



Retirement Center Mission Statement

The UC Berkeley Retirement Center is dedicated to developing programs and services that support the campus and contribute to the continued well being and creativity of retired faculty, staff and their families.

CONTACT US

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CENTER HOURS

Monday – Friday:
8:30am – 4:30pm
Walk-in hours: 1–4pm
Closed: Noon – 1pm



the CenterPiece

UC BERKELEY RETIREMENT CENTER NEWSLETTER

What's News

As 2006 begins, we at the Center are happy to continue to bring you the programs and services that you have found most interesting. At the same time, we are creating new programs that we hope you will also find appealing.

In this edition of *the Centerpiece*, we announce a **new partnership with the Music Department** in offering discounted admission to all of their events (p.2). As always, in the *Cal Connection* section, we list the numerous ways that the Center has arranged for you to keep your preferred access to campus programs such as Cal Performances, UC Press, the library, the Cal Rec Club and the School of Optometry (pgs. 2-3).

Center Sponsored Events includes **three new Learning in Retirement (LIR) programs**: *Scientific Discoveries That Changed Our View of the World*; *Current Themes in Constitutional Law*; and *Theater: Premise, Process and Product* (pgs. 4-5). Scheduled, too, are computer classes, a free docent-led tour at the Berkeley Art Museum and several co-sponsored events, including: the **Human Rights Watch Film Festival** at the Pacific Film Archive; a hands-on **sampler at the ASUC Art Studio**; and an **information session on Medicare and the UC Health Plans** given by Berkeley's Health Care Facilitator. (pgs. 5-6).

The **On-Campus** section (p. 7) highlights information about the **Retiree and Emeriti Associations**, **CalFIT's 50+ Fitness classes** and the **Section Club's annual luncheon**. Other news of note on campus is the announcement that Paul Gray, Executive Vice Chancellor and Provost, will step down and return to teaching and research on July 1st. Gray has served the campus in academic leadership positions for the past 16 years. As well, Chancellor Birgeneau has made his recommendation to the Regents for

Berkeley's new chief administrative and financial officer. Nathan Brostrom, currently a managing director and co-head of the Western Region Public Finance group at J.P. Morgan Securities, will fill a new vice chancellor position that combines the duties of two previous vice chancellors, one in business and administrative services and one in budget and finance.

Finally, we want to thank those of you who participated in our annual giving campaign. The gifts we receive are critical to the continuation of such programs as our Learning in Retirement series, as the financial support that we receive from the campus funds only the Center's basic operations. In this and future editions of *the CenterPiece*, we are including a donor envelope for those of you who might consider contributing during the year.

Retiree Work Opportunities Program Takes Root

There are currently 40 retirees posting their profiles and over 200 retirees and hiring managers using the new Retiree Work Opportunities (RWO) website. Managers especially appreciate the ability to browse profiles and contact retirees directly to fill an immediate part-time, temporary staffing need, and are finding experienced retirees ready to fill those assignments. In February, we'll actively promote the program to deans and directors, which should lead to a wider range of postings and of those browsing profiles in 2006.

If you want to explore the website, please go to www.login.icohere.com/ucbrp. To log in the first time, use the login ID "calberkeley" and the password "password." You are also welcome to contact Program Manager Gloria Parra at gjparra@berkeley.edu or at (510) 643-4663 for further information about the website and RWO program.



UC Press Discount

University of California Press is pleased to offer you a 15% discount on all books. A code, which you can get from the Retirement Center, is required to receive the discount. The code can then be used for phone orders when you call the fulfillment service at (800)777-4726 or order online at <http://www.ucpress.edu>. (Type the code in the coupon code field.)

ID Cards

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1pm and 4pm daily or call the Center to order by mail.

Library Cards

Obtain a free campus library card good for use at all UC Berkeley libraries. Call the Center for details.

Long-Term Care Insurance Counseling

The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, call the Center.

20/20 Vision Plan at University Eye Center

You and your designated beneficiary are eligible for a comprehensive examination (maximum out-of-pocket cost of \$49*), a discount on other vision services and on ophthalmic materials (such as spectacles, contact lenses, or low vision devices), a complimentary "Cal" glasses case when spectacles are dispensed, free parking, and a free shuttle ride to the Eye Center. For information or to make an appointment, call (510)642-2020. Be sure to identify yourself as a 20/20 Vision Plan member.

*Where applicable, insurance will be billed first.

Cal Rentals

List rentals for free or find housing options for a small fee. For more information, call (510)642-3642 or visit <http://calrentals.housing.berkeley.edu>

Wellness Bargains

The *UC Berkeley Wellness Letter* offers new subscribers a discounted rate of \$15 (regularly \$28) on the first year of a subscription. To subscribe call the Center or to order online, go to www.calmarketplace.org.

Berkeley Art Museum/Pacific Film Archive

Enjoy free admission to the Berkeley Art Museum (BAM) by showing your retiree ID. Also, the Pacific Film Archive (PFA) offers you the UC faculty and staff admission rate of \$5 (with retiree ID card).

Night and Weekend Parking

Buy one-time use hang tags for \$4 each (good through December 31, 2007). To purchase hang tags by mail send a check, made payable to UC Regents, for the number of hang tags that you want to purchase, plus \$1.50 for mailing and handling costs. You may also purchase them at the Center, Monday through Friday between 1pm and 4pm. Note: These permits are not valid in UC public lots for sporting or special events.

Cal Rec Club

Join the Cal Rec Club at a savings. Membership includes free morning aerobics and discounts on other programs. Call the Center for information.

Chronicle of the University of California

The *Chronicle of the University of California* is devoted to the preservation of the University's past and the promotion of research in University history. The Chronicle offers you a 15% discount off the price of a single issue (normally \$20) or 15% off any two-issue subscription (normally \$36). Call the Center to subscribe.

Music Department Discount

The Department of Music is delighted to extend to you the same discount on events that it offers to current staff and other special categories. Unless otherwise noted, tickets to weekend and evening concerts will be \$7 (regularly \$10) with your retiree ID card. This includes the University Symphony Orchestra, University Chorus, University Wind Ensemble, and other concerts. Noon concerts and some special events are free to the general public, and retirees can avail themselves of these as well. See schedules of concerts and other events at <http://ls.berkeley.edu/dept/music/>.

Women's Faculty Club (WFC)

Join the WFC as an Associate Member. New memberships include a complimentary six months with the purchase of a full-year membership, so that your first year of membership is only \$66. (The \$25 initiation fee is also waived.) Call the WFC at (510)845-5084 or download an application at: www.womensfacultyclub.com.





Cal Performances

Enjoy select Cal Performances events at 15% off regular prices (limit two; cannot be combined with other discounts and all sales are final). To order tickets, call Cal Performances at (510)642-9988. For more information and program locations visit calperfs.berkeley.edu. Note: discount is not available for on-line purchases or for performances not listed below. All performances are in Zellerbach Hall, unless otherwise noted below.

Perú Negro		\$22, \$30, \$40
Friday	February 17	8pm
Jonathan Biss, piano (Hertz Hall)		\$42
Sunday	February 19	3pm
Noche Flamenca		\$24, \$36, \$48
Sunday	February 19	7pm
Julio Bocca's		
Ballet Argentino & Octango		\$24, \$36, \$48
Wednesday, Thursday	March 8, 9	8pm
Maria del Mar Bonet		
& Monica Salmaso		\$22, \$30, \$40
Saturday	March 11	8pm
Nā Lei Hulu I Ka Wēkiu		\$20, \$26, \$32
Saturday	March 18	8pm
Vadim Repin, violin		
& Nikolai Lugansky, piano		\$34, \$46, \$58
Sunday	March 26	3pm
Eddie Palmieri Septet		
with David Sanchez, saxophone		\$22, \$32, \$42
Saturday	April 1	8pm
Yukimi Kambe Viol Consort		\$42
(First Congregational Church)		
Saturday	April 1	8pm
Tchaikovsky Perm Ballet & Orchestra		
Natalia Makarova's Swan Lake		\$36, \$48, \$68
Thursday, Friday	April 6, 7	8pm
Krystian Zimerman, piano		\$34, \$46, \$58
Sunday	April 23	3pm
Ballet Folklorico		
"Quetzalli" de Veracruz		\$22, \$30, \$40
Sunday	April 30	3pm
Matthew Polenzani, tenor (Hertz Hall)		\$42
Sunday	April 30	3pm
Jerusalem Quartet (Hertz Hall)		\$42
Sunday	May 7	3pm

Health Care Facilitator

Receive confidential one-on-one assistance regarding problems with or questions about your health plan. Call the Center to contact your location-specific Health Care Facilitator.

Affordable Computer Equipment at The Scholar's Workstation (TSW)

Purchase hardware and software at low educational prices. Using your CalNet ID and passphrase, you can also place credit card orders online, where you have the option to pick up your order at TSW or have it delivered to your home. CRCN members (see below) can call the Center for their CalNet ID. Emeriti should contact their departments. All other retirees can select the "Ship Order Using Fax Authorization" option during the online check-out process. Call TSW at (510)642-8424 or visit tsw.berkeley.edu for more information.



Three Email Options through the Cal Retirement Center Network (CRCN)

CRCN E-Mail Forwarding is for those who want to get or keep a berkeley.edu email address, but want to use, or are already using, another email service such as Yahoo!, Earthlink or Comcast. Other than a \$10 set-up fee, this service is free.

CRCN CalMail is for users of broadband (e.g., DSL, cable) and other Internet connections, who want to keep a full service email account through the campus. For an

annual flat fee of \$60, plus a \$10 set-up fee, you will get a CalMail account with a "berkeley.edu" email address, 100MB of email storage, vacation forwarding and Connecting at Berkeley (C@B) consulting support, which includes software, updates, and technical support by email or phone.

CRCN SHIPS is also still available for just \$13 per month, with a one-time \$10 set-up fee, and includes unlimited Internet access through the campus Subscription Home IP Service (dial-up modem connection), a CalMail account with a berkeley.edu email address, software and consultation services.

Call or visit the Center for information sheets and application packets.



CalMail



Center Sponsored Programs and Events

LEARNING IN RETIREMENT

The Learning in Retirement (LIR) program, in its sixth year, offers a diverse array of lectures in the natural sciences, the social sciences, the humanities, and the arts. This spring, we bring you the three courses listed below. To register, call or email the Center. Although there are no enrollment fees, registration is required. Retired faculty and staff from UC Berkeley, UC Office of the President and the Lawrence Berkeley National Laboratory, and their guests, are welcome to register. Course location will be provided in our written confirmation.

Scientific Discoveries That Changed Our View of The World

Organized by Professor Didier de Fontaine, Department of Materials Science and Engineering

Modern science has changed our world – materially and philosophically. These four lectures will treat (1) the trial of Galileo and its aftermath; (2) the recent “Intelligent Design” trial in Dover, PA, by one who was a witness for the theory of evolution; (3) some technical and ethical problems arising from modern genetic engineering; and (4) the recent discovery of the accelerating expansion of the universe. In all these cases, our world is being seen as essentially dynamic, constantly evolving, hence quite different from either the static or cyclic ones of ancient lore.

Wednesdays, 1pm-3pm

- February 15: Professor Roger Hahn, Department of History: “The Galileo Affair: A View from the Vatican Trial”
- February 22: Professor/Curator Kevin Padian, Department of Integrative Biology, UC Museum of Paleontology: “Intelligent Design: A View from the Dover Trial”
- March 1: Professor Daniel Koshland, Department of Molecular and Cell Biology: “Genetic Engineering: What We Will Be Able to Do, and What We Will Be Allowed to Do”
- March 8: Professor Didier de Fontaine: “The New Cosmos: Its Creation and Its Mysterious Accelerating Expansion”

Current Themes in Constitutional Law

Organized by Professor Paul Mishkin, Boalt Hall School of Law

The Supreme Court's work in Constitutional Law is highlighted by sharp attention to contemporary cases, including the “hot button” issues the media inevitably focus on. This perspective rouses policy views and emotions in ways that do not seem to differ from the methods of politics and legislation. Decision-making by life-tenured judges, supported by efforts at reasoned opinions, calls for consideration, as do longer-term themes. This course will explore some issues of that broader, more enduring nature.

Fridays, 2pm-4pm

- March 10: Professor Martin Shapiro, School of Law: “Should the Court Take Federalism Seriously?”
- March 17: Professor Daniel Farber, School of Law: “The Role of Precedent in Constitutional Law”
- March 24: Professor Philip Frickey, School of Law: “Judicial Activism”
- April 7: Professor Anne Joseph, School of Law: “The Architecture of Smart Intelligence: Structuring and Overseeing Agencies in the Post-9/11 World”

Parking for Center Sponsored Programs and Events

When attending a Center-sponsored event, you are eligible for parking at \$4 in any non-reserved parking space on campus. You must prepay by sending a check or money order at least three business days prior to the event to reserve your parking pass. The Retirement Center is charged whether or not you use the parking permit, and therefore we cannot offer refunds.



Center Sponsored Programs and Events

LEARNING IN RETIREMENT

Theater: Premise, Process and Product

Organized by Marilyn Nasatir, Ardent Fan of Theater and the Retirement Center

Why do we go to theater? What role does theater play in society, and how has that role evolved? How are institutional and artistic decisions made in constructing a theater season? How are the challenges of a particular production confronted and resolved? What are some of the technical aspects of creating theater?

These and many other questions will be addressed by key players from the Department of Theater, Dance, and Performance Studies and theaters in the East Bay.

Mondays, 2pm-4pm

- April 10: Ms. Susan Medak, Managing Director, Berkeley Repertory Theatre: "The Evolving History and Role of Theater in Society"
- April 17: Professor Peter Glazer, Department of Theater, Dance, and Performance Studies (Moderator); Les Waters, Associate Artistic Director, Berkeley Rep; Tom Ross, Artistic Director, Aurora Theatre; Patrick Dooley, Artistic Director, Shotgun Players; Jonathan Moscone, Artistic Director, California Shakespeare Theater: "Institutional and Artistic Considerations in Constructing a Theater Season"
- April 24: Panel discussion by director and designers of Aurora Theatre's West Coast Premiere of Craig Lucas's Small Tragedy: "Anatomy of a Production"
- May 1: Description/demo by costumers and sound designer, Berkeley Rep: "The Craft of Theater" [Note: To be held on stage at Berkeley Rep]

CLASSES AND TOURS

COMPUTER CLASSES

Classes are tailored for you. A \$10.00 per session fee includes instruction and materials. Parking can be arranged for \$4.00 per day. Call the Center for reservations or if you have any questions. Class space is limited to 18 participants.

Advanced Basics (This is a two-session class.)

Monday	March 27	9am-Noon
Tuesday	March 28	9am-Noon

This class offers instruction on how to navigate your computer and how to use programs such as Microsoft Word and Microsoft Excel. Includes creating and naming files and folders, finding your files and basic security.

Prerequisite: Completion of Computer Basics or equivalent experience.

World-Wide Web: The Internet Starter Course

Monday	April 3	9am-Noon
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Finding long-lost friends, researching the best price on airline tickets, purchasing books, and even academic research can now be done from the comfort of your home, or anywhere there is an Internet connection. This class covers Internet basics, including how to use browsers and search engines.

World-Wide Web II: The Next Steps

Tuesday	April 4	9am-Noon
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This class is designed to help you take the next steps in using the Internet. Topics covered include researching, shopping, downloading and more. It also provides in-depth coverage of viruses and security issues.

Prerequisite: Completion of The Internet Starter Course.

Berkeley Art Museum Tour

Jeanne Dunning: Study after Untitled

Thursday	February 16	12:15pm
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Jeanne Dunning is a Chicago-based artist whose work encompasses a variety of media, including photography, sculpture and video. Her unwavering focus over the past several decades has been the terrain of the human body, and in particular the ways in which we perceive and conceive norms of gender, sexuality and reality itself. The exhibition, which comprises the media listed above, will be arranged according to traditional art historical categories – portraiture, still life and landscape, comparing and contrasting an early and late body of work. Join us for this free docent-led tour.



Co-Sponsored Programs and Events

ASUC Art Studio Hands-On Art Sampler

Mondays March 13, 20 10am-Noon

The Art Studio offers an affordable and easy way to try your hand at a variety of art forms. This two-class series hopes to help you discover a new passion.

On March 13, join Berkeley ceramic artist James Newton for a demonstration of ceramic techniques. James will let you try some basic handbuilding and finish the morning with a demonstration of throwing cups, bowls, and vases on the potter's wheel. Wear old clothes; clay can be messy!

On March 20, join documentary photographer Matt O'Brien for a demonstration of making and sending photographs with digital cameras. Matt will show you the features and functions of a typical digital camera, share tips on making your photographs more exciting, and demonstrate how to transmit the photos from camera to computer so you can print them or share them via email. If you have a digital camera, bring it along! We are offering this course for \$20. Contact the Center to register.

Human Rights Watch International Film Festival 2006

Pacific Film Archive February 19-26
Co-Sponsored by UC Berkeley's Retirement Center,
Human Rights Center, and Pacific Film Archive (PFA)

Since it began in 1988, the Human Rights Watch International Film Festival has become the leading venue for films from around the world that open our eyes to a variety of human rights injustices. This year's festival has a timely focus on the consequences of conflict, from the "war on terror" in Peru to the current American engagement in Iraq. Select screenings will be introduced by faculty and staff of the Human Rights Center. The following is a brief listing of films. Pick up Pacific Film Archive's Calendar or visit their website (www.bampfa.berkeley.edu/pfa) for the full program, including show dates and times.

The Troubles We've Seen: A History of Journalism in Wartime (1994): An ironic investigation of war (1993-Sarajevo) and the journalistic impulse, through interviews with French, British, American, and Bosnian journalists who deliver trenchant observations on the political, ethical, and psychological factors behind the making of news. ***Mardi Gras: Made in China (U.S., 2005)***: A sharp exposé of globalization and its effects, this film zeroes in on

the largest Mardi Gras bead factory in the world, located in Fuzhou, China, and captures the day-to-day realities of life in the "New China". ***Videoletters, Program 1 and 2 (2004-05)***: A project designed to reconcile citizens of the former Yugoslavia metamorphosed into an inspiring cinematic feat in this powerful collection of video "letters" of questions and answers, comments and expressions to and from former friends, neighbors, and lovers. ***Justice (Netherlands, 2004)***: The corridors of power – in this case, a Brazilian criminal court – are illuminated in Maria Ramos's fly-on-the-wall portrait of the judged and the judging. ***Winter Soldier (U.S., 1972)***: *Winter Soldier's* main ingredients are the voices and faces of the participants in the Winter Soldier investigation as they testify to the atrocities they witnessed and took part in while in Vietnam. ***Occupation: Dreamland (U.S., 2005)***: *Dreamland* is "a sympathetic look at the Average Joe doing duty in Hell" (Variety) that follows eight members of the 82nd Airborne trying to survive the chaos of the streets of Fallujah, and to make sense of the reasons they were brought there. ***State of Fear (U.S., 2005)***: This look inside the Peruvian Truth Commission uncovers a nation caught between two forms of terrorism: the infamous Shining Path guerrilla movement and the equally violent government response. With sound bites from those who define one form of violence as "terrorism" and another as "a battle for good," *State of Fear* also serves as a decidedly cautionary tale for those who use such language unthinkingly. ***Living Rights (Netherlands, 2005)***: *Living Rights* follows three young people, on three different continents, with nothing in common except a struggle to survive. *Living Rights* brings to life not only the problems of each child, but the visual realms of their environments: Japan, Kenya and Chernobyl.

HEALTHCARE INFORMATION SESSION

Medicare and Your UC Health Benefits

Thursday March 23 10am-Noon

Especially targeted to those of you who will soon become eligible for Medicare benefits (usually at age 65). The session will provide an overview of the Medicare program, explain how UC retiree health benefits coordinate with Medicare and identify issues to consider when selecting a plan. It will also detail what steps you will need to take with UC, Medicare and your health plan to complete your enrollment successfully.



The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for Academic Affairs and Faculty Welfare. *The CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

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Membership in Retiree/Emeriti Associations Speaks Volumes

Periodically we receive questions about the difference between the Retirement Center and the Retiree or Emeriti Associations. The Center offers programs, services and discounts to help retirees maintain their connection to the Cal community. Its focus is educational and programmatic. The associations, for a modest membership fee, provide social functions such as luncheons, trips and informative newsletters, but more importantly, the Retiree and Emeriti Associations serve a critical advocacy function: they foster the retention and improvement of the benefits and privileges of UC retirees. Strong and large associations guarantee that your voices and concerns will be heard. Association membership is not necessary for participation in Center events, however, Center staff provide administrative support to the two Berkeley associations and encourage retirees to join.

One of the key ways in which the associations work for retirees is by their active membership and participation in the Council of University of California Retiree Associations (CUCRA) and the Council of University of California Emeriti Associations (CUCEA). These systemwide councils actively work to cultivate and strengthen communication channels among retirees, emeriti, the President's Office, and the Academic Senate. Currently, the associations are keeping a close eye on the rising health care costs and how the University is managing those costs with respect to retirees. Each association at UCB, LBNL, and UCOP has different procedures for joining. Please contact the Center for information about how to join your location-specific association.

CAMPUS PROGRAMS AND ORGANIZATIONS

The University Section Club - 37th Annual February Luncheon

Tuesday

February 28th

11:30am-2:30pm

UC Retirees are invited to join the University Section Club for its annual Beehive Luncheon and Silent Auction fundraiser, which will be held at the Unitarian Universalist Church of Berkeley, 1 Lawson Road, Kensington. The Silent Auction will include unique items to bid on such as a balloon ride, original art, a facial, theater tickets and more. There will also be a raffle for gift baskets filled with goodies. All monies generated from this event will benefit the UC student community. By reservation only, \$20. Call Julia Wenk at (510)527-5726 by February 18, 2006. NOTE: Section Club members please use the form in the January Breeze.

CalFIT—50+FITNESS

CalFIT continues to offer fitness classes geared for people age 50 and older. You can now register at: <http://calbears.berkeley.edu/calfit> or call CalFIT at (510)643-5151. Below are spring offerings.

- **Keep Moving/50+** Light yet challenging exercises to improve your mobility, balance, strength, coordination, and flexibility
- **Strength Training/50+** Increase your strength and fitness level by learning to use free weights and weight lifting machines safely and effectively
- **Tai Chi/50+** This beautiful ancient art form, Tai Chi Chuan is a moving meditation performed for mental and physical well being you can do for the rest of your life
- **Yoga/50+** Improve balance, flexibility, and muscle tone with gentle yoga poses and breathing techniques.

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Connecting
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SPRING 2006

How to reach the Retirement Center:

The Retirement Center is located in 2 Boalt Hall. Boalt Hall is located on Bancroft Way, between Piedmont and College Avenues. Room 2 is on the ground floor, just off the Kroeber Plaza fountain area.

By BART:

Take BART to the Berkeley Station. After exiting the station, proceed to the perimeter shuttle bus stop in front of Scandinavian Designs. Take the shuttle to the intersection of Bancroft Way and College Ave. The shuttle costs 50 cents.

By AC Transit:

AC Transit bus lines 51, 52L, 604, and 605 stop at Bancroft Way and College Ave. Line 7 stops at Bancroft Way and Piedmont Ave. Bus lines 40, 40L, and 64 stop 3 blocks away at Telegraph Ave. and Bancroft Way. (Check with AC Transit for changes.)

By car:

Please call the Center for directions.