

Spring 2017 Published for Retirees of the Office of the President and Office of The Regents, University of California

President's Message

Welcome to our "Spring" newsletter and congratulations to new retirees. Yep, I realize if we meet the schedule we've laid out that you'll be receiving this newsletter before the start of Spring.

The last newsletter noted that the Council of UC Retiree Associations (CUCRA) was conducting a survey of all UC retirees. The results of that survey are not yet distributed but I do know the percentage of PARRA retirees who participated was one of the highest across the State. I will be sure to share the results as soon as they are available. In the meantime, not to overwhelm you with surveys, but PARRA is also conducting a survey. The PARRA survey is complementary to the CUCRA survey, so you won't be asked to respond to the same questions as in the CUCRA survey. I encourage your participation in what I believe may be only the second PARRA survey since its inception. When you take the survey you will see that the PARRA Executive Committee is trying to identify your interests, particularly in regard to events other than the luncheons we might consider offering. The survey is brief so it should not take much time to complete. The survey, and instructions for completing it online, are included in this newsletter.

Speaking of luncheons, our next luncheon will be Tuesday, April 11, as noted in the accompanying article. If you've heard terms such as precision medicine or of the use of genomics for treating disease and wanted to know more, this talk by Dr. Joseph DeRisi of UCSF will be of particular interest. Besides Dr. DeRisi, I am pleased to announce that Rachael

PARRA Spring Luncheon Tuesday, April 11

Please join us at the PARRA Spring luncheon at Hs. Lordship's Restaurant in Berkeley. The speaker will be UCSF Professor Joseph DeRisi.

Dr. DeRisi will explore the application of genomics, the study of the



complete set of DNA within a cell, to biomedical research, using a series of case examples from his own lab to illustrate both the promise and pitfalls of precision medicine.

Professor DeRisi currently serves as Chair of the UCSF Department of Biochemistry and Biophysics and as Co-President of the Chan Zuckerberg Biohub. A recipient of a MacArthur Fellowship in 2004, he was elected to the American Academy of Arts and Sciences in 2015 and to the National Academy of Sciences in 2016.

Nava, UC's Chief Operating Officer and Executive Vice President since February 2015, plans to attend the luncheon and will make a few brief remarks. I hope many of you will have an opportunity to meet Rachael during the social time before the meeting.

The Executive Committee is also piloting as a trial an offer of transportation for retirees who want to attend the luncheon but for whom transportation to H's Lordships is difficult. With Executive Committee members living in Alameda, Contra Costa and Marin Counties, we anticipate one of us could provide a ride for such retirees living in major portions of those counties. So, if you are interested in attending the luncheon, live in one of these counties and need transportation, let me know and I'll see if I or one of our Committee members might be able to provide you with a ride. You can contact me — preferably via e-mail at jdolgonas@yahoo.com — or by phone at 510 206-9328. Depending on the interest in this offering and our ability to satisfy requests, this offering may be continued in the future.

I want to remind readers who wish to make a voluntary contribution to PARRA that you may do so by sending a check made out to PARRA in care of Linda Glasscock, 20 Laurelwood Drive, Novato, CA 94949. Our requested donation is \$10 per year.

Lastly, I look forward to seeing many of you at our upcoming luncheon.

Jim Dolgonas

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PARRA thanks you for your generosity!

PARRA Dues Are Due

The Spring newsletter includes PARRA's request for contributions from members of voluntary dues of \$10 per year. Your contributions support this newsletter, our website, and PARRA participation on the systemwide Council of UC Retiree Associations.

Mail checks, made out to PARRA, to our Treasurer, Linda Glasscock, 20 Laurelwood Drive, Novato, CA 94949. We hope you will be able to attend the April 11 luncheon. Thanks for your support!

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BelmontVillageNews

The Belmont Village Senior Living facility being constructed in Albany is set to open in August, ahead of schedule. Priority leasing status is extended to UCOP retirees, along with a number of other UC affiliates. To learn more about what this senior facility offers, please visit http:// albany.belmontvillage.com.

| PARRA Financial BALANCE August 31, 2016 | Report | \$5,744.01 |
|---|---|--------------------------|
| Fall Lunch October 13, 2016 Income: Lunches Donations Total Income Expenses: HsLordships Newsletter Printing Newsletter Mailing Total Expenses | \$2,130.00 \$ 805.00 \$2,115.54 \$ 291.50 \$ 117.79 | \$2,935.00 \$2,524.83 |
| INCOME Donations - October to December 2016 | | \$ 115.00 |
| EXPENSES: | | |
| CUCRA Meeting, October 2016 Santa Cruz CUCRA, Dues 2016 Total Expenses | \$ 305.33 \$ 71.50 | \$ 376.83 |
| BALANCE February 3, 2017 | | \$5,892.35 |
| Submitted by Linda Glasscock, Treasurer | | |

PARRA Member Survey

It's about time! The last time the PARRA Executive Committee conducted a survey of the membership was 2007. Now, as then, the survey focuses on participatory activities, and also invites your comments on what other work you would like us to do. Please help us shape PARRA to meet your needs. The survey is brief. If you complete it online, it can be submitted anonymously; no postage necessary!

For members with Web access, go to https:// www.surveymonkey.com/r/Z8CSSNB. The survey will stay up until April 30.

For those who wish to respond on paper, the survey is included as an insert to this newsletter.

Completed surveys can be mailed, no later than April 30, to the same address as your lunch RSVPs: PARRA c/o Nancy Nakayama, 8724 Don Carol Drive, El Cerrito CA 94530.

Results will be shared with members in the Fall PARRA *Network News*, or sooner. If you have any questions or comments about the survey, please contact Connie Williams at williams.connie@gmail.com.

Thank you for your help with this important project.



Push for Paperless

If you still receive the paper version of PARRA Network News, you are now in the minority; more members get the newsletter by e-mail than via the U.S. Postal Service.

Receiving the newsletter via e-mail has the obvious benefit of cost savings (printing, labor, postage) and also means you get more timely information on events and programs from PARRA and the Retirement Center at UC Berkeley.

To switch from paper to electronic distribution, send an e-mail to parra4uc@ gmail.com and ask to be added to the e-mail list. We hope you won't, but if you wish to opt out of all PARRA communications, you can let us know at the same e-mail address.

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Proposed Bylaw Amendment

Our current PARRA bylaws provide for the election of the following seven officers: President, Vice President/President-Elect, Secretary, Treasurer, Membership Coordinator, Information Coordinator, and Program Coordinator. In recent years, however, only the positions of President, Vice President/President-Elect, Secretary, and Treasurer have been elected directly by the membership.

The Executive Committee considered this over the course of several meetings and determined that it would be best to conform the bylaws to current practice with an amendment that would provide that only the positions of President, Vice President/ President-Elect, Secretary and Treasurer be elected and that the positions of Membership Coordinator, Information Coordinator, and Program Coordinator be appointed by the President. The vote on the amendment will take place during the business meeting portion of the April luncheon.

For the proposed amended bylaws, go to http://retirement.berkeley.edu/PARRA.

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Election of Executive Committee Members

The Executive Committee, at its January 2017 meeting, adopted a motion nominating Jim Dolgonas, Mary MacDonald, and Erica Nietfeld to new three-year terms beginning July 1, 2017. The election will take place during the business meeting portion of the April luncheon.

U C Berkeley Retirement Center ~ Spring 2017 Programs ~

Workshops

The Retirement Center is offering a number of workshops in April on Long Term Care, and Legal and Estate Planning. Experts will cover estate-planning issues, provide an overview of the differences between Medicare coverage and long term care, and review the issues to consider when planning for long-term health care needs. A full description of each workshop and registration information can be

care needs. A full description of each workshop and registration information can be found on our website at <u>http://retirement.berkeley.edu/workshops_details</u>.

Learning in Retirement Program

The Learning in Retirement Committee Spring program includes the four-part series, *Italy Beyond Italy*, focusing on *Travelers, Colonies and the Arts in the 19th to 21st centuries* held on consecutive Tuesdays through March 21st.

A two-part series on *Athletics & the University* held April 4th and April 11th looks at the history of Intercollegiate Athletics with attention to Cal Sports program, asks a guest panel the question "Are we really doing the best we can for our student athletes?"

The Italy and Athletics LIR sessions are 2 - 4 pm in Sibley Auditorium, in the Bechtel Engineering Center. To read a full description for each of the sessions, and to register, visit <u>http://retirement.berkeley.edu/LIR/schedule</u>. You may also call the Retirement Center at 510-642-5461 to register.

An additional lecture has been added to the LIR spring schedule and is co-sponsored by the Faculty Club. Reception begins at 4:30 pm followed by the lecture from 5-6 pm in the Faculty Club. To register, call Amanda Bush, Events Manager at the Faculty Club, 510-642-2119.

March 24 – "Will Trump Succeed in Killing the Media" Tom Goldstein, Professor of Journalism and Director of Media Studies at UCB.

Spring UCBRC Reception & Social Hour, April 11th, 4 – 6 pm

Make April 11th a day to reconnect and be inspired with fellow retirees. Begin with the PARRA luncheon at 11 am and finish with refreshments at the **UCBRC Reception & Social Hour** hosted by the Associations from 4 – 6 pm in the Garbarini Lounge adjacent to Sibley

Auditorium in the Bechtel Center. Come enjoy refreshments and conversation with fellow retirees as we celebrate the many successes of the past year.

You are invited







President's and Regents' Retiree Association

Spring Luncheon

Tuesday, April 11, 2017 Hs Lordships, 199 Seawall Dr., Berkeley

Professor Joseph DeRisi *on* New Avenues in Biomedical Research



UCSF Professor Joseph DeRisi

UCSF Professor Joseph DeRisi will explore the application of genomics, the study of the complete set of DNA within a cell, to biomedical research, using a series of case examples from his own lab to illustrate both the promise and pitfalls of precision medicine.

Dr. DeRisi is currently the Chair of the UCSF Department of Biochemistry and Biophysics and Co-President of the Chan Zuckerberg Biohub. A 2004 MacArthur Fellowship recipient, he was elected to the American Academy of Arts and Sciences in 2015 and to the National Academy of Sciences in 2016.

No-host bar opens at 11:15 a.m.; buffet lunch, which includes vegetarian selections, begins at noon.

A map and directions to Hs Lordships are included on the reverse, but you probably won't need them. Just go to the end of University Avenue (toward the Bay) and at the Bay, turn left and proceed to the end. Plenty of free parking. Please be sure your car is locked and that no valuables are visible. We haven't had any reports of problems from our members, but it's a good idea to take this simple precaution.

Questions? Contact Nancy Nakayama at (510) 524-2358.

| | Yes, I will attend the luncheon. Enclosed is my check in the amount of \$(\$30 per person) | | |
|-------|--|--|--|
| | In addition, enclosed is my voluntary contribution of \$ | | |
| | I cannot attend the luncheon, but enclosed is my voluntary contribution of \$ (\$10 per year suggested) | | |
| PARRA | Name | | |
| | Name of Guest(s) | | |
| | Email Address | | |
| | Reservations must be received no later than Friday, March 31, 2017 . Mail this form and your check, made out to "PARRA," to: | | |
| | PARRA c/o Nancy Nakayama 8724 Don Carol Drive, El Cerrito, CA 94530-2735 | | |

Directions to H^s Lordships

From the East Bay Oakland, Hayward using 580 West towards San Francisco. Proceed to I-80 East towards Sacramento. Take the Emeryville Powell St. exit. Turn left and go under the freeway overpass. Make an immediate right onto Frontage Rd., following the road until you get to University Ave., and turn left onto University. Stay in the left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

From the East Bay Oakland Using Highway 880 North take Highway 880 North to I-80 towards Sacramento. Exit at University Ave. and proceed on University. At the third light, make a U turn and head back toward the water. Stay on your left until you get to Marina Blvd. and go to the end (Berkeley Pier will be in front of you). Turn left on Seawall Dr. and go to the end of the road.

From the North Bay (Richmond, Hercules, Vallejo) Take I-80 West to Berkeley. Exit at University Ave. Follow Loop West to University Ave. Turn left onto University Ave. Stay in left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

From San Francisco Take Highway 101 North to I-80 across the Bay Bridge. Take the Emeryville Powell St. exit. Turn left and go under the freeway overpass. Make an immediate right onto Frontage Rd. Proceed on Frontage Rd. until you get to University Ave. and turn left onto University. Stay in left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

Free and Ample Parking H^s Lordships Restaurant, 199 Seawall Drive, Berkeley, CA 94710, 510-843-2733.

