



**Winter 2012**

**Volume 1**

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## EX-Ls EXPRESS – Winter 2012

Published Quarterly at the end of January, April, July, and October

Editor: Louise Vogelsberg

Deadline for Newsletter submittals is 7 days after the Board meeting.

### EX-Ls BOARD OF DIRECTORS

President:	Joseph Jaklevic
1 <sup>st</sup> Vice President:	Trudy Forte
2 <sup>nd</sup> Vice President:	Bob Schmieder
Secretary:	Karen Springsteen
Treasurer/Membership:	Suzanne Stroh
Activities:	Vicky Jared
LBNL Liaison:	Armando Viramontes
CUCRA/AROHE Representative:	Janis Dairiki
UCBRC Policy Board:	Richard Sexto Don Grether
UCBRC Liaison:	Patrick Cullinane
Editor EX-Ls EXPRESS:	Louise Vogelsberg
Webmaster – <a href="http://www.lbl.gov/EX-Ls">www.lbl.gov/EX-Ls</a>	Richard Baker

### CALENDAR OF BOARD MEETINGS & LUNCHEONS:

#### Board:

January 12, 2012  
April 12, 2012  
July 12, 2012  
October 11, 2012

#### Luncheons:

February 16, 2012  
May 17, 2012  
August 16, 2012  
November 15, 2012

Board Meetings start at **3:00** on the dates listed above, usually in 54-130B (that's in the conference room addition to Perseverance Hall at the Cafeteria) at the Lab, but subject to change at the last minute, so check with a Board member if you plan on attending. We welcome attendance by interested members.

### OFFICE ADDRESS:

LBNL EX-Ls  
530 Curtis Street  
Albany, CA 94706

Photo Site: <http://picasaweb.google.com/exLpics>

Photo Czar: Ned Dairiki

Website: [www.lbl.gov/EX-Ls](http://www.lbl.gov/EX-Ls)

Webmaster: Richard Baker ([xrobaker@comcast.net](mailto:xrobaker@comcast.net))

### MEMBERS WITH NO CURRENT ADDRESS

Tom Elioff

Elliott Hewit

### MEMBERS DECEASED IN 2011

Donald Jourdain 3/18/11

Per Dahl 10/11

Blair Jarrett 10/2

Clyde Taylor 12/16/11

### PAST PRESIDENTS:

Rollie Otto – 2011	Ken Mirk – 1999
Richard Sextro – 2010	Paul Hernandez – 1998
Don Grether – 2009	Clay Sealy – 1996-1998
Jose Alonso – 2008	Igor Blake – 1994-1996
Janis Dairiki – 2007	Conway Peterson – 1992-1994
John Kadyk – 2006	Howard Browne – 1990-1992
Gene Binnall – 2005	Ethel Skyrdlinski - 1989
Sig Rogers – 2004	Al Amon - 1988
Bob Fulton – 2003	Ken Lou – 1987
Bob Birge – 2002	Virginia Cherniak - 1986
Per Dahl - 2001	Bill Bigelow - 1985
Tom Beales – 2000	Ted Bowers – 1981-1984

### WELCOME NEW MEMBERS IN 2011:

Larry Morrison  
Jeri Edgar  
Rita Tidwell

### EX-Ls Honorary Life Members:

Shirley Ashley	Inge Henle
Esther Colwell	Bud Larsh

## PRESIDENT'S MESSAGE

JOSEPH JAKLEVIC

It is with a great sense of anticipation that I write the first President's message of my tenure. The coming year marks the 30th anniversary of the formation of the EX-Ls as the LBNL retiree association. It is an opportunity to reflect over the past years on the achievements of the organization and plan for its continued success. It promises to be an active year for the officers and Board members as we address the issues and opportunities before us.

During the previous two years that I have been active as an officer, I have been able to observe the inner workings of the EX-Ls at close range. I want to take this opportunity to bring to the members attention the dedication and hard work required on the part of our volunteer staff in order for the group to function. In particular I want to acknowledge the effort of Vicky Jared, who ensures the success of the luncheons and contributes in other ways too numerous to mention, Suzanne Stroh who collects the dues, keeps the books and tracks the membership and Karen Springsteen who meticulously records the minutes of the meetings and keeps administrative details on track. Communication with members through the website and e-mail and the publication of the newsletter would not be possible without the tireless efforts of Richard Baker and Louise Vogelsberg. We are also fortunate to have a dedicated Board with experienced members who contribute their wisdom to our discussions and committee deliberations. As the incoming president, I now have an appreciation of how much these individuals contribute to our success. I also want to thank Rollie Otto for his efforts as President during 2011 and welcome Bob Schmieder to the cast of characters as 2nd Vice-president.

There are a number of important issues that will come before the Board and membership during the upcoming year. We are required to carry out a triennial review of the by-laws of the organization during this period. A committee comprised of Suzanne Stroh, David Stevens, Don Grether and me has been formed to carry out this task. Interested EX-Ls are encouraged to review the current by-laws on our website and suggest any modifications to committee members. Since the last review was approved less than three years ago no major changes are anticipated. The committee will look carefully at the stated nature and purpose of the organization to ensure that it conforms to the current needs of our members.

The contract between LBNL and the University of California Retirement Center (UCBRC) requires renewal before July 1. Continuing access to the outstanding services and programs available through the Center is an important and unique benefit to LBNL retirees and other retirees associated with UC Berkeley. Although the resources are available to all LBNL retirees, the EX-Ls are particularly active in taking advantage of our close relationship to the Center. In the upcoming contract negotiations, the EX-Ls will be the major advocate representing LBNL retirees in supporting continuation of the agreement. Preliminary discussions with Laboratory management indicate a strong interest on the part of the Laboratory to continue to provide UCBRC access to retirees. EX-Ls members are encouraged to visit the Center website or consult the Center's newsletter, the *CenterPiece*, for information concerning upcoming events. Active participation of EX-Ls members in Center activities is an important selling point in discussions with Lab management.

The success of last year's LBNL retiree survey has brought with it the requirement to review, analyze and summarize the results. Janice Dairiki, chairperson of the Ad Hoc Survey Committee, has previously published a preliminary report in the fall newsletter. She and other committee members are currently working to prepare a more complete analysis. A particularly interesting challenge will be to summarize and categorize the many thoughtful comments submitted in response to open-ended questions. Anyone interested in flexing their mental muscles in the area of statistical analysis should contact Janice.

Since this will be our 30th anniversary we will be working to appropriately celebrate the event. Don Grether is chairman of the Ad Hoc committee formed for this purpose. His article in the Fall *EX-Ls Express* soliciting volunteers to serve with him has as yet received no takers. He is now requesting suggestions concerning the manner in which we recognize the occasion. A separate article will address this.

I would like to encourage members to respond to Don's earlier suggestion to take the time to look at the Spring 2002 edition of the *EX-Ls Express* available on our website. This was a 20th anniversary commemorative newsletter containing a considerable amount of information and reflections on the organization's

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### Continued from page 3

founding. It is interesting to note how the first discussions were triggered by an enthusiasm among a significant number of retirees to stay in contact with the Lab and each other. This enthusiasm originated at the annual Lab-sponsored retiree reception in 1981. Lab management was receptive to the idea and provided support and encouragement. One is struck by the dedication and energy of the volunteers who put together the framework of the original EX-Ls. I also note that the dues were \$12 in 1982 as they were until last year when we finally recognized inflation. As we enter our 30th year, it is important for us to review how well we are doing with respect to carrying out the intentions of the original EX-Ls' mission. Specifically how successful we are in keeping retirees in touch with the Lab and with each other.

This takes me to my last topic, namely a review of the newsletter and solicitation of input from the membership. The two major activities of the EX-Ls in terms of connecting people among themselves and with the Laboratory are the luncheons and the newsletter. Thanks to the heroic efforts of Vicky and the contributions of excellent speakers, the luncheons are very successful at bringing members together. The newsletter currently serves as an efficient vehicle for communicating important news of interest to EX-Ls and providing the platform for informing membership of upcoming events. However, we are always interested in improving and enhancing the content of the newsletter to include activities of individual members, items of general interest, and featured articles on topics of relevance to LBNL retirees. After some discussion among the Board members, it was suggested that a memo be distributed at the tables during the upcoming luncheon to collect opinions from the membership concerning possible enhancements to the newsletter. If there is sufficient interest and specific suggestions, efforts will be made to include more content in the upcoming newsletter. As always, any enhancements proposed for the newsletter will require volunteers for successful implementation.

Having had the opportunity to summarize for myself, as well as the readers, the many interesting challenges for the coming year, I look forward to working with all of you to ensure success.

## 30th Anniversary Planning

There are a number of proposals being considered by the Ad Hoc 30th Anniversary Planning Committee for commemorating the event. Don Grether, committee chair, is soliciting ideas from members and recruiting volunteers to help in planning. See the Fall 2011 newsletter for details.

One suggestion is to include in a commemorative EX-Ls Express an article containing reminiscences of life at the Laboratory from times past. The idea would be to recall some forgotten yet familiar ideas in a format such as "Remember when ....

..... you would call a taxi to take you to another building

..... a Q Clearance was required for employment

..... a good idea was approved solely because there was excess money at year end

.... a donut truck cruised around the Lab  
..... etc.

Since one of the things most of us retirees do well is think about the past, we hope that the membership will be able to expand upon these preliminary suggestions. Please submit your ideas about this or any other 30th anniversary proposals to Don. You can email him at [DFGrether@yahoo.com](mailto:DFGrether@yahoo.com). If you do not use email, then talk to him or provide him with a written note at the February luncheon. He can also be reached by phone at 510-527-6220.

## HIGHLIGHTS OF CUCRA AND CUCEA FALL MEETINGS

Janis Dairiki, EX-Ls CUCRA Representative

The fall meetings of CUCRA (Council of UC Retiree Associations) and CUCEA (Council of UC Emeriti Associations) were held on the UC Davis campus October 26-27. The two groups met jointly on the morning of Oct. 27 and separately in the afternoons.

**The joint meeting began with a bang – literally!** The Davis Cal Aggie marching band (~40 strong), with much volume and energy, pushed through to the front of the meeting room and entertained us. The request had been for no more than 15 band members (due to space considerations), but the band members obviously love to perform.



After that rousing start, Davis Provost Ralph Hexter welcomed us all to the campus. While a slide show of some of the newer facilities on campus played in the background, he talked about Davis' response to the current budget situation – to forge ahead. They have developed a 2020 plan that will see them building and expanding – adding 500 new undergraduates (many from outside the US), 300 faculty members and new professional institutes. They have three task forces working on different aspects of the plan and hope to be well aligned with global needs by 2020.

**UCOP (UC Office of the President) Reports:** Most of these were about healthcare since Open Enrollment was just beginning. There were also two heads-up issues:

- In 2012, the University will be checking on dependent eligibility for health-care via a mail review in February/March. This will involve providing proof of eligibility, e.g., birth or marriage certificates.

- With the passage of the Public Information Act, the University is getting requests for more and more information. To provide some transparency, President Yudof has now made the salaries of each current UC employee available on the UCOP website. So far, there is no listing of the pensions of retirees – yet! But that could change.

**Draft Regents Policy 5204:** At the spring CUCRA meeting we learned that most of the emeriti and retiree associations lack liability insurance and, in fact, are not legally entitled to the UC designation in the organizations' names. UC alumni associations recently received such coverage under Regents Policy 5203. Thus, a similar policy (5204) was drafted by CUCRA and CUCEA and sent to President Yudof with a request that he present it to the Regents for their approval. It is expected to be on the agenda for the January Regents meeting.

**Retiree Surveys:** In the CUCRA meeting, representatives from UCLA, UC Davis and LBNL briefly summarized the results of their recent retiree surveys. CUCRA discussed the possibility of a system-wide staff survey, similar to the Emeriti survey, but decided that the best utility of these staff surveys is at the local level. However, a small committee was formed to look at the current surveys and derive a core set of questions as a general template for other campuses considering staff surveys.

**Center Reports:** Each Retirement Center and Retiree Association prepares a report for CUCRA on recent activities. These are always interesting and let us know what other retiree organizations are doing and planning.

**CUCRA Website:** Lee Duffus (CUCRA Vice-Chair, Santa Cruz) has developed a very nice website at <http://cucra.ucsd.edu>. Check it out for much more information on CUCRA, including meeting materials (agendas, minutes, center reports, etc.).

**Social Event:** After the CUCRA meeting, the organizers had arranged for us to tour the Robert Mondavi Institute for Wine and Food Science. It is an impressive new LEED Platinum building with very modern world-class facilities for both wine and beer making. Charles Bamforth, the Anheuser-Busch Endowed Professor of Malting and Brewing Sciences gave us an entertaining, mostly tongue-in-cheek, talk on "Beer is Proof that God Loves Us." (Note: in my next life I might be a brewing major at UC Davis!!)

**Next Meetings:** The spring meetings will be held April 25-26, 2012 at UC Irvine.

## NEWS FROM THE RETIREMENT CENTER

Happy New Year! The Retirement Center hopes 2012 is a healthy, happy and productive year for you and your loved ones. On this, our 15<sup>th</sup> anniversary year, we look forward to celebrating with you, 15 years of service to the University and its retirees.

Thanks to the Lawrence Berkeley National Laboratory's contract with the Center for services to Lab retirees, we have a busy and valuable semester of activity. Our spring newsletter, *the CenterPiece*, which you should have received by now, highlights the following events:

**Bay Bridge Learning in Retirement Series:** A four part series on the challenges, design and construction of the new Bay Bridge. The series concludes with a site tour for which there is very limited space. Call or email the Center -- 510-642-5461 or [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) -- to register for this program and the site visit.

**Passion and Purpose: Transforming Retirement** is the title of the full day retiree conference set for Thursday, May 24 in Pauley Ballroom. Professor Robert Reich, the Chancellor's Professor of Public Policy at the Goldman School of Public Policy, will be the keynoter. In addition to a plenary session on aging and memory, there will be workshops on financial, legal, health, volunteering and employment and the journey of aging. To add your name to an interest list for additional information when it is available, call the Center at 510-642-5461 or email [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu).

**Fidelity Investment Drop-In Sessions:** Monday, February 6, 1pm-4pm. Stop by the Retirement Center, 1925 Walnut Street, and ask a Fidelity Retirement Services counselor general questions about the UC Retirement Savings Program. Registration not required.

**Fidelity Quarterly Market Update: Wednesday, February 8, 2pm-3:30pm,** this class is designed to help you stay informed about the factors affecting recent market performance. Advance registration required; contact [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) or 510-642-5461 to register.

**Understanding Medicare & Medi-Cal Coverage: Wednesday, February 15, 12:10-1:30pm,** this workshop covers the basics of Medicare Parts A, B, C, and D; choosing a plan; costs, benefits, enrollment, services; how to qualify for Medi-Cal and what it covers. To register, contact Care Services at 510-643-7754 and identify yourself as a retiree.

**Cal Connections and Retiree ID card:** Take advantage of the numerous discounts with Cal programs and services with your retiree ID card.

<http://thecenter.berkeley.edu/connect.shtml#id>.

The free ID card can be obtained from the Center in person or by phone, mail or email.

You are always welcome in our offices. We are conveniently located at 1925 Walnut in Berkeley.

Be well!

Patrick Cullinane, Director  
UCB Retirement Center

## FEBRUARY LUNCHEON

**Speaker: Robert O. Ryan, Ph.D.**

**Title: Biological Nanoparticles for Drug Delivery:  
From Bench to Bedside**

**Topic:** Talk will highlight a novel approach for delivering water insoluble drugs for treatment of cancer and other diseases. The speaker will explain how biologically relevant nano-sized particles that are capable of transporting non-soluble drugs, can be designed in the test tube. The particle is discoidal in shape and hence has been termed "nanodisk". The ability to target drugs via these unique nanodisks will be discussed. The talk will also touch on using the nanodisk to chelate contrast agents, such as gadolinium, used in magnetic resonance imaging. The technology to be discussed is on the cutting edge of translational medicine, i.e., from bench to bedside.

**Biosketch:** Dr. Robert Ryan received a B.Sc. in Medical Sciences and Ph.D. in Biochemistry from the University of Nevada at Reno. In 1988 Dr. Ryan joined the Department of Biochemistry and Lipid and Lipoprotein Research Group at the University of Alberta and rose through the ranks to Full Professor and Heritage Medical Scientist. In 2000, Dr. Ryan joined Children's Hospital Oakland Research Institute and is currently a Senior Scientist and Chair of the Center for Prevention of Obesity, Cardiovascular Disease and Diabetes. Since 2004 Dr. Ryan is a member of the Department of Nutritional Sciences and Toxicology at UC Berkeley as Adjunct Professor. Dr. Ryan is co-founder of a company, LyproBiosciences, that is developing nanodisks for drug delivery. He is a dynamic speaker with a wide interest in developing biomolecules for therapeutics.

**Summary of Talk at the November 17, 2011 Luncheon**

**Speakers: Joe Harkins, Project Director  
and  
Bob Cronin, Project Manager**

**Title: "The Bevatron Demolition Project"**

Beginning with its construction in the early 1950s to its final demolition, the Bevatron was the signature facility that defined the landscape of the Laboratory for most of us. The machine represented a major breakthrough in technology when it was completed. It quickly proved its worth with the discovery of the antiproton in 1955. The accelerator was the core of a dominant facility in the development of particle physics and later nuclear science until it was turned off in 1993. In the years following, there was considerable planning for its demolition.

We were privileged to have as our speakers at the luncheon two individuals who were intimately involved in the planning, approval and execution of the demolition project.

Joe Harkins began the presentation with a review of the hurdles that had to be overcome to proceed from shutdown to demolition. The project had to be carefully planned, reviewed by a number of agencies and finally approved and funded through DOE. Given the scope of the project and its visibility in the local community, there were major challenges to be addressed. In addition to the government mandated environmental impact reports, there were other aspects unique to the project that required attention. A report was filed with the Library of Congress relating to its designation as an historic American building. Care needed to be taken in preserving various memorabilia for future display. The City of Berkeley needed reassurances with respect to public safety and damage to streets during the extensive truck traffic that would be required to remove demolition debris. The project also completed a survey to determine the impact of the project on the bird/bat population living in and around the structure. The project was eventually approved and budgeted.

The on-site demolition activities began in early 2009 with completion expected early this year. Bob Cronin described many of the details of the project once it began. Among

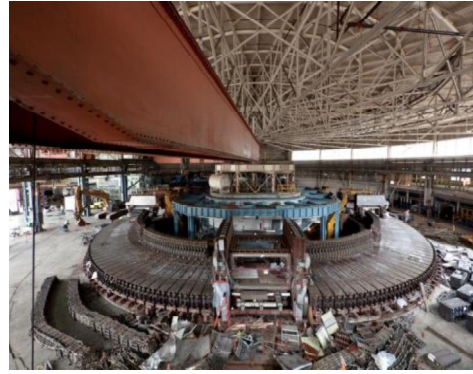
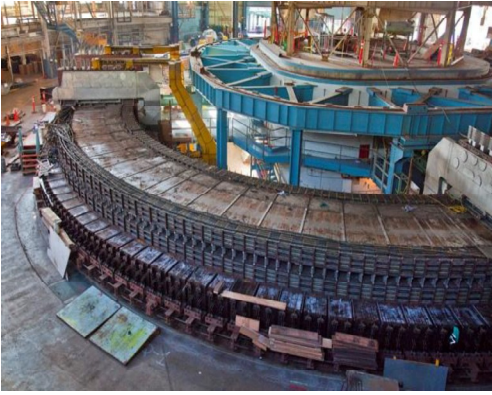
numerous constraints on the operation were the need to carry out a major demolition within an operating Laboratory environment. Issues of safety, congestion, vibration, environmental hazards all need to be considered. He described the sequence of events beginning with isolating the Bevatron utilities from the rest of the site, rerouting them where necessary. The Bevatron itself was dismantled by removing the shielding blocks and trucking them off site followed by dismantling of the accelerator itself. This was followed by demolishing the surrounding building, removing foundations, and restoring the site. During these operations, monitoring and mitigation were carried out for environmental hazards such as lead, mercury, asbestos, beryllium, and depleted uranium.

Some interesting statistics concerning the overall project were presented. Low-level radioactive waste shipments totaled 1380 truckloads carrying 28,800 tons were carried out. No procedural violations or contamination events occurred during the operation. Total waste products shipments totaled 37,200 tons. Within these were 18,600 tons of concrete and 15,200 tons of metals. A recycling efficiency of 80% was achieved. In spite of the major concerns and challenges that were anticipated going into the project, it should be deemed a spectacular success in terms of scheduling, cost, and mitigation of community concerns.

The presentation was well attended by many Ex-Ls who were deeply involved in Bevatron operations over the many years. Several audience members shared thoughts about their experiences. Joe Harkins and Bob Cronin did a great job of chronicling the final years of the Bevatron.

For a look at a selection of photos excerpted from the talk go to the Ex-Ls website and click on:  
<http://picasaweb.google.com/exLpics>

See pictures on page 8 showing the Various Stages of Demolition of the Bevatron.



### EL-s 11-27-2011 LUNCH ATTENDEES

Gloria Acosta

Jose Alonso

Bob Avery

Winifred Baker

Paul Banchero

Tom and Marcia Beales

Bob Belshe

Edward and Mildred Bennett

Gene and Myrna Binnall

Igor Blake

Stan Boyle

Kay Bristol

Jerry Bucher

Fred Buhl

Geores Buttner

Donald and Patricia Cowles

Patrick Cullinane

Eleanor Dahl

Diane D'Aoust

Janis and Ned Dairiki

Andy DuBois

David Edgar

Tom Elioff

Ben and Mary Feinberg

Trudy Forte

Donald and Jean Foster

William Golove

Rick Gough

Harvey Gould

Donald Grether

Connie Grondona

James Haley

Warren Harden

Thomas Henderson

Jim Hinkson

Egon Hoyer

Richard and Vicky Jared

Joe Jaklevic

Hilma Johnsen

Gudrun Kleist

Sandi Kronquist

Bud Larsh

John and Barbara Lax

Doug McWilliams

Bob Miller

Mack and Ann Morgan

Marty Morimoto

Robert Mortiboy

Rolf Muller

Torleif Myhrer

Fred Perry

Conway Peterson

Patti Powers-Risius

Mike Press

Paul Salz

Robert Schmierer

Esther Schroeder

Clay Sealy

Rich Sextro

Brenda Shank

Betsy Smith

Karen Springsteen

Dave and Sally Stevens

Suzanne Stroh

William Thur

Irma Vogel

Louise Vogelsberg

Ron Yourd

Allan Zalkin

Guest Speakers: Joe Harkins

Bob Cronin

Raffle Winners: Trudy Forte, Hilma Johnsen and Egan Hoyer



**PICTURES FROM NOVEMBER LUNCHEON**



Speaker: Joe Harkins



Speaker: Bob Cronin



**The Richmond Field Station is Selected as Preferred Site for LBNL Second Campus**

The Lawrence Berkeley Laboratory and the University of California announced on January 23 that the Richmond Field Station had been identified as the preferred site for a second campus for the Lab. The press release stated that the UC-owned site represents the best opportunity to solve the Lab's pressing space problems while allowing for long-term growth and maintaining the 80-year tradition of close cooperation with the UC Berkeley Campus. With this identification of a preferred site, the University will now move ahead with developing environmental impact studies and with the process of seeking final approval from the US Department of Energy for the project.

According to Director Alivisatos, the Laboratory received over 20 proposals at the beginning of the process and down-selected to six. With a number of good options available, in the end, Lab Management came to the conclusion that the Richmond site had the strongest collection of attributes to meet Laboratory long-term needs.

Chancellor Birgeneau commented that with this identification of a preferred site, the University will now move ahead with developing a Long Range Development Plan (LRDP) for the site and seeking final approval from the US Department of Energy for the project. The Lab, along with UC Office of the President, will be responsible for the funding of its facilities, including debt financing. For any campus programs that require relocation as the result of the Lab development, the costs will be the Lab's responsibility. Occupancy is targeted for 2016.

**TIDBITS FROM SOME OF OUR TRAVELING EX-Ls**

**Tom and Marcia Beales:**

Marcia and I booked an 18-day cruise on the Emerald Princess. Started in Copenhagen, then continued to Oslo, Glasgow, Dublin, Belfast, Iceland, Greenland, and Halifax, ending in Ft. Lauderdale, Florida. Toured the Everglades. Had a wonderful trip. Greenland was the highlight.

**Bud Larsh and Brenda Shank:**

Took a trip to Viet Nam and Cambodia (Ho Chi Minh City, Mekong Delta by boat for seven days, Hanoi, Phnom Penh, and Angkor Wat, etc.) Despite some precarious walks over "board" walks and high heat and humidity, it was a fascinating excursion, highlighted by temples, craft demonstrations, good food and wonderful water sights on the Mekong.

**Sally and Dave Stevens:**

Report that despite the lateness of the harvest, the wine industry along the Columbia and in the Sierra Foothills is doing well.

**Suzanne Stroh and Karl Olson:**

Traveled to Peru in August, 2011, and the Big Island of Hawaii in September, where they met up with Connie and Ed Grondona for dinner.

**Vicky and Richard Jared:**

Traveled to Cabo San Lucas on January 2, 2012 for an eight-day visit with four of our neighbors. Stayed at the Marina Fiesta Time Share Hotel where we had a great view of the hills surrounding the very large marina. Enjoyed warm sunny days, fishing (tuna and Dorado), swimming, hiking, beach combing, dinning out, shopping and of course having a few Margaritas.

**Done something recently that would be of interest to the EX-Ls membership, let us know. Include pictures if you wish.**

**BE SURE TO SIGN UP FOR THE FEBRUARY LUNCHEON**

# EX-Ls Luncheon

**Date:** Thursday, February 16, 2012

**Where:** SPENGER'S FISH GROTTTO, 1919 Fourth Street, Berkeley ← ← ← ←

**Time:** Doors Open at 11:30 AM - Lunch Served about 12:00

**Bar Service:** Opens at 11:30

**Speaker:** Robert O. Ryan, PhD, Children's Hospital Oakland Research Institute. Senior Scientist and Chair of the Center for Prevention of Obesity, Cardiovascular Disease and Diabetes.

**Title:** Biological Nanoparticles for Drug Delivery: From Bench to Bedside

**Topic:** Talk will highlight a novel approach for delivering water insoluble drugs for treatment of cancer and other diseases.

**Spenger's Menu:** Choice of one of the following entrées:

1. Bay Shrimp Louis Salad with 1000 Island dressing – Clam Chowder Soup
2. Parmesan Crusted English Sole w/Lemon Butter/Crispy Capers – Lunch Salad
3. Pasta Primavera with Fresh Sautéed Seasonal Vegetables – Lunch Salad

**Cost:** \$25 per person (prepaid)

Reservations: Computer access to the LBNL/EX-Ls Web page ([www.lbl.gov/EX-Ls](http://www.lbl.gov/EX-Ls)) will also give you the lunch form. Vicky Jared must receive your reservation by Monday, February 13. The form should be mailed to Vicky Jared, 4849 John Muir Road, Martinez, CA 94553. Please call or email Vicky (925) 228-2145 - [jaredrv01@aol.com](mailto:jaredrv01@aol.com) if you want to sign up or have questions.

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See you at SPENGER'S FISH GROTTTO for the **February 16 luncheon**. Be sure to make reservations by Monday, February 13, 2012. Mail To: Vicky Jared, 4849 John Muir Road, Martinez, CA 94553

From \_\_\_\_\_

I Plan to attend the EX-Ls Luncheon Yes \_\_\_\_\_ No \_\_\_\_\_ \$25 per person PREPAID

I will bring \_\_\_\_\_ guest(s)

Name(s) of Guest(s): \_\_\_\_\_

Menu Selection: **English Sole** [ ] **Shrimp Louis** [ ] **Pasta Primavera** [ ]

Please make check payable to **EX-Ls** Total Enclosed: \$ \_\_\_\_\_

Willing to carpool: As Rider? \_\_\_\_\_ As Driver? \_\_\_\_\_

Need to sit closer to the Screen? \_\_\_\_\_ Other: \_\_\_\_\_