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UC BERKELEY RETIREMENT CENTER NEWSLETTER

Retirement Center's Retiree Work Opportunity Program Wins First-Ever Award for Employing Workers Over 50 in Public Interest Jobs

BreakThrough Award Honors Innovative Recruitment and Hiring Strategies in the Nonprofit and Public Sectors

Researchers agree that millions of baby boomers will work longer than their parents, but what kind of work will they do? Many say they want work that provides income, impact, and meaning, while improving the quality of life in their communities, but where will they find it?

Civic Ventures, a think tank and program incubator helping society achieve the greatest return on experience, announced the winners of the first-ever BreakThrough Award, designed to shine a spotlight on the nonprofit and public sector organizations that are providing meaningful public interest jobs for people over 50. The new award, underwritten by MetLife Foundation, honored 10 nonprofits and public sector agencies located in large and small communities across the country including the UC Berkeley Retirement Center. The award was made on May 31 at the National Press Club in Washington, D.C. The Center, which won the award for its Retiree Work Opportunities (RWO) program, was represented by Executive Director Shelley Glazer and RWO Program Manager Gloria Parra.

"These organizations are at the forefront of what promises to be a critical transformation of our workforce, economy and ability to meet social needs," said Phyllis Segal, vice president of Civic Ventures. "BreakThrough Award winners are leading the way when it comes to bringing both money and meaning to longer working lives and serving as models for other organizations seeking to tap into

this experienced talent pool. These employers recognize that new approaches to recruiting and retaining older employees can help them deliver on their critical missions."

The winners include employers and organizations that match those over 50 to employment opportunities. Civic Ventures said of the Retirement Center's RWO program, "To tap into the incredible brain power of retired staff, the Center created a website in 2002 to connect former staff to current short-term or part-time openings. Retired staff post online profiles that list their skills, work history and preferences, then hiring managers contact retirees—or vice versa—about open jobs. Over 330 retirees and 240 hiring managers are using the Retiree Work Opportunities site, and 80 percent of jobs listed are filled by former UC Berkeley employees."

The RWO program first began as a pilot in 2001 in recognition of not only the skills and institutional knowledge retirees bring to the work place, but also of the demographic trend on campus that mirrored the national wave of baby boomers heading into retirement. A need was identified for a program that would both accommodate the lifestyle and parttime, temporary work assignments that retirees wanted and benefit the campus hiring managers who needed such experienced and flexible workers.

(adapted from the Civic Ventures/MetLife Foundation press release announcing the Breakthrough Awards)

Retirement Center Mission Statement

UC The Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

CONTACT US

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Website:

http://thecenter.berkeley.edu

CENTER HOURS

Monday—Friday: 9am-4pm Closed: Noon—Ipm Walk-in hours: I-4pm





The Retirement Center has arranged these discounts and services



UC Press Discount

University of California Press is pleased to offer you a 15% discount on all books. A code, which you can get from the Retirement Center, is required to receive the discount. The code can then be used for phone orders when you call the fulfillment service at (800)777-4726 or order online at http://www. ucpress.edu. (Type the code in the coupon code field.)

ID Cards

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1pm and 4pm daily or call the Center to order by mail.

Library Cards

Obtain a free campus library card good for use at all UC Berkeley libraries. Call the Center for details.

Long-Term Care Insurance Counseling

For Long-Term Care Insurance Counseling, contact the Health Insurance Counseling and Advocacy Program (HICAP). If you live in Alameda County, call (510)839-0393 or (800)393-0363. Otherwise, call the HICAP Statewide number: (800)434-0222.

20/20 Vision Plan at University Eye Center

You and your designated beneficiary are eligible for a comprehensive examination (maximum out-of-pocket cost of \$62.40*), a discount on other vision services and on ophthalmic materials (such as spectacles, contact lenses, or low vision devices), a complimentary "Cal" glasses case when spectacles are dispensed, free parking, and a free shuttle ride to the Eye Center. For information or to make an appointment, call (510)642-2020. Be sure to identify yourself as a 20/20 Vision Plan member. *Where applicable, insurance will be billed first.

Cal Rentals

List rentals for free or find housing options for a small fee. For listings information, call (510)642-0706; to list rentals, call (510)642-3644; or visit http:// calrentals.housing.berkeley.edu. When calling, please leave a message and you will be called back.

Wellness Letter Bargains

To subscribe go to http://www.calmarketplace.org.

Berkeley Art Museum/Pacific Film Archive

Enjoy free admission to the Berkeley Art Museum (BAM) by showing your retiree ID. Also, the Pacific Film

Archive (PFA) offers you the UC faculty and staff admission rate of \$5 (with retiree ID card).

Music Department Discount

The Department of Music is delighted to offer you the same discount on events that it offers to current staff and other special categories. Unless otherwise noted, tickets to weekend and evening concerts will be \$8 (regularly \$12) with your retiree ID card. Concerts include performances by the University Symphony Orchestra, University Chorus, and University Wind Ensemble as well as by other groups. Noon concerts and some special events are free to the general public, and retirees can avail themselves of these as well. See concert schedules at http://music.berkelev.edu.

Night and Weekend Parking

Buy one-time use hang tags for \$4 each (good through December 31, 2008). To purchase hang tags by mail, send a check made payble to UC Regents for the number of hang tags that you want to purchase plus \$1.50 for mailing and handling costs. You may also purchase them at the Center Monday through Friday between 1pm and 4pm with a check or exact change. Note: These permits are not valid in UC public lots for sporting or special events.

Cal Rec Club

Join the Cal Rec Club at a savings. Call the Center for details.

Chronicle of the University of California

The Chronicle of the University of California is devoted to the preservation of the University's past and the promotion of research in University history. The Chronicle offers you a 15% discount off the price of a single issue (normally \$20) or 15% off any two-issue subscription (normally \$36). Call the Center to subscribe.

Women's Faculty Club (WFC)

Join the WFC as an Associate Member. New memberships include a complimentary six months with the purchase of a full-year membership, so that your first year of membership is only \$66. (The \$25 initiation fee is also waived.) Call the WFC at (510)845-5084 or download an application form at http://www. womensfacultyclub.com.



The Faculty Club

The Faculty Club is pleased to offer you membership at the Professor Emeritus rate of \$10 per month

upon presentation of your retiree ID card. Call the Center for details.



The Retirement Center has arranged these discounts and services

Cal Performances

Enjoy select Cal Performances events at 15% off regular prices (limit two; cannot be combined with other discounts and all sales are final). To order tickets, call Cal Performances at (510)642-9988. For more information and program locations visit http://www.calperformances.net. Note: discount is not available for on-line purchases or for performances not listed below. All performances are in Zellerbach Hall unless otherwise noted below. Retiree ID card required at the door.

Garry Wills Wednesday	\$10 September 26	, \$15, \$20 8pm
Olga Borodina, <i>mezz</i> o Sunday	o-soprano \$36 September 30	, \$48, \$68 3pm
Taylor Eigsti Quartet Saturday Wheeler Auditorium	October 13	8pm
	\$32, October 19	\$52, \$68 8pm
	\$34, \$52 October 26	, \$76, \$90 8pm
Irvin Mayfield and the New Orleans Jazz Orchestra Do You Know What it Means? \$22, \$30, \$42 Saturday November 3 8pm		
Jorge Liderman's 50th Birthday Celebration featuring Cuarteto Latinoamericano, David Tanenbaum, & Sonia Rubinsky \$34 Sunday November 18 3pm Hertz Hall		
Azar Nafisi	\$18 December 5	, \$26, \$30 8pm

Health Care Facilitator

Receive confidential one-on-one assistance regarding problems with or questions about your health plan. Call the Center to contact your location-specific Health Care Facilitator.

Affordable Computer Equipment at The Scholar's Workstation (TSW)

Purchase hardware and software at low educational



prices. Using your CalNet ID and passphrase, you can also place credit card orders online, where you have the option to pick up your order at TSW or have it delivered to your home. CRCN members (see below) can call the Center for their CalNet

ID. Emeriti should contact their departments. All other retirees can select the "Ship Order Using Fax Authorization" option during the online check-out process. Call TSW at (510)642-8424 or visit http://tsw.berkeley.edu for more information.

Three Email Options through the Cal Retirement Center Network (CRCN)

CRCN E-Mail Forwarding is for those who want to get or keep a berkeley.edu email address but want to use, or are already using, another email service such as Yahoo!, Earthlink or Comcast. Other than a \$10 set-up fee, this service is free.

CRCN CalMail is for users of broadband (e.g., DSL, cable) and other Internet connections who want to keep a full service email account through the campus. For an annual flat fee of \$60, plus a \$10 set-up fee, you will get a CalMail account with a berkeley.edu email address, 250MB of email storage, vacation forwarding and Connecting at Berkeley (C@B) consulting support, which includes software, updates, and technical support by email or phone.

CRCN SHIPS is also still available for just \$13 per month, with a one-time \$10 set-up fee. This option includes unlimited Internet access through the campus Subscription Home IP Service (dial-up modem connection), a CalMail account with a berkeley.edu email address, software and consultation services. Call or visit the Center for information sheets and application packets.



UC Berkeley's Osher Lifelong Learning Institute

Receive a special membership rate of \$40 for a single term (normally \$50) in the Osher Lifelong Learning Institute with a retiree ID card.

The Osher Lifelong Learning Institute (OLLI @Berkeley), an association of adults age 50 and above, begins October 1 with courses, lectures, and special events.

There will be an Open House on Tuesday, September 18, 10am to noon, at the Berkeley City Club, where you can learn more about the courses and meet some of the instructors.

To take advantage of the retiree discount, to RSVP for the Open House, or to be added to the mailing list, call the OLLI office at (510)642-9934 or email berkeley_olli@berkeley.edu. Visit the OLLI website at olli.berkeley.edu for course details.

Center Sponsored Programs and Events

LEARNING IN RETIREMENT



There are no enrollment fees, but advance registration is required; call the Center. Course location will be provided in your written confirmation. Parking information for Center sponsored events can be found at the bottom of page 7.

The History of Several Academic Departments at Berkeley

Organized by Professor Robert L. Middlekauff, Department of History

Each lecture is intended to provide at least a glimpse of a particular field on the Berkeley campus and within the larger scope of science. The fields are Chemistry, Mathematics, Botany, and Psychology.

Tuesdays, 2pm-4pm

September 25: C. Judson King, Director, Provost and Vice President Emeritus, Center for Studies in

Higher Education: "The College of Chemistry"

October 2: Professor Calvin Moore, Department of Mathematics: "The Department of Mathematics" October 9: Professor M. Watson Laetsch, Chancellor of Development Emeritus, Department of

Plant and Microbial Biology: "Botany at Berkeley: A Selective History"

October 16: Professors Donald A. Riley and Stephen Glickman, Department of Psychology:

"The Department of Psychology"

Japan in the Modern and Contemporary World

Organized by Professor Robert L. Middlekauff, Department of History

These three lectures will primarily deal with Japan in the 19th and 20th centuries: topics discussed will be Japan's development as a modern state, its significance as a world power in the twentieth century, and the financial crisis of the 1990s that brought Japan's much discussed economic "miracle" to an end.

Professor Irwin Scheiner in lecture one will discuss Japan's creation of a modern state, society and economy following the Meiji Restoration in 1868. Japan's astonishing and rapid development of a modern state and society, it will be argued, was hardly a matter of the simple emulation of the West. Nor was it accomplished without some consideration and a great debate on what Western institutions and ideas might best aid Japan's transformation into a modern state power.

Professor Andrew Barshay will approach the question of Japan in the 20th century in two ways: looking at the significance of Japan in the history of the century (war, revolution, crisis of modernity) and also at the significance of the 20th century in the longer history of Japan's shift from a rural to an urban-oriented society.

Professor Steven Vogel will specifically take up the economic crisis by examining it both as the result of a structural crisis and a policy failure. He will then look at how Japan has changed its economic model since the crisis.

2pm-4pm (Take special note of the days of the week)

Professor Irwin Scheiner, Department of History: "Japan's Way into the Modern Friday, October 26:

World: Early Phase"

Monday, October 29: Professor Andrew Barshay, Department of History: "Twentieth Century Japan" Friday, November 2: Professor Steven Vogel, Department of Political Science: "Contemporary Japan"

Geology of the Bay Area

Lectures by Adjunct Professor Doris Sloan, Department of Earth and Planetary Science

This course is an introduction to the geologic processes that shape the Bay Area, one of the most dramatic geologic settings in the world along the boundary between two tectonic plates. The first lecture focuses on processes that bring us earthquakes and form our landscape, our shoreline and San Francisco Bay. The second lecture covers the Bay Area's great variety of rocks, many formed long ago in distant places, and reviews how the Bay Area's landscape has changed over time. Through slides we visit many of the Bay Area's parks for a close look at its geology and scenery.

Tuesdays, 2pm-4pm

November 13: "Shaping the Bay Area Landscape"

November 20: "World-famous Rocks and the Bay Area's Geologic History"

Center Sponsored Programs and Events

BOOK CLUB



UPDATED

UCBRC Book Club

11am to Noon Tuesday November 6 The UC Berkeley Retirement Center announces its first annual book club event. The book is one selected by the College of Letters and Science for discussion with incoming freshmen and faculty this fall. History Professor Emeritus Robert Middlekauff has agreed to lead a discussion for retirees. The book selected is Lincoln at Gettysburg: The Words That Remade America by Garry Wills. This short book is a Pulitzer Prize-winning examination of the historical, political, philosophical, social, and literary context of Lincoln's historic address. When asked why the deans selected this work, L&S Executive Dean Mark Richards explained, "In Wills and his book we found a

combination of broad relevance to many disciplines, intellectual depth, and superb writing and scholarship..."

As an introduction to this event, Garry Wills will give a public presentation on September 26 in Zellerbach Hall. Check it out at http://www.calperfs.berkeley.edu/presents/ season/2007/speaking/gw.php and see page 3 of the Centerpiece for discount information.

The retiree book club discussion will take place on November 6, 11am to noon. This should give you plenty of time to read this book. Attendance is limited, so please register early for this free event by calling the Center, emailing us, or on our website at

http://thecenter.berkeley.edu/box.html. Registration dead line is October 19.

COMPUTER CLASSES

Classes are tailored for you. A \$10 per session fee includes instruction and materials. Parking can be arranged for \$4 per day. Call the Center for reservations or if you have any questions. Class space is limited to 18 participants. Dates and times are subject to change.

We are in the process of modifying our current classes and developing new ones. We have combined the formerly separate Internet Basics and Internet: Beyond the Basics into a two-session class now called Web 1.0-Internet Basics. We have added two new classes: Microsoft Word and Excel-Beyond the Basics and Web 2.0-Beyond the Basics. Watch for other new classes and changes in coming semesters as well as the return of our Computer Basics and Advanced Computer Basics offerings.

Web 1.0–Internet Basics (two sessions)

Wednesday October 24 9am-Noon Thursday October 25 9am-Noon

This class is designed to help you with the basics of the Internet, including how to use browsers and search engines, the tools used to navigate and find information on the web. This class also includes basic web security information.

Prerequisite: Ability to use the mouse and keyboard

Web 2.0 – Beyond the Basics (two sessions)

Monday November 12 9am-Noon Tuesday November 13 9am-Noon

This class is designed to help you get beyond the basics, including exposure to intermediate level search skills and the use of Web 2.0 sites (customized information sites, some web-based email, shared bookmark and news sites, and social networking sites). Prerequisite: Completion of the Center's Internet Basics class

Microsoft Word and Excel-Beyond the **Basics** (two sessions)

Monday November 5 9am-Noon Wednesday November 7 9am-Noon

This class will take you beyond an introduction to these popular programs. The class will help you improve your skills in the following areas: editing and page layout skills in Word; creating basic to intermediate level Excel formulas; sorting and filtering information; importing and exporting information; and will give you an introduction to the tools needed to use Excel to create mailing lists (including Mail Merge, which uses a combination of Word and Excel).

Prerequisite: Completion of the Center's Advanced Basics class

Crossing the Digital Divide

(There is no fee for this class.)

Thursday November 1 11am-12:30pm Confused by all the different options available in today's digital gadget market? This interactive session

conducted by The Scholar's Workstation will introduce you to the major issues involved in buying computers and other digital gear, including Windows PCs and Apple Macintoshes (Macs), devices for

receiving podcasts, digital cameras, printers, storage devices and more



Center Sponsored Programs and Events



UCRAB/UCBRC Day Trip to Lake Sonoma/Healdsburg

Thursday, October 4, 2007

If you would like to visit beautiful Lake Sonoma and Warm Springs Dam, this is the trip for you. Nestled in the coastal foothills of Sonoma County, Lake Sonoma is surrounded by world famous vineyards. Warm Springs Dam, which stands 319 feet high, forms Lake Sonoma. It was built by the US Army Corps of Engineers and completed in 1983. The 381,000-acre-foot lake provides for flood control, irrigation and recreation. At the visitor center you will have the opportunity to review a Native American cultural art exhibit and a brief guided fish hatchery tour.

Perhaps you would like to visit Healdsburg in Sonoma County. Centered in the Northern California wine country, visitors often compare the area to Tuscany. You will be able to browse the quaint shops and restaurants and do some wine tasting around the beautiful tree-shaded Healdsburg plaza.

You will be ready for a delicious lunch after exploring Lake Sonoma and Healdsburg. We will be eating at the generous buffet at the River Rock Casino overlooking magnificent Alexander Valley (patio dining weather permitting).

And on the way home, we will stop at Francis Ford Coppola Winery for a tour of its cellars and facility and for optional wine tasting.

The all-inclusive cost for the trip is \$45.00 (driver's tip included). If you would like to join us on this get-away trip in a chartered luxury coach, please call the Center by September 18, 2007 to have a reservation packet sent to you. Reservations will be held for you upon receipt of your payment and completed reservation forms.

Association News

UCRAB — Membership

The UC Retirees' Association at Berkeley (UCRAB) is a voluntary association which any UC retiree may join for the bargain price of \$15 a year or three years for \$40. Our Newsletter announces events such as luncheons and trips, helps retirees keep in touch with one another through notes about their activities, and often features articles about volunteer opportunities available to seniors. UCRAB joins similar organizations from other UC campuses in a statewide association of retirees (CUCRA) to advocate at the University-wide and state level to ensure maintenance and enhancement of our retirement and health benefits. Keeping the system strong through your membership may be the cheapest insurance you'll ever purchase!

UCRAB's events and trips are open to all UC retirees, members or not.

For information about UCRAB and membership forms, see the UC Berkeley Retirement Center website at http://thecenter.berkeley.edu/ucrab.html or call the Center.

UCBEA — Two **UCB** Emeriti Win Awards

Professor Emeritus Joseph Duggan has been appointed as the first recipient on the Berkeley campus of the Dickson Emeriti Professorship. The Dickson Emeriti Professorship is awarded annually to an emeritus faculty member who has an outstanding record of post-retirement contributions to the campus in any or all of the following

areas: teaching, research and public or University service. The Professorship comes with a monetary award of \$10,000 to use in activities benefiting the campus.

Professor Emeritus Karl Pister has been selected as the Berkeley Distinguished Emeritus of the Year. Professor Pister has an extensive record of involvement in campus activities since his retirement, and there is no sign he is letting up on any of these. His most recent contribution to the campus has been as the leader of the Memorial Stadium Advisory Committee for the Southeast Campus Integrated Projects, and he also continues to be engaged in the College of Engineering, with a particular emphasis on increasing the diversity of students in the College. Professor Pister exemplifies a level of involvement that few can come close to matching; for this continued effort, he has been selected as the Distinguished Emeritus of the Year.

LBNL — News from the EX-Ls

The EX-Ls will celebrate its 25th anniversary with a gala luncheon on November 15 at the Berkeley Yacht Club. Our fellow UC retirees are invited to join us; lunch (\$25) will be served at noon and a special program will follow. Please call Vicky Jared at (925)228-2145 for reservations.

We are very pleased that Andre Porter is the UCB Retirement Center's liaison to the EX-Ls Board. We look forward to working with him and, thus, more closely with the Center.

the CenterPiece

The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for Academic Affairs and Faculty Welfare. The CenterPiece is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

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On Campus



Open Enrollment for 2008

Open Enrollment (OE) offers UC annuitants a chance to make changes to their retiree benefits plans, including changing health plans and adding eligible dependents. Please note this year's enrollment period: 8am, Thursday, November 1 through midnight, Tuesday, November 27. In October, you will receive Open Enrollment information in the mail at your home address. Also, upcoming issues of the *New Dimensions* newsletter for retirees will preview what's in store for Open Enrollment 2008, including an update on the results of the medical plan bid reported in earlier issues this year. Be sure to check online for further updates on the At Your Service website: http://atyourservice.ucop.edu.

To get more information, plan to attend a Retiree Open Enrollment Information Session. Please call the Center to find out the dates and times of these sessions, which will be held in November. There will also be a Retiree Fair the morning of November 8th. Look for details on this event in *New Dimensions*.

Health Plan changes can be made online at http://atyourservice.ucop.edu or you can request paper forms by calling the UC Customer Service Center at (800)888-8267.

In The Community

Senior Center without Walls

Brain Aerobics on the telephone? Yes! Or if you prefer, how about Socrates Café Philosophy Discussion, Current Events, Poetry Reading, or a number of other groups?

Senior Center Without Walls offers activities, friendly conversation, and an assortment of classes and support groups to elders in the greater San Francisco Bay Area who find it difficult to go to a community senior center. You can participate from the comfort of your own home through telephone conference calls. No special equipment is needed and the calls are completely free.

They are also looking for volunteers to facilitate telephone groups and classes, and they look forward to discussing any ideas you might have.

For more information, call Terry or Jennifer at (877)797-7299 or check out their website: www.SeniorCenterWithoutWalls.org.

Parking for Center Sponsored Programs and Events

When attending a Center-sponsored event, you are eligible for parking at \$4 in any non-reserved parking space on campus. You must prepay by sending a check or money order to be received by the Center at least one week prior to the day of the event. The Center will then mail the permit to your home for use for that program. Alternatively, you may come into the Center and purchase the permits in person with a check or exact change.

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VISIT US ON-LINE!

http://thecenter.berkeley.edu



The Connecting Link

the CenterPiece

FALL 2007

How to reach the Retirement Center:

The Retirement Center is located in 2 Boalt Hall. Boalt Hall is located on Bancroft Way, between Piedmont and College Avenues. Room 2 is on the ground floor, just off the Kroeber Plaza fountain.

By BART:

Take BART to the Berkeley Station. Exit the station. Proceed to the bus stop in front of Scandinavian Designs on Shattuck. Catch a UCB Perimeter Shuttle and get off at College/Bancroft or take the Reverse Perimeter and get off at Durant/College. The shuttle costs \$1.

By AC Transit:

AC Transit bus lines 7, 51, 52L, 604, and 851 stop at Bancroft and College. Bus lines 7, 51, 52L, and 604 stop at Durant and College.

By car:

Please call the Center for directions.