



The CenterPiece

UC Berkeley Retirement Center

Volume 5, Number 2

What's News

A recurring theme this year is the celebration of our **fifth Anniversary**. Since its inception, the Center has had over 18,000 contacts and sponsored over 100 programs. More than numbers, though, the Center has ensured that Cal remains a vital and caring community for retired faculty, staff, their partners, spouses, and families. It has also helped to start new initiatives like the Health Care Facilitator program. One of only five centers of its kind in the country, the Center is now taking a leadership role in forming an international group, the Association of Retirement Organizations in Higher Education (AROHE)(p.7).

As of May 1st, we **welcomed Lawrence Berkeley National Laboratory (LBNL) retirees** as Center affiliates for a one-year pilot period. As you know, there has always been a close tie between the campus and LBNL and we look forward to extending Retirement Center programs and services to them.

This summer, we have a full roster of activities. In the *Cal Connection* section we continue to offer specially arranged discounts and services. **Discounted summer parking** coupons and a **20% off coupon** for the Cal Student Store are featured.

In *Center Sponsored Events*, we announce our first **day trip**, planned in collaboration with the UC Retirees' Association at Berkeley (UCRAB)(p.4). We also announce an **experimental program with the Pacific Film Archive (PFA)**, which offers four movies in their Preston Sturges

Retirement Center Mission Statement

The UC Berkeley Retirement Center is dedicated to developing programs and services that support the campus and contribute to the continued well being and creativity of retired faculty, staff and their families.

film series during the daytime, in addition to their regularly scheduled evening showings.

Our **Learning in Retirement (LIR) program**, now completing its second year continues to grow in popularity with two of the spring classes attracting 150 participants. LIR maintains an outdoor theme for the summer, once again offering **expert-led walks on the Berkeley campus** (p.5). Of note: Two of this year's Distinguished Teaching Award recipients, Professors Stephen C. Welter and Leslie V. Kurke, presented lectures to the Center's constituency this spring.

Rounding out the summer program are **computer classes** (basic, advanced basic and World Wide Web) and a **docent-led tour of the *Face of Buddha*** exhibit at the Berkeley Art Museum.

The *On Campus* section highlights just two of the many **CalFIT classes** being offered over the next months and the Summer Session's **Senior Audit Card**, which allows you to audit multiple classes for only \$25.00 (p.7). You can also find out how to join the Cal team for the **2002 Aids Walk**. If you are interested in other events coming up on the Cal campus and you use the Internet, visit <http://www.berkeley.edu/calendar/>.

You're Invited...

...to a party in honor of the Center's fifth anniversary! Our celebration is scheduled for the afternoon of Tuesday, September 10th. The event will be combined with the annual reception held by Chancellor and Mrs. Berdahl to honor newly retired faculty and staff. Look for your invitation in the mail late this summer.

UC Berkeley Retirement Center

2 Boalt Hall #7200 Berkeley, CA 94720-7200

Tel: (510) 642-5461 Fax: (510) 643-1460

Email: ucbrc@uclink.berkeley.edu

Website: <http://thecenter.berkeley.edu>

Center Hours

Monday-Friday: 8:30 am - 4:30 pm

Walk-in hours: 1 - 4 pm Closed: Noon - 1 pm

Morning hours by appointment only, please.

The Connection

The Retirement Center has arranged to extend these discounts and services to you.

Attention!!!

To take advantage of these offers, you must have identification showing that you are a retired staff or faculty member or the surviving partner of a retiree. Both of these cards are available Monday–Friday between 1 pm and 4 pm at the Retirement Center.

Pacific Film Archive

The Pacific Film Archive offers a reduced admission rate of \$5.00 for Cal, UCOP and LBNL retirees. The senior rate is \$4.50 for those age 65 and over. This summer the Center and PFA are co-sponsoring an early showing of four films by Preston Sturges; see p.6 for details.

Berkeley Art Museum

Enjoy free admission to the Berkeley Art Museum during any of its open hours by showing your retiree ID. The museum is open 11am–7pm, Wednesday through Sunday. (A free docent-led tour and discussion of the exhibit *Face of Buddha* is available for retirees, their families, and friends; see p.4.)

Library Cards

You are eligible for a free campus library card good for use at all UC Berkeley libraries. Call the Center for details on how to obtain a card.



Money Saving Coupon for the Cal Student Store

Bring this *CenterPiece* coupon to
GOLDEN BEARWEAR
for
20% Off
your next purchase
of Cal Clothing & Gifts



• Not valid on catalog order
or with any other discount
• Expires 8/19/02

Bancroft & Telegraph



Summer Parking Special

Between July 1st and August 18th, you can park on campus anytime, day or night, for a reduced rate. Daily coupons can be purchased from the Center for \$4.00 each. No hang-tag is required. Note: Parking in Faculty/Staff and Student lots only. Please call or drop by the Center to purchase these special summer permit coupons. If you are interested in Night/Weekend permits, see below.

Night and Weekend Parking Coupons

Purchase a book of ten parking coupons for night and weekend parking for only \$40.00. *Please note this is a price increase from the current fiscal year.* Coupons are good in most campus lots.

To purchase by mail, please send a check for \$41.50 *made payable to UC Regents*, to the Retirement Center (the additional \$1.50 is for mailing costs). You may also buy them in person at the Center, Monday through Friday between 1pm and 4pm.

Note: Coupons are not valid in UC public lots, for sporting or special events. ***They expire on June 30th of each year, and remaining coupons must be returned to the Center by August 1st for credit toward new coupons.***

Discounted Parking for Center Programs

When attending a Center-sponsored event, you are eligible for parking at \$4.00 in any non-reserved parking space on campus. *You must call the Center at least two days prior to the day of the event to reserve your parking pass.*

Long-Term Care Insurance Counseling

Before purchasing a long-term care insurance policy, it is important to know all the issues you must consider. The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, please call the Center.

The Connection

The Retirement Center has arranged to extend these discounts and services to you.

Chronicle of the University of California

The *Chronicle of the University of California* is devoted to the preservation of the University's past and the promotion of research in University history.

You will receive a 15% discount off the price of a single issue of the Chronicle or 15% off any two-issue subscription. The regular price is \$20.00 for a single issue or \$36.00 for a two-issue subscription. For further information on how to subscribe, call the Center.

Health Care Facilitator

Retirees (**from the Cal campus only**) having problems with or questions about their health plans can receive confidential one-on-one assistance provided by the campus Health Care Facilitator (HCF). Call the Center for contact information. Because the HCF is location specific, UCOP and LBNL retirees should call the UC Office of the President Customer Service Center at (800) 888-8267.

20/20 Vision Plan

Retirees and their designated beneficiary, are eligible for the 20/20 Vision Plan. Benefits at the University Eye Center include a Comprehensive Vision Examination for a maximum out-of-pocket cost of \$39.00*, a discount on other vision services, a discount on ophthalmic materials (such as spectacles, contact lenses, or low vision devices), a complimentary "Cal" glasses case when spectacles are dispensed, free parking, and a free shuttle ride to the Eye Center.



For additional information about the plan or to make an appointment, call the UCB Eye Center at (510) 642-2020. Be sure to identify yourself as a 20/20 Vision Plan member.

**Where applicable, insurance will be billed first.*

Wellness Bargains

The *UC Berkeley Wellness Letter* offers you a discounted rate of \$15.00 (regularly \$28.00), on the first year of a subscription (*for new subscribers only*).

For a free pamphlet entitled "Wellness Made Easy: 365 Tips for Better Health," a free sample copy of the Wellness Letter, or to subscribe, contact the Center.

Affordable Computer Equipment at The Scholar's Workstation

The doors are open for retirees to the campus computer retail outlet — The Scholar's Workstation (TSW). Retirees and surviving partners who show their ID card can purchase hardware and software at low educational prices.



The Scholar's Workstation is located on the ground floor of University Hall in Room 41. It is open Monday–Thursday 10am–4 pm, and 10am–Noon on Fridays. You can also find product information by going to the Retirement Center web site at <http://thecenter.berkeley.edu> and clicking on the link to The Scholar's Workstation.

Internet and Email Access through Cal Retirement Center Network

Subscribe to the Retirement Center's email and Internet access service (CRCN) for just \$13.00 per month, plus a one-time \$10.00 set-up fee. Cost includes software, unlimited access to the Internet, an email account, and access to your email through the web at <http://bearmail.berkeley.edu>. Call or email the Center for details. In order not to incur any toll charges on your phone bill, you must live within the local dialing area of campus (approximately a 12-mile radius).



To be eligible for this service, you must be either a retiree or surviving partner from UC Berkeley, Office of the President, or LBNL. The Center will also provide email training using Eudora, which will include sending/receiving email and downloads. (Note: Eudora training is on PCs; however the information is applicable for Mac users.)

This program is a collaborative effort of the Center, Computing and Network Services (CNS), Workstation Support Services (WSS), and the Office of Resource Development (ORD).

Center Sponsored Events

All programs require reservations, except where noted. Call (510) 642-5461.

Special Event: Day Trip!

Thursday August 1 8:30am–5:30pm

Join us for a relaxing chartered bus trip to Santa Cruz for a docent-led tour of California's only working marine laboratory open to the public. The UC Santa Cruz Long Marine Laboratory and the Seymore Marine Discovery Center offer an exciting look into the research underway within UCSC's Institute of Marine Sciences. After the tour, we'll enjoy lunch at one of Monterey Bay's most popular restaurants, The Crow's Nest, which is situated above the Santa Cruz Yacht Harbor with great views of the bay.

The all-inclusive cost for the trip is \$45.00. For more information, or to have a reservation packet sent to you, please call the Center.



Berkeley Art Museum Tour

Free docent-led tour and discussion for retirees, their families, and friends.

Face of Buddha: Sculpture from India, China, Japan, and Southeast Asia

Friday June 28 11am

This exhibition, in the museum's Asian Galleries, features graceful stone figures from China on long-term loan from the Arthur M. Sackler Foundation in New York together with small Buddhist sculptures from the UC Berkeley Art Museum's collection. Combined they form a vivid picture of the spread of Buddhist devotions throughout Asia. Included is an elaborately carved "beautiful bodhisattva" of the 9th and 10th century.

Medicare and Your UC Health Benefits

Thursday September 5 10:30am–Noon

This program is especially targeted to those who will soon become eligible for Medicare benefits (usually at age 65). The session will provide an overview of the Medicare program, explain how UC health benefits coordinate with Medicare, and identify issues to consider when selecting a plan. It will also detail what steps you will need to take with UC, Medicare, and your health plan to complete your enrollment successfully.

Computer Classes

These classes are tailor-made for you. A \$5.00 per session fee includes instruction and materials. Parking can be arranged for \$4.00 per session. Please call the Center with any questions or for reservations.

Computer Basics (A two-day class)

Space is limited to 18 participants

Monday	July 22	9am–Noon
Tuesday	July 23	9am–Noon

These sessions introduce you to the very basic elements of computer use. They offer an overview of computer applications and hands-on training. You will learn what makes a computer "tick," how to use a keyboard and mouse, how to open, close and navigate through programs, and how to create and save files.

World Wide Web: The Internet Starter Course

Space Limited to 18 participants (A one-day class)

Wednesday	July 24	9am–Noon
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Prerequisite: Completion of Computer Basics or a working knowledge of the keyboard and the mouse

Finding long-lost friends, researching the best price on airline tickets, purchasing books, and even academic research can now be done from the comfort of your home, or anywhere there is an Internet connection. Learn how you can perform these tasks and more by surfing the World Wide Web. This class covers Internet basics, including how to use browsers and search engines.

Advanced Basics

Space is limited to 18 participants (A two-day class)

Monday	July 29	9am–Noon
Wednesday	July 31	9am–Noon

Prerequisite: Completion of Computer Basics or equivalent experience

Have you ever saved a file only to realize you couldn't find it later? Ever wanted to go beyond basic letter writing? Then these sessions are designed for you – those who want to take the next step beyond the "basics." There will be a review of the basics followed by more in-depth instruction on how to navigate your computer (including use of My Computer, Windows Explorer, menus, and icons) and programs such as Microsoft's Word and Excel.

Center Sponsored Events

All programs require reservations, except where noted. Call (510) 642-5461.

Learning in Retirement

Join us this summer for two informative events, which walk you through the campus and part of Doe Library. Although these events are free, pre-registration is required due to limited class size. Partners and spouses of emeriti and retirees are welcome.

The Art, Literature and History of UC Berkeley

Monday, June 24, 10:30am–Noon

Steven Finacom, Planning Analyst at UC Berkeley Physical and Environmental Planning, who conducted a historic tour of the campus last summer, will give a “gallery talk” on a temporary exhibit in Doe Library featuring the “art, literature, and history” of the Berkeley campus.



Berkeley is named for a man who was a poet and writer, but you may not be aware that over the past century the campus has been the setting for numerous novels, murder mysteries and science fiction stories, that there are scores of histories, biographies, and other works of non-fiction about UC Berkeley, and that both familiar and unusual campus images have been pictured on everything from posters to postcards, dinner plates, and large format art books. And that doesn't include the hundreds of poems, songs, and musical scores specifically about Berkeley.

If you'd like to learn more about the unique literary and artistic heritage of the campus—and perhaps pick up some tips for light summer reading close to home—come join Finacom's guided talk. The one and one half hour presentation will visit the 14 cases containing the display, and conclude, in the Morrison Room, with a reading of some literary excerpts and poems about Berkeley.

Walking Tours of the Campus

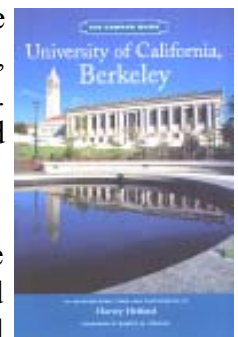
Photographer-writer and former Campus Planner Harvey Helfand will lead two walking tours drawn from his recent book, “The Campus Guide: University of California, Berkeley” (Princeton Architectural Press, 2002), which includes a foreword by Chancellor Robert M. Berdahl. The book highlights architecture and historic plan elements, as well as landscape and sculptural features. The tours will cover two geographical areas of the central campus.

Tuesday, July 9, 10:00am–Noon

Tour One will emphasize the Classical Core, the Humanities heart of the Beaux-Arts ensemble planned and designed by architect John Galen Howard and including Doe Memorial Library, California, Durant, and Wheeler Halls, Hearst Memorial Mining Building, and the Campanile. South Hall, the first campus building, and the former student center complex of Stephens and Moses Halls will also be featured.

Thursday, July 11, 10:00am–Noon

Tour Two will include selected sites in the Southeast part of the campus, which is home to the arts, music, and professions. Faculty Glade and the Faculty Club, initiated by architect Bernard Maybeck, will be featured, along with the Haas School of Business, Wurster Hall, and Maybeck's and Julia Morgan's Hearst Gymnasium.



Center Co-Sponsored Event

All programs require reservations, except where noted. Call (510) 642-5461.

Sturges Festival at the Pacific Film Archive

This summer the Pacific Film Archive (PFA), in conjunction with the Center, is co-sponsoring a 4:30pm showing of four movies in their Preston Surges film series. This earlier time slot is an experiment to see if there is enough interest to continue this time alternative on a regular basis.



Sturges was the first Hollywood writer to direct his own script, and thus the credit "written and directed by" first appeared before his name in *The Great McGinty*. He won the first Academy Award ever given for Best Original Screenplay and he went on a creative streak unparalleled in the history of film, writing and directing several masterpieces, including *The Miracle of Morgan's Creek* and *Sullivan's*

Travels.

His films remain celebrated to this day. There have been numerous studies of his life, and the total number of books written either entirely or substantially about him now numbers twelve.

The films, noted below, will be shown at the temporary home of the Pacific Film Archive, 2575 Bancroft Avenue, Berkeley. Center affiliates and their families and friends are all invited to attend, however due to limited seating, pre-registration is required. Tickets are \$4.50 for all UCB, UCOP and LBNL retirees with a campus or Center retiree ID card, regardless of age. Family and friends over 65 also pay \$4.50; general admission is \$7.00. For more information, or to register, call or email the Center.

The Great McGinty (1940)

Saturday July 6 4:30pm
This comedy about a Depression-era bum recruited by the city's political machine to help with vote fraud, stars Brian Donleavy, Muriel Angelus, and William Demarest.

The Palm Beach Story (1942)

Saturday July 13 4:30pm
An inventor needs cash to develop his big idea. His wife, who loves him, decides to raise it for him by divorcing him and marrying a millionaire. Starring Claudette Colbert, Joel McCrea, Mary Astor, and Rudy Vallee.

Miracle of Morgan's Creek (1944)

Saturday July 20 4:30pm
Trudy Kockenlocker, a small-town girl with a soft spot for American soldiers, wakes up the morning after a wild farewell party for the troops to find that she married someone she can't remember; starring Eddie Bracken and Betty Hutton.

Sullivan's Travels (1942)

Saturday July 27 4:30pm
A director of escapist films goes on the road as a hobo to learn about life... which gives him a rude awakening. This film stars Joel McCrea, Veronica Lake, Robert Warwick, and William Demarest.

The CenterPiece

The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost. The CenterPiece is distributed to annuitants of UC Berkeley and the Office of the President.

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On Campus

Summer Sessions Senior Audit Card

Retirees are invited to audit classes during the UC Berkeley Summer Session for a greatly discounted fee. In this program, retirees may purchase a Senior Audit Card for \$25.00 (Auditing usually costs \$325.00, so this represents savings of \$300.00). UC Retirees may purchase this card regardless of age; others must be at least 55 years old.



The Senior Audit Card allows you to sit in on an unlimited number of courses from a select list of classes offered in the summer. The Summer Sessions catalogue identifies the courses recommended for seniors with a special “S” code added to the course description. The next sessions begin June 10 and June 24. To obtain a card and a free copy of the catalog, call the Center.

Temporary Position Offered

A Retiree with Human Resources experience is needed in the Electronics Research Laboratory (ERL) from June 17 to July 5. If you are interested, please call Gwenn McIntyre at (510) 643-0653, or you can email her at gwennm@uclink.berkeley.edu.

CalFIT Classes

CalFIT is offering several classes that are especially good for those 50+. Here are some examples:

Golf for the Beginner and Low Intermediate

Mondays	July 15–August 19	7–8pm
Saturdays	July 20–August 24	11am–Noon

This course offers instruction in basic golf skills, including short game, irons, and woods. Golf clubs and range balls are provided. Location: Montclair Golf Club at Park Boulevard and Highway 13. Cost: \$115 for members, \$145 for non-members.

Yoga for Beginners

Mondays	July 15–August 19	Noon–1pm
Wednesdays	July 17–August 21	6:15pm–7:15pm
Saturdays	July 20–August 24	10:45–11:45am

Location: Hearst Gym, Room 251 (Mon & Sat); Strawberry Canyon Recreation Area, Club Room (Wed)
Cost: \$40 for members, \$50 for non-members.

All fitness levels welcome. Coming in the fall... Classes for 50+ in Tai Chi, Strength Training, Yoga, and Keep Moving. To register or for information call CalFIT at (510) 643-8032.

Related Off-Campus Events

AROHE Introduction & Conference

The Association of Retirement Organizations in Higher Education (AROHE) is a new international group that is forming to provide a forum for the development and sharing of ideas that will lead to new models of retirement in higher education. To help launch the association, AROHE has announced its first conference, “Enhancing the Retiree Connection: Building Vital Campus Organizations”, to be held October 15-17 at Indiana University, Bloomington. Attendees will have the opportunity to learn about creative developments in higher education retirement organizations and programs, to exchange ideas and to be energized by colleagues actively engaged in retirement ventures on other campuses.

UC Berkeley’s Center Director, Shelley Glazer, is an AROHE founding officer and Program Chair for the upcoming conference. For more information or a conference brochure, please call the Center.

Join the UC Team for the AIDS Walk

The campus is currently organizing its participation in the 16th Annual AIDS Walk San Francisco. On Sunday, July 21st, the campus will join hundreds of other corporate, government, school and community teams and individuals in Golden Gate Park for Northern California’s largest and most successful AIDS fundraising event.

You can register by going to the official AIDS Walk web site at <http://www.aidswalk.net> or by calling the AIDS Walk office at (415) 392-9255. Be sure to give the operator the UC Berkeley team number (0087). When you register, you will automatically be sent a sponsor form and additional information.



UC BERKELEY RETIREMENT CENTER
University of California
2 Boalt Hall, # 7200
Berkeley, CA 94720-7200

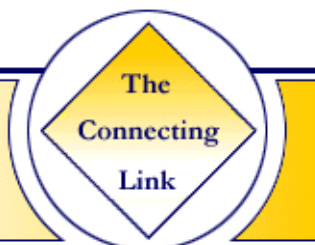
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UC Berkeley
Retirement Center



How to Reach the Retirement Center:

The Retirement Center is located in 2 Boalt Hall. Boalt Hall is located on Bancroft Way, between Piedmont and College Avenues. Room 2 is on the ground floor, just off the Kroeber Plaza fountain.

By BART:

Take BART to the Berkeley Station. Exit the station. Proceed to the bus stop in front of Bank of America. Catch a *UCB Perimeter Shuttle*. Get off at College/Bancroft. The shuttle costs \$0.25 (over 65 and disabled ride free).

By AC Transit:

AC Transit bus lines 7, 51, 52L, 604, and 605 stop at Bancroft and College. Bus lines 40, 40L, and 64 stop 3 blocks away at Telegraph and Bancroft.

By car:

Please call the Center for directions.