



the CenterPiece

UC BERKELEY RETIREMENT CENTER NEWSLETTER

Retirement Center Mission Statement

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

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CENTER HOURS

Monday – Friday:
8:30am – 4:30pm
Walk-in hours: 1–4pm
Closed: Noon – 1pm



What's News

This edition of *The CenterPiece* brings you many opportunities to learn, enjoy and participate as the Center continues to form collaborations with campus and community partners.

Currently we are working on a unique **partnership with Cal Corp**, the university's public service center. Our first effort provides a chance for you to work with Cal students to make a difference in the lives of K-8 youth. We are also relaunching the **Retiree Work Opportunities (RWO)** program, which was recently front-page news in the *San Francisco Chronicle* business section (p.5).

The Center was also featured in the article, "Continuing the Connection: Emeriti/Retiree Centers on Campus", co-authored by Center Director Shelley Glazer, in the May edition of the *Journal of Educational Gerontology*.

In our *Center-Sponsored Events* section, you will find that we uphold our summer tradition of featuring events that highlight the campus and its environs. This summer, we offer a docent-led "**behind the scenes**" tour of the Hearst Museum of Anthropology and a stroll through **Berkeley's Poetry Walk**, led by former U.S. Poet Laureate, Robert Hass. You are also invited to an education **session on long-term care insurance** or to take advantage of one of our excellent computer classes (p.4-5).

Although summer has historically meant a lull in campus activity, this is changing. In our *On Campus* section, we highlight some of the programs and events that may be of interest, including Summer Sessions' Senior Audit Card, classes at the ASUC Art Studio and an invitation to hear performances of the Young Musicians'

Program. Retirees are also invited to be part of Cal's team at the SF AIDS Walk (p.6).

As always, our *Cal Connections* section lists the ways that the Center has arranged for you to maintain campus access by using your retiree ID card (p.2-3). An additional summer bonus is found on page six, a **20% savings** on clothing, gifts or general books at the Cal Student Store.

Finally, page seven is dedicated to the activities and accomplishments of both local and statewide UC retiree and emeriti associations. These organizations serve you by ensuring that the UC retirement benefit systems stay secure and intact, and are well worth your consideration for membership.

Arrivals and Departures...

The Center's Policy Board is integral to its operation. For the past four years, Professor Emeritus Lawrence Waldron has generously provided of his time and wise leadership as board chair. He is now stepping down. With gratitude, we thank him for his service. We welcome new board chair Louise Taylor, Director Emerita from the Chancellor's Office.

We also welcome three new staff members: Gloria Parra, a 10-year veteran of UC, will direct the Retiree Work Opportunities program and the Center's 8-week Pre-Retirement Planning program (PRP); Lana Buffington, a 24-year campus veteran, will take the lead on volunteer initiatives and special projects; and Mark Hayden will complete our administrative services team.

Finally, we note the passing of Professor Emeritus Adrian Kragen. Among his vast accomplishments and contributions to Cal, Adrian's determination to establish a retirement center at Cal led to the Center's initial budget in 1990 and to its prime location in Boalt Hall.



UC Press Discount

University of California Press is pleased to offer you a 15% discount on all books. With more than 180 new books published each year in the humanities, social sciences and natural sciences, the Press offers something for everyone's reading list.

A code, which you can get from the Retirement Center, is required to receive the discount. The code can then be used for phone orders when you call the fulfillment service at (800)777-4726 or for Internet orders (type the code in the coupon code field).

UPDATED!

ID Cards

To take advantage of the special Cal Connection offers, you must use a retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your card, come by the Center between 1pm and 4pm daily or call the Center to order by mail.

Library Cards

Obtain a free campus library card good for use at all UC Berkeley libraries. Call the Center for details.

UC Botanical Garden

With your retiree ID card, you are eligible for reduced admission to the UC Botanical Gardens. You can also become a member for \$30.00 (regularly \$40.00). Established in 1890, the Garden contains over 12,000 different kinds of plants. The Garden is open 9am-5pm year round.

20/20 Vision Plan at University Eye Center

You and your designated beneficiary are eligible for this plan. Benefits include a comprehensive examination for a maximum out-of-pocket cost of \$49.00*, a discount on other vision services and on ophthalmic materials (such as glasses, contact lenses, or low vision devices), a complimentary "Cal" glasses case when glasses are dispensed, free parking, and a free shuttle ride to the Eye Center. For information or to make an appointment, call the UCB Eye Center at (510)642-2020. Be sure to identify yourself as a 20/20 Vision Plan member.

*Where applicable, insurance will be billed first.

Cal Rentals

You can now use Cal's housing counseling and rental listing service. Some services have a small fee. For more

information, call (510)642-3642 or visit <http://calrentals.berkeley.edu>

Berkeley Art Museum/Pacific Film Archive

Enjoy free admission to the Berkeley Art Museum (BAM) by showing your retiree ID. Also, the Pacific Film Archive (PFA) offers you the UC faculty and staff admission rate of \$5.00 (with retiree ID card). See bampfa.berkeley.edu for film information and schedules, or pick up a copy of *Film Notes* at the Berkeley Art Museum or PFA Theater for previews of coming attractions.

Night and Weekend Parking

The Center now offers individual night and weekend parking hang tags, good through June 30, 2008, for \$4.00 each. Coupon books are no longer being used by the campus Parking and Transportation office; a one-time use hang tag has replaced the coupons. You can purchase these hang tags by mail by sending a check, made payable to UC Regents, for the number of hang tags that you want to purchase, plus \$1.50 for mailing and handling costs. You may also purchase the daily hang tags at the Center, Monday through Friday between 1pm and 4pm. Note: These hang tags are not valid in UC public lots for sporting or special events. If you have coupons that expired on June 30, 2005, you can redeem them for the new hang tags through August 1, 2005.

UPDATED!

Discounted Parking for Center Programs

When attending a Center-sponsored event, you are eligible for parking at \$4.00 in any non-reserved parking space on campus. You must prepay permits by sending a check or money order at least two days prior to the day of the event to reserve your parking pass. The Retirement Center is charged whether or not you use the parking permit, as such **we cannot offer refunds**.

Cal Rec Club

Join the Cal Rec Club at a significant savings. Membership includes free access to facilities and discounts on other programs. Call the Center for a brochure.

Chronicle of the University of California

The *Chronicle of the University of California* is devoted to the preservation of the University's past and the promotion of research in University history. The Chronicle offers a 15% discount off the price of a single issue (normally \$20.00) or 15% off any two-issue subscription (normally \$36.00). Call the Center to subscribe.



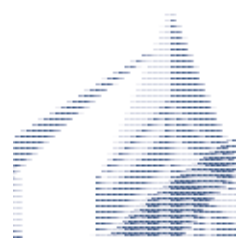
Women's Faculty Club

The Women's Faculty Club (WFC), founded in 1923, is a non-profit social membership organization, providing fine meals, memorable settings for receptions, meeting and parties and hotel accommodations in a unique campus setting. Noted architect John Galen Howard designed the building and it is considered one of the most beautiful buildings on campus.

Retirees are invited to join as Associate Members. Initial memberships are offered at a reduced rate, which includes a complimentary six months with the purchase of a full-year membership. The \$25.00 initiation fee is also waived. Enjoy a full year of membership privileges for \$66.00. Call the WFC at (510)845-5084 or download an application form at www.womensfacultyclub.com.

Affordable Computer Equipment at The Scholar's Workstation (TSW)

Purchase hardware and software at low educational prices at the campus computer retail outlet. You can also place credit card orders online, where you have the option to pick up your order at TSW or have it delivered to your home using your CalNet ID and passphrase. CRCN members (see next column—this page) and emeriti can call the Center for their CalNet ID. All other retirees can select the "Ship Order Using Fax Authorization" option during the online check-out process.



The Scholar's Workstation is located on the ground floor of University Hall in Room 41. It is open Monday-Thursday 9am-4pm, and 9-Noon on Fridays. Visit their web site by going to www.tsw.berkeley.edu.

Health Care Facilitator

Receive confidential one-on-one assistance regarding problems with or questions about your health plan. This service is provided by a location-specific Health Care Facilitator (HCF). Call the Center to get the phone number of your HCF.

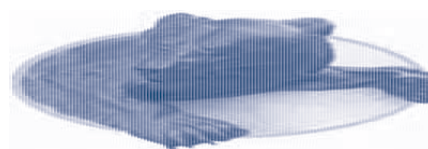
Wellness Bargains

The UC Berkeley Wellness Letter offers new subscribers a discounted rate of \$15.00 (regularly \$28.00) on the first year of a subscription. For a free pamphlet entitled "Wellness Made Easy: 365 Tips for Better Health," a free sample copy of the Wellness Letter, or to subscribe, contact the Center.

Center Expands Email Options through the Cal Retirement Center Network (CRCN)

Free email forwarding and a Calmail account that can be used with a DSL or cable connection are the two newest additions to the Center's CRCN program.

For a one-time set-up charge of \$10.00, **CRCN E-Mail Forwarding** provides a service that automatically



forwards messages addressed to your "berkeley.edu" email address to the in-box of any

email address you choose. This service is for those who want to keep a berkeley.edu email address, but want to use, or are already using, another email service such as Yahoo!, Earthlink or Comcast. For example, if you now have an account with Yahoo!, your email addressed to "you@berkeley.edu" will arrive at you@yahoo.com. There is no cost for this service.

CRCN CalMail, is for users of broadband (e.g., DSL, Cable) and other Internet connections, who want to keep a full service email account through the campus. For an annual flat fee of \$60.00 and a one-time set-up fee of \$10.00, you will get a CalMail account with a "berkeley.edu" email address, 100MB of email storage, vacation forwarding and Connecting at Berkeley (C@B) consulting support, which includes software, updates, and technical support by email or phone.

The Center's ongoing email and Internet service, **CRCN SHIPS**, is also still available for \$13.00 per month, with a one-time \$10.00 set-up fee, and includes unlimited Internet access through the campus Subscription Home IP Service (dial-up modem connection), a CalMail account with a berkeley.edu email address, software and consultation services.

Detailed information sheets and application packets regarding these services are available at the Center.

Long-Term Care Insurance Counseling

Before purchasing a long-term care insurance policy, it is important to understand all the issues you must consider. The Center has arranged for free, one-on-one sessions with a community expert from the Health Insurance Counseling and Advocacy Program (HICAP). This is a state-funded program that provides unbiased professional assistance to insurance consumers. To make a confidential appointment, call the Center.



Center Sponsored Programs and Events

WORKSHOPS AND TOURS

Long Term Care Insurance: Is It Right For You?

Thursday July 7 12:10-1:30pm

Making a decision to buy long term care insurance (LTCI) takes careful research, including questions such as: Should I buy LTCI?; What is the best LTCI policy?; What is the best company to buy from?; and What is the right age to buy LTCI?

This session will explain long term care and options for its financing, while focusing on the features and the pros and cons of long term care insurance. The session will also include information about available products and how they differ as well as offer guidelines for deciding whether or not to purchase a LTCI policy.

The program will be presented by an attorney from the Health Insurance Counseling and Advocacy Program (HICAP). HICAP is state-funded and provides unbiased professional assistance to insurance consumers.

Behind-the-Scenes at the Hearst Museum of Anthropology

Wednesday July 13 1:30pm-3:30pm

Visit the Phoebe A. Hearst Museum of Anthropology for a docent-guided tour of the Recent Acquisitions, Native Californian Cultures, Ancient Mediterranean and Peruvian galleries, with special focus on the current rotating exhibit, *Tesoros Escondidos: Hidden Treasures from the Mexican Collections*. *Tesoros Escondidos* presents a selection of the most beautiful, rare, and well-documented objects from Mexico preserved by the Hearst Museum. Although these important pieces have been collected since the museum's founding in 1901, only a few have ever been exhibited before.

You will also be treated to a rare peek at the downstairs collections area in the museum and an up-close look at a sampling of fascinating objects drawn from the museum's artifact collections from around the world.

The museum can accommodate two groups of twenty in the collections area, so reserve your space early.

COMPUTER CLASSES

Classes are tailored for you. A \$10.00 per session fee includes instruction and materials.

Parking can be arranged for \$4.00 per day. Call the Center for reservations or if you have any questions.

Class space is limited to 18 participants.

Computer Basics (This is a two-session class.)

Monday July 18 9am-Noon

Tuesday July 19 9am-Noon

These sessions introduce you to the very basic elements of computer use. They offer an overview of computer applications and hands-on training. You will learn what makes a computer tick, how to use a keyboard and mouse, how to open, close and navigate through programs, and how to create and save files.

Advanced Basics (This is a two-session class.)

Tuesday July 26 9am-Noon

Wednesday July 27 9am-Noon

Have you ever saved a file only to realize you couldn't find it later? Ever wanted to go beyond basic letter writing? This class offers instruction on how to navigate your computer and how to use programs such as Microsoft Word and Microsoft Excel. (Includes use of My Computer, Windows Explorer, menus and icons.)

Prerequisite: Completion of Computer Basics or equivalent experience.

World-Wide Web: The Internet Starter Course

Friday July 22 9am-Noon

Finding long-lost friends, researching the best price on airline tickets, purchasing books, and even academic research can now be done from the comfort of your home, or anywhere there is an Internet connection. This class covers Internet basics, including how to use browsers and search engines.

World-Wide Web II: The Next Steps

Friday July 29 9am-Noon

Designed to help you take the next steps in using the Internet, this class covers topics such as researching, shopping, downloading and more. It also provides in-depth coverage of viruses and security issues.

Prerequisite: Completion of the Internet Starter Course.



Center Sponsored Programs and Events

WORKSHOPS AND TOURS

Berkeley's Poetry Walk with Robert Hass, UC Berkeley Professor of English and Former US Poet Laureate

Wednesday

August 10

10am-Noon

Robert Hass will lead a tour along Berkeley's Poetry Walk located on Addison Street in downtown Berkeley. Poems selected by Hass are engraved on 100 square enameled panels in the sidewalk along both sides of the street. These panels form a path that meanders by the Aurora Theater, Berkeley Rep, Capoeira Café, the Berkeley Jazz School and the new home of Freight and Salvage. This collection of poems, translations of poems, and song lyrics were selected by Hass to reflect something of the social and literary history of Berkeley. Included are: Ohlone Indian Songs; translations by Cal professors of classical Chinese poetry; Oakland blues from African Americans during World War II; and poems of Jack London, Josephine Miles, Allen Ginsberg, Gary Snyder, Thornton Wilder, June Jordan, Gertrude Stein, Maxine Hong Kingston, and Czeslaw Milosz, to name but a few.

The Addison Street Anthology: Berkeley's Poetry Walk edited by Robert Hass and Jessica Fisher will be available for purchase, along with Hass's other books.

WORK AND VOLUNTEER OPPORTUNITIES

Share Your Experience and Expertise with Cal Students and Make a Difference in the Lives of Berkeley Youth This Summer

The Retirement Center is partnering with the University's Cal Corps Public Service Center to offer a unique opportunity for retired faculty and staff to volunteer this summer with Cal students working with Berkeley K-8 youth. Cal Corps has created a program (in partnership with the City of Berkeley Mayor's Office) providing literacy tutoring, fitness opportunities and nutrition education for 1,000 low-income youth at twelve sites this summer. If you are interested in reading with kids, cooking, leading trips to the public libraries, or participating in fun exercise (dance, sports, swimming and more) with Berkeley youth, please contact Cal Corps Director Megan Voorhees at Voorhees@berkeley.edu, or at (510)642-3916.

Retiree Work Opportunities Program

The Spring issue of the *The Centerpiece* publicized an upcoming Retiree Work Opportunities Program (RWO). The Retirement Center and campus Employment Services have now reorganized the program and upgraded the website used during the 2003 pilot. The new fiscal year provides an opportune time to re-launch the website and communicate the program widely to hiring departments and retirees.

The purpose of the program is to assist retirees and hiring managers in making contact with each other to fill short-term, temporary jobs at the Berkeley campus, Lawrence Berkeley National Laboratory, or UC Office of the President. The website will provide a self-service vehicle for retirees and hiring managers to connect directly with each other to meet their mutual short term employment needs.

In July, the Retirement Center and Employment Services plan to jointly offer several kickoff events to demonstrate the website and help retirees and managers connect with each other. Dates and locations for these events are currently being arranged.

If you have not already done so, contact Gloria Parra, Retirement Center program manager, at gjparra@berkeley.edu or (510)642-5461. Your name will be added to the list of individuals interested in temporary work opportunities, and you'll be contacted when the program is introduced in the next few weeks.



On Campus

Senior Audit Card

Retirees are invited to audit classes during the UC Berkeley Summer Session for a greatly discounted fee. In this program, retirees may purchase a Senior Audit Card for \$25.00. (Auditing usually costs \$325.00.) UC Retirees may purchase this card regardless of age; others must be at least 55-years old.

The Senior Audit Card allows you to audit courses at the discretion of the instructor (note exceptions: language courses, lab science courses and courses with limited enrollment). The next sessions begin July 5th and July 25th. To obtain information on getting a card and a free copy of the catalog, call the Center.

Art Classes at the ASUC Art Studio A Public Art Program at UC Berkeley

Since 1961, the ASUC Art Studio has provided the public affordable art instruction and studio facilities. Open to people of all ages and skill levels, with many courses geared towards beginners, the Studio includes a ceramics studio, darkrooms for color and black and white printing and a digital lab with five PowerMac G5 workstations. Some of the classes available this summer are: Plein Air Painting in Blake Gardens; Cartoneria: The Art of Mexican Paper Sculpture; Sculpting the Figure in Clay from the Live Model; Batik, Shibori & Contemporary Dye Techniques; Portrait Photography; Drawing the Still Life; and Jewelry Design—Earring Construction and Bead Stringing

The Studio is located in the lower level of the MLK, Jr. Student Union and is open Monday-Thursday Noon-10pm and Friday-Sunday Noon-5pm. For further information call (510)642-3065, or go to <http://www.asucartstudio.org>.

Cal Student Store Discount



Young Musician's Program

Young Musicians Program (YMP) is pleased to invite you to their concerts on August 3rd at 7:30pm, August 5th at 7:30pm, and August 7th at 3pm. These are held in Hertz Hall. Additionally, YMP invites you to their annual fundraiser "YMP & the Jazz Masters at Yoshi's," which will be held July 12th at 8pm and 10pm. Tickets are \$22.00 and \$18.00 respectively and can be purchased at www.yoshis.com or (510)238-9200.

Founded in 1968 by UC Berkeley professor Michael Senturia, the Young Musicians Program (YMP) provides exceptionally gifted low-income students with professional training in music on a full scholarship basis.

Center for Studies in Higher Education: University History Project

This summer, the University History Project of the Center for Studies in Higher Education is initiating a new project that will explore the potential of a campus-based museum dedicated to the history and story of Cal. Dr. Carroll Brentano, University History Project Coordinator, has commissioned an exploratory survey to identify potential collection pieces. Working in collaboration with Dr. Brentano, Karina Robinson, former UCBRC staff member and current graduate student at Arizona State University, will conduct the campus-wide survey, which will focus on individual and departmental collections. This survey will be completed during June and July through a series of interviews with faculty, staff, and students.

If you know of any collections or items that we should know about, please leave a message at (510)643-9210.

RELATED OFF-CAMPUS EVENT

Join the UC Team for Aids Walk - SF

The campus is currently organizing its participation in the Annual AIDS Walk San Francisco. On Sunday, July 17th, the campus will join tens of thousands of other corporate, government, school and community teams and individuals in Golden Gate Park for Northern California's largest and most successful AIDS fundraising event.

You can register by going to the official AIDS Walk web site at <http://www.aidswalk.net> or by calling the AIDS Walk office at (415)392-9255. Be sure to give the operator the UC Berkeley team number (0087). When you register, you will automatically be sent a sponsor form and additional information.



The CenterPiece is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for Academic Affairs and Faculty Welfare. The CenterPiece is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

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The Retiree and Emeriti Associations: Worth Joining?

Association membership is not necessary for participation in Center events. However, in addition to educational luncheons, trips and informative newsletters the Retiree and Emeriti Associations serve a critical advocacy function; they foster the retention and improvement of the benefits and privileges of UC retirees. Strong and large associations guarantee that your voices and concerns will be noticed.

The local associations also participate in the Council of University of California Retiree Associations (CUCRA) and the Council of University of California Emeriti Associations (CUCEA). These systemwide councils actively work to develop communication channels among campus groups and among retirees, emeriti, the President's Office, and the Academic Senate. Here are some examples of what they have accomplished:

- Maintenance of purchasing power for all annuitants—no less than 75% and up to 85% achieved;
- Reduction of the up to 90 day delay between the initiation of a request for a withdrawal from 403(b) and/or defined contribution plans and receipt of funds (current stated goal of 3-5 days);
- Elimination of the University policy which required a beneficiary of a deceased annuitant to withdraw all funds from Regents 403(b) program options within nine months, thereby allowing continuation of the use of such investment options;
- Early and comprehensive notifications (February of each year) of all annuitants reaching or at age 70-1/2 about minimum distribution rules and individual account details;
- Reduction in the delay in providing benefit payments to survivors following the death of an annuitant;
- The conception of the Health Care Facilitator Program, now funded by OP for each campus location;
- Application of a separate rating group for annuitants who reach age 65 and whose spouse is not yet eligible for Medicare, thus cutting costs to such families;
- University re-confirmation that health insurance coverage would continue to be provided to surviving spouses of deceased annuitants;
- Appointment of Chairs of CUCEA and CUCRA to serve on a task force that reviews the fundamentals of the University's health and welfare contribution strategy and considers options for UC's future contribution strategy.

Join today and begin to enjoy the benefits and camaraderie of each organization. For UC Berkeley retirees, applications are available at the Retirement Center Office or on line at: <http://thecenter.berkeley.edu/>. For LBNL retirees, call Bud Larsh at (510)724-1202 or go to: www.lbl.gov/ex-1-express/. For the President's Office and Regents' retirees, contact Karl Droese at (925)376-0468 or at: kdroese@comcast.com.

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NON-PROFIT ORGANIZATION
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**TIME SENSITIVE
MATERIAL**

VISIT US ON-LINE!

<http://thecenter.berkeley.edu>



**The
Connecting
Link**

the CenterPiece

SUMMER 2005

How to reach the Retirement Center:

The Retirement Center is located in 2 Boalt Hall. Boalt Hall is located on Bancroft Way, between Piedmont and College Avenues. Room 2 is on the ground floor, just off the Kroeber Plaza fountain area.

By BART:

Take BART to the Berkeley Station. After exiting the station, proceed to the perimeter shuttle bus stop in front of Scandinavian Designs. Take the shuttle to the intersection of Bancroft Way and College Ave. The shuttle costs 50 cents.

By AC Transit:

AC Transit bus lines 51, 52L, 604, and 605 stop at Bancroft Way and College Ave. Line 7 stops at Bancroft Way and Piedmont Ave. Bus lines 40, 40L, and 64 stop 3 blocks away at Telegraph Ave. and Bancroft Way. (Check with AC Transit for changes.)

By car:

Please call the Center for directions.