the UCB Retirement Center and UCB Capital Projects

Originally completed in 1923, Memorial Stadium is undergoing seismic, safety and programmatic upgrades. We hope you can join us for this special preview of the upgraded stadium, which may include the playing field, plaza and concourse levels, seating bowl, and pressbox.

- All attendees need to wear work boots and long pants. Hard hats, safety vests and glasses will be provided.
- There is considerable walking required on this tour, including climbing the stadium bleacher steps and other stairways. All participants need to be able to navigate stairs and constricted spaces.
- Parking is limited on Centennial Dr. (permit required). Consider taking the “H” shuttle from BART for \$1.00.

Advance registration is required; request a registration packet from the Retirement Center, 510-642-5461 or ucbr@berkeley.edu, to register. **Registrations will not be considered final until packet is received** at the Retirement Center. Tour spaces are very limited and will be filled “first-come, first-served.” Guests are restricted to spouse or partner.

Doe Memorial Library Tours

Tuesday, June 5, 10am - 11:30, and Wednesday, July 11, 2pm-3:30

The Doe Memorial Library is Cal's primary library for humanities, social sciences, and international and area studies. Named after its benefactor, Charles Franklin Doe, it was designed by John Galen Howard in the Beaux Arts style and was completed in 1911. The Doe/Moffitt libraries house both the undergraduate and Gardner Main Stacks collections as well as the Morrison Library, Art History/Classics Library, and the South/Southeast Asia Library.

After the tour, retirees will be given the opportunity to get a UC Berkeley Library card if they do not already have one. You must bring your Retiree ID and photo ID with you to the Library if you plan to obtain a card. If you do not yet have a Retiree ID, please request one when you register for this program.

Advance registration required. To register, call 510-642-5461 or email ucbr@berkeley.edu. Space is limited.

UC Botanical Garden *Plants of the World* Tour

Monday, July 9, 2pm

Established in 1890, the UC Botanical Garden at Berkeley has over 13,000 different kinds of plants from around the world, cultivated by region in naturalistic landscapes over its 34 acres. Join us for a free, docent-led tour of the Garden's collection, including environments as diverse as deserts, tropical forests, redwood forests, and wetlands.

A University parking lot about 50 yards up the hill and across the road from the Garden entrance offers **very limited** parking. Parking is \$1.50 for one hour and \$0.50 for each half hour thereafter. Be mindful of the time, as this lot is patrolled regularly by UC Parking & Transportation. Carpooling is encouraged, as parking is limited. You may also take the “H” campus shuttle from BART or the Hearst Mining Circle for \$1.00.

Since weather in Strawberry Canyon can be unpredictable, jackets or sweaters are a good idea. The site is hilly with many unpaved paths. Wear sturdy walking shoes. This tour will take place rain or shine.

Advance registration is required; call 510-642-5461 or email ucbr@berkeley.edu to register. Guests are encouraged to attend this special free event! **Please register by June 15.**



On-Campus Programs

CENTER-SPONSORED EVENTS

Fidelity Investments: Drop-In Sessions

Tuesday June 12 9am-noon
 Thursday July 19 1pm-4pm
 Stop by the Retirement Center, 1925 Walnut Street, and ask a Fidelity Retirement Services counselor general questions about the UC Retirement Savings Program. No registration or appointment is necessary. *Note: drop-in sessions are not private or confidential.*

Building a Portfolio for Any Weather

Tuesday June 26 2:30pm-4pm
 This class explains the role of asset allocation and diversification when you are choosing investments for your UC Retirement Savings Program accounts. After the class, you should be able to recognize the characteristics of the three asset classes, identify an appropriate target asset mix based on your situation, and understand how and when to adjust your mix. Advance registration required; contact the Center at ucbrc@berkeley.edu or 510-642-5461 to register.

Berkeley Art Museum Tour & Tea

Thursday August 2 2 p m - 4 p m
 Join us for a free tour of *Exhibition At the Edge: Recent Acquisitions* with Berkeley Art Museum/Pacific Film Archive Director Lawrence Rinder.

At the Edge presents a selection of works that have entered the museum's collection over the past two years. Rinder chose the title "to evoke the ways in which these works conveyed a sense of reaching--and sometimes--crossing limits of perception and experience."

The exhibition features work by notable artists such as Louise Bourgeois and William Eggleston, as well as works by artists just beginning their careers.

A tea and open discussion among attendees follows the one-hour tour. Advance registration is required to attend this program. Contact the Center at ucbrc@berkeley.edu or 510-642-5461 to register. Find out more online at: <http://bampfa.berkeley.edu/>

ELDERCARE SUMMER 2012 WORKSHOPS

The Elder Care Program is offering the following free classes at the Tang Center on the UC Berkeley campus. To register for any of these programs, contact Care Services at (510) 643-7754 and identify yourself as a retiree.

Free confidential assistance to those caring for an elder or dependent adult is also available. Call 510-643-7754 to make an appointment with an Eldercare Counselor or for a telephone consultation.

Caregiver Challenges (Part 1)

Wednesday July 11 12:10-1:10pm
 This workshop will focus on specific challenges related to caring for an older adult, including caring for an elder with memory loss and caring for an elder who resists help. Strategies for self-care will be shared. Resources provided.

Caregiver Challenges (Part 2)

Wednesday July 18 12:10-1:10pm
 This workshop will focus on specific challenges related to caring for an older adult, including roles and responsibilities of the caregiver and other family members; the caregiver-care receiver relationship; expectations you and others have of you; and feeling responsible but not having control. Strategies for self-care will be shared. Resources provided.

Caregiver Stress

Wednesday July 25 12:10-1:10pm
 This workshop will focus on the stressors associated with caregiving, including competing demands, such as work, family, and others; finances; and long distance caregiving. Strategies for self-care will be shared. Resources provided.

Caregiver Grief

Wednesday August 1 12:10-1:10pm
 In this workshop we will identify various losses associated with aging and how these changes may be experienced by an elder, by the caregiver, and by other family members; discuss grieving as an active and important process; and try to differentiate grief from depression. Strategies for self-care will be shared. Resources provided.

Michelle Gilmore, Heartwood Health



Spotlight

EMERITI AND RETIREES OF DISTINCTION

Iola James – Distinguished Retiree



Iola James is known for her leadership, inexhaustible energy and the warmth and support that she shares with the UC Retirees' Association at Berkeley (UCRAB) and other University committee and policy board members.

Iola graduated from San Francisco State University, armed with a BA Degree in Elementary Education. Soon after graduation, Iola accepted a position in the Public Relations Department of Pacific Telephone and Telegraph in San Francisco. She became the Sports Editor for the company newspaper and wrote the "Bay Area Beat," column, featuring company "gossip" and current events.

After many years of commuting to San Francisco, a friend suggested that Iola consider a career at UC Berkeley. Iola applied for a position in the Agricultural Extension Services Department and because of her previous experience, became the Editor for the Agricultural Extension Services newsletter. She later accepted a position in the Office of Admissions and Records. Sensing that Campus would be her career employer, Iola later settled in the College of Engineering where she became Manager of the Undergraduate Student Affairs Office and Assistant to the Associate Dean. Iola retired from the College of Engineering after 30 years of campus service. Counseling and advising young engineering students remains the highlight of Iola's Campus career.

While working in the College of Engineering, Iola was elected as president of the Berkeley Campus Black Staff and Faculty Organization. Iola and members of (BSFO) met with the Chancellor and other administrators to present their unique needs and concerns. Iola was an Executive Committee Member of the National Forum for Black Public Administrators' Oakland-San Francisco Bay Area Chapter and received the (NFBPA) distinguished

Outstanding Chapter Services Award.

Iola planned to work after retirement, as she couldn't imagine just "sitting around" at home. Within one week after retirement, she started working part-time in Public Relations and has since worked for several agencies including the San Francisco Convention and Visitor's Bureau. Iola continues to enjoy her PR work.

Iola has served two terms as President of UCRAB and has served on the Executive Board for 10 years. In addition to being UCRAB President, Iola is the Trip Coordinator, offering members wonderful travel excursions throughout the Bay Area and beyond. Members and their guests regularly express their gratitude for her trips. Iola is also a representative on the Council of University of California Retirees' Associations (CUCRA) and a member of the UCB Retirement Center's Policy Board. She has been the (UCRAB) representative to the Association of Retirement Organizations in Higher Education (AROHE).

Iola is very active in the community. She is the President of both the Patrons of The Arts and Humanities of the Bay Area, Inc. and the C'est La Vie Social and Civic Club. She is a volunteer ambassador for the Lend A Hand Foundation. She is the past-President of the Oakland Dalian, China Sister City Society. She is an active lifetime member of the National Council of Negro Women. Most notable is her commitment to the Berkeley Bay Area Alumnae Chapter of Delta Sigma Theta Sorority, Inc., an international organization with a membership of over 200,000 women, where Iola has served as Chapter President and been appointed to national and regional committee positions. The Deltas will celebrate their Centennial in 2013 and Iola is very much a part of the planning for this historical event.

Iola loves to travel and has visited Egypt, Senegal, Mali, Ivory Coast, Mexico, Western Europe, Greek Isles, the Bahamas, Jamaica, Japan, China, Haiti, Trinidad, Tobago, Puerto Rico, Canada, and across the US.

The love of Iola's life is her daughter Monica, a UC Berkeley Alumna, and her three wonderful grandchildren. Her beloved husband of 25 years, Albert, passed away several years ago. Iola enjoys the closeness of her family, who reside in the area and she sees often.

"Isn't it great to be retired?" -- Iola James

Interview by Patricia Hardy



Center-Sponsored Events

LEARNING IN RETIREMENT

Ansel Adams and Clark Kerr

Organized by Professor Emerita Louise George Clubb

In 1963 President Clark Kerr commissioned Ansel Adams to imagine the future of the UC system by photographing 1,000 images. Adams became so captivated by the project that he produced 6,700 negatives and 605 signed prints, all of which the Regents own. The culmination of the commission was a book entitled *Fiat Lux* published in 1967 in collaboration with the writer Nancy Newhall for the UC Centennial. Now, in Fall 2012, fifty years into the future that Clark Kerr envisaged, The Bancroft Library is opening the *Fiat Lux Redux* exhibition, displaying the *Fiat Lux* images as a collection for the first time on the Berkeley campus.

Not long before the opening of the exhibition Sheldon Rothblatt's book entitled *Clark Kerr's World of Higher Education Reaches the 21st Century: Chapters in a Special History* will be published. These two events evoking both the past and the future of the University invite discussion from all quarters of the University.

Lecture 1, Tuesday, September 4, 2pm

Catherine Cole, Professor of Theater, Dance and Performance Studies, UC Berkeley, "Photographs from Futures Past: Ansel Adams' Vision of the University of California's Future"

Lecture 2, Tuesday, September 11, 2pm

Sheldon Rothblatt, Professor Emeritus of History and former Director of The Center for Studies in Higher Education, UC Berkeley, "Clark Kerr and His World in the 21st Century"

There are no enrollment fees for Learning in Retirement (LIR) courses, but advance registration is required. Please call the Center at 510-642-5461 or email ucbrc@berkeley.edu to register; course location will be provided with your confirmation. Parking information for Center-sponsored events can be found on p. 7.

ANNUAL SUMMER BBQ

Thursday, July 26, noon - 4pm

We hope you can join us on July 26 for a free summer BBQ at Tilden Park. Celebrate the beauty of summer days in the Bay Area while reconnecting with friends and colleagues at our second annual event.

Volunteers will serve up hamburgers, chicken sausages and veggie burgers complemented with side dishes and beverages. Emeriti and Retiree association board members and Center staff will be on hand to answer your questions. Please bring fruit or a dessert of your choice to share with the group, if you are so inclined.

In addition to great food and wonderful company, we'll have door prizes, lawn games, and a musical sing-along. Feel free to bring your favorite games and musical instruments.

Due to limited space, advance registration is required. To register, contact the Center at 510-642-5461 or ucbrc@berkeley.edu. Additional information will be provided upon registration.

GOODBYE TO OUR GRADUATING WORKER BEES

The Retirement Center would not function without our dedicated work study student staff. Four of our worker bees graduated this spring, and we will miss them tremendously. These talented and intelligent youth are our first line of communication to the retirement community, and if you've called the Center, you've no doubt talked to one:

- Bill Chen, Economics, was accepted to Teach For America, and will teach elementary school in Kona, Hawaii.
- Jen Le, Psychology, will work at the Center through the summer and then study abroad in Korea next fall.
- Dior Sweeney, Society and Environment, will work as an RA in Unit 2 this summer and study in Italy next fall.
- Yen Vu, French and Psychology, has been accepted to NYU, where she will earn her Masters in French.

Thank you for your hours of hard work, your thoughtful input, friendly personalities and positive attitudes. We'll miss your dedication and diligence, your humour and friendship. Best wishes for a bright future!



the CenterPiece

The *CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for the Faculty. *The CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

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Retirement Center Announcements

PAYMENT AND PARKING REMINDERS

The UC Berkeley Retirement Center is unable to accept cash or credit cards for **any** payments at this time, including: parking permits, CRCN registration or renewal, UCRA B and UCBEA dues and program or event registration. Please remember to bring your checkbook or money order when stopping by the Center to make a payment.

The Center offers retirees two types of campus parking permits: "C" Central permits may be purchased to attend **only** Center-sponsored programs and events. "NW" Night & Weekend permits are valid after 4:30 M-F and on weekends, and do not require registration in Center programs to purchase. Permits are \$5 each and may be purchased in person at the Center during drop-in hours, M-F, 1-4pm or via postal mail for an additional \$2 fee. Contact the Center for more information.

UCRA B Day Trips

We hope you can join the UC Retirees' Association at Berkeley for these upcoming summer adventures. Advance registration and payment required; contact the Center at 510-642-5461 to request a registration packet. Find out more online at http://thecenter.berkeley.edu/ucrab_activities.shtml.

Delta Cruise

Thursday, June 28, 2012, 10am * \$70.00 per person

Attendees of this tour will enjoy a three-hour delta cruise aboard a Skipperliner, a private double-decker yacht, along the beautiful Sacramento and San Joaquin rivers. A docent will provide information about the history and ecology of the California delta. Also included are round-trip transportation via chartered bus, a gourmet boxed lunch and driver tip.

Beans and Buds

Thursday, July 19, 2012, 9am * \$30.00 per person

Join UCRA B for an inexpensive one-day getaway to explore the Jelly Belly Factory and Budweiser Brewery in Fairfield, California. Fee includes round-trip transportation, tours, and driver tip. A 40-minute walking tour of the Jelly Belly factory will illustrate how these sweet treats are made, and a tour of the Budweiser Brewery includes tastings.

Association News

Mark your calendars for the following retiree association events.

UCBEA (<http://thecenter.berkeley.edu/ucbea.shtml>)

Board Meetings -September 11, November 27

Luncheons - September 22, December 1

UCRA B (<http://thecenter.berkeley.edu/ucrab.shtml>)

Board Meetings - June 20, July 18, September 19, October 17

Luncheons - June 14, September 20, December 6

PARRA (<http://thecenter.berkeley.edu/parra.shtml>)

Luncheon - TBD

Ex-Ls (<http://www.lbl.gov/ex-l-express/>)

Board Meetings - July 12, October 11

Luncheons - August 16, November 15

UNIVERSITY OF CALIFORNIA, BERKELEY
RETIREMENT CENTER
1925 Walnut Street #1550
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TIME SENSITIVE
MATERIAL

Visit us online!

<http://thecenter.berkeley.edu/>



*The
Connecting
Link*

<http://thecenter.berkeley.edu/>

the **CenterPiece**
SUMMER 2012

Directions to the Center

By BART: Take BART to the Downtown Berkeley station. Exit and walk two blocks north on Shattuck Ave. Turn right on University Ave. Walk one-half block east. Turn left on Walnut St. Walk one-half block north. Building is on your right.

By AC Transit: AC Transit bus lines 1, 18, 49, 51B, 65, 67, 800, and 851 stop at the Berkeley Bart Station.

Campus Accessibility Information

Check out the online FASDI Access Guide, which includes building accessibility information, as well as other useful accessibility tools. <http://fasdi.berkeley.edu/index.cfm>

Options for the CenterPiece

In an effort to reduce costs and to help Cal be as environmentally conscious as possible, the Retirement Center no longer sends paper copies of *the CenterPiece* newsletter to retirees with email addresses on file.

To continue receiving a paper copy of *the CenterPiece*, send an email to ucbrc@berkeley.edu or call 510-642-5461 with your name and email address indicating your preference. If you currently receive *the CenterPiece* by email only, no action is needed.

You can view *the CenterPiece* online at <http://thecenter.berkeley.edu>.