A Message from Chancellor Berdahl

To each of you, I wish to express my personal appreciation for the academic excellence and renown you have provided to our university. Whether you started your affiliation with the University of California many years ago as a student, or joined us as a faculty or staff member, your contributions have helped us to remain the world’s leading academic and research institution. The Retirement Center is one of the programs of which I am very proud, as well as one that has successfully supported one of my larger goals: enhancing the Cal Community. With that in mind, my hopes are that you will remain actively involved in our community and that the Retirement Center will provide you with those opportunities as well as give back to you as you have given to us. Please accept my warmest wishes and thanks.

What’s News

We hope this newsletter finds you all well and enjoying 2004. As mentioned by Chancellor Berdahl, the Center has always had a guiding mission to ensure your continued connections with the Cal Community after retirement. The Cal Connection section highlights a variety of ways for you to do so. In this issue, we introduce a new program: a 15% discount on all UC Press books (p.2). Also highlighted is a new World Wide Web class that takes students beyond the basics taught in our beginner’s session and a workshop called Crossing the Digital Divide that gives the basics about electronic gadgetry (p.5). Of special note is an educational excursion to the Monterey Bay Aquarium. Continued offerings include a docent-led tour at the Berkeley Art Museum and a workshop on Medicare and UC health benefits (p.5).

The On Campus section is filled with upcoming offerings, including: a one-day conference, Archiving the Past; a seminar on managing your prescription costs; CalFIT’s 50+ classes; the Summer Sessions Senior Audit Card and information about Cal Day 2004. As well, we announce a new partnership with the campus Cal Corps program, which includes a call for volunteers (p.6).

Several Special Events are found on page seven. Cal Women’s basketball is holding its second annual Retiree Day on Saturday, February 21st. The Association of Retirement Organizations in Higher Education (AROHE), which the Center has helped to form, announces its second biennial conference later this year in Nashville, Tennessee. Closer to home in San Francisco, the American Society on Aging and the National Council on Aging are holding their joint annual meeting in April; they are seeking volunteers in return for free admission to the conference.

Finally, we want to recognize the passing of former Berkeley Chancellor and UC President Clark Kerr. Described by Chancellor Berdahl as “one of the most revered leaders in public higher education in the 20th Century,” Kerr’s vision was at the heart of the multicampus University of California. (See public memorial information on page 7.)
**Library Cards**

Obtain a free campus library card good for use at all UC Berkeley libraries. Call the Center for details.

**UC Botanical Garden**

With your retiree ID card, you are eligible for free admission to UC Botanical Gardens. Established in 1890, the Garden’s 34 acres contain over 12,000 different kinds of plants. The Garden is open 9am-5pm year round. From Memorial Day to Labor Day, summer hours are extended until 8pm, Wednesday through Sunday.

**Chronicle of the University of California**

The Chronicle of the University of California is devoted to the preservation of the University’s past and the promotion of research in University history. The Chronicle offers you a 15% discount off the price of a single issue (normally $20) or 15% off any two-issue subscription (normally $36). Call the Center to subscribe.

**Cal Rentals**

You can now use Cal’s housing counseling and rental listing service. Some services have a small fee. For more information, call (510) 642-0706 or visit http://calrentals.housing.berkeley.edu

**Discounted Parking for Center Programs**

When attending a Center-sponsored event, you are eligible for parking at $4.00 in any non-reserved parking space on campus. You must call the Center at least two days prior to the day of the event to reserve your parking pass.

**Cal Rec Club**

Join the Cal Rec Club at a significant savings. Membership includes free morning aerobics and discounts on other programs. Call the Center for a brochure.

**20/20 Vision Plan at University Eye Center**

You and your designated beneficiary are eligible for this plan. Benefits include a comprehensive examination for a maximum out-of-pocket cost of $49.00, a discount on other vision services, a discount on ophthalmic materials (such as spectacles, contact lenses, or low vision devices), a complimentary "Cal glasses case when spectacles are dispensed, free parking, and a free shuttle ride to the Eye Center.

For information or to make an appointment, call the UCB Eye Center at (510) 642-2020. Be sure to identify yourself as a 20/20 Vision Plan member.

*Where applicable, insurance will be billed first.*

**UC Press Discount**

University of California Press is pleased to offer you a 15% discount on all books. With more than 180 new books published each year in the humanities, social sciences and natural sciences, the Press offers something for everyone’s reading list.

A code, which you can get from the Retirement Center, is required to receive the discount. The code can then be used for phone orders when you call the fulfillment service at (800)777-4726 or for Internet orders. (Type the code in “comments.”)

**Night and Weekend Parking Coupons**

Purchase a book of ten parking coupons for night and weekend parking for only $40.00. Coupons are good in most campus lots.

To purchase by mail, please send a check for $41.50 made payable to UC Regents, to the Retirement Center (the additional $1.50 is for mailing costs). You may also buy them in person at the Center, Monday through Friday between 1pm and 4pm. Note: Coupons are not valid in UC public lots for sporting or special events.

**UC Berkeley Retirement Center Policy Board**

Chair
Lawrence Waldron
Past Chair
Donald A. Riley
Vice Provost of Academic Affairs and Faculty Welfare
Jan de Vries
UC Berkeley Emeriti Association
Gene Brucker
Paola Timiras
Academic Senate Committee on University-Emeriti Relations
Melvin Webber
University of California Retirees’ Association of Berkeley
Marian Gade
Iola James
UC Office of the President and Regents’ Association
Kesh Satton
Lawrence Berkeley National Laboratory Ex-Us
Robert Birge
Members At-Large
Errol Maudlin
John Conos
Peter Kerner
Austin Ranney
Louise Taylor

**UC Berkeley Retirement Center Staff**

Executive Director
Shelley Glazer
Project Manager
Ronni Gravitz
Administrative Specialists
André Porter
Mary Carol Randall

**Special Events**

**Clark Kerr Memorial**

A public memorial to honor former UC President and UC Berkeley Chancellor Clark Kerr will be held Friday, February 20 at 3pm in Zellerbach Auditorium on the UC Berkeley campus. Call the Center for information on parking.

**Volunteers Needed for Premier Conference on Aging in San Francisco**

The Road Ahead: Taking the Journey Together

Hilton San Francisco April 14-17, 2004

Retiree volunteers are needed to staff the conference of the nation’s two largest professional associations on aging—the American society on Aging (ASA) and the National Council on the Aging (NCOA). This conference will feature over 800 sessions covering a diverse range of topics in aging. It will showcase innovative programs, foster policy discussion and advocacy, and share cutting-edge research findings.

Volunteer benefits include: public transportation reimbursement, free conference attendance on the day(s) of service, and snacks and beverages throughout service in the volunteer suite. All volunteers need to attend a pre-conference orientation and will be contacted via mail with possible orientation dates. Send questions and application requests to Megan McCarthy at rsvpinfo@ncphs.org or (415) 731-3335.

**Retirement Organizations in Higher Education**

The Association of Retirement Organizations in Higher Education (AROHE) has successfully incorporated and attracted members nationwide. In addition to the organizing and networking activities that are now taking place, AROHE is sponsoring an international conference entitled, “Retirement Organizations in Higher Education: Get in Tune With the Future.”

The conference will be held October 8-10 at the Loews Vanderbilt Plaza Hotel in Nashville, Tennessee. Retirement Center Director Shelley Glazer is the 2004 conference chair and has also been elected the 1st Vice-President of the AROHE board. All interested individuals are welcome.

For more information, visit: www.AROHE.org.

**You are Invited...**

To Retiree Day at Cal Women’s Basketball

Support the Cal women as they take on the Trojans of USC

FREE ADMISSION FOR ALL UC RETIREEs

February 21, 2004, 1pm, Haas Pavilion

FOR MORE INFORMATION ON WOMEN’S BASKETBALL AND CAL ATHLETICS, CALL (800) GO BEARS OR VISIT CALBEARS.COM

*Show your UC Retiree ID card at the door*
Managing Your Prescription Costs

Thursdays
March 11, March 25, April 15, and May 13
1:30pm-3pm
Learn what you need to know about UC's prescription benefit: the three-tier co-payment structure, brand name vs. generic medications, formularies, and how to use the mail order benefit to manage maintenance medication costs.

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April 30
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Co-Sponsored by the Retirement Center, The Townsend Center for the Humanities, and The Bancroft Library.

What does the historian of the future want to see and what can we, should we, provide? To answer this question and the very practical one of what does the University want from its emeriti and retirees, or about-to-be-emeriti/retirees, in terms of their records: books and papers, scholarly, administrative, personal, accumulated over their years of service on the campus, University specialists—archivists and librarians—will offer advice.

Among the scheduled speakers on “Archiving the Past” will be David Lowenthal, author of The Past is a Foreign Country. He, and others will put before us some of the almost philosophical problems of dealing with the past itself from the earliest written records through the Florentine fourteenth century business documents, to the personal letters of Nobel Prize winning scientists.

Lunch will be served. For a detailed brochure, call the Center.

Fitness Classes Tailored to Those 50+

The CalFIT program is set for spring. There are seven-week sessions for Tai Chi, Keep Moving (light yet challenging exercises to improve your mobility, balance, strength, coordination, and flexibility), Yoga, and Strength Training. For more information call CalFIT at (510) 643-5151. Most classes are located at the Strawberry Canyon Recreation Area where parking is available and free.

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This is an opportunity to create lasting programs that will serve both the campus and the community! If you are interested in learning more about these positions, contact the Center.

Center Fundraising Update

We have been deeply touched by the outpouring of responses to our Annual Fund. We are now embarking on a campaign to build our Endowment. This fund is intended to provide a sustaining resource for new Center programs in the future. Any readers interested in including the Center in their trust or will, or making a gift of real estate or securities, please call Center Director Shelley Glazer.

Internet and Email Access through Cal Retirement Center Network (CRCN)

Subscribe to the Retirement Center’s email and Internet access service for just $13.00 per month, plus a one-time $10.00 set-up fee. Cost includes software, unlimited Internet access, an email account and access to your email through a web browser, Call or email the Center for details.

In order not to incur toll charges, check with your local phone company to ensure that calling the campus from your home is a local call.

Health Care Facilitator

Receive confidential one-on-one assistance regarding problems with or questions about your health plan. This service is provided by a location-specific Health Care Facilitator (HCF). Call the Center to get the phone number of your HCF.

Wellness Bargains

The UC Berkeley Wellness Letter offers new subscribers a discounted rate of $15.00 (regularly $28.00) on the first year of a subscription. For a free pamphlet entitled “Wellness Made Easy: 365 Tips for Better Health,” a free sample copy of the Wellness Letter, or to subscribe, contact the Center.
**Center Sponsored Programs and Events**

### LEARNING IN RETIREMENT

**Should Society Expand School Choice for Ordinary Families?**
Organized by Professor Emeritus John E. Coons, School of Law
Parents of means determine which schools their children will attend by choosing a residence or by paying private-school tuition fees. Would it be good policy to subsidize choice among private and public schools for poor and working families? Would a system of state-subsidized choice offend federal and state constitutions? What would be the proper design for such a system? If there are pitfalls, can they be eliminated? Discussions of school “vouchers” are now politically alive in every state, but vouchers seem little understood by most journalists. Three Boalt Hall professors who have been studying proposals for school vouchers will discuss their pros and cons. All three wrote amicus briefs for the U.S. Supreme Court in the historic Zelman decision, their arguments anticipating the Court’s conclusion.

**Thursdays, 2pm-4pm**
- March 11, Professor Jesse Choper: “School Choice-Federal Constitutional Status”
- April 1*, Professor Stephen Sugarman: “Choice in the Government Sector”

**Russia: What’s New and Not So New**
Organized by Professor Emeritus Gregory Grossman, Department of Economics
Several issues continue to pervade Russia’s long-term and recent histories: uniformity versus variety, cohesion versus dispersion, inertia versus change, nationalism versus westernization. Four of Berkeley’s leading Russia scholars will explore these tensions against the realities of Russia’s geopolitical and geo-economic constraints and its legacies from the past. They will seek to examine Mr. Putin’s strong but ambivalent influences during the past four years. They will then speculate about the implications of his virtually certain reelection next March and about the implications of the December 2003 Duma election and its triumph of Russian nationalism, ranging from moderate to extreme.

**Mondays, 2pm-4pm**
- March 22, Professor Emeritus David Hooson: “Russias Geographic Foundations”
- March 29, Professor Yuri Slezkine: “Russian National Identity—Old and New”
- April 5, Director Edward W. Walker: “Russia’s Muslims—Islam and Islamism after Communism”
- April 12, Professor M. Steven Fish: “The Perils of Putin”

**Recent Developments in the Business Environment**
Organized by Professor Emeritus George Strauss, Haas School of Business
Four Haas professors plan to discuss some of the major issues facing businesses in America today and in the near future. David Vogel will focus on recent scandals, their causes and potential remedies. Fifteen years ago Japan’s system of employment relations was widely seen as unique and perhaps better than ours. James Lincoln has just returned from a year’s sabbatical leave in Kyoto and will explain how that system has changed. Meanwhile, the American system is changing in various ways that David Levine describes as, at best, “worrisome.” At the same time, American trade unions have been suffering losses in membership and clout. George Strauss will seek to explain why that has happened and will discuss recent attempts at revival.

**Fridays, 2pm-4pm**
- April 23, Professor David Vogel: “The Challenge of Corporate Responsibility”
- May 7, Professor David I. Levine: “How New is the New Employment Contract?”
- May 14, Professor Emeritus George Strauss: “The Decline and Possible Revival of U.S. Unions”

*Note: Although these LIR courses are free, pre-registration is required due to limited class size. Class location will be provided in your confirmation letter.

**COMPUTER CLASSES**
These classes are tailor-made for you. A $10.00 per session fee includes instruction and materials. Call the Center for reservations or if you have any questions. Class space is limited to 18 participants.

**Advanced Basics**
*This is a two-session class.*
- Monday, March 15, 9am-Noon
- Tuesday, March 16, 9am-Noon

**Have you ever saved a file only to realize you couldn’t find it later? Ever wanted to go beyond basic letter writing? This class offers instruction on how to navigate your computer and how to use programs such as Microsoft Word and Microsoft Excel. (Includes use of My Computer, Windows Explorer, menus and icons.) Prerequisite: Completion of Computer Basics or equivalent experience. The next Computer Basics class will be held in the fall.

**CROSSING THE DIGITAL DIVIDE**
*Monday, May 3, 2pm-4pm*
Confused by all the different options available in today’s digital gadget market? This interactive session conducted by UC Berkeley’s Scholars’ Workstation will introduce you to the major issues involved in buying computers and other digital gear, including: Personal Computer (PC) versus Macintosh (MAC), digital cameras, printers, scanners, storage devices and more. (No fee is required for this class.)

**MEDICARE AND YOUR UC HEALTH BENEFITS**
**Thursday, May 6, 10am-Noon**
Especially targeted to those who will soon become eligible for Medicare benefits (usually at age 65). The session will provide an overview of the Medicare program, explain how UC health benefits coordinate with Medicare and identify issues to consider when selecting a plan. It will also detail what steps you will need to take with UC, Medicare and your health plan to complete your enrollment successfully.

**BERKELEY ART MUSEUM TOUR**
**Thursday, May 11, 11am**
Ant Farm 1968–1978
Ant Farm 1968–1978 uses drawings, collages, photographs, and video clips to create a linear narrative of the remarkable Ant Farm story. Ant Farm artists Chip Lord, DougMichels, and Curtis Schreier created projects based in architecture which also contained elements of performance, media, and sculpture. Beginning with inflatable sculptures (designed in part for easy transportation), Ant Farm’s projects later included the now famous Cadillac Ranch (1974) in Amarillo, Texas, realized with another principal Ant Farm member Hudson Marquez, and Media Burn (1975), the videotape documentation of a spectacular performance event in San Francisco.

**MONTEREY BAY AQUARIUM EXCURSION**
Co-sponsored with the UC Retiree’s Association at Berkeley
**Friday, June 4, 7:30-6pm**
Join us for a guided educational tour of the Monterey Bay Aquarium. We will take a chartered coach to Monterey, where the aquarium sits on Monterey’s historic Cannery Row, just minutes from Carmel and Pebble Beach. This year the Aquarium is celebrating their 20th anniversary with special festivities throughout the year, including a new shark exhibit and a grand new entry gallery for visitors.

Please call the Center by May 7 for more details and registration information.
LEARNING IN RETIREMENT

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Call Day

Friday March 19  8pm
Howard Alden, Peter Washington, and Kareem Riggins of the Joe Lovano Nonet $22, $32, $46

Sunday February 22  3pm
Art Spiegelman $32, $42, $56

Tuesday February 24  8pm
Newport Jazz Festival® $22, $32, $46

Friday March 19  8pm
Michael Cunningham $18, $22, $28

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Long-Term Care Insurance Counseling

Before purchasing a long-term care insurance policy, it is important to know all the issues you must consider. The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, please call the Center.

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The On Campus section is filled with upcoming offerings, including: a one-day conference, Archiving the Past; a seminar on managing your prescription costs; CalFIT’s 50+ classes; the Summer Sessions Senior Audit Card and information about Cal Day 2004. As well, we announce a new partnership with the campus Cal Corps program, which includes a call for volunteers (p.6).

Several Special Events are found on page seven. Cal Women’s basketball is holding its second annual Retiree Day on Saturday, February 21st. The Association of Retirement Organizations in Higher Education (AROHE), which the Center has helped to form, announces its second biennial conference later this year in Nashville, Tennessee. Closer to home in San Francisco, the American Society on Aging and the National Council on Aging are holding their joint annual meeting in April; they are seeking volunteers in return for free admission to the conference.

Finally, we want to recognize the passing of former Berkeley Chancellor and UC President Clark Kerr. Described by Chancellor Berdahl as “one of the most revered leaders in public higher education in the 20th Century,” Kerr’s vision was at the heart of the multicultural University of California. (See public memorial information on page 7.)