



President's and Regents' Retiree Association

NetworkNews

Spring 2016

Published for Retirees of the Office of the President and Office of The Regents, University of California

Hi PARRA Colleagues,

Welcome to all new Office of the President and Regents retirees. Congratulations! You automatically became a member of PARRA upon retirement. We're happy to have you and hope you will attend our Spring luncheon on April 28.

Recently, a friend and I have been investigating what to do about our living circumstances over the next few years. We are both single with no children in the area and right now just want to know what options may be available. We are interested in staying in the Oakland-Berkeley area, so we concentrated on those locations or close by.

We found a couple of places that are purely condos for seniors with some communal activities such as a gym, swimming pool, movie theater, library and meeting rooms. We also looked at facilities with condos or apartments where there is a meal plan in addition to other communal spaces or activities.

All these places had their pluses and minuses and one thing in common: the condos or apartments are very small. For me and my friend, it will be a major job to pare down our current "stuff" to fit into the small spaces.

* * *

This is my last letter to you as PARRA president. I am so thankful for your friendship, support and good cheer.

PARRA continues to advocate on behalf of retirees and on behalf of OP issues and projects. To further PARRA's goals, we have kept in touch with and remained visible to President Napolitano's office and management team.

None of the work of PARRA would get done without the outstanding volunteers on the Executive Committee. They contribute time, ideas and energy toward all of our work. So, a big thanks to each of them for their commitment and affability, and in particular:

- Nancy Nakayama, without whom I could not have done this job.
- Erica Nietfeld and her husband, Royce Kelley, who have taken over the editorship of our newsletter. They do a beautiful job and have already brought new ideas to the process.
- Ellen Switkes who is ending her 9+ years on the Executive Committee and who was always willing to step up and take on more than her fair share of the work for PARRA cheerfully.
- June Brugger Smith who was consistent in her commitment to PARRA and helpful in our discussion of important issues.

Thanks also to Cary Sweeney and Kris Thornton at the UCB Retirement Center for all the work they do on behalf of the Berkeley, Lawrence Berkeley Lab, and OP retiree associations.

Susan von Seeburg
vonseeburg@gmail.com

PARRA Luncheon Thursday, April 28

Please join us at the PARRA Spring luncheon at Hs. Lordship's Restaurant in Berkeley. The speaker will be UC Hastings College of the Law Professor Rory Little.



What are the constitutional requirements for filling a vacancy on the U.S. Supreme Court? What is the history of nominations to the court? How will politics affect the current situation?

What key issues before the court could change dramatically?

Join us for an expert's perspective on these topics. Not only is Professor Little a constitutional law and U.S. Supreme Court scholar who is often asked for his expert opinion about legal cases and issues on television and radio, but he is also a friend of President Obama's nominee to the court, Judge Merrick Garland.

PARRA Donors Sept. 2015 - March 2016

Marc Aarens
 Steve and Melva Arditti
 Larry Aull
 Joe Azzolino
 Beverly Barker
 Eric Behrens
 Helmut Blaschczyk
 Patricia Buresh
 George Cage
 William Carroll
 William Chan
 Nancy Coolidge
 Joan Costello
 James and Jeanette Cottle
 Chuck Courey
 Ramona Davis
 Pat Day
 Jim Dolgonas
 Maggie Drake
 Carla Ferri-Blackmon
 Nancy Francis
 Saul Geiser
 Linda Glasscock
 Gordon Graham
 Trish Hare
 Sharon Hayden
 Larry Hershman and
 Beverly Russell
 Con Hopper
 Pam and Greg Kast
 Kathleen and Dennis Kelleher
 Stan Kowalski
 Gary Lawrence

Eleanore Lee
 Joe Lewis
 Rulon and Cecile Linford
 Neville Manderson
 Booker McClain
 Karen Merritt
 Nancy Nakayama
 Franklin Navarro
 Myron Okada
 Verna Osborn
 Lily Pang
 Patricia Pelfrey
 Susan Pierpoint
 Karl Pister
 Ginette Polak
 Carla Raffetto
 Gwen Ralph
 Louise Randolph
 Gail Riley
 Randy Scott
 Elly Skarakis
 June Smith
 Elaine Stamman
 Barbara Stratton
 Ellen Switkes
 Stephanie Travis
 Leigh Trivette and
 Rick Malaspina
 Susan von Seeburg
 Barbara Yoder

*PARRA thanks you for
 your generosity!*

PARRA Dues Are Due

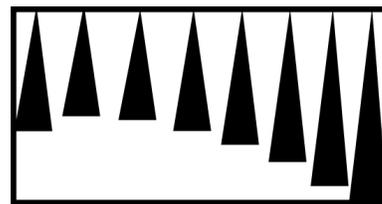
April means tax time, and it's also the month that PARRA requests contributions from members of voluntary dues of \$10 per year.

Your contributions support this newsletter, the PARRA website, and PARRA participation on the systemwide Council of UC Retiree Associations.

Checks, made out to PARRA, may be mailed to our treasurer, Nancy Nakayama, at 8724 Don Carol Drive, El Cerrito, CA 94530.

We hope you will be able to attend the April 28 luncheon, but even if you cannot, you may use the luncheon reply form to mail your contribution to Nancy.

Thanks for your support!



PARRA Financial Report

BALANCE August 31, 2015			\$5,686.39
Fall Lunch -- October 22, 2015			
Income:	Lunches	\$1,890.00	
	Donations	\$ 630.00	
	Total Income		\$2,520.00
Expenses:	HsLordships	\$1,948.86	
	Newsletter	\$ 139.50	
	Total Expenses		\$2,088.36
INCOME -- Donations			\$ 620.00
EXPENSES:			
	CUCRA, Dues (136 x \$.50)	\$ 68.00	
	CUCRA-CUCEA Meeting, Oct. 28-29 2015 UCD		
		\$ 510.18	
Total Expenses			\$ 578.18
BALANCE March 12, 2016			\$6,159.85

Submitted by: Nancy Nakayama, Treasurer

Nominations Committee Update

The PARRA bylaws provide that each year the President shall appoint a Nominating Committee of three Executive Committee members to nominate a slate of Officers and Executive Committee Members at large. At the January 26 PARRA meeting, Booker McClain, Judy Craig and I were appointed as this year's nominating committee. I was asked to chair the committee and am providing this status report to the full PARRA membership.

Following previous practice, we asked the Executive Committee members whose terms were expiring if they wished to be nominated to serve another three-year term. Of those with expiring terms (June Smith Brugger, Sandra Douglas, Larry Hershman, Con Hopper, Randy Scott and Ellen Switkes), all except Ellen and June agreed to be nominated for continuing terms. The Committee then undertook to identify two individuals who will agree to be nominated to replace these two Members at Large whose terms expire June 30, 2016.

The Nominating Committee is also responsible for nominating Officers (President, Vice President, Secretary and Treasurer) should any of those positions become vacant as of June 30. The Nominations Committee has identified individuals from the Executive Committee to fill these roles as well.

The Nominating Committee recommendations will be presented to the Executive Committee at its upcoming meeting in late March. Once accepted, all of these nominations will be presented for election to the full PARRA membership at the April luncheon, the annual meeting of the Association.

Jim Dolgonas

We Remember

Larry Vanderhoef, October

John Catton, November

Ruth Johnson, January

Sylvia McLaughlin, January

Eleanor Reilly, February



National Parks Lifetime Senior Pass

2016 marks the centennial of the creation of the National Park Service. It's a great time to visit one or more of our national treasures. If you're at least 62 years old, you're eligible to purchase a lifetime pass for just \$10 — a bargain compared to the standard annual pass (\$80). The pass admits the pass owner and up to three adults to national parks and federal recreational sites. For more information go to www.nps.gov.

Connie Williams



New Housing Option for UC Retirees

UC Berkeley is partnering with Belmont Village Senior Living to construct a building in Albany with 175 one- and two-bedroom apartments for independent living, assisted living, and memory care. Construction is already underway on UC-owned land at University Village, just three miles from the campus, with an opening date of fall 2017.

UC emeriti and retirees from the Berkeley campus, the Lawrence Berkeley National Laboratory, and the Office of the President will have priority status for entrance. Patrick Cullinane, former director of the UCB Retirement Center, is leading the Belmont Village-UCBRC Planning Committee. We'll be sharing more information about this project in the coming months.

Pat Pelfrey & Susan von Seeburg



Bylaw Amendments Approved

At the October 2015 luncheon, the membership approved amendments to the Bylaws, including the following:

- Expanded the definition of member to include domestic partners.
- Added to the President's duties ensuring that an annual audit of the financial records is performed. Previously this function fell under the jurisdiction of the Executive Committee.
- Added the position of President-elect, who will assume the Presidency at the end of the President's term.
- Permitted the amendment of the Bylaws at a designated business meeting, rather than at the annual Spring business meeting.

Please go to <http://retirement.berkeley.edu/parra> to view the amended Bylaws.

UCB Retirement Center Updates

Dear PARRA Members,

I hope you can join us at one of our Learning in Retirement series or one of our Long Term Care and Estate Planning workshops. Kris Thornton, Program Manager, and I are looking forward to attending the upcoming PARRA luncheon.

Cary Sweeney, Director, UCBRC

Learning in Retirement Spring Line-up

The Quality Of Contemporary Urban Life

Organized by Neil Smelser, Professor Emeritus, Sociology

April 5: *Sources of Social Integration in the City*

Claude Fischer, Natalie Cohen Professor of Sociology, Sociology and Demography Group

April 12: *The Seamier Side: Inequality Poverty, Homelessness, Crime, and Incarceration*

David Harding, Associate Professor, Sociology and Demography Group

April 19: *Migration and the Cities*

Irene Bloemraad, Associate Professor, Sociology

Healthy Aging: People, Places and Technology

Organized by Carol N. D'Onofrio, Professor Emerita, Public Health

April 26: *Healthy Aging at the Intersection of People and Places*

William Satariano, Professor of Epidemiology, School of Public Health

May 3: *Community Initiatives for Aging Well*

Andrew Scharlach, Kleiner Professor of Aging, School of Social Welfare

May 10: *A Look at Technology-Enabled Services and Current Challenges for Making Aging as Healthy and Independent as Possible*

Dave Lindeman, Director, CITRIS and Center for Technology and Aging

Register by phone: (510) 642-5461 or online: <http://retirement.berkeley.edu/LIR/schedule>

Long Term Care and Estate Planning Legal Clinic

May 19, 2016 2:30-5:00 p.m.

University Hall 150

Bring your questions about estate planning documents or planning for long-term care to a free 20 minute consultation with an attorney.

Southworth Chavez & Day-Seiter LLP, located in Orinda, focuses on Estate Planning, Elder Law, Special Needs Planning, and Probate and Trust Administration. <http://www.scdlegal.com/attorneys.html>

Register by phone: (510) 642-5461 or online: http://retirement.berkeley.edu/workshops_details

President's and Regents' Retiree Association

Spring Luncheon

Thursday, April 28, 2016

Hs Lordships, 199 Seawall Dr., Berkeley

**Professor Rory Little *on* Filling the
Supreme Court Vacancy: Facts and Politics**



***UC Hastings Professor
Rory Little***

What are the constitutional requirements for filling a vacancy on the U.S. Supreme Court? What is the history of nominations to the court? How will politics affect the current situation? What key issues before the court could change dramatically?

Join us for an expert's perspective on these topics. Professor Rory Little is a constitutional law and U.S. Supreme Court scholar, teaching at UC Hastings College of the Law. Not only is Professor Little a scholar on the Supreme Court who is often asked for his expert opinion about legal cases and issues on television and radio, but he is also a friend of President Obama's nominee to the court, Judge Merrick Garland.

No-host bar opens at 11:30 a.m.; buffet lunch, which includes vegetarian selections, begins at noon.

A map and directions to Hs Lordships are included on the reverse, but you probably won't need them. Just go to the end of University Avenue (toward the Bay) and at the Bay, turn left and proceed to the end. Plenty of free parking. Please be sure your car is locked and that no valuables are visible. We haven't had any reports of problems from our members, but it's a good idea to take this simple precaution.

Questions? Contact Nancy Nakayama at (510) 524-2358.

- Yes, I will attend the luncheon. Enclosed is my check in the amount of \$ _____ (\$30 per person)
- In addition, enclosed is my voluntary contribution of \$ _____ (\$10 per year suggested)
- I cannot attend the luncheon, but enclosed is my voluntary contribution of \$ _____ (\$10 per year suggested)



Name _____

Name of Guest(s) _____

Email Address _____

Reservations must be received no later than **Monday, April 18, 2016.**

Mail this form and your check, made out to "PARRA," to:

PARRA c/o Nancy Nakayama
8724 Don Carol Drive, El Cerrito, CA 94530-2735

Directions to H^s Lordships

From the East Bay Oakland, Hayward using 580 West towards San Francisco. Proceed to I-80 East towards Sacramento. Take the Emeryville Powell St. exit. Turn left and go under the freeway overpass. Make an immediate right onto Frontage Rd., following the road until you get to University Ave., and turn left onto University. Stay in the left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

From the East Bay Oakland Using Highway 880 North take Highway 880 North to I-80 towards Sacramento. Exit at University Ave. and proceed on University. At the third light, make a U turn and head back toward the water. Stay on your left until you get to Marina Blvd. and go to the end (Berkeley Pier will be in front of you). Turn left on Seawall Dr. and go to the end of the road.

From the North Bay (Richmond, Hercules, Vallejo) Take I-80 West to Berkeley. Exit at University Ave. Follow Loop West to University Ave. Turn left onto University Ave. Stay in left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

From San Francisco Take Highway 101 North to I-80 across the Bay Bridge. Take the Emeryville Powell St. exit. Turn left and go under the freeway overpass. Make an immediate right onto Frontage Rd. Proceed on Frontage Rd. until you get to University Ave. and turn left onto University. Stay in left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

Free and Ample Parking H^s Lordships Restaurant, 199 Seawall Drive, Berkeley, CA 94710, 510-843-2733.

