

the CenterPiece

UC BERKELEY RETIREMENT CENTER NEWSLETTER

RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

CONTACT US

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CENTER HOURS

Monday–Friday:
9am–Noon by appointment
1pm–4pm Walk-in
Closed: Noon–1pm



Director's Notes

How curious that as I walked up campus for my meeting with Associate Vice Provost Angelica Stacy that the refrain from my son's favorite childhood book came to mind. It was Dr. Seuss's Marvin K. Mooney Will You Please Go Now! At the meeting, I informed Angy that I had decided to cross the bridge to the next chapter in my life and retire as the Director of the Retirement Center. It is time for Patrick C. Cullinane to please go now!

Since 1968 I have been blessed with numerous opportunities to make the world a better place, especially for those facing challenges. These opportunities have included the development of community health and mental health services in underserved areas, sheltered workshops for the developmentally disabled to aid in community living and the avoidance of unnecessary institutionalization, community-based care management programs to ensure frail older adults can live well in their own homes, educational programs for older adult service providers so they can be more knowledgeable and effective. At Berkeley, opportunities are focused on nurturing and developing services and opportunities for the wellbeing and creativity of our retirees, the university and the larger community.

When I retire next June, I will be close to my 72nd birthday. Thanks to healthy lifestyle choices and the gift of good genes, I look forward to joining my recently retired spouse for many years of promise and possibilities. I anticipate continuing service on the board of trustees of an affordable older adult housing community, the older adult advisory committee of Kaiser Hospital in Oakland, in my church community of the Unitarian Universalist Church of Berkeley and with the University Monks in

the annual holiday musical at the Faculty Club. I also look forward to my garden, golf on a weekday, lunch with friends, visiting the Hermitage in St. Petersburg, Russia, more time for my Illinois extended family and taking time to smell my roses, to taste and savor life and enjoy the choices this new chapter offers.

It has been an honor to serve and work with our retirees and with the dedicated staff and students at the Center. UC Berkeley is a very special place. Not just the world's leading public university, but also as Berkeley's 22nd Nobel Laureate Randy Schekman said, "the most effective engine for social mobility in our society." It has been a privilege to contribute in a small way to access and excellence, promise and possibility. Retirees know we have a treasure here to be cherished, protected and nourished. I look forward to joining this supportive, concerned and important member of the campus family.

Associate Vice Provost Angy Stacy will lead the search committee for the next director. Representatives of retirees from UCB, LBNL and the Office of the President, will assist her. This leadership change is an opportunity for review, renewal, and exploration. Share your thoughts about the Center's future with Angie at retireeideas@berkeley.edu.

In closing, I hope the Center continues to serve the creativity, wellbeing, and curiosity of retirees, and honors their contributions to their families, the university and the community. Now it is time again for me to consider and answer the question posed by Mary Oliver in her poem, *The Summer Day*, "Tell me, what is it you plan to do with your one wild and precious life?"

Be well.

Patrick C. Cullinane, Director



Cal Connections

ID Cards

To take advantage of these special offers, you must use a Retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your free card, come by the Center between 1pm and 4pm daily or call 510-642-5461 to order by mail.

Selected Cal Connections

- 20/20 Vision Plan discount at the University Eye Center
- Free admission to the Berkeley Art Museum
- Faculty/staff rates at the Pacific Film Archive
- Discount on annual membership to the UC Berkeley Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performances events
- Use of Cal Rentals to find and list rentals
- Discounted membership at the Cal Rec Club
- Access to Care Service's Elder Care Programs
- Chronicle of the University of California discount
- bConnected account or email forwarding through the Cal Retirement Center Network (CRCN)
- Access to the campus Health Care Facilitator
- Free Health Insurance Counseling from HICAP
- Access to International Travel Care
- Free enrollment to the *Berkeleyan* e-newsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute (OLLI @ Berkeley) membership discount
- Cal Student Store discounts
- Discounts on online purchases at UC Press
- Wellness Letter discount for new subscribers
- Discounted membership to the Faculty Club
- Discounted membership at the Women's Faculty Club (WFC)

For full descriptions and details on any of these programs, contact the Center at 510-642-5461 or visit <http://thecenter.berkeley.edu/connect.shtml>

Cal Performances Discounts

Retirees enjoy a \$5 discount on most performances in the 2013-2014 season (Special Events and Exclusive Engagements excluded). Season brochures are available at the Cal Performances Ticket Office in Zellerbach Hall or by calling 510-642-9988. For more information and performance locations visit <http://www.calperformances.org>.

Note: Some restrictions apply. See <http://thecenter.berkeley.edu/connect.shtml#calperf> for more information.

OLLI @Berkeley: Inside Big-Time College Athletics

Join OLLI for a special course by new retiree, Associate Chancellor Emeritus John Cummins. The course will take participants behind the scenes of intercollegiate athletics, considering admissions preferences for student athletes, the impact of athletic budgets on academic priorities, the relationship of sports to fundraising, the influence of the media, the effects of Title IX and gender-related issues, and the role of the National Collegiate Athletic Association.

Membership in OLLI costs \$40 with your retiree ID card and the six-week course costs \$125. More information can be found at olli.berkeley.edu or 510-642-9934.

Mark Your Calendars - 2nd Annual Golf Tournament at Tilden Park!

Check our website regularly or add your email address to our e-alert list to receive updates about this second annual special event.

CRCN - Cal Retirement Center Network

Get or keep a full service @berkeley.edu email account with our CRCN bConnected program. Service includes email address, storage space, anti-virus software downloads, and technical support by email or phone. It also includes access to the bConnected productivity suite -- all for an annual flat fee of \$70 plus a \$10 set-up fee. Find out more online at <http://thecenter.berkeley.edu/connect.shtml#crcn>.



Center Co-Sponsored Events

AN AGING AMERICA - CHALLENGES AND OPPORTUNITIES

Save the Date - Biennial Retiree Conference, May 15, 2014

The face and vision of life after retirement is changing. The first wave of approximately 78 million baby boomers turned 65 in 2011. Now at age 50, males can expect another 28.8 years of life on average and females 32.5 – a milestone achievement of the 20th century.

With these increases in longevity, a new life chapter is emerging with a potential windfall of human capital. The period is increasingly filled with time, opportunity and resources to nurture or develop interests for personal and community benefit.

Keynote Address

The conference keynote will challenge and inspire. Jennifer Granholm, UC Berkeley Distinguished Practitioner of Law and Public Policy and Michigan's 47th governor from 2003 to 2011, will present the keynote address, *Cracking the Code: Creating Good Jobs in America in a Global Economy*.

Are we in a 'new normal' of higher unemployment and widening income gaps? Can we do something about it? What should be the role of government in solving the jobs crisis? As governor of the state with the toughest economy in the nation, facing bankruptcies in the auto industry and the loss of manufacturing jobs, Granholm grappled with these problems and brings a unique perspective to possible solutions. How do retirees respond to this "new normal?" How do we age well while continuing to make an aging America a better place for our children and grandchildren?

Workshops and Exhibitors

Planned conference workshops will address retiree interests including memory, caregiving, housing, technology, sex, the personal history, and staying engaged. In addition to these workshops, the conference will also feature an exhibit hall of organizations providing services of value to retirees, such as volunteer opportunities, health plans, educational opportunities, and senior living facilities.

Registration and Updates

Registration fee of \$35 includes continental breakfast, lunch, program materials, and parking. Registration opens February 3, 2014 and closes Thursday, May 8. To receive email updates and be alerted when registration is open, contact the Center at 510-642-5461 or ucbrc@berkeley.edu and ask to be added to the Conference Interest List.



FINANCIAL PLANNING WITH FIDELITY

One-on-One Appointments with Fidelity Guidance Consultants

Thursdays, January 23, February 13, March 27 and May 22, 9am-5pm and **Friday**, April 25, 9am-5pm

We have arranged to have Fidelity Planning and Guidance Consultants available by appointment at the Retirement Center. They'll be glad to meet one-on-one with you to establish a plan that includes an annual review of your portfolio and professional guidance on investments and goal planning.

To schedule a confidential consultation at the Retirement Center, call us at 510-642-5461. You may also call Fidelity directly at 1-800-558-9182 or go online to ucfocusonyourfuture.com to schedule an appointment for a date that is more convenient for you.

Understanding the Power of Debt

Wednesday February 26 2pm-3pm

In this class, you will learn about types of debt, good and bad. You'll get tips for boosting your credit rating and ways to whittle down your debt. After the class, you will be better-equipped to improve your financial situation. Advance registration required; contact ucbrc@berkeley.edu or 510-642-5461 to register.

Fidelity Investments: Drop-In Hours

Thursday March 13 12pm-2pm

Stop by the Retirement Center, 1925 Walnut Street, and ask a Fidelity Retirement Services counselor general questions about the UC Retirement Savings Program. No registration or appointment is necessary. *Note: drop-in sessions are not private or confidential.*



Center Co-Sponsored Events

ANNUAL VOLUNTEER FAIR

Thursday, February 20, 10 am – noon

In 2012, UCBRC partnered with Coming of Age:Bay Area to offer retirees access to volunteer opportunities within their communities. We have been happy to join Coming of Age in celebrating the ability of all people age 50+ to continue to grow, transform their communities, and become a force for public good.

Join us at our upcoming Volunteer Fair to find an organization in need of the energy, passion and talent you have to share with the community. In addition to volunteer opportunities at some of the most innovative nonprofit organizations in the Bay Area, we will also feature campus departments, many of which you know and love, that offer regular opportunities for staying engaged via volunteerism.

- Meet an array of on- and off- campus organizations
- Enjoy refreshments and door prizes
- Chat one-on-one with a Coming of Age Talent Coach

Advance registration is required; contact UCBRC at ucbrc@berkeley.edu or (510) 642-5461 to register. Location will be provided with registration confirmation.

TRAVEL INTEREST GROUP

Monday, March 3, 2pm – 4 pm

Join us for an Around the World presentation from Grand Circle Travel (GCT) and learn about travel opportunities available to UC retirees. Their exciting offerings include land tours, river cruises, and adventure travel to destinations including Cuba, Europe, Asia, the South Pacific, Africa, Antarctica and more. After an overview of the GCT's offerings, you'll have a chance to ask questions and enter a raffle to win a travel voucher.

RSVP is required to attend this event; call the Center at 510-642-5461 or email ucbrc@berkeley.edu to register. All trips booked through GCT support the Council of UC Retiree Associations (CUCRA), an advocacy organization of which the UCB Retirement Center and the UC Retirees' Association at Berkeley (UCRAB) are members.

UC BERKELEY FINANCIAL FAIR FOR PERSONAL FINANCE

Thursday, April 10, 10am – 2pm
Alumni House, UC Berkeley

The Financial Fair for Personal Finance is an opportunity for faculty, staff, and retirees to attend workshops, learn about campus resources, and visit with campus financial vendors. No registration is required to attend this event; workshops are first come, first served, and are free.

See a schedule of workshops online at: <http://uhs.berkeley.edu/facstaff/financialfair.shtml>. For additional information, please contact event organizer Wendy Nishikawa at (510) 642-7883.

Volunteers needed! Help out at the Financial Fair by answering questions, handing out surveys & bags, and assisting with workshop presentations. Call Wendy at the number above for more details.

UC BERKELEY FINANCIAL FAIR

**Thursday, April 10, 10 am-2 pm,
International House**

The Financial Fair is an opportunity to attend workshops, learn about campus resources, and visit with campus financial vendors.

For the schedule of workshops and list of participating vendors please visit:
<http://uhs.berkeley.edu/facstaff/financialfair.shtml>

No Registration Required
 For more information, please contact
 Wendy Nishikawa, Event Organizer @
 (510)642-7883.



Parking for Center Sponsored Programs and Events

Retirees may purchase "C" campus daily parking permits from the Retirement Center for \$5 each if needed to attend our events. **We only accept checks and money orders as payment.** Purchase permits in person at the Center during drop-in hours, M-F, 1-4pm. Call 510-642-5461 before dropping in to be sure that staff is available to assist you. You may also purchase by mail at least two weeks ahead of the program for an additional \$2 fee.



Center-Sponsored Events

LEARNING IN RETIREMENT

There are no enrollment fees for Learning in Retirement (LIR) courses, but advance registration is required. Please call the Center at 510-642-5461 or email ucbrc@berkeley.edu to register; course location will be provided with your confirmation. Parking information for Center-sponsored events can be found at the bottom of page 4.

Religious Uniformity and Diversity in the Ancient and Medieval Mediterranean

Organized by Professor Emeritus Louise George Clubb

This series considers the interplay of monotheism and polytheism, orthodoxy and heterodoxy, East and West, in the era which witnessed the emergence and canonical definitions of Judaism, Christianity and Islam.

Thursday, April 17, 2-4 pm “The Biblical Struggle Toward Monotheism”

Robert Alter, Professor Emeritus of Hebrew and Comparative Literature

Tuesday, April 22, 2-4 pm “Religious Pluralism in the Roman Empire: Did Judaism Test the Limits of Roman Tolerance?”

Erich Gruen, Professor Emeritus of History and Classics

Tuesday, April 29, 2-4 pm “Islam in the Mediterranean: Empires, Religion, Communities, Identities”

Ira Lapidus, Professor Emeritus of History and Islamic Studies

Tuesday, May 6, 2-4 pm “Paganism, Christianity and Eastern Orthodoxy, 4th-15th Centuries”

Maria Mavroudi, Professor of Classical and Byzantine History

Additional Programs to be Announced!

Additional spring lectures are in the planning stage. Please check our website regularly for updates, <http://thecenter.berkeley.edu/lir.shtml> or call the Retirement Center at 510-642-5461 or email ucbrc@berkeley.edu to find out if more current information is available. Retirees on our email list will be notified as course arrangements are finalized – to join our email list, call or email as indicated above.

THE MCGEE-SPAULDING HISTORIC DISTRICT EXHIBIT

The Heart of Berkeley: The McGee-Spaulling Historic District Exhibit

Sunday, February 9, 1–4 pm

Veterans Memorial Building, 1931 Center Street, Berkeley

The Berkeley Historical Society and the McGee-Spaulling-Hardy Historical Interest Group invites UC Retirees to a special viewing of this exhibit on Sunday, February, 9.

The meticulously researched and aesthetically appealing exhibit covers central Berkeley history from the Ohlone Indians, to Domingo Peralta, to the radical politics, communes and lifestyles of 1960s and '70s. It also includes the corner of the neighborhood known as University Terrace condominiums.

The UC Connection: When Phyllis Gale retired in 2011 from LBNL, she knew she wanted to explore local history and develop exhibits for the Berkeley Historical Society. Along the way she met a number of people who collectively formed the McGee-Spaulling-Hardy Historical Interest Group. The group also includes fellow UC retirees Lynn Davis (UCB 1993), Pat Edwards (UCOP 2000), Hal Reynolds (UCB 2007) and Dianne Walker (UCB 2012), and is dedicated to collecting and preserving the history of the diverse McGee-Spaulling-Hardy neighborhood.

Advance registration is required to attend this special event. Call the Retirement Center at 510-642-5461 or email ucbrc@berkeley.edu to register.

Volunteers needed! If you love history, you can join and volunteer with the Berkeley Historical Society and continue the preservation of history with the McGee-Spaulling-Hardy Historical Interest Group. Contact BHS at 510-848-0181 or see www.berkeleyhistoricalsociety.org for more information.



Spotlight

UCOP RETIREE OF DISTINCTION

Patricia Pelfrey - Assistant to the President, Emerita



Patricia Pelfrey had a perch at the right hand of five presidents of the University of California, starting with Charles Hitch in 1970 and continuing through Presidents David Saxon, David Gardner, Jack Peltason, and Richard Atkinson. As a speechwriter and head of the presidential correspondence unit, Pat's responsibility was to reflect each president's very different style and personality. It was a fascinating and often fast-paced job, she says, because some of the most challenging controversies in UC wound up at the president's door—the ban on affirmative action in admissions, adopted by the Regents in 1995, is just one example.

Pat came to Berkeley in 1964 as a graduate student in literature. Mario Savio's eloquence was igniting the era of student protest and demonstrations were in full swing. She joined right in. She was gassed in the library (the helicopter was aiming for student protestors in Sproul Plaza, but the wind suddenly changed direction) and recalls participating in a noisy demonstration in front of University Hall—then home to the Office of the President—when Ronald Reagan was there attending a Regents' meeting. Despite her extensive protest experience, in 1970 she took a job reading and summarizing books for President Hitch at 10 percent time. It was intended to be a temporary strategy to supplement her income as a teaching assistant while she wrote her dissertation, but when she finally entered the den of the enemy—UC administration—she took an instant liking to the people and the work. Who knew?

After a 32-year career in the Office of the President, Pat moved to the Center for Studies in Higher Education at Berkeley in 2002 with two goals in mind: to write and do research on UC history and to finish her PhD in English literature. Her most recent book, *Entrepreneurial President: Richard Atkinson and the University of California, 1995-2003*, was published by UC Press last year. Pat is now working on her long-delayed dissertation about William Hazlitt, one of the great English essayists of the early nineteenth century, and his writings on education and knowledge. After completing her degree, she hopes to resume work on contemporary educational issues by connecting her dissertation research on learning in Hazlitt's day with some of the ways we think about colleges and universities now. She's also interested in writing about the evolution of UC's organization as a multicampus system.

"Going back to school in your 60s is a challenge," she says, "but the rewards far exceed the adjustments you have to make—like spending all that time in the library." And one of those rewards has been the chance to work with members of Berkeley's great faculty, she added. "Every president I wrote for wanted his speeches to include something about the extraordinary talent and commitment of UC's faculty. What a pleasure to experience that talent and commitment firsthand."

Pat served as president of the UCOP retiree group, President's and Regents' Retiree Association (PARRA), for 7 years and is now a member-at-large of the UC Berkeley Retirement Center's policy board. "Retirement has been a wonderful opportunity to try new things and use the professional skills I learned over three decades in new ways," she says. What has surprised her about retirement? The fact that "retirement" isn't a one-time decision but a constant process, a process that gives you the great privilege of choosing what you want to do with your life, day by day and year by year.

Pat loves cooking, interior design, and gardening, and her current aspiration is to create a flower garden—one of these days.

Interviewed by Ellen Switkes



the CenterPiece

The *CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for the Faculty. The *CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

UC BERKELEY RETIREMENT
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Center-Sponsored Tours

CAMPUS MUSEUM TOURS

Keepers of the Lost Ark: The Magnes Collection

Wednesday, February 5, 11am-noon

Thursday, May 8, 11am-noon

In a sleek building on a quiet, tree-lined street in downtown Berkeley resides one of the world's premiere collections of art, artifacts, and archives related to Jewish culture and life, a treasure chest containing thousands of years of history from locations around the globe.

The Magnes Collection of Jewish Art and Life invites you to join fellow retirees for a tour behind the scenes and to learn about the many unique resources and events that are available for teaching, study, and personal enrichment. You may even get to see a Lost Ark or two in the process. See registration information, below.

Berkeley Art Museum Tea and Tours

A Sly Delight in Design and Detail: A Special Introduction to BAM/PFA's Trove of Japanese Woodblock Prints

Wednesday, March 5, 2pm

The museum has over 1350 ukiyo-e prints, most the legacy of a 1919 gift to campus from William Dallam Armes, Professor of English. This special viewing surveys the history of Japanese woodblock prints with particular attention to highlights of the collection: landscape prints by Hiroshige and Hokusai, vivid kabuki and warrior images by Kuniyoshi, and slyly satirical mitate prints that hint at lives and thoughts outside of the outlines of official censorship. A tea and open discussion follows this free viewing.

The Elephant's Eye: Artful Animals in South and Southeast Asia

Wednesday, April 9, 2pm-4pm and 3pm-5pm

In the art of South and Southeast Asia, animals take on a variety of aspects and appearances. This exhibition brings together works highlighting a menagerie of elephants, camels, snakes, and other animals. It includes a large temple banner from Thailand, a rare sculpture of Vishnu from Cambodia, Mithila paintings from a women's collective in India, Rajput miniatures, and a painting done by an elephant. Join us for a special double tour of this exhibit: the first tour group will view the exhibit at 2pm, both tour groups will meet for tea at 3pm, and the second tour group will set off at 4pm.

Advance registration is required to attend any of these Center-arranged museum tours; email ucbrc@berkeley.edu or call 510-642-5461 to register.

Association News

Mark your calendars for the following retiree association events.

UCBEA (<http://thecenter.berkeley.edu/ucbea.shtml>)

Board Meetings - January 21, March 11, April 29

Luncheons - January 25, March 15, May 3

UCRAB (<http://thecenter.berkeley.edu/ucrab.shtml>)

Board Meetings - January 15, February 19, March 19, April 16

Luncheons - March 20

PARRA (<http://thecenter.berkeley.edu/parra.shtml>) - TBA

Ex-Ls (<http://www.lbl.gov/ex-l-express/>)

Luncheons - February 20, May 22

UNIVERSITY OF CALIFORNIA, BERKELEY
RETIREMENT CENTER
1925 Walnut Street #1550
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the **CenterPiece**

Spring 2014

Directions to the Center

By BART: Take BART to the Downtown Berkeley station. Exit and walk two blocks north on Shattuck Ave. Turn right on University Ave. Walk one-half block east. Turn left on Walnut St. Walk one-half block north. Building is on your right.

By AC Transit: AC Transit bus lines 1, 18, 49, 51B, 65, 67, 800, and 851 stop at the Berkeley Bart Station.

Payment Reminder

The Retirement Center only accepts checks and money orders made to UC Regents as payment for parking, course fees, CRCN email, or other charges. We do not accept cash or credit cards. Please be prepared when coming in to make a payment.

Options for the *CenterPiece*

In an effort to reduce costs and to help Cal be as environmentally conscious as possible, the Retirement Center no longer sends paper copies of the *CenterPiece* newsletter to retirees with email addresses on file.

To continue receiving a paper copy of *the CenterPiece*, send an email to ucbrc@berkeley.edu or call 510-642-5461 with your name and email address indicating your preference. If you currently receive *the CenterPiece* by email only, no action is needed.

You can view *the CenterPiece* online at <http://retirement.berkeley.edu>.