

UPCOMING EVENTS

JULY 2021



July Webinars from Belmont Village

In July, we have two webinars featuring speakers who will inspire you to get moving, mentally and physically! You're invited to join us to learn more from these inspiring seniors on maintaining independence and transforming your fitness routine at any age. Be among the first to sign up for these exclusive virtual events and ensure your spot today.

MAINTAINING YOUR INDEPENDENCE IN SENIOR LIVING



Maintaining Your Independence in Senior Living

Friday, July 16, 2021

10 AM PT | 12 PM CT | 1 PM ET

All of us want to maintain our independence throughout every stage of life. But how do we balance support and independence as we age? Hear the experiences of Belmont Village residents and family members in this upcoming panel discussion moderated by Sky Bergman to learn how senior living gives older adults the opportunity to continue to live their lives to the fullest.

REGISTER NOW

NEVER TOO LATE: A SENIOR'S JOURNEY TO WELLNESS & TRANSFORMATION



Never Too Late: A Senior's Journey to Wellness & Transformation

Wednesday, July 28, 2021

10 AM PT | 12 PM CT | 1 PM ET

Join us for an inspiring hour with 75 year old fitness sensation, Joan MacDonald. We'll discuss Joan's fitness and nutrition regimen, as well as the advice she has for seniors and women who want to transform their lives. Her decision to document her journey on Instagram has led to 1.4 million followers.

REGISTER NOW