



CenterPiece

UC BERKELEY RETIREMENT CENTER ANNUAL NEWSLETTER

FALL 2019

From the desk of Cary Sweeney, Director

I am very excited to share the success of two pilot programs launched last fall: Berkeley Home Match and UC Retirees Learning Series.

Matching for the Berkeley Home Match pilot began in January 2019. In the first 7 months, we received nearly 100 applications for home owners and students. To date we have 9 matches and wonderful stories about how generations are coming together to address important issues like affordable housing and building community. Read one story on page 5.

The *UC Retiree Learning Series* had a stellar year of diverse lectures and great attendance. The series was created as a way to provide off-campus learning opportunities and a chance for retirees to explore Bay Area retirement communities. We will offer the series again this year partnering with Belmont Village Albany and St. Paul's Towers. See page 4.

Our ongoing programs are thriving! Some highlights include:

- Belmont Village has created a new student intern position (see page 4) and will again offer the "Conversations with Art" Juried Student Art Gallery on November 7th.
- The UCB Emeriti Association *Emeriti Legacy Video* project has captured the interesting experiences of our emeriti with videos

available on their website: <https://retirement.berkeley.edu/ucbea>.

- Pre-retirement planning for active faculty and staff now includes sessions at LBNL, noontime and evening sessions for facilities staff, and focused seminars for faculty to address transitioning academic and family life in retirement.
- Our flagship program Learning in Retirement, starts its 21st year (see page 2-3).

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- New workshops this fall look at options and emerging trends for emergency response devices, exploring volunteer opportunities with the Peace Corps as well as an Encore Career (see page 6)
- Save the date - April 21, 2020 - for our biennial conference with an interactive program on the topic of Elderhood, featuring keynote speaker, Louise Aronson. The best way to stay informed and connected is to read our bi-weekly electronic newsletter the *CenterExpress* - email ucbrc@berkeley.edu to be added.

I'd like to thank the emeriti and retiree volunteers and committees, and our community partners. Without your support and contributions none of what we do would be possible!

This is your Center. We are dedicated to helping you and your family live well in retirement. To participate in any of our programs or to partner with the Retirement Center, please call 510-642-5461 or email ucbrc@berkeley.edu.

I look forward to hearing from you!

Cary Sweeney
DIRECTOR

Learning in Retirement

UC retirees and their guests may attend all programs at no cost. Advance registration is appreciated. For more information on each series and to register go to: <http://retirement.berkeley.edu/LIR> or call 510-642-5461.

Learning in Retirement Committee, Professors Emeriti

Donald Mastronarde, Chair
Louise George Clubb
Marvin Cohen
Linda Jewell
Paul Licht
Donald A. Riley

We gratefully acknowledge and thank our retiring LIR Committee member Carol D'Onofrio for her contribution and service.

More to Come

The LIR Committee has additional programs in development for 2020 including a 3-part series on stem-cell research. As we near the end of the fall semester, visit our website <https://retirement.berkeley.edu/LIR> or call 510-642-5461 to learn about new LIR series. New programs will also be announced in our bi-weekly eNewsletter the CenterExpress. Be sure to send us your email to ucbrc@berkeley.edu if you aren't receiving the CenterExpress.



"Two-Headed Passport: A Contemporary History of Arab Artist Mobility"

Anneka Lenssen, Assistant Professor of Global Modern Art, Berkeley

Thursday, October 3, 2-4 pm

Banatao Auditorium, Sutardja Dai Hall

CLIMATE CHANGE

Organized by Donald A. Riley, Professor Emeritus, Department of Psychology

"The Evidence for Climate Change"

Inez Fung, Professor of Atmospheric Science in the Department of Earth and Planetary Sciences, Berkeley

Tuesday, October 29, 2-4 pm

Sibley Auditorium, Bechtel Engineering Building

MODERN ART DURING CRISIS

Organized by Louise George Clubb, Professor Emeritus, Italian Studies and Comparative Literature

"Art and Dictatorship: Argentina, Brazil and Chile in the 1960s and 1970s"

Julia Bryan-Wilson, Professor of Modern and Contemporary Art, Berkeley

Tuesday, September 10, 2-4 pm

Banatao Auditorium, Sutardja Dai Hall

"Romance, Rebellion, Ectomy: India Between Euphoria and Emergency (1947-1977)"

Atreyee Gupta, Assistant Professor of Modern and Contemporary South and Southeast Asian Art, Berkeley

Tuesday, September 17, 2-4 pm

Banatao Auditorium, Sutardja Dai Hall

"The Great Buddhas of Kamakura and Muir Woods: Emersonian Transcendentalism Amidst the Redwoods and Racist Yellow-Peril Politics"

Gregory Levine, Professor of the Art and Architecture of Japan and Buddhist Visual Cultures, Berkeley

Tuesday, September 24, 2-4 pm

Banatao Auditorium, Sutardja Dai Hall

"Explanation of Observed Changes"

Inez Fung, Professor of Atmospheric Science in the Department of Earth and Planetary Sciences, Berkeley

Tuesday, November 5, 2-4 pm

Sibley Auditorium, Bechtel Engineering Building

"Public Understanding of Climate Change"

Michael Ranney, Professor in the Graduate School of Education and the Department of Psychology, Berkeley

Tuesday, November 12, 2-4 pm

Sibley Auditorium, Bechtel Engineering Building

"These lectures changed the way I think about this topic. So worthwhile!"

PAST ATTENDEE



“Political Policies Implications of Climate Change”

Daniel Kammen, Director of Renewal and Appropriate Energy Laboratory (REAL), Class of 1935 Distinguished Professor of Energy, Professor in Energy and Resources Group and Professor of Public Policy, Goldman School of Public Policy, UC Berkeley
Thursday, November 21, 2-4 pm
Sibley Auditorium, Bechtel Engineering Building

TECHNOLOGY, LAW, AND SOCIETY

Organized by Donald Mastronarde, Professor of the Graduate School, Emeritus Melpomene Distinguished Professor of Classical Languages and Literature

The rapid and unceasing developments of the technological sector pose many challenges to the patterns of economic, political, and social interaction that form the context of our everyday lives. From the gig economy and drones to rental scooters, self-driving cars, and the expanding use of artificial intelligence and massive data collection, the public interest and the role of government and the law have often been placed in a reactive mode, constantly trying to foster the benefits of, but also counteract the dangers of radical innovations. This series explores some aspects of technology's ever-evolving interaction with law and society.

“Blockchain Technology: Issues and Prospects”

Gregory La Blanc, Lecturer in Finance, Strategy, and Law and Distinguished Teaching Fellow, Haas School of Business
Tuesday, January 28, 2-4 pm
Sibley Auditorium, Bechtel Engineering Building

“Government Surveillance and Civil Liberties in the Digital Age”

Catherine Crump, Assistant Clinical Professor of Law; Director, Samuelson Law, Technology and Public Policy Clinic, Berkeley
Tuesday, February 4, 2-4 pm
Sibley Auditorium, Bechtel Engineering Building

**SAVE
THE
DATE!**

“Fascinating topics and wonderful presentations!”

PAST ATTENDEE

“Can Computers Be Authors?”

Pamela Samuelson, Richard M. Sherman Distinguished Professor of Law and Information; Professor, School of Information; Co-Director, Berkeley Center for Law & Technology
Tuesday, February 11, 2-4 pm
Sibley Auditorium, Bechtel Engineering Building

“The Quantum Age”

Chris Hoofnagle, Adjunct Professor of Law and Faculty Director, Berkeley Center for Law & Technology; Adjunct Professor, School of Information
Tuesday, February 18, 2-4 pm
Sibley Auditorium, Bechtel Engineering Building



A Conversation on Elderhood UCBRC Biennial Conference

April 21, 2020, Pauley Ballroom, UC Berkeley campus

Join us on April 21 for thoughtful discussion and dialogue to discover new meaning and perspective on your aging journey. Kicking off the day with a keynote address from Louise Aronson, MD, MFA, geriatrician, educator, UCSF Professor of Medicine and author of the *New York Times* Best Seller book *Elderhood: Redefining Aging, Transforming Medicine, Reimagining Life*.





New Student Intern Position with Belmont Village Albany Senior Living

The Retirement Center continues our ongoing collaboration with Belmont Village through multi-generational programming, staff education, and connections to learning opportunities both on campus and at Belmont. Recently joining the Belmont staff is UC Berkeley student art intern, Patricia Huang, a participant at Belmont's student art gallery last fall. Patricia is collaborating with the residents to produce the first annual resident art show, leading thought-provoking seminars on painting & art reading analysis, drawing, printmaking, and creating paper flower sculptures. Patricia is also the lead curator and coordinator of the bi-annual Conversations with Art Student show.

Save the date for the Fall Art Show and reception on Thursday, November 7, 2019, 4:00 - 6:00 pm at Belmont Village. For each project, Patricia will create program guides for use by the next interns as well as at other Belmont Village communities.

UC Berkeley is not financially or legally involved with Belmont Village and has no responsibility or liability for its operation.

UC Retiree Learning Series



The Retirement Center is looking forward to another UC Retiree Learning Series for 2019-20. Through the generous support provided by our host communities, there is no cost for participants to attend. For more information on the series and how to register, visit: <https://retirement.berkeley.edu/ucrls> or call: (510) 642-5261. Spring series will be announced in 2020.

September 26, 2019, 2:30 pm

The Globalization of Prehistoric Art

Margaret Conkey, Professor Emerita, Department of Anthropology

Hosted at Belmont Village Albany

1100 San Pablo Ave., Albany, CA 94706

October 2, 2019, 2:30 pm

Translating the Bible: Rivaling the King James Version

Robert Alter, Co-Founder, President Emeritus, Hebrew and Comparative Literature, Department of Near Eastern Studies at UC Berkeley

Hosted at St. Paul's Towers

100 Bay Place, Oakland, CA 94610

October 24, 2018, 3:30 pm

Restaurants and Living Wages in the #MeToo Era

Saru Jayaraman, Co-Founder, President at ROC United, Director, Food Labor Research Center at UC Berkeley

Hosted at Belmont Village Albany

1100 San Pablo Ave., Albany, CA 94706

December 5, 2018, 2:30 pm

Composing Japanese Musical Modernity

Bonnie Wade Professor Emerita, Department of Music

Hosted at Belmont Village Albany

1100 San Pablo Ave., Albany, CA 94706

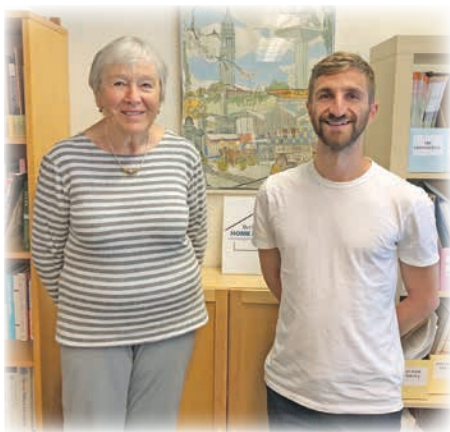
ONLINE REGISTRATION FOR ALL PROGRAMS IS EASY

Registration is available three ways:

1. Online registration at <http://retirement.berkeley.edu>
 2. Email to UCBRC@berkeley.edu
 3. Stop by or call the Retirement Center at 510-642-5461
- For detailed online registration information:
<https://retirement.berkeley.edu/online-registration>

BERKELEY HOME MATCH

Learn, Live, and Thrive in Community



With pressures on students to find affordable housing - often paying 50% or more of their income on rent — having an option like Berkeley Home Match can be a lifeline for many students. The Retirement Center began piloting the Berkeley Home Match program in January 2019. The program helps graduate students find low-cost housing by connecting them with UC Berkeley retirees, emeriti and Ashby Village members who own homes near campus with extra bedrooms. Retirees benefit from building relationships with students as well as extra income that can support their housing costs. The pilot has far exceeded its goal with 9 matches (our goal was 6), reports of participating students' average rent reduced by about 45%, homeowners using extra income to offset long-term care costs, and homeowners mentoring students on their graduate research. This fall we will work to summarize the findings of the pilot and produce a recommen-

dations report to the Chancellor in September 2019.

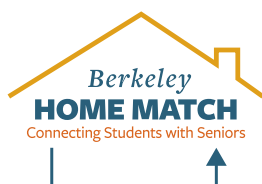
Pat and Chris were one of the program's first matches. Pat is a UC Berkeley retiree who explained her interest in the program by saying, "I was very interested in assisting a student with their studies as well as reducing my personal carbon footprint by sharing my house". Chris is a Visiting Scholar in the Economics and Public Policy departments who was connected with Pat in February. He was looking for an affordable place to live, and also as an international student, he was interested in "living with someone who knew the community."

Pat and Chris lived together for six months and both felt it was a successful match. Pat enjoyed having Chris around, saying, "Just getting to know Chris was such a good experience. I looked at him as I would one of my grandsons. He was as

diligent, hard-working, earnest, and straight-forward a person as I could imagine." Chris felt the best part of the program was, "feeling like I was at home, which made it much easier for me to excel in my studies." While Chris is preparing to go back to Sweden, Pat already found a new match for the fall with another Visiting Scholar referred by Chris. When asked if she would do anything differently this time, Pat admitted, "I think a missed opportunity was not establishing a goal to have dinner together on a regular basis," so next time she plans to discuss this with her renter. Chris, having already

recommended the program to his colleague, explained his referral by saying, "getting to know Pat and learning about the community from her was a fantastic experience I would highly recommend to anyone."

*Berkeley Home Match is growing!
Are you a UC retiree who owns a home near campus with a spare bedroom?
Contact the Berkeley Home Match Team to learn more about how you can join us to learn, live, and thrive in community. homematch@berkeley.edu
510-643-8720*



Curious about renting a room in your home to a graduate student? Come learn about home sharing and participating in our program:

BERKELEY HOME MATCH INFORMATION SESSION

**October 16, 2019
4:30 pm - 6:30 pm**

**University Hall, Room 150,
2199 Addison Street, Berkeley**

**Registration:
<https://homematch.berkeley.edu>**

OPEN HOUSE

The Retirement Center will host an Open House, from 9:00 am to 4:00 pm on March 12th, in conjunction with the fifth annual one-day online fundraising event, the Big Give. No need to register or donate, just stop by the Center anytime during the day for refreshments and conversation.

CenterPiece

The UC Berkeley Retirement Center is dedicated to helping retirees and their families live well in retirement. The UCBRC Advisory Board advises UCBRC on projects and programs.

UCBRC Advisory Board

Stephen Andrews, Member-At-Large
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Gibor Basri, Member-At-Large
Amy Block Joy, UCBEA
Nancy Brown, EX-Ls
Robert Cahn, EX-Ls
Jim Dolgonas, PARRA
Marian Gade, UCRA
Caroline Kane, Chair
Tom Leonard, Member-At-Large
Bill Newton, PARRA
Lynn Nakada, Member-At-Large
Patti Owen, Past Chair
Ken Polse, Member-At-Large
David Hollinger, Academic Senate
Committee on Faculty Welfare
Angelica Stacy, Ex Officio
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Retirement Center Staff

Cary Sweeney, Director
Kris Thornton, Program Manager
Rachel Bell, Program Coordinator

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WORKSHOPS



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SUMMONING HELP IN AN EMERGENCY: DEVICES AND EMERGING TRENDS

Tuesday, October 29, 2019

10:00 am to 12:00 pm

Dr. Richard G. Caro

University Hall, Room 150, 2199 Addison Street, Berkeley

Registration: <https://retirement.berkeley.edu/technology-workshops>

Your ability to summon help in an emergency is an important part of the safety net needed for aging in place. But what resources are available? In this talk, Dr. Richard Caro will address two important questions about medical alert technologies.

- If you need a medical alert device, how do you sift through competing claims and decide which product is right for you?
- With accelerating advances in “wearables” and “voice-enabled assistants,” are there better options to conventional medical alert devices?

The material in this talk is based on extensive hands-on testing by Tech-enhanced Life and the “Longevity Explorers,” a unique sharing, evaluation, and ideation community made up of older adults and their friends,

families, and caregivers. The research is independent and objective, and is not directed or funded by any product vendors. Learn more: www.techenhancedlife.com

About the presenter: Dr. Richard Caro, co-founder of Tech-enhanced Life and leader of the Longevity Explorers community - a unique sharing, evaluation, and ideation community—made up of older adults (in their 60's, 70's, 80's and 90's), and their friends, families, and caregivers. Richard recently co-authored an eBook entitled *Caring from Afar: A Guide to Home Sensor Systems for Aging Parents*, and the work of this study builds on the approach Richard and his co-author took to analyzing that group of products for older adults.

Considering an Encore Career

Friday, October 18, 2019 10:30 am to 12:00 pm

University Hall, Room 150, 2199 Addison Street, Berkeley

Registration: <https://retirement.berkeley.edu/after-retirement>

Attend Encore.org's workshop to learn about their innovative model leveraging the talents of age 50-plus professionals for social good. The Encore Fellowships Program is a midlife transition program that matches skilled, seasoned professionals with social-sector organizations in high-impact, paid assignments for 6-12 months. Fellows seeking to transition to social purpose work learn about the sector and develop contacts and resources for a meaningful second act. Since 2009, nearly 2000 Encore Fellows have contributed more than 2 million hours of talent to non-profits across the U.S.!

THANK YOU!

It was a banner year for Retirement Center programs and Retiree Associations with 418 donors generously giving over \$48,150. Thank you! We depend upon your ongoing support to help fund our programs and graciously accept donations throughout the year. To donate now, visit our website at www.retirement.berkeley.edu/donate or, mail your donation by check made payable to UC Berkeley Retirement Center to 101 University Hall, Berkeley, CA 94720-1550. Be on the lookout for our annual appeal this November and join us for the Big Give Open House on March 12, 2020.

Peace Corps and Serving as a Volunteer: Peace Corps Volunteer Panel and Information Session

Friday, October 25, 2019 10:00 am to 11:30 am

University Hall, Room 150, 2199 Addison Street, Berkeley

Registration: <https://retirement.berkeley.edu/after-retirement>

Whether you're mid-career, ready to retire, or well into your retirement years, Peace Corps service is the opportunity of a lifetime—for couples, too. Join us at this special information session to learn about volunteer experiences firsthand from a panel



of local Peace Corps volunteers who served later in life. You can also ask questions about service and gain tips to guide you through the application process. A Peace Corps recruiter will be present to give an overview of Peace Corps and be available to speak one-on-one.

For more information, please contact Kerry Carmichael at kcarmichael2@peacecorps.gov or 510-452-8455.

OFFERED IN SPRING 2020

Taking Charge of Your Future: Planning for Long-Term Care Course

The best time to think about long-term care is before you need it!

52% of people turning age 65 will need some type of long-term care services in their lifetime. This course is designed to help you learn about a variety of considerations to meet your health or personal care needs and provide you with tools that help you plan for the possibility of long-term care, including services in your community and what they cost. Over several weeks we look at growing older in your home, home care and care management, senior housing, estate planning and you will have the opportunity to meet with a care manager one on one in your home.

SUBSCRIBE
FOR FREE

The CenterExpress is our bi-weekly eNewsletter providing timely information about our Learning in Retirement series and wellness seminars, a curated list of activities on campus we think you may find enjoyable, Cal Connections perks and discounts, as well as interesting articles on trends in retirement.

NETWORK WITH SOCIAL CONNECTIONS

Our Retiree Associations' events and activities provide opportunities to connect with colleagues and engage in lifelong learning. They are actively involved in advocacy at the campus and statewide levels to protect retiree rights.



UC BERKELEY EMERITI ASSOCIATION (UCBEA)

UC Berkeley emeriti are automatically members with no dues requirement.

Luncheons: 9/7, 10/12, 1/25, 3/7 & 4/25 Distinguished Emeriti of the Year Reception: 10/3

<http://retirement.berkeley.edu/ucbea>
ucbea@berkeley.edu



UC RETIREES' ASSOCIATION AT BERKELEY (UCRAB)

Membership is open to all retired staff and academic employees of UC Berkeley and other UC locations, including current UC Berkeley employees who are eligible for retirement. UCRAB provides advocacy, outreach, community engagement and networking activities. Dues are \$20 for 1 year; \$35 for 2 years; or \$50 for 3 years. **Luncheons: 9/19, 12/5, 3/19, 6/18, 9/17 & 12/3. Trips include a two-hour history cruise on the Bay aboard the USS Potomac (Franklin Roosevelt's Presidential "yacht") on 10/17. Future trips and events will be announced soon.**

<http://retirement.berkeley.edu/ucrab>
ucrab@berkeley.edu

ATTEND
ONE OF THE
LUNCHEONS!



LAWRENCE BERKELEY LAB RETIREES ASSOCIATION (EX-LS)

Any retiree of LBNL, and their spouse or domestic partner is an automatic member. **Luncheons: 11/21, 2/20, 5/21, 8/20 & 11/19.**

The 2020 luncheon venue is the Berkeley Yacht Club.

<http://retirement.berkeley.edu/ex-ls>
EX-Ls@berkeley.edu



PRESIDENT'S AND REGENTS' RETIREE ASSOCIATION (PARRA)

All retirees of UCOP are automatically members of PARRA but are encouraged to pay \$10 voluntary dues annually. **Fall & Spring luncheons - The next luncheon will be held on October 10.** PARRA also coordinates various volunteer activities where PARRA members provide assistance to various non profit organizations.

<http://retirement.berkeley.edu/parra>
jdolgonas@yahoo.com

University of California, Berkeley
Retirement Center
101 University Hall
Berkeley, CA 94720-1550

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Cal CONNECTIONS

To take advantage of special offers you must use a Retiree ID card that identifies you as retired from UCB, LBNL or UCOP, or their surviving spouse or partner. To obtain your free card, come by the Center between 1:00 – 4:00 pm daily, or call 510-642-5461, or email UCBRC@berkeley.edu.

SELECTED CAL CONNECTIONS

- 20/20 Vision Plan discount at University Eye Center
- Free admission at the Berkeley Art Museum & Pacific Film Archive (BAMPFA)
- Discount in Annual Membership at the UC Botanical Garden at Berkeley
- Cal Athletics season tickets discount
- Discounts on select Cal Performance events
- Access to Cal Rentals housing services
- Cal Rec Center annual membership discount
- Retiree bMail service
- Access to campus Health Care Facilitator
- Free enrollment to The Berkeleyan eNewsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute membership discount
- 10% Cal Student Store discount
- UC Press online purchase discounts
- Membership discounts at The Faculty Club and the Women's Faculty Club
- Discounted Retiree parking permits

Visit https://retirement.berkeley.edu/retiree_id for details on the Cal Connections.



CONTACT US

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Web: retirement.berkeley.edu



RETIREE BMAIL

For an annual fee retirees of Berkeley, UCOP and LBNL can have a @berkeley.edu bMail account. Retiree bMail comes with campus tech support, storage space, anti-virus software downloads and more! Application and payment information is available at <http://retirement.berkeley.edu/bmail>.



OFFICE HOURS

Office hours run Monday through Friday, 1:00 - 4:00 pm excluding holidays and campus closures. As a small office, occasionally we must close during this time. Please call ahead to 510-642-5461 to confirm staff will be available to assist you.