

The CenterPiece

UC Berkeley Retirement Center

Retirement Center Mission Statement

The UC Berkeley Retirement Center is dedicated to developing programs and services that support the campus and contribute to the continued well being and creativity of retired faculty, staff and their families.

What's News

It is well known that UC Berkeley's community is so engaging that even well after retirement, its members continue to participate in the many facets of campus life. Here are some of the ways the Center, in carrying out its founding mission, increases those opportunities.

We **co-sponsor events** of other campus units such as the upcoming symposium on aging. (see below)

We **form partnerships to expand or develop campus services**. For example, the *Cal Connection* section in this newsletter highlights many of these collaborations that now tender access and discounts to retirees. This fall, in addition to these on-going offerings, you'll find six new events at Cal Performances on which you can receive a 15% discount. (p. 3)

We **create educational and cultural programs**, which are described in the *Center Sponsored Events* section. In addition to our continuing series of Learning in Retirement classes (p. 4-5), two free docent-led tours of the latest exhibits at the Berkeley Art Museum, computer classes and an informative talk on Medicare and your UC health benefits are featured. (p. 6)

Finally, in our *On Campus* section, we **keep you informed** about major news items and events at Cal.

New Science of Aging: A Symposium and Fair

Never before has so much been known about our bodies and the molecular mechanics that dictate their function, yet so little is known about why we become old. How can we maintain good health and postpone or even reverse old age along with its debilitating diseases?

On Saturday, October 20th, UC's Center for Research and Education on Aging (CREA) invites you

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to a rousing day of discussion with experts from UC Berkeley, Stanford University, the Lawrence Berkeley National Laboratory and the Buck Institute on Aging. Pre-registration is required for the symposium which will take place on campus from 10:00 am to 5:30 pm and is free of charge. Lunch is provided and attendees are invited to a reception directly following the program. For a detailed brochure or to register call the Center at (510) 642-5461.

The symposium is co-sponsored by the University of California, Biotechnology Strategic Targets for Alliances in Research (BioStar) Program, the UC Berkeley Center on Aging, Academic Geriatric Resource Program (AGRP), the UC Berkeley Retirement Center and Biotime, Inc.

Electronic Giving Now Available at Cal

Electronic Giving or E-Giving is now a reality at UC Berkeley with the launching of an online donation system which provides an easy method of making donations by credit card.

This system is part of an integrated "Giving to Cal" web site that informs friends of Cal about the impact of private support on UC Berkeley programs. To learn more about this web site or to make a donation go to <http://www.givetocal.berkeley.edu>. To make a donation to the UC Berkeley Retirement Center's Annual and Endowment Funds go to the web site listed above, click on "Making a Gift Online" then on "Institutes, Centers and Programs" under "Other Funds."

UC Berkeley Retirement Center

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Tel: (510) 642-5461 Fax: (510) 643-1460

Email: ucbrc@uclink.berkeley.edu

Website: <http://thecenter.berkeley.edu>

Center Hours

Monday-Friday: 8:30 am - 4:30 pm

Walk-in hours: 1 - 4 pm Closed: Noon - 1 pm

Morning hours by appointment only, please.

The Connection

The Retirement Center has arranged to extend these discounts and services to you.

Attention!!!

To take advantage of these offers, you must have identification showing that you are a retired staff or faculty member or the surviving partner of a retiree. Both of these cards are available Monday–Friday between 1 pm and 4 pm at the Retirement Center.

Pacific Film Archive

The Pacific Film Archive now offers a reduced rate of \$5.00 for Cal retirees. The senior rate is \$4.50 for those age 65 and over.

Berkeley Art Museum

Enjoy free admission to the Berkeley Art Museum during any of their open hours by showing your retiree ID. The art museum is scheduled to re-open in mid-September after being closed for retrofit. (Free docent-led tours and discussions of the *Martin Puryear: Sculpture of the 1990s* and *The Art of Theresa Cha* exhibits for retirees, their families and friends, p. 5.)

Library Cards

You are eligible for a free campus library card good for use at all UC Berkeley libraries. Call the Center for details on how to obtain a card.

Cal Rec Club

Join the Cal Rec Club at a twenty-five percent discount. Membership includes free morning aerobics, discounts on other recreational programs, and a box-size locker. Call the Center for a brochure.

Health Care Facilitator

Retirees having problems with, or questions about their health plan can receive confidential one-on-one assistance provided by Deborah Lloyd in the Human Resources - Benefits Unit at UC Berkeley. Call (510) 643-7547 or email dbllloyd@uclink.berkeley.edu.

Night and Weekend Parking Coupons Available

Purchase a book of ten parking coupons for night and weekend parking for only \$30.00. Coupons are good in most campus lots.

To purchase by mail, please send a check for \$31.50, *made payable to UC Regents*, to the Retirement Center (the additional \$1.50 is for mailing costs). You may also buy them in person at the Center, Monday through Friday between 1 pm and 4 pm. (Note: Coupons are not valid in UC public lots, for sporting or special events.)

Discounted Parking for Center Programs

When attending a Center-sponsored event, you are eligible for parking at \$3.00 in any non-reserved parking space on campus. *You must call the Center two days prior to the day of the event to reserve your parking pass.*

Chronicle of the University of California

The Chronicle of the University of California is the publication devoted to the preservation of the University's past and the promotion of research in University history.

You now receive a 15% discount off the price of a single issue of The Chronicle or 15% off any two-issue subscription. The regular price is \$20.00 for a single issue or \$36.00 for a two-issue subscription. For further information on how to subscribe, call the Center.

20/20 Vision Plan

Retirees, and their designated beneficiary, are eligible for the 20/20 Vision Plan. Benefits at the University Eye Center include a Comprehensive Vision Examination for a maximum out-of-pocket cost of \$39.00*, a discount on other vision services, a discount on ophthalmic materials (such as spectacles, contact lenses or low vision devices), a complimentary "Cal" eyeglass case when spectacles are dispensed, free parking and a free shuttle ride to the eye center.

For additional information about the plan, or to make an appointment, call (510) 642-2020. Be sure to identify yourself as a 20/20 Vision Plan member. **Where applicable, insurance will be billed first.*

The Connection

The Retirement Center has arranged to extend these discounts and services to you.

Cal Performances Offers 15% Discount

The Retirement Center discount is limited to two (2) tickets per ID card and is not to be combined with any other discount. To order tickets, call the Cal Performances Ticket Office at (510) 642-9988.

For more information on these, and other Cal Performances events, visit their web site at <http://www.calperfs.berkeley.edu> or call the ticket office to request a free brochure. You can now also purchase tickets online. *Please note the Retirement Center discount is not available for online purchases or for performances not listed below.*

Enjoy the following events at a fifteen percent discount off the prices listed here:

Ballet Nacional de Cuba — Coppélia

October 12,13	8 pm	\$24, \$32, \$46
October 14	3 pm	\$24, \$32, \$46

Karnak

October 19	8 pm	\$18, \$24, \$30
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Cirque Éloize — Excentricus

October 23-25	8 pm	\$24, \$34, \$46
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The Car Man — An Auto-Erotic Thriller

November 1	2 pm	\$32, \$48, \$64
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Orquesta Aragón

November 8	8 pm	\$18, \$24, \$30
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La Guerra d'Amore (The War of Love)

November 16, 17	8 pm	\$34, \$44, \$52
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The venue for all above listed events is Zellerbach Hall.

Wellness Bargains

The *UC Berkeley Wellness Letter* offers you a discounted rate of \$15.00 (regularly \$28.00), on the first year of a subscription (*for new subscribers only*).

For a free pamphlet entitled “Wellness Made Easy: 365 Tips for Better Health,” a free sample copy of the *Wellness Letter*, or to subscribe, contact the Center.

Affordable Computer Equipment at The Scholar's Workstation

The doors are open for retirees to the campus computer retail outlet — The Scholar's Workstation (TSW). Retirees and surviving partners who show their ID card can purchase hardware and software at low educational prices.



The Scholar's Workstation is located on the ground floor of University Hall in Room 41. It is open Monday–Thursday 10 am–4 pm, and 10 am–Noon on Fridays. You can also find product information by going to the Retirement Center web site at <http://thecenter.berkeley.edu> and clicking on the link to The Scholar's Workstation.

Internet and Email Access through Cal Retirement Center Network

Subscribe to the Retirement Center's email and Internet access service for just \$13.00 per month. Cost includes software, unlimited access to the Internet, an email account, and the recently added I-drive.

To be eligible for this service, you must be either a retiree or surviving partner from UC Berkeley or Office of the President. In order not to incur any toll charges on your phone bill, you must live within the local dialing area of campus (approximately a 12-mile radius).

This program is a collaborative effort of the Center, Computing and Network Services (CNS), Workstation Support Services (WSS) and the Office of Resource Development (ORD).

Long-Term Care Insurance Counseling

Before purchasing a long-term care insurance policy, it is important to know all the issues you must consider. The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, please call the Center.

Center Sponsored Events

All programs require reservations, except where noted. Call (510) 642-5461.

Learning in Retirement

Join us this Fall as our Learning in Retirement series begins its second year with a selection of diverse offerings described below. Although courses are free, pre-registration is required owing to limited class size. (See p. 5 for schedule and registration information.)

Earthquakes

We live in earthquake country, and we live with forecasts of a major tremor soon to come. Yet few of us know much about the causes and effects of earthquakes, or what we can do about them. This series of lectures will summarize recent scientific and engineering work, seeking to tell us about the geologic foundations of quakes, what we've learned from recent quakes, and what we can expect will happen when the San Andreas and Hayward Faults move next time. They'll then focus on what we can do, individually and communally, to mitigate the damages that will inevitably follow from the next major rupture.



The Italian Renaissance

These lectures will survey one of the most dynamic and creative epochs of European culture. The introductory lecture will focus on the political, socioeconomic, and intellectual background of the Italian Renaissance. It will devote particular attention to the assertion by Jack Burckhardt, author of a seminal work on this topic, that Renaissance Italians were "the first-born among the sons of modern Europe". The following lectures will then explore the roles and achievements of three major cultural centers of Renaissance Italy: Florence, Venice, and Rome.

New Work in Literary Studies

This course will offer a sampler of the variety of critical and scholarly inquiry now proceeding under the capacious heading of "literary studies". These interpretive ventures will exemplify the breadth of cultural material that now informs scholarly and critical interpretation of the verbal arts. The range of speaker's specialties is very wide, in time and space (from ancient Greek through medieval English to twentieth-century African-American cultures), in individual approach, and in the variety of materials they bring to their interpretations of texts. They each illustrate the sense of adventure and active dialogue that is guiding scholarly discovery and shaping critical perspectives in the humanities.

A Golden Age of Cosmology

Recent advances in cosmology have been truly extraordinary. Using ever more powerful telescopes, astronomers are now exploring the farthest reaches of the visible Universe, while physicists are probing the very depths of matter, experimentally and theoretically. An overall picture has begun to emerge, relating phenomena at the tiniest scales with those occurring at the most immense. Astrophysicists now tell us that the Universe, after a very brief inflationary stage, slowed its expansion, and is now accelerating again. They say space is geometrically almost flat, although it may have many additional hidden dimensions. Some theorists conclude that our universe is but one of an infinite many that are continually popping in and out of existence around us, but unseen by us. These surprising findings force the realization that the universe is composed of roughly 5% ordinary matter with fully 95% made up of dark matter-energy, the nature of which is a complete mystery. Berkeley scientists who have participated actively in this revolutionary quest will tell us all about it.

Center Sponsored Events

All programs require reservations, except where noted. Call (510) 642-5461.

Learning in Retirement Fall Schedule

Earthquakes

Tuesdays, 2 pm - 4 pm

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| October 16 | Professor Emeritus Bruce Bolt, "Predictions and Hazards" |
| October 23 | Professor Greg Fenves, "Structural Design: Impact on Building Use After Disasters" |
| October 30 | Professor Nicolas Sitar, "Geotechnical Aspects of Earthquakes" |
| November 6 | Professor Mary Comerio, "Keeping Universities in Business: Why Retrofit Matters" |

The Italian Renaissance

Wednesdays, 2 pm - 4 pm

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| October 24 | Professor Emeritus Gene Brucker, "The Italian Renaissance: an Overview" |
| October 31 | Professor Emeritus Gene Brucker, "The Renaissance in Florence" |
| November 7 | Professor Emerita Elisabeth Gleason, "The Renaissance in Venice" |
| November 14 | Professor Thomas Bandalet, "The Renaissance in Rome" |

New Work in Literary Studies

Thursdays, 2 pm - 4 pm

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| November 8 | Professor Elizabeth Abel, "Reading Civil Rights Photographs: The Image of Politics, the Politics of Images" |
| November 15 | Professor Saidiya Hartman, "Strangers and Kin" |
| November 29 | Professor Leslie Kurke, "Ancient Greek Board Games and How to Play Them" |
| December 5
(Wednesday) | Professor Steven Justice, "What Salimbene Saw with His Own Eyes" |

The Golden Age of Cosmology

Tuesdays, 2 pm - 4 pm

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|-------------|---|
| November 13 | Professor Alexi Filippenko, "Einstein's Biggest Blunder? The Case for Cosmic Antigravity" |
| November 20 | Professor Paul Richards, "Can We See the Big Bang?" |
| November 27 | Professor Marc Davis, "What Do We Know About the History of the Universe?" |
| December 4 | Professor Emeritus Didier de Fontaine, "Cosmology in Antiquity and Today: Paradigm Lost?" |

Registration: Please call or email the Center to register for one or more courses. While all Retirees and Emeriti are welcome to register for individual lectures, seating can be guaranteed only for those who register for an entire course. Note: Partners and spouses of emeriti and retirees are welcome.

Center Sponsored Events

All programs require reservations, except where noted. Call (510) 642-5461.

Medicare Talk

Medicare and Your UC Health Benefits

Thursday October 4 10 am–Noon

This program is especially targeted to those who will soon become eligible for Medicare benefits (usually at age 65). The session will provide an overview of the Medicare program, explain how UC health benefits coordinate with Medicare and identify issues to consider when selecting a plan. It will also detail what steps you will need to take with UC, Medicare and your health plan to successfully complete your enrollment.

Computer Classes

Classes are tailor-made for the beginning computer user. A \$5.00 per session fee includes instruction and materials. Please call the Center with any questions or for reservations.

Computer Basics

The Most Basic Basics (*This is a two-day class.*)

Space is limited to 18 participants

Wednesday October 10 9 am–Noon

Friday October 12 9 am–Noon

These sessions introduce you to the very basic elements of computer use. They offer an overview of computer applications and hands-on training. You will learn what makes a computer “tick”, how to use a keyboard and mouse, how to open, close and navigate through programs, and how to create and save files.

World Wide Web: The Internet Starter Course

(*This is a 1-day class.*)

Space Limited to 18 participants

Thursday October 18 9 am–Noon

Prerequisite: Completion of Computer Basics or a working knowledge of the keyboard and the mouse

Ever wanted to visit a far away land for dinner and be back the same night? Thought about long lost friends and not known how to go about finding them? You can learn how to make both these events a reality by surfing the World Wide Web. This class will teach Internet basics, including how to use browsers and search engines.

Berkeley Art Museum Tours

Two free docent-led tours and discussions for retirees, their families and friends.

Martin Puryear: Sculpture of the 1990s

Friday October 26 11 am

In a time when the handmade, unique object is increasingly rare in art and many artists have forsaken objects altogether for electronic media, Martin Puryear continues to find and convey excitement in formal invention and delight in direct interaction with natural materials. One of America's preeminent living sculptors, over the last thirty years Puryear has produced a body of work known for its beauty, craft, and subtle allusiveness. The tour also includes works by other related artists.



The Art of Theresa Hak Kyung Cha

Thursday November 1 1 pm

Although Theresa Cha lived only 33 years, she left a substantial and diverse body of work. The primary mediums in which she worked were: ceramic, performance, artist's books, concrete poetry, film, video, sculpture, mail art, audio, and slide projections. In many cases her work combined aspects of different media, blurring the boundaries between conventionally distinct categories. It was characteristic of Cha to take the thematic and formal approaches developed in one medium and reinterpret them in another; elements of film and video, for example, find their way into artist's books and vice versa.

Theresa Hak Kyung Cha was born on March 4, 1951 in Pusan, South Korea. Her family had fled to this southern port city to escape the advancing armies during the height of the Korean War. The Chas emigrated to America in 1962, settling first in Hawaii and then moving to San Francisco in 1964. The Bay Area remained Cha's home for most of her life. On November 5, 1982, Theresa Cha was murdered in New York City.

On Campus

The CenterPiece

The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost. The CenterPiece is distributed to annuitants of UC Berkeley and the Office of the President.

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Reinventing Undergraduate Education

In the newly created position of Vice Provost for Undergraduate Education, Christina Maslach, daughter of Professor Emeritus George Maslach, is laying the groundwork for a new organizational structure to improve the quality of undergraduate education here at Berkeley. A psychology professor, Maslach has been paving the way for developing teaching innovations and promoting contact between faculty and students.

One of her main commitments will be her focus on enhancing retention and student success at Cal. Toward that end, she has already implemented the Faculty Fellows program, which will support nine post-doctorates in two-year teaching positions. Maslach has also created a new Education Technology Services unit, which is responsible for supporting faculty teaching, both in the classroom and on the web.

Recognized as both an excellent teacher and a leader in her academic field, Maslach was awarded the campus's Distinguished Teaching Award in 1987. In 1997, she was named Professor of the Year by the Carnegie Foundation and the Council for the Advancement and Support of Education. And this spring she received the campus's Faculty Award for Outstanding Mentorship of Graduate Student Instructors. (Excerpt from *The Berkeleyan*, Reinventing Undergraduate Education, Diane Ainsworth, August 22, 2001.)

New Leadership for Human Resources

On October 1, 2001, David Moers will become the new Assistant Vice Chancellor for Human Resources. Moers has more than twenty years of experience as a senior human resources manager. Currently the director of Human Resources Services at Washington State University, his previous positions include service as commissioner of personnel for the State of Vermont and as a personnel policies specialist and administrative officer for the United Nations World Food Program in New York and Rome. He holds a Ph.D. in educational psychology from Arizona State University.

UC Through the Eyes of Clark Kerr

The Gold and the Blue: A Personal Memoir of the University of California, 1949-1967 Volume I, Academic Triumphs by Clark Kerr (available for order through UC Press) is an insider's account of how the University of California rose to the peak of scientific and scholarly stature and how the university evolved into the institution it is today.

Chancellor of the Berkeley campus from 1952 to 1958 and president of the university from 1958 to 1967, Clark Kerr was a leading visionary, architect, leader, and fighter for the University of California.

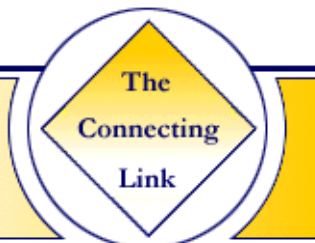
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See the Center on the Internet!
<http://thecenter.berkeley.edu>

UC Berkeley
Retirement Center



How to Reach the Retirement Center:

The Retirement Center is located in 2 Boalt Hall. Boalt Hall is located on Bancroft Ave., between Piedmont and College Avenues. Room 2 is on the ground floor, just off the fountain plaza.

By BART:

Take BART to the Berkeley Station. Exit the station. Proceed to the bus stop in front of Bank of America. Catch a *UCB Perimeter Shuttle*. Get off at College/Bancroft. The shuttle costs \$0.25 (over 65 and disabled ride free).

By AC Transit:

AC Transit bus lines 7, 51, 52L, 604, and 605 stop at Bancroft and College. Bus lines 40, 40L, and 64 stop 3 blocks away at Telegraph and Bancroft.

By car:

Please call the Center for directions.