Welcome to the new format of our annual CenterPiece Newsletter! We’ve included highlights and accomplishments from this past year and an exciting line up for the upcoming fall and spring.

Our programs and activities would not be possible, of course, without the leadership and generosity of our retirees, beneficiaries and affiliated Retiree Associations leadership. Retirees show their support through active participation on committees, attending programs and donating over $30,000 this past year. For this, I say “thank you.” It is a pleasure to work together and serve our retirees.

As you read through the CenterPiece I encourage you to check out our 17th year of Learning in Retirement series, retirement planning workshops and our new “Getting Started with your Apple iPad” workshop series. Based on what we learned last year, we’re limiting class size, focusing just on iPads and teaching the basic principles. This class will fill up quick - last year a similar class filled up within the first 30 minutes of opening registration! And the email sent out about the training was our most read email sent last year.

I hope you enjoy reading through our upcoming offerings and opportunities. The campus, Lab and Office of the President are strengthened by our connection with retirees. Whether you participate on a committee, attend a workshop, access an article on our “CenterExpress” newsletter, mentor a student, maintain your @ Berkeley email address, attend a Retiree Association outing or make a move into the soon-to-be-complete Belmont Village Albany Senior Living Community, we want you to stay connected to Cal. I look forward to seeing or hearing from you soon.

Cary Sweeney, Director
Our LIR committee has once again coordinated a stellar group of lecturers covering a broad range of topics for your continued learning and enjoyment. UC retirees and their guests may attend all programs at no cost. Advance registration is appreciated. For more information and to register go to: http://retirement.berkeley.edu/LIR/schedule or call the Retirement Center at 510-642-5461.
LAUNCHES 17TH YEAR OF PROGRAMS

MEMORY AND AGING
Organized by Professor William Jagust with Professors Emeriti Donald A. Riley and Carol D’Onofrio

Thursday, October 13, 2016
2:00-4:00 pm
“What We Know about Memory”
William Jagust MD, Professor of Public Health and Neuroscience

Thursday, October 20, 2016
2:00-4:00 pm
“Memory, Sleep, and Aging”
Bryce Mander, PhD Associate Dean, Academic Affairs, School of Public Health

Thursday, October 27, 2016
2:00-4:00 pm
“The Border between Alzheimer’s Disease and Expressive Memory”
William Jagust, MD, Professor of Public Health and Neuroscience, Associate Dean, Academic Affairs, School of Public Health

ITALY BEYOND ITALY: TRAVELERS, COLONIES, AND THE ARTS, 19TH TO 21ST CENTURIES
Organized by Professor Emeritus Louise George Clubb

February 28, 2017
2:00-4:00 pm
“Italy’s Mediterranean and African Expansions: Colonialism from 1890 to World War I”
Mia Fuller, Associate Professor of Italian Studies

March 7, 2017
2:00-4:00 pm
“Italian Expansion Within: Fascist Land Reclamation and Social Engineering in the 1930’s”
Mia Fuller, Associate Professor of Italian Studies

March 14, 2017
2:00 - 4:00 pm
“Accidental Orientalists: Modern Italian Travelers in Ottoman Lands”
Barbara Spackman, Professor of Italian Studies and Comparative Literature

March 21, 2017
2:00 - 4:00 pm
“Between Italy and Argentina: Literature, Melancholia, Terror”
Francine Masiello, Professor of Spanish and Comparative Literature

ATHLETICS AND THE UNIVERSITY
Organized by Professor Emeritus Vincent H. Resh

April 4, 2017
History of Intercollegiate Athletics with attention to Cal Sports programs
John Cummins, Associate Chancellor Emeritus, and Kirsten Hextrum, MA, Assistant Tutorial Coordinator at UCB Athletic Study Center

April 11, 2017
Are we really doing the best we can for our student athletes?
Brian Barsky, Professor of Computer Science & Affiliate Professor of Optometry and Vision, Sam Davis, Professor Emeritus of Architecture, and William “Mac” Laetsch, Professor Emeritus Plant and Microbial Biology.

ACCELERATING ADVANCES IN ROBOTICS
To be announced for Spring 2017
Organized by Professors Emeriti Carol D’Onofrio and Vince Resh

MORE TO COME...
The LIR committee has more in store for Spring 2017. Be sure to visit our website or call to learn about additional lectures.
http://retirement.berkeley.edu/LIR/schedule

REGISTRATION
Registration is available three ways:
1. Online at http://retirement.berkeley.edu/LIR/schedule
2. By email to UCBRC@berkeley.edu, or
3. Call the Retirement Center at 510-642-5461.
GETTING STARTED WITH YOUR APPLE IPAD*
Oct. 31, Nov. 7 & 14, 2016
Three-part series on how to make your iPad work for you designed for beginning iPad users. MUST attend all three sessions. October 31, November 7 & 14, 2016 10 am – Noon, University Hall 198

RETIREMENT TRANSITIONS*
January 18, 2017
Workshop time to be announced
We will share experiences and discuss issues and insights around the shift from a full-time job to being “retired.” Key questions include: What does it mean to find structure in retirement? What are the issues around finding (or redefining) purpose, identity and meaning? Retiring means you’re getting older: how can we effectively deal with body and health changes? Offered in collaboration with Ashby Village, this interactive and participatory workshop will provide time for each of us, individually and together, to explore these and other questions.

THE ABC’S OF LONG TERM CARE: AN OVERVIEW OF LONG TERM CARE
April 13, 2017
This workshop describes the differences between Medicare coverage and long term care; Explains ways of getting long term care and options for financing it; focuses on the features as well as the pros and cons of long term care insurance; and offers guidelines for purchasing long term care insurance.

ESTATE PLANNING CONSIDERATIONS
April 6, 2017
Understand who needs estate planning assistance, the documents included and their purpose, estate taxes, retirement accounts, and the attorney-client relationship. A review of the Advanced Health Care Directive, Power of Attorney, Trust, Revocable Living Trusts, Last Testament and Will, and Estate Administration will be covered.

RETIREMENT DOESN’T MEAN YOU STOP PLANNING FOR YOUR FUTURE
April 20, 2017
We plan for vacations and dinners with friends, but when it comes to issues associated with aging, most of us prefer to just hope for the best. In this presentation, we will discuss how you can take control of your future. We will discuss resources available if you wish to age in place, resources available if you need or wish to be cared for outside your home, and the documents that give voice to your desires about who will make decisions for you if you can’t, what decisions you would like made on your behalf, and the legacy you would like to leave.

LONG TERM CARE & ESTATE PLANNING LEGAL CLINIC
May 11, 2017
Bring your questions about estate planning documents or planning for long-term care to a free 20-minute consultation with an attorney from Southworth Chavez & Day-Seiter LLP. Located in Orinda, the firm focuses on Estate Planning, Elder Law, Special Needs Planning, and Probate and Trust Administration.

ONLINE REGISTRATION FOR ALL PROGRAMS IS EASY
Registration is available three ways:
1. Online registration at http://retirement.berkeley.edu/workshops_details
2. Email to UCBRC@berkeley.edu
3. Stop by or call the Retirement Center at 510-642-5461

For detailed online registration information http://retirement.berkeley.edu/how-register-online-events-calendar
Pat Hom has been a part of the Retirement Center either as a volunteer or as a rehired retiree for more than ten years. An early adopter of our online event registration and bi-weekly eNewsletter, the CenterExpress, she regularly shares articles and resources, and will co-teach a three-part iPad training series with Center Director, Cary Sweeney, this fall.

Pat was skeptical of the change to electronic formats at first. “To tell you the truth, going electronic with newsletters and newspapers was not something I relished. I loved the tactile sense of holding something in my hands and being able to set it down and pick it up wherever I wanted to. But since everything is now converting to digital media, I have discovered that I prefer on-line access. There is no more paper clutter and any article is more easily recalled electronically. I look forward to reading the CenterExpress because it reminds me of my strong connection to Cal while keeping me current events and issues.”

Pat “blames” her Dad for her Apple product fixation. “When the little square Mac computer was first introduced in 1984, Dad insisted on coming up to the campus ASUC to check it out. After, we sat down upstairs in the lounge area discussing the pros and cons of buying one. At that time, it was quite an expense as I recall. But, Dad enjoyed being first on the block with the latest gadget. We did buy the Mac and never looked back. So, as you can see, I’m a chip off the old block – I love my gadgets!”

As the iPad Adventurer she is, Pat has set-up a “news feed” process using multiple applications that search for interesting articles on the internet which she shares with family and friends. Mobile devices have become Pat’s “go to” technology. “I find it difficult to be without either an iPad or iPhone. Honestly, neither can my husband... it’s now ‘All in the Family!’” Her delight in using the iPad is certain to infuse the upcoming workshop with ways to interact with life itself through news, research, family, friends, and community.
MEET NEW FRIENDS!

Find a place to meet new friends, engage and connect with colleagues by joining our Retiree Associations’ events and activities. Our associations advocate at the campus and statewide levels to protect retiree rights while cultivating retiree relationships with each other and the UC campuses. Find out more online: http://retirement.berkeley.edu/join.

UC BERKELEY EMERITI ASSOCIATION (UCBEA)
UC Berkeley emeriti are automatically members with no dues requirement.
Fall luncheon - September 24th
http://retirement.berkeley.edu/ucbea
ucbea@berkeley.edu

UC RETIREES’ ASSOCIATION AT BERKELEY (UCRAB)
Membership is open to all retirees and emeriti from any UC campus, and active faculty and staff eligible for retirement.
Dues: $20 annually; $35 for 2 years; $50 for 3 years
Fall luncheon - September 14th
http://retirement.berkeley.edu/ucrab
ucrab@berkeley.edu

PRESIDENT’S AND REGENTS’ RETIREE ASSOCIATION (PARRA)
All retirees of UCOP are automatically members of PARRA but are encouraged to pay $10 voluntary dues annually.
Fall luncheon - Date in October TBA soon
http://retirement.berkeley.edu/parra
jdolgonas@yahoo.com

LAWRENCE BERKELEY LAB RETIREE ASSOCIATION (EX-LS)
Any retiree of LBNL, and their spouse or domestic partner is an automatic member.
Fall luncheon - November 17th
http://retirement.berkeley.edu/ex-ls
exls@berkeley.edu

“A Renegade Retiree takes charge of their retirement, surprising those around them with their vitality.”

Clockwise from top: Stagebridge actors at June UCRAB Luncheon; UCRAB event attendees; Ned & Janis Dairiki, EX-LS Board member; Caroline Kane, UCBEA Board Member; UCOP Retirees Gordon Jeong and Jackie Ito-Woo; Shelly Zedeck, UCBEA President & Amy Block Joy, UCBEA Treasurer.
The UC Berkeley Retirement Center is dedicated to connecting retired faculty, staff, their families to UC Berkeley and helping active faculty and staff plan for retirement. The UCRC Advisory Board advises UCBRC on projects and programs.

UCBRC Advisory Board
Lynn Bailiff, UCRAB
Jim Dolgonas, PARRA
Cheryl Fragiadakis, EX-Ls
Marian Gade, UCRAB
Connie Grondona, EX-Ls
Caroline Kane, UCBEA
Tom Leonard, Member-At-Large
Booker McClain, PARRA
Patti Owen, Chair
Patricia Pelfrey, Member-At-Large
Ken Polse, Academic Senate Committee on Faculty Welfare
Richard Sextro, Past Chair
Angelica Stacy, Ex Officio
Sheldon Zedeck, UCBEA

Retirement Center Staff
Cary Sweeney, Director
Kris Thornton, Program Manager

SURVEY OF UC RETIREE ACTIVITY AND SERVICE

Heads Up! Retired staff and non-Senate academics should watch for an email inviting them to participate in an online survey to be conducted this fall that seeks to learn more about their retirement activities. This is the first time such a survey has been undertaken. It is sponsored by the Council of UC Retiree Associations (CUCRA).

The primary purpose of the short survey is to provide information that can be used by the individual campus and lab retiree associations and retiree centers to better serve and advance the interests of UC’s 50,000+ retirees.

Belmont Village Albany Senior Living In affiliation with UC Berkeley

The Belmont Village Albany community, opening in Fall 2017 at 1100 San Pablo Avenue, Albany, CA, will house 175 private apartments providing independent living, assisted living, and a range of programs for memory care. UC Berkeley, LBNL and UCOP retirees and other designated UC affiliates, along with Albany residents, enjoy priority leasing status.

Additionally, the UC Berkeley Retirement Center and Belmont Village have formed an affiliation agreement which provides a unique opportunity to develop programs and activities that create an active connection with the UC Berkeley campus and Lawrence Berkeley National Lab. Part of the affiliation agreement includes the engagement of a planning committee of retirees and UCB campus leaders designing and planning educational and social programming for the first residents local community. It will emphasize cultural and academic enrichment along with local community involvement.

To schedule an appointment to learn more about the community, call 510-525-4554 or email infoalbany@belmontvillage.com. For more details visit: http://retirement.berkeley.edu/services/retiree-housing.

UC Berkeley is not financially or legally involved with Belmont Village Albany and has no responsibility or liability for its operation.
To take advantage of special offers you must use a Retiree ID card that identifies you as retired from UCB, LBNL or UCOP, or their surviving spouse or partner. To obtain your free card, come by the Center between 1:00 – 4:00 pm daily, or call 510-642-5461, or email UCBRC@berkeley.edu.

**SELECTED CAL CONNECTIONS**

- 20/20 Vision Plan discount at University Eye Center
- Free admission and discounts at the Berkeley Art Museum & Pacific Film Archive (BAMPFA)
- Discount in Annual Membership at the UC Berkeley Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performance events
- Access to Cal Rentals housing services
- Cal Rec Center annual membership discount
- Retiree bMail service
- Access to campus Health Care Facilitator
- Free enrollment to The Berkeleyan eNewsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute membership discount
- 10% Cal Student Store discount
- UC Press online purchase discounts (use code 15W2181)
- Membership discounts at The Faculty Club and the Women’s Faculty Club
- Wellness Letter discount for new members
- Discounted Retiree parking permits

Visit [http://retirement.berkeley.edu/id_card](http://retirement.berkeley.edu/id_card) for details on any of these Cal Connections.