



# The e-CenterPiece

## UC Berkeley Retirement Center

Volume 1, Number 1

### What's News

As summer arrives, the Center is gearing up to do some long-range planning. If you have suggestions for programs and services that you would like to see the Center provide, please let us know. In the meantime, this issue of *The CenterPiece* highlights our summer offerings.

The Center's ID card continues to bring you enhanced value on campus as the UC Botanical Garden becomes the newest partner in our **Cal Connection** program by offering you free admission. The Cal Student Store once again extends to you a 20% summer savings coupon for imprinted clothing and gifts.

In our **Center Sponsored Events** section, you'll find two new programs in addition to our on-going computer classes and docent-led tours at the Berkeley Art Museum (p.5). First, to kick off our relationship with the Botanical Garden, they have put together a series of three "lecture walks." Second, the Young Musicians Program has invited you to be their *special* guests at the weekly presentations by professional musicians, in addition to the weekly recitals by student participants (p.4).

The **On-Campus** section, too, is filled with summer events sponsored by our Cal Connection partners and other campus programs, as well as with news to keep you abreast of campus affairs.

We are pleased to announce that the next *CenterPiece* you receive this coming fall will have an updated look that includes our newly designed logo. As you know, you can download and print a PDF version of *The CenterPiece* from our website: <http://thecenter.berkeley.edu>. Be sure to tell

### Retirement Center Mission Statement

The UC Berkeley Retirement Center is dedicated to developing programs and services that support the campus and contribute to the continued well being and creativity of retired faculty, staff and their families.

others that instead of receiving the newsletter by mail, they can receive an email to let them know that the latest edition is ready to view and print from our website. Currently "e-CenterPiece" registration is limited to UCB, UCOP and LBNL retirees.

Finally, we want to recognize the passing of the founding Chair of the Center's Policy Board, Sheldon L. Messinger. Shelly, as he liked to be called, was instrumental in the Center's development. "The Center is today a highly successful organization that superbly serves the Berkeley campus and retirees," said Policy Board member and past Chair, Donald A. Riley. "Much of this success is directly attributable to Shelly." In addition to his influence on the Center, Messinger was a principal architect of the Health Care Facilitator Program and an unwavering advocate for annuitants systemwide. His work on behalf of retirees will positively impact all of us for years to come.

### Associations - Not Just a Club

Emeriti and or Retiree Associations exist at each UC location, including labs. Separate entities from the Center, each organization is self-governed and serves a critical advocacy function, insuring the maintenance of retirement pensions and health benefits. Each group holds quarterly luncheons featuring speakers of note and the UC Retiree Association at Berkeley (UCRAB) organizes Bay Area trips and tours open to all.

Those staff who retired from the Berkeley campus (or their surviving spouses) will find an invitation to join UCRAB inserted into their newsletters. Others interested in the UC Berkeley Emeriti Association or the retiree associations from the Berkeley Lab (the Ex-L's) or the UC Office of the President should call the Center for further information.

#### UC Berkeley Retirement Center

2 Boalt Hall #7200 Berkeley, CA 94720-7200

Tel: (510) 642-5461 Fax: (510) 643-1460

Email: [ucbrc@uclink.berkeley.edu](mailto:ucbrc@uclink.berkeley.edu)

Website: <http://thecenter.berkeley.edu>

#### Center Hours

Monday-Friday: 8:30 am - 4:30 pm

Walk-in hours: 1-4 pm Closed: Noon-1 pm

*Morning hours by appointment only, please.*

# The **Cal** Connection

*The Retirement Center has arranged to extend these discounts and services to you.*

## ID Cards

To take advantage of these offers, you must have an identification card issued by the campus or the Center showing that you are retired staff, retired faculty or their surviving partner. These cards are available by mail or at the Center between 1 pm and 4 pm daily.

## Cal Rentals

Use Cal's housing counseling and rental listing service. Some services have a small fee. For more information, call (510) 642-0706 or go to the Cal Connections section of the Center's website and click on Cal Rentals.

## Library Cards

Obtain a free campus library card good for use at all UC Berkeley libraries. Call the Center for details.



## UC Botanical Garden

You are now eligible for free admission with your retiree ID card. (See special program, p.4.)

Established in 1890, the Garden's 34 acres contain 12,000 different kinds of plants — many endangered or quite rare — from all around the world, arranged by region and planted in naturalistic settings of uncommon beauty. The Garden's normal hours are 9 am–5 pm. From Memorial Day to Labor Day they have extended summer hours Wednesday through Sunday, until 8 pm.

## Money Saving Coupon for the Cal Student Store

Bring this CenterPiece Coupon to

# Golden Bearwear

for

# 20% off

Imprinted Clothing & Gifts



- Not valid on catalog orders  
- Expires 8/15/03

## Berkeley Art Museum

Enjoy free admission to the Berkeley Art Museum during any of its open hours by showing your retiree ID. The museum is open 11am–7 pm, Wednesday–Sunday. A free docent-led tour and discussion of the exhibit *Everything Matters: A Paul Kos Retrospective* is available for retirees, their families and guests; see p.4.

## Pacific Film Archive

The Pacific Film Archive (PFA) offers a reduced admission rate of \$5.00 to Cal, UCOP and LBNL retirees. (The senior rate is \$4.50 for those age 65 and over.) PFA is offering \$4.00 *matinee* specials this summer; see p.5.

## Night and Weekend Parking Coupons

Purchase a book of ten parking coupons for night and weekend parking for only \$40.00. Coupons are good in most campus lots.

To purchase by mail, please send a check for \$41.50 *made payable to UC Regents*, to the Retirement Center (the additional \$1.50 is for mailing costs). You may also buy them in person at the Center, Monday through Friday between 1 pm and 4 pm. Note: Coupons are not valid in UC public lots or for sporting or special events. ***All coupon books expire on June 30. Remaining coupons must be returned to the Center no later than August 1 for credit toward new coupons.***

## Discounted Parking for Center Programs

When attending a Center-sponsored event, you are eligible for parking at \$4.00 in any non-reserved parking space on campus. *Call the Center at least five business days prior to the day of the event to ensure a reservation.*

## Chronicle of the University of California

The *Chronicle of the University of California* is devoted to the preservation of the University's past and the promotion of research in university history.

You will receive a 15% discount off the price of a single issue of the Chronicle or 15% off any two-issue subscription. The regular price is \$20.00 for a single issue or \$37.00 for a two-issue subscription. For further information on how to subscribe, call the Center.

# The Connection

*The Retirement Center has arranged to extend these discounts and services to you.*

## **20/20 Vision Plan at University Eye Center**

Retirees and their designated beneficiary are eligible for this plan, developed by the Center and the UC Berkeley School of Optometry. Benefits include a comprehensive examination for a maximum out-of-pocket cost of \$39.00\*, a twenty percent discount on other vision services, including any ophthalmic materials (such as spectacles, contact lenses, or low vision devices). You will also receive a complimentary “Cal” glasses case when spectacles are dispensed and free parking in the Kleeberger lot (next to Memorial Stadium) with a free shuttle ride to the Eye Center in Minor Hall.

For additional information about the plan or to make an appointment, call the UCB Eye Center at (510) 642-2020. When you make your appointment, be sure to identify yourself as a 20/20 Vision Plan member.

*\*Where applicable, insurance will be billed first.*

## **Health Care Facilitator**

Retirees having problems with or questions about their health plans can receive confidential one-on-one assistance provided by a UC Health Care Facilitator (HCF). Because the HCF is location specific, call the Center for contact information.

## **Long-Term Care Insurance Counseling**

Before purchasing a long-term care insurance policy, it is important to know all the issues you must consider. The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, call the Center.



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## **Wellness Bargains**

The *UC Berkeley Wellness Letter* offers you a discounted rate of \$15.00 (regularly \$28.00), on the first year of a subscription (*for new subscribers only*).

For a free pamphlet entitled “Wellness Made Easy: 365 Tips for Better Health,” a free sample copy of the Wellness Letter, or to subscribe, contact the Center.

## **Affordable Computer Equipment at The Scholar’s Workstation**



The doors are open for retirees to The Scholar’s Workstation (TSW)—the campus computer retail outlet. Retirees and surviving partners with a retiree ID card can purchase hardware and software at low educational prices. Emeriti and CRCN members can place orders on-line with a credit card, using their CalNet ID and passphrase. (Call the Center for a CalNet ID.) All other retirees can fax a copy of their retiree ID after placing an on-line order.

The Scholar’s Workstation is located on the ground floor of University Hall in Room 41. It is open Monday–Thursday 9 am–4 pm, and 9 am–Noon on Fridays. You can also find product information by going to the Retirement Center web site and clicking on the link to The Scholar’s Workstation.

## **Internet and Email Access through Cal Retirement Center Network**

Subscribe to the Retirement Center’s email and Internet access service (CRCN) for just \$13.00 per month, plus a one-time \$10.00 set-up fee. Cost includes software, unlimited Internet access, an email account, access to your email through a web browser, and a free Eudora email class. (*Note: Eudora training is on PCs; however the information is applicable to Mac users.*) Call or email the Center for details.

To be eligible for this service, you must be either a retiree or surviving partner from UC Berkeley, Office of the President, or LBNL. In order not to incur toll charges, check with your local phone company to ensure that calling the campus from your home is a local call.

This program is a collaborative effort of the Center, Computing and Network Services (CNS), Workstation Support Services (WSS), and the Office of Resource Development (ORD).

## **Cal Rec Club**

Join the Cal Rec Club at a significant savings. Membership includes free morning aerobics and discounts on other programs. Call the Center for a brochure.

## Center Sponsored Events

*All programs require reservations, except where noted. Call (510) 642-5461.*

### UC Botanical Garden Special Programs

#### Bird Walk

Thursday June 5 9 am  
Join Dr. Christopher Carmichael, UC Botanical Garden (UCBG) Manager of Horticulture and Collections and avid bird enthusiast, on a bird watching tour of the beautiful Botanical Garden in Strawberry Canyon. Space is limited to 15 participants. Tour will be rescheduled in the event of rain.



#### Around the World in 80 Minutes: Garden Tour

Thursday July 10 1 pm  
Take a whirl-wind world tour by visiting the major areas of the Garden including the New and Old World Deserts, Asia (including the Japanese Pool), North America, South America, South Africa, Mediterranean, Australasia and California. Space is limited to 20 participants.

#### California Natives: Plants and People

Thursday August 7 1 pm  
Learn how California Indians use plants around them for food, medicine, clothing and shelter. At the same time, explore the fascinating biodiversity of California's plant communities. Space is limited to 20 participants.

UNIVERSITY OF CALIFORNIA, BERKELEY

### *Young Musicians Program*

The Young Musicians Program (YMP) is pleased to invite you to be their *special guests* this summer for weekly presentations by professional musicians each Monday between June 16 and July 28. Past visiting artists have included mezzo soprano Frederica von Stade, the Sonos Handbell Ensemble, YMP founder Michael Senturia, San Francisco Symphony cellist Peter Shelton, YMP alumna and actress-singer-songwriter Eisa Davis, and world jazz vocalist Ledisi.

In addition, you are also invited to several of their other events, including:

**Student recitals:** Wednesdays at 1 pm and Fridays at 12:45 pm, from June 18 through July 25.

**Open House and Ice Cream Social:** Friday, July 18, beginning at 9 am. Guests are invited to attend classes, lessons, and rehearsals. Guests will then be treated to lunch and conversation with students and faculty, and a student recital, followed by the annual all-YMP ice cream social.

**Composition recital:** Wednesday, July 30 at 3 pm. See and hear students' works performed by their peers.

**Final student recital:** Friday, August 1 at 7 pm.

**Final concert:** Sunday, August 3 at 3 pm. Hear the best of the summer session.

Founded in 1968 by UC Berkeley professor Michael Senturia, the Young Musicians Program (YMP) provides exceptionally gifted low-income students with professional training in music on a full scholarship basis. One of UC Berkeley's most successful outreach programs, YMP has for 35 years made a critical difference in the lives of hundreds of young people. Each year more than 70 Bay Area youngsters (ages 9 to 18) receive year-round, individualized instruction from professional musicians at no cost to their families.

*To make a reservation or for more information about these free events, call the Center.*



## Center Sponsored Events

All programs require reservations, except where noted. Call (510) 642-5461.

### Computer Classes

These classes are tailor-made for you. A \$5.00 per session fee includes instruction and materials. Parking can be arranged for \$4.00 per day. Call the Center for reservations or if you have any questions. *Class space is limited to 18 participants.*

#### Advanced Basics (This is a two-session class.)

Tuesday June 17 9am–Noon

Wednesday June 18 9am–Noon

*Prerequisite: Completion of Computer Basics or equivalent experience*

#### World Wide Web: The Internet Starter Course

Thursday June 19 9am–Noon

*Prerequisite: Working knowledge of the keyboard and the mouse*

### Berkeley Art Museum Tour

Wednesday July 9 11 am

Join us for a free docent-led tour of the major retrospective of leading Bay Area artist Paul Kos. Accompanied by a fully illustrated catalog, the exhibition in Gallery B, the museum's central atrium, will span the artist's more than thirty-year career.

Kos was one of the major figures in the early Conceptual Art movement in the late 1960s and early 1970s. Already defined by cultural change and political activism, the Bay Area became a center for the revolutionary spirit in art, which gave rise to new genres of video, performance, and installation. Kos was among the first artists to incorporate interactivity into sculptural installations.

## On Campus

### Summer Sessions Senior Audit Card

Retirees are invited to audit classes during the UC Berkeley Summer Session for a greatly discounted fee. In this program, retirees may purchase a Senior Audit Card for \$25.00 (a \$335 savings). UC Retirees may purchase this card regardless of age; others must be at least 55 years old.

The Senior Audit Card allows you to sit in on an unlimited number of courses from a select list of classes that are identified in the Summer Sessions catalog with a special "S" code added to the course description. The next session begins June 23. To obtain a card and a free copy of the catalog, call or email the Center.

### Volunteering at the Botanical Garden

Working as a volunteer at the University of California Botanical Garden provides the opportunity to learn about plants from around the world, be outside in the fresh air, meet people who are passionate about plants, ecology and conservation, and to participate in the activities of one of the University's most fabulous museums. Hours are flexible, but you should plan on working a minimum of three hours a week. For more information, please call Kim Kaso, Volunteer and Programs Coordinator, at 643-1924.

### Pacific Film Archive

The Pacific Film Archive (PFA) is pleased to offer retired faculty, staff, and surviving partners their member rate of \$4 for *matinee* film screenings of the Douglas Sirk and Nicholas Ray films, as well as all the W.C. Fields programs. Advance tickets are encouraged. You can charge tickets by phone by calling (510) 642-5249.

#### Douglas Sirk: *Tender Ironies* June 15–29

A major inspiration for directors from R. W. Fassbinder to Todd Haynes, Sirk's gorgeous Hollywood melodramas such as *Written on the Wind* and *All That Heaven Allows* fuse cynicism and sentiment to show the crazy dreams that dominate American culture, and the tragic impact those dreams have on individual lives.

#### Nicholas Ray: *Bigger Than Life* May 18–June 14

From the director of James Dean in *Rebel Without a Cause*, Humphrey Bogart in *In a Lonely Place*, and Joan Crawford in *Johnny Guitar*. Explore the fifties through the eyes of a Hollywood nonconformist and a great visual stylist.

#### Sundays with W.C. Fields August 3, 10, 17, 24

August 3 is the kick-off event with a book signing and screening with Fields biographer James Curtis.

## On Campus

### Fitness Classes Tailored to Those 50+

CalFIT (Fitness, Instruction, Training) offers instructional classes and workshops in a variety of fitness, sports and dance activities. Classes are offered in 6-8 week sessions on a year-round basis. The following offerings are especially good for those 50+. For fees and more information, call CalFIT at 643-5151. Offerings include:

*Ballroom Dance Sampler:* Tuesdays, 6:30-7:30 pm; *Golf:* Saturdays, 11 am-12 pm, Mondays, 7-8 pm; *Pilates:* Wednesdays, 12-1 pm; *Qi Gong:* Thursdays, 6:15-7:15 pm; *Strength Training:* Mondays/Wednesdays, Tuesdays/Thursdays, 12-1 pm or 1-2 pm and 6-7:30 pm, Fridays at noon; *Beginning and Intermediate Swimming:* Tuesday/Thursday evenings, or Saturday morning; *Tai Chi:* Tuesdays/Thursdays, 7-8 am; *Yoga Beginner:* Mondays, 12-1 pm, Wednesdays 6:15-7:15 pm, or Saturdays 10:45-11:45 am; *Yoga and Stretching for People with Disabilities:* Fridays, 1:30-3:30 pm.

### Join the UC Team for AIDS Walk 2003

On July 20th, the campus will join hundreds of other corporate, government, school and community teams and individuals in Golden Gate Park for California's largest AIDS fundraising event. Since its inception in 1987, no other event has inspired more Californians to take action in the fight against AIDS. Last year more than 25,000 people, participated in the AIDS Walk, collecting \$3.5 million for AIDS services and prevention efforts. A portion of the proceeds from this year's AIDS Walk San Francisco will also be distributed to other important organizations in the Bay Area.

Teams are forming for both UCB and UCOP. You can register by going to the official AIDS Walk San Francisco web site at <http://www.aidswalk.net/sanfran/> or by calling the AIDS Walk office at (415) 615-WALK. Be sure to give the operator team number 0087 for UCB and 0088 for UCOP. LBNL retirees can join either group.



### Berkeley Art Museum Exhibit "The Black Panthers 1968"

This remarkable time and movement gave rise to what the Berkeley Art Museum (BAM) illuminates in "The Black Panthers 1968," an exhibition of photographs on display through June 29 taken by Ruth-Marion Baruch and her husband, Pirkle Jones. Both were associated with the Peace and Freedom Party, and through that connection learned of the Panthers' program. "Slowly we began to comprehend how severely maligned they were by the communications media," Baruch later wrote. "The urge to correct this injustice grew rapidly within me."



When the de Young Museum, after much controversy and hesitation, exhibited 123 images from the Panther project in the winter of 1968-69, record crowds attended — more than 100,000 people in all. The exhibition at BAM will feature forty-five vintage gelatin silver prints from the original project.

Ruth-Marion Baruch and Pirkle Jones met as photography students and were married in 1949 at the Yosemite home of Ansel Adams. They were together until Baruch's death in 1997. Their work has been exhibited in museums around the country including the Art Institute of Chicago; The Museum of Modern Art, New York; the International Museum of Photography in Rochester, New York; and the Smithsonian Institution. Thirty-five years later, many of these images are getting an East Bay homecoming.

### Lawrence Hall of Science

#### Forces That Shape the Bay Opens June 21

You haven't seen the San Francisco Bay until you've seen "Forces That Shape the Bay." At an elevation of 1,100 feet, the Lawrence Hall of Science (LHS) has a panoramic view of the San Francisco Bay, and this exhibit takes full advantage of that spectacular vista.

Visitors can view the result of millions of years of geologic, climatic, marine, and human forces; as well as participate in many hands-on activities that show how the Bay was formed, shaped, and continues to evolve. LHS is open daily from 10 am to 5 pm. Visit <http://lawrencehallofscience.org> or call (510) 642-5132 for more information.

## On Campus

### ***The e-CenterPiece***

*The e-CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost. *The e-CenterPiece* is sent electronically to annuitants of UC Berkeley, the Office of the President, and LBNL, only on an opt-in basis. Copyright © 2003 UC Regents.

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#### **Veteran Journalist Joins Cal as New Head of Public Affairs**



Award-winning journalist George A. Strait, Jr., is the new assistant vice chancellor for public affairs at Berkeley.

As head of the Office of Public Affairs, Strait will oversee University Communications (including the *Berkeleyan*, the Berkeley gateway website, publications, and the General Catalog), Media Relations, Government Affairs, Cal Parents, and Visitor Services.

"I want people to value UC Berkeley for the rich source of information that it is," says Strait. "My challenge will be to keep up with the intellectual vigor of the institution."

Strait earned his bachelor's degree in biology at Boston University in 1967. While completing the coursework for a master's degree in biochemical genetics at Atlanta University, he began to explore broadcasting, first as an all-night disc jockey, then migrating to television as a local reporter (and later anchor) for an Atlanta station.

Strait moved quickly into ever-larger television markets and increasingly complex beats. In 1977, following stints at a Philadelphia station and at CBS News, Strait joined ABC News as a political reporter, covering Jimmy Carter, Walter Mondale, and George H.W. Bush.

Strait has also remained active over the years as a media consultant, and has taught seminars and courses on science reporting and broadcast journalism at institutions such as Columbia, Rutgers and Wesleyan universities.

(Source: *Berkeleyan*)

#### **NewsCenter**

Since the last *CenterPiece*, the campus has launched a new a web portal offering Internet users up-to-the-minute access to news and features about all things Berkeley. The new portal, NewsCenter ([newscenter.berkeley.edu](http://newscenter.berkeley.edu)), is a one-stop site for news, current events, calendar listings, and features — written, edited, and presented by a team of UC Public Affairs editors, writers, and designers with their fingers on the pulse of the campus.

NewsCenter won a Circle of Excellence award from the Council for Advancement and Support of Education (CASE) as one of the top ten university websites of 2003. The site received a silver medal in the competition, which drew entries from 153 university and college websites in the U.S. and Canada.

(Source: *Berkeleyan*)

#### **Giving to Cal**

"Give to Cal," the campus online giving site ([givetocal.berkeley.edu](http://givetocal.berkeley.edu)), was recently revamped. The breadth and scope of this site, with nearly 300 funds, is still without parallel in higher education online philanthropy. The new and improved e-giving site is more user-friendly and focused, loads more quickly and includes new features, such as simplified instructions.

The Center's endowment and annual funds are also on the site. You can go directly to that page by clicking here.

UC BERKELEY RETIREMENT CENTER  
University of California  
2 Boalt Hall, # 7200  
Berkeley, CA 94720-7200

ELECTRONIC MAIL  
UNIVERSITY OF CALIFORNIA

## UC Berkeley Retirement Center



### **How to Reach the Retirement Center:**

The Retirement Center is located in Two Boalt Hall. Boalt Hall is located on Bancroft Way, between Piedmont and College Avenues. Room 2 is on the ground floor, just off Kroeber Plaza.

#### **By BART:**

Take BART to the Berkeley Station. Exit the station. Proceed to the bus stop in front of Scandinavian Designs. Catch a *UCB Perimeter (or Reverse Perimeter) Shuttle*. Get off at College/Bancroft. The shuttle fare is 25 cents. Those over 65 and disabled ride free with disabled/senior card from Berkeley Trip. Call (510) 643-7665 for details.

#### **By AC Transit:**

AC Transit bus lines 7, 51, 52L, 604, and 605 stop at Bancroft and College. Bus lines 40, 40L, and 64 stop 3 blocks away at Telegraph and Bancroft.

#### **By car:**

Please call the Center for directions.