

UCRAB Newsletter

University of California Retirees' Association at Berkeley

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UCRAB Fall Luncheon

Thursday, September 22, 2011

Berkeley City Club



UCRAB Welcomes

Professor Emeritus Lawrence Lowery

Graduate School of Education and the Lawrence Hall of Science

The UC Retirees' Association at Berkeley is delighted to welcome Dr. Lowery, Graduate School of Education and the Lawrence Hall of Science as our September 22nd luncheon speaker.

For nearly 30 years the K-8 Full Option Science System (FOSS) has been one of the most successful hands-on science programs funded by the National Science Foundation. It has touched the lives of more students and teachers than any other funded program.

Created by Professor Emeritus Lawrence Lowery (Graduate School of Education and the Lawrence Hall of Science) and a team from the Lawrence Hall of Science, FOSS is based upon the idea that students learn science best when they are actively engaged and can discover science concepts for themselves.

As Principal Investigator of the program, Lowery will identify with examples the many ways FOSS is research based and different from other programs. Extensive research underpinning FOSS and independent research that has evaluated FOSS will be presented.

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This organization would not exist without dedicated volunteers.

The UC Berkeley Retirees' Association invites its members to attend the executive board meetings, which are held on the third Wednesday of the month at the UC Berkeley Retirement Center, 1925 Walnut Street.

The coming schedule:

September 21, 2011
October 19, 2011
November 16, 2011
January 18, 2012
February 15, 2012
March 21, 2012

Please note that no meetings are held in August or December.

The UC Retirees' Association at Berkeley is located at:

1925 Walnut Street #1550
Berkeley, CA 94720-1550

Hours: 9:00am—4:00pm
Closed Noon—1:00pm

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Retirement Center Liaison to UCRAB:

Patrick Cullinane, MS
Director

The UCRAB Newsletter is published approximately three weeks before each quarterly luncheon.

Editor: Marcelle Baxter
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President's Message

Greetings Association Members!

All incumbents up for election at our June meeting were re-elected. There are no changes to the Board. As we begin the upcoming academic year, I want to thank our Executive Board Members for the service they continue to provide to the association and its members. **Lola Harris, Vice President**, is always available to assist and assume the duties of the President when called upon. **Errol Mauchlan, Treasurer**, keeps our financial matters in order. In addition to serving as **Secretary, Marian Gade** is also chair of CUCRA (Council of UC Retirees Associations) and represents retiree interests by serving on other campus boards. **Isabelle Revoir, Membership Chair**, does an outstanding job of communicating with new and continuing members. **Antonia Sweet, UCRS Representative**, attends UCOP Advisory Board meetings and reports to the Executive Board and the general membership via this newsletter. **Patricia Hardy**, has taken on the position of **Luncheon Events Chair** with enthusiasm and gusto. Luncheon Speakers are now determined through June 2012. **Director Allan Jensen** regularly represents our Association as a volunteer at campus and Retirement Center events, and also serves as our CUCRA representative. **Director Kurt Lauridsen** is chairing our **UCRAB Mixer on October 20**. The Executive Board unanimously agreed that it was time to do something special for you, our members. We encourage everyone to attend this free special event, and enjoy wine, hors d'oeuvres, and an art and talent showcase. See p. 3 and the enclosed flyer for more information. **Director Dorothy Snodgrass** continues to contribute articles for inclusion in our newsletter. Also thanks to **Marcelle Baxter**, who serves as **Editor** of the newsletter. I once more thank the Board members for all that they do. I must also thank Retirement Center staff for services provided to the Association. **Patrick Cullinane, Director**, attends Board meetings as the Retirement Center Liaison.

CUCRA announced a new website at the April 27-28 2011 meeting at UCLA: <http://cucra.ucsd.edu>. The site contains statewide information, agendas and minutes from recent meetings as well as campus reports. The next joint meeting of CUCRA and CUCEA (Council of UC Emeriti Association) will be at UC Davis on October 27 & 28, 2011.

The Retirement Center Picnic (supported by UCRAB) on July 27 was well attended on a beautiful, sunny day in Tilden Park. Board Member Marian Gade and partner Jerry added to the day's festivities with a musical sing-a-long. Several UCRAB members volunteered at this event. Thank you, UCB Retirement Center, for planning this very special day.

We covered quite a gammit of trips in the last year: 9th Annual Day at the Races, The Academy of Science, The DeYoung Museum, Yosemite National Park, the Grand Canyon and Filoli Gardens. I look forward to continuing to provide trips for your enjoyment during the upcoming year.

Lastly, thank you, UCRAB members, for your valued membership. I encourage you to attend UCRAB and Retirement Center luncheons, events, trips, LIR (Learning in Retirement), lectures and programs.

Isn't it great to be retired?!

Lola James, President

It seems like only yesterday, but memories of past times and events during my 47 years at CAL are extensive. Come walk with me down memory lane. I arrived in Berkeley shortly after receiving a Bachelor of Arts degree from the University of Iowa. It was an exciting time in Berkeley. LBL was thriving after the Manhattan Project and many scientific discoveries.

I was quickly hired by LBL and placed in Donner Laboratory directed by Dr. John H. Lawrence, brother of E.O. Lawrence, famous inventor of the cyclotron, Director of LBL and Nobel Laureate.

Medical research at Donner was engaged in the treatment of breast cancer, acromegaly (a pituitary disorder), polycythemia and leukemia (blood disorders), thyroid disease, kidney and heart diseases. Radioactivity was used in the treatment of these diseases in the medical cave at the 184-inch cyclotron, as well as the use of radioisotopes in the Donner Clinic. In-patient treatment was performed at Donner Pavilion on the site that is now Haas Business School.

After seven years, I accepted a position in the overall Campus Business Office. The scope of work provided a general overview of the entire campus. It was like managing a city. Truly, the campus is a city within a city; self-governing and autonomous.

From there I moved on to the Chancellor's Office where I recorded and managed the Chancellor's Delegations of Authority promulgated by The Regents By-Laws and Standing Orders.

Work in the Management Analysis Group later led to work in Business Contracts with review and preparation of general agreements and copyright licenses for the protection of intellectual property rights. This required extensive interaction with UCOP and the General Counsel's Office.

One of the most rewarding assignments while in the Chancellor's Office was physical inventory of the University's Dispersed Art Collection to satisfy accountability requirements. Data was collected and each object was photographed. The records exist in perpetuity.

Would I do it again? Yes, in a heartbeat. It was fun!

Marcelle Baxter, Editor

The best news to come out of the UCRS Advisory Board meeting in June regards a new website which is open to the public. You may now view the Board's materials by accessing the At Your Service website. Here is the link plus the steps you must follow:

Go to: <http://atyourservice.ucop.edu/>. Once on the website, click on "Retirement and Savings Plans" under the information column. After the page opens, click on the "Quick Link" entitled UCRS Advisory Board Information. This will take you to the Board's homepage: <http://atyourservice.ucop.edu/ucrs-advisory-board/>.

You will see the Board's home page with an overview of the Board and it also displays the types of information that may be accessed. I think you will find it very interesting.

Please remember that CUCRA (Council of UC Retirees Associations) has a new website at <http://cucra.ucsd.edu/>. Check it out, too, if you haven't already done so. It is a very attractive website with interesting information.

More good news: retirees received a 2% COLA increase on July 1st. For those of us who use direct deposits for our checks, UCOP ceased to send us the hardcopy version of our pay stubs beginning on July 1st. You may also check <http://atyourservice.ucop.edu/> for more information.

Please remember that the editor of New Dimensions, the UCOP publication, continues to look for articles by retirees. If you would like to contribute, contact Anne Wolf at annewolf@ucop.edu with your articles.

Toni Sweet

In Memoriam



California State Historic Landmark Filoli Estate was built for Mr. and Mrs. William Bowers Bourn, prominent San Franciscans whose chief source of wealth was the Empire Mine, a hard-rock gold mine in Grass Valley, California. Recognized as one of the finest remaining country estates this early twentieth century 654-acre property, including the 36,000 square foot Georgian country house and spectacular 16-acre English Renaissance garden is remarkable. In 1937, Mr. and Mrs. William P. Roth purchased the estate. In 1975, Mrs. Roth donated 125 acres, which included the House and formal garden to the National Trust for Historic Preservation for the enjoyment and inspiration of future generations. Now operated by Filoli Center, the 654-acre estate is listed on the National Registry of Historic Places. This outstanding showcase of early twentieth-Century architecture and garden design, located in Woodside, was enjoyed by a group of retirees on June 22.



UCRAB Members at Filoli Gardens

Our visit to Filoli Gardens is one of many enjoyable day trips that has been planned for UC Berkeley retirees this year by Iola James, Trip Coordinator. We invite you to join us for future adventures. All of the UC Retirees' Association at Berkeley excursions are featured in the UCRAB Newsletter and e-mail.

Patricia Hardy

UCRAB Luncheons | Berkeley City Club | September 22, December 8, March 22, 2012

UCBEA Luncheons | Faculty Club | September 24, 2011; December 3, 2011; January 21, 2012

Science On a Sphere® : Hands-on exhibit | Weekends through 2011 | 10 a.m.-5 p.m. | Lawrence Hall of Science | Get an astronaut's-eye-view of Earth's surface as it changes minute to minute, by the hour, through the seasons, and over the years. Science On a Sphere® creates stunning visual effects from real scientific data, and displays them on a six-foot-diameter globe to help visitors of all ages understand complex environmental processes that affect everyone on our planet.

UCRAB October Mixer and Art Show

Thursday, October 20, 4pm-6pm

We hope you can join us for a beautiful October sunset at the Berkeley Yacht Club. This free event will feature wine, hors d'oeuvres and an art display, offering members an opportunity to share their talents, interests, and hobbies.

There will be basic table-top and floor space available for a limited number of displays. Contact Kurt Lauridsen, 925/376-1613 or Allan Jensen 510/235-6246 by October 1 for an opportunity to showcase your talents.

You must RSVP for this event by October 1. See the insert in this newsletter for more information.

Aging and Happiness

Senior years are the happiest. A new study has found that "with age comes happiness" and "life gets better in one's perception as one ages." Key: Older people gain perspective on their achievements, placing greater value on what they have accomplished and becoming more accepting of what they haven't. The study was based on interviews of about 28,000 people ages 18 to 88, conducted from 1972 to 2004. Its findings are consistent across time. It found that at age 88, one-third of Americans reported being "very happy," compared with only about 24% of people in their 20s.

American Sociological Review

Having worked at U.C. Berkeley for over 20 years, I delight in looking out my window at the Campanile and, beyond that, the International House. I take offense at the belief that this campus has little going for it except Saturday football games and student protests in Sproul Plaza. Here, I offer a brief history of this great university, which opened in 1868.

In 1866, the land comprising the current Berkeley campus was purchased by the private College of California. Lacking sufficient funds, it merged with the state-run Agricultural, Mining and Mechanical Arts College to form the University of California, the first full-curriculum public university in the state.

In 1898, Phoebe Apperson Hearst sponsored an international competition in Antwerp, Belgium, where French architect Emile Bernard submitted the winning design for a campus master plan.

During World War II, after Glenn Seaborg's secret discovery of plutonium, Ernest Orlando Lawrence's Radiation Laboratory began to contract with the U.S. Army to develop the Atomic Bomb, and Berkeley Professor J. Robert Oppenheimer was named scientific head of the Manhattan Project in 1942.

U.S. News and World Report rank our undergraduate program first as the top public university among "National Universities" in the United States. The 2011 Times Higher Education World University Rankings placed UCB 8th; QS World University Rankings placed UCB 28th in the world. The Princeton Review ranks Berkeley as a "college with a conscience."

Berkeley has the highest number of distinguished graduate programs ranked in the top 10 in their fields. Among other honors, University faculty, alumni and researchers have won 66 Nobel Prizes and 11 Pulitzers as well as many other awards (i.e., Marguerite Higgins and Robert Penn Warren). Berkeley has the fourth largest academic library in the US.

International House offers UCB a multicultural residential living and learning center for nearly 600 students. Founded in 1927 with a gift from John D. Rockefeller, Jr., the non-profit has a remarkable history of programs and trainings that address global problems and offer solutions in a changing world.

No one can deny that the University of California at Berkeley is one of the world's finest institutions.

Dorothy Snodgrass

The local news station was interviewing an 80-year-old lady because she had just gotten married for the fourth time. The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation. "He's a funeral director," she answered.

"Interesting," the newsman thought.

He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living. She paused for a few moments, needing time to reflect on all those years.

After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her early 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now in her 80's, a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

(wait for it)

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

Submitted by Marian Gade

Don't act your age [in retirement]. Act like the inner young person you have always been.

— J. A. West

Membership Reminder

If your membership expired in 2011, it is now time to renew!

Check the mailing label on your newsletter. The date below your address indicates when your membership will expire. **If your label says, "2011," you must renew your membership** in order to continue to receive access to UCRAB benefits, trips, and events -- including this newsletter.

To renew, fill out the enclosed membership form and return with payment to the address indicated. Thank you!

Reminder: UCRAB does not accept cash payments. Please make payments for luncheons, dues, etc. by check or money order.

University of California Retirees' Association
1925 Walnut Street #1550
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UCRAB Trips and Excursions



UCRAB members enjoy time together in the beautiful Yosemite Valley in March 2011. 38 members and guests enjoyed the annual event, spending three days and two nights adventuring and catching up with friends and colleagues. *Photo: Elena Burgess*

Stay Tuned!

Plans are being finalized for a UCRAB trip to [Apple Hill](#) and the [Gold Country](#). Apple Hill, located in the western Sierra Foothills in El Dorado County, is filled with fruit orchards, breweries, tree farms, and wineries. Visitors can enjoy a large variety of apples, including Golden Delicious, Granny Smith, Pippin, Pink Lady, Rome Beauty, Fuji, Gala and Mutsu, just to name a few. Gold Country is a region in the central and northeastern part of California famed for the mineral deposits and gold mines that attracted waves of 49ers during the California Gold Rush.

Be sure to give UCRAB your email address by emailing ucbrc@berkeley.edu to receive updates on this trip as they develop!