

# the CenterPiece

## UC BERKELEY RETIREMENT CENTER NEWSLETTER

### RETIREMENT CENTER MISSION STATEMENT

The UC Berkeley Retirement Center is dedicated to developing programs and services that contribute to the well being and creativity of retired faculty, staff and their families and that support the UC community.

### CONTACT US

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Berkeley, CA 94720-1550  
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Fax: 510-643-1460  
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Web: [retirement.berkeley.edu](http://retirement.berkeley.edu)

### CENTER HOURS

Monday–Friday:  
9am–Noon by appointment  
1pm–4pm Walk-in  
Closed: Noon–1pm



### Director's Notes

And it is summer,  
glorious, deep-toned summer,  
The very crown of nature's changing year/  
When all her surging life is at its full.  
*"Summer" by Amy Lowell (from A Dome of  
Many-Coloured Glass, 1912)*

The Center's program activity this summer is full of opportunities for retirees to learn, enjoy and contribute.

**Annual Picnic and BBQ:** The third annual picnic and BBQ will be held in June in Tilden Park. Always a fun event with good food, company, and prizes. This free event will be held on Tuesday, June 25. See p. 5 for more information.

**Retiree Golf Outing:** Hello fellow duffers! A new initiative this summer is the 1st Annual Retiree Golf Outing at the Tilden Park Golf course. Scheduled for July 23, registrations are due by June 24. This will also be a fun volunteer opportunity. See p. 5 for more details.

**Donor Thanks:** P. 3 of this newsletter lists our donors this past year. We thank you for your valued contributions. The contributions are an important part of the Center's annual budget.

**Summer Tours:** We will be offering four tours this summer – Berkeley Art Museum, Doe Library with research class, the newly-completed Memorial Stadium, and the Botanical Garden. Page 4 provides more information about these fun and informative tours.

**Volunteer Opportunities:** Coming of Age: Bay Area has identified interesting and valuable community volunteer opportunities with Support Women Entrepreneurs in the Bay Area and Don't Let Homelessness Stop a Child's Education. On p. 8 you can read more about these meaningful opportunities. Also you can

read about one retiree's experience in the Explore Your Future workshop series.

**LIR Survey:** Thanks to all of you who responded to the Learning in Retirement (LIR) survey. The LIR Committee and the Center will use your feedback to improve the LIR program. Next fall there will be a four part series on the exciting and unique research and program activity at the Lawrence Berkeley National Laboratory.

**bMail Migration:** By the time you read this, most subscribers to the Center's CRCN (Cal Retirement Center Network) program have migrated from CalMail to bMail. Summer Scanlan, the Center's Project Manager, and IST have arranged for more 30 minute one-on-one appointments with IST reps and another retiree bMail training session. We thank you for your cooperation and patience with this transition.

**Retiree Caregiver Support Group:** In cooperation with the campus Elder Care Program, the Center offers a retiree caregiver support group. The group meets once a month in the Center's conference room. If you are interested in the group, contact the Center at 510-642-5461 or [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) and share your contact information so we can notify you of the next meeting.

**PBS and Next Avenue:** Next Avenue is a major new PBS system website designed to reach America's booming 50+ population as they plan for and literally define a new life stage. Check it out at [www.nextavenue.org](http://www.nextavenue.org).

We look forward to a summer of fun and valuable activity for our retirees. You are always welcome in our offices during drop-in hours, M-F, 1pm-4pm. We are conveniently located at 1925 Walnut Street in Berkeley. Be well!

*Patrick Cullinane, Director*



## Cal Connections

### ID Cards

To take advantage of these special offers, you must use a Retiree ID card that identifies you as retired staff, retired faculty or their surviving spouse or partner. To obtain your free card, come by the Center between 1pm and 4pm daily or call 510-642-5461 to order by mail.

- 20/20 Vision Plan discount at the University Eye Center
- Free admission to the Berkeley Art Museum
- Faculty/staff rates at the Pacific Film Archive
- Discount on annual membership to the UC Berkeley Botanical Garden
- Cal Athletics season tickets discount
- Discounts on select Cal Performances events
- Use of Cal Rentals to find and list rentals
- Discounted membership at the Cal Rec Club
- Access to Care Service's Elder Care Programs
- Chronicle of the University of California discount
- bConnected account or email forwarding through the Cal Retirement Center Network (CRCN)
- Access to the campus Health Care Facilitator
- Free Health Insurance Counseling from HICAP
- Access to International Travel Care
- Free enrollment to the *Berkeleyan* e-newsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute (OLLI @ Berkeley) membership discount
- Cal Student Store discounts
- Discounts on online purchases at UC Press
- Wellness Letter discount for new subscribers
- Discounted membership to the Faculty Club
- Discounted membership at the Women's Faculty Club (WFC)

For full descriptions and details on any of these programs, contact the Center at 510-642-5461 or visit <http://thecenter.berkeley.edu/connect.shtml>

## Cal Student Store Update

As part of Cal's Lower Sproul Redevelopment Project, the MLK Jr. Student Union building that held The Scholar's Workstation and the Cal Student Store is now closed for construction. This closure is expected to last until the fall of 2015.

The move resulted in many changes, particularly to the Technology department. Therefore, until further notice, retirees may no longer make computer purchases at the Cal Student Store.

In the meantime, **the Cal Student Store will be offering an alternative discount to our retirees – 10% off on clothing or gift items** (not including graduation items or text books) to any retiree who shows a retiree ID card at the register.

The Cal Student Store is now located at 2470 Bancroft Way. You can see what's available online at [www.calstudentstore.com](http://www.calstudentstore.com). More information about the Lower Sproul Redevelopment can be found online at <http://lowersproul.berkeley.edu/>.

## Cal Retirement Center Network

With the Cal Retirement Center Network, CRCN, retirees can get or keep an @berkeley.edu email address.

**CRCN bMail** is for retirees who want a full service email account for an annual flat fee of \$70, plus a \$10 set-up fee. The service includes a bConnected account, 25 GB of storage space, vacation forwarding, software downloads, and technical support by email or phone.

**CRCN E-Mail Forwarding** is for those who want their @berkeley.edu email address forwarded to another email account. Other than a \$10 set-up fee, this service is free.

Download an application online at <http://thecenter.berkeley.edu/connect.shtml#crcn>.

## Audit Summer Sessions Classes with OLLI @Berkeley

Join OLLI @Berkeley and audit Summer Sessions classes on campus. There are 5 sessions between May 28 and August 16. Some courses are excluded from auditing. To learn more, visit <http://olli.berkeley.edu> or call 510-642-9934.



# Center Announcements - Donor Honor Roll

## THANK YOU FOR YOUR CONTINUED SUPPORT

|                       |                        |                      |                         |                       |
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## Center-Sponsored Events

### SUMMER CAMPUS TOURS

Advance registration is required to attend any of these summer campus tours. To register, contact the Retirement Center at [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) or 510-642-5461. Additional details will be provided with registration confirmation.

#### California Memorial Stadium Tours

|           |         |              |
|-----------|---------|--------------|
| Wednesday | June 26 | 2pm-3:30pm   |
| Thursday  | June 27 | 10am-11:30am |

Join us for special tours of the newly renovated California Memorial Stadium. We'll visit the new Lisa and Douglas Goldman Plaza (a nearly two-acre park-like gathering place), walk field-side on the new turf, tour all of the ESP Club Levels including the Field Club, Stadium Club, and University Club, and take a walk-through of the Simpson Center for Student Athlete High Performance.

You can find out more about the renovations to California Memorial Stadium online at <http://www.calbears.com/facilities/memorial-stadium.html>. *Note: it can be difficult to find parking around the stadium. Review campus maps if you plan to drive and park.*

#### Berkeley Art Museum Tour and Tea Gazing into Nature: Early Chinese Painting

|        |         |         |
|--------|---------|---------|
| Friday | July 12 | 2pm-4pm |
|--------|---------|---------|

The Berkeley Art Museum is delighted to present, for the first time in ten years, a selection of BAM/PFA's earliest Chinese paintings. These rare and amazingly well-preserved works by early landscape and bird-and-flower painters of the late Song and early Yuan periods (thirteenth and fourteenth centuries), rendered on silk or paper with ink and light color, demonstrate the sophistication and accomplishment of the early Chinese painting tradition.

A tea and open discussion follows this free, docent-led tour. Find out more about the Museum's current exhibits online at: <http://www.bampfa.berkeley.edu/exhibition/>

#### Doe Memorial Library Tour and Library Research Class

|           |         |              |
|-----------|---------|--------------|
| Tuesday   | July 16 | 1:30pm-3pm   |
| Wednesday | July 31 | 10:30am-noon |

The Doe Memorial Library is Cal's primary library for humanities, social sciences, and international and area

studies. Named after its benefactor, Charles Franklin Doe, it was designed by John Galen Howard in the Beaux Arts style and was completed in 1911.

After a short library tour, we will have a hands on session in library research. Anyone can visit the libraries for access to the online resources. Get hints at searching public information while off-campus as well.

Retirees will also have a chance to visit the Privileges Desk for a library card if you do not already have one. You must bring your Retiree ID and photo ID with you to the Library if you plan to obtain a card. If you do not yet have a Retiree ID, please request one when you register for this program.

#### UC Botanical Garden Plants of the World Tour

|        |         |     |
|--------|---------|-----|
| Monday | July 22 | 2pm |
|--------|---------|-----|

Established in 1890, the UC Botanical Garden at Berkeley has over 13,000 different kinds of plants from around the world, cultivated by region in naturalistic landscapes over its 34 acres. Join us for a free, docent-led tour of the Garden's collection, including environments as diverse as deserts, tropical forests, and wetlands.

A University parking lot about 50 yards up the hill and across the road from the Garden entrance offers very limited parking. Parking is \$1.50 for one hour and \$0.50 for each half hour thereafter. You may also use a "C" campus daily parking permit in this lot. Carpooling is encouraged, as parking is limited. Consider taking the "H" campus shuttle from BART or the Hearst Mining Circle for \$1.00.

Since weather in Strawberry Canyon can be unpredictable, jackets or sweaters are a good idea. The site is hilly with many unpaved paths. Wear sturdy walking shoes. This tour will take place rain or shine. Guests are encouraged to attend this special free event! You must register by Monday, July 15 to attend this event.

#### Parking for Center Sponsored Programs and Events

Retirees may purchase "C" campus daily parking permits from the Retirement Center for \$5 each in order to attend our events. Purchase permits in person at the Center during drop-in hours, M-F, 1-4pm. Call 510-642-5461 before dropping in to be sure that staff is available to assist you. You may also purchase by mail at least two weeks ahead of the program for an additional \$2 fee. **We only accept checks and money orders as payment.**





## Center-Sponsored Events

### SPECIAL SUMMER ADVENTURES

#### 3rd Annual Retiree BBQ

Tuesday, June 25, noon - 3pm

Join us for *fun in the sun* on June 25 for a free summer BBQ at Tilden Park!

Volunteers will serve up hamburgers, chicken sausages and veggie burgers with all the fixings, complemented with potato salad, chips and salsa, and beverages. You are welcome to bring your favorite summer potluck appetizer, salad, or dessert for eight-10 people, if you are so inclined.

Our picnic site is mostly sunny, so don't forget your sunblock! Attendees are also encouraged to bring their acoustic musical instruments for a sing-a-long, and lawn games, frisbees, etc, to take advantage of the vast expanse of lawn.

**Due to limited space, advance registration is required.** To register, contact the Center at 510-642-5461 or [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu). Additional information will be provided upon registration. Let us know, too, if you are interested in volunteering at this event!



*BBQ Masters Allan Jensen and David Schwoegler at last year's Retiree BBQ in Tilden Park. Photo: Yen Vu.*

#### Inaugural Retiree Golf Outing

The UCB Retirement Center is proud to announce our 1st Annual Retiree Golf Outing. The event will be held on **Tuesday, July 23, 2013** at Tilden Golf Course, just 10 miles from the Berkeley campus.

This inaugural event will begin with an 8:30 check-in and a 9:00 shotgun tee off (all groups tee off simultaneously from different holes). You can create your own twosome or foursome with friends, or register as an individual player and we will pair you up! Individual cost of \$55 includes:

- Greens Fees
- Golf Cart Rental
- Box Lunch (includes ham, turkey, or tuna sandwich, chips, cookie and water)
- Reception and Cocktail Hour (includes one drink ticket per player)
- Awards Presentation (prizes include: longest drive, closest to the hole, and more!)

Want to join the fun, but don't golf? You can attend the post-game Cocktail Reception at the club house for \$10. Admission includes one drink ticket per person.

If you want to get involved, volunteer for this special event to help with the golf logistics, award reception and cocktail hour.

Find more event information on our website, [retirement.berkeley.edu](http://retirement.berkeley.edu), and look for announcements on the weekly retiree email. **Space is limited to the first 72 (18 holes x 4) golfers with paid registration.** The deadline to register is June 24. To register or to volunteer, contact the Center at 510-642-5461 or [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu).

#### Docent-Led Tour of Mountain View Cemetery

Thursday, August 13, 10am-noon

Join us for the event everyone is "dying" to go to! Designed by noted landscape architect Frederick Law Olmsted, Mountain View Cemetery is an impressive repository of local and state history and offers spectacular vistas of the San Francisco Bay area.

Our free docent-led tour will focus on California and Bay Area history as we climb gradually up the hillside, stopping also at points of University interest. Find out how UC and the cemetery's histories are entwined, and enjoy a lovely morning hike on this special retiree outing.

Although our tour will be less strenuous than regular public tours, it will be a solid two hours of walking, climbing hills, and standing, so please consider your own physical limitations before signing up. The route is accessible for powered wheelchairs.

You are also welcome to join us at Fenton's on Piedmont after the tour for a dutch treat lunch. More details, including price and menu, will be available as we approach the tour date. Advance registration is required; call the Center at 510-642-5461 or email [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) to request a registration packet. Additional information will be provided with confirmation of registration.



## On-Campus Programs and Events

### FINANCIAL PLANNING WITH FIDELITY

#### One-on-One Appointments with Fidelity Guidance Consultants

|          |         |         |
|----------|---------|---------|
| Friday   | June 28 | 9am-5pm |
| Thursday | July 25 | 9am-5pm |

Meet one-on-one with a Fidelity Planning and Guidance Consultant to make the most of your UC Retirement Savings Program.

We have arranged to have consultants available by appointment at the Retirement Center. They'll be glad to work with you to establish a plan that includes an annual review of your portfolio and professional guidance on investments and goal planning.

To schedule a one-on-one confidential consultation at the Retirement Center, call us at 510-642-5461. You may also call Fidelity directly at 1-800-558-9182 or go online to [ucfocusonyourfuture.com](http://ucfocusonyourfuture.com) to schedule an appointment for a date that is more convenient for you.

#### Accessing Your Account Online

|         |          |              |
|---------|----------|--------------|
| Tuesday | August 6 | 10am-11:30am |
|---------|----------|--------------|

This class offers a quick overview of the tools available on the Fidelity NetBenefits® website to help you manage your UC Retirement Savings Program investments. When the class is complete, you will be able to log in and request account transactions, as well as use the online planning tools and resources. Advance registration required; contact [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) or 510-642-5461 to register.

#### Fidelity Investments: Drop-In Hours

|          |         |             |
|----------|---------|-------------|
| Thursday | July 18 | 10am - noon |
|----------|---------|-------------|

Stop by the Retirement Center, 1925 Walnut Street, and ask a Fidelity Retirement Services counselor general questions about the UC Retirement Savings Program. No registration or appointment is necessary. *Note: drop-in sessions are not private or confidential.*

### CAREGIVER SUPPORT GROUP & ELDERCARE WORKSHOPS

Are you caring for a spouse or adult partner? Do you sometimes feel alone, isolated, frustrated, or fearful of what the future holds? Would you like to talk with other caregivers whose experiences may be similar to yours, and learn about resources that may help your situation? Consider joining the Retiree Caregiver Support Group, offered once a month at the Retirement Center. For more information, contact the Retirement Center at 510-642-5461 or [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu). Remember, caring for yourself is the best gift you can give to your spouse/partner.

The Elder Care Program is offering the following free classes on the UC Berkeley campus. To register for any of these programs, contact Care Services at 510-643-7754 and identify yourself as a retiree. All classes are held from 12:10 - 1:10pm in the Tang Education Center.

#### Caregiver Challenges: Memory Loss & Resistance

|          |        |                |
|----------|--------|----------------|
| Thursday | June 6 | 12:10pm-1:10pm |
|----------|--------|----------------|

This workshop will focus on specific challenges related to caring for an older adult, including caring for an elder with memory loss and caring for an elder who resists help. Strategies for self-care will be shared. Resources provided.

#### Caregiver Challenges: Roles & Responsibilities

|          |         |                |
|----------|---------|----------------|
| Thursday | June 18 | 12:10pm-1:10pm |
|----------|---------|----------------|

This workshop will focus on specific challenges related to caring for an older adult, including roles, responsibilities and expectations of the caregiver and other family members; the caregiver—care receiver relationship; expectations you and others have of you; and feeling responsible but not having control. Strategies for self-care will be shared. Resources provided.

#### Caregiver Stress

|          |         |                |
|----------|---------|----------------|
| Thursday | July 18 | 12:10pm-1:10pm |
|----------|---------|----------------|

This workshop will focus on the stressors associated with caregiving, including competing demands from work, family, and others; finances; and long distance caregiving. Strategies for self-care will be shared. Resources provided.

#### Caregiver Grief

|          |          |                |
|----------|----------|----------------|
| Thursday | August 8 | 12:10pm-1:10pm |
|----------|----------|----------------|

In this workshop we will identify various losses associated with aging and how these changes may be experienced by an elder, by the caregiver, and by other family members; discuss grieving as an active and important process; and try to differentiate grief from depression. Strategies for self-care will be shared. Resources provided.



## Spotlight

### EMERITI AND RETIREES OF DISTINCTION

#### Edwin M. (Ed) Epstein – Distinguished Emeritus



Edwin M. Epstein joined the UC Berkeley faculty in the Business School in 1964, after a career of clerking, teaching and practicing law in Philadelphia. He has filled many leadership positions on and off the Berkeley Campus, including chairing the Academic Senate and Faculty Advisory Committee to the Athletic Study Center, that it is no wonder he has been a superlative leader for the UCB Emeriti Association (UCBEA). Ed's career has always focused on ethics, justice, peace, and international relations and policy. He has a gentle demeanor and a steely resolve when it comes to getting things done. His entire career, both as an active faculty member and as an active emeritus, has included a strong commitment to mentoring to allow students and junior faculty to reach their potential. He also is a caring mentor to his colleagues in UCBEA, providing advice and networking connections whenever asked. His more than 40 years of teaching and scholarship have earned him significant professional recognition and awards, and he has taught abroad in China, England, Indonesia, Israel, Italy, Japan and Russia.

As President of UCBEA, Ed implemented several new activities for the benefit of Emeriti. He catalyzed the Emeriti Mentorship Program for Berkeley undergraduates and junior faculty members. He started the bimonthly Emeriti Lunch Tables at the Faculty Club, where spontaneous discussions among emeriti have begun solving all the problems of the world (and the shared humor ensures that none of us takes oneself too seriously). He has generated productive interactions

with the Academic Senate Committee on University Emeriti Relations, and provided a voice in the Retirement Center Policy Board and the Council of University of California Emeriti Associations. Ed has been a member of the Advisory Group for the older adult housing project that is developing in Albany on University property. He has also rejuvenated the Emeriti Times newsletter. He has been (and will continue to be) an advocate for emeriti and those issues that impact their health and well being.

Ed does not do these things simply because he is one of our elder statesmen. These types of activities flow in the bloodstream of Ed Epstein, yet another reason his tenure as President has been so productive. He is an articulate and persuasive voice on behalf of constituencies within all our emeriti whether or not members of the Association. If he sees a problem, or a forming problem, he acts to resolve the issue in a win-win manner. His shoes as UCBEA President will be tough to fill.

In addition to his campus endeavors, Ed has long been active in Bay Area and national community affairs. His recent memberships include, Board of Trustees, The Judah L. Magnes Museum, Berkeley; and Board of Regents, John F. Kennedy University, Orinda. He has also served as special advisor to the Rotary Foundation's World Peace Centers Program, and is a member of Berkeley Rotary.

Ed holds a BA in Political Science from the University of Pennsylvania, LLB from Yale Law School, and an MA in Political Science from UC Berkeley. His family has been the inspiration for his life and career. He lives in Berkeley with his wife, Dr. Sandra P. Epstein, PhD, GSE. They have two children, Miriam A. Ezray, BS, MSW, MPH, LCSW of Redwood City, and Daniel J. Epstein, Esquire, Ultimate Cal Fan, of Rosslyn, Virginia, and two grandchildren, Emily S. Lakritz, BA UCD, and Ethan G. Ezray, in middle school. Ed enjoys classical music, reading, walking, travel and community service.

*Submitted by Caroline Kane*

#### Calling all Emeriti

It's not too late to join the UC Berkeley Emeriti Association! Find out about the Association and how to join online at <http://thecenter.berkeley.edu/ucbea.shtml>.





## Center-Sponsored Programs

### COA UPDATES AND VOLUNTEER OPPORTUNITIES

#### Coming of Age: Bay Area

The UCB Retirement Center recently partnered with Coming of Age: Bay Area (COA), an organization that celebrates the ability of all people age 50+ to continue to grow, transform their communities through volunteering and become a force for public good. To help people embrace the second stage of their lives, COA offers volunteer placement, one-on-one coaching, and workshops like the popular Explore Your Future (EYF). EYF is a hands-on learning experience led by trained counselors that focuses on helping people create a vision for creating a future that is satisfying and rewarding. For more information and to view its many volunteer opportunities, please visit [www.ComingofAge.org/BayArea](http://www.ComingofAge.org/BayArea) or [www.facebook.com/ComingofAgeBayArea](http://www.facebook.com/ComingofAgeBayArea).

#### Explore Your Future: Reginald Johnigan

Reginald Johnigan, an Electrician with Physical Plant, took an earlier-than-planned retirement three years ago at age 54. After retiring, he floundered for a while before discovering the Retirement Center and our offerings in 2012. He recently participated in the Explore Your Future (EYF) workshop, a pilot program and joint venture with the non-profit organization, Coming of Age: Bay Area.

#### Why did you enroll in EYF?

I still think I have a future. I've spent time since retirement asking myself a lot of questions: Where do I want to see myself five years from now? Where will I live in my early and late 60s, how will my income change, what type of environment will I want to live in, and who will my friends be? I felt a sense of alienation after retiring, and lost contact with colleagues. I started wondering, what can I do with my time and what challenges can I face to make my time more productive? The EYF workshop seemed like a good opportunity.

#### What was the EYF experience like for you?

It's a profitable workshop. I would be happy to participate again and encourage others to participate. I discovered that the workshop attendees share many of the same issues, concerns and worries I grappled with.

We learned strategies one should construct to realize one's ambitions. How to address reservations, fear, and issues of uncertainty – will I be good enough if I try something new? The workshops helped us discover talents and obstacles, what may or may not be realistic, and how to adjust and forge ahead. I came up with a list of ambitions, including one major ambition.

#### What was the end result?

For me, the result was pursuing education. I've enrolled in a Philosophy class at my local community college. I'm writing a lot of papers, participating in discussions, learning new terms. It's challenging. I'm taking it for a grade; I thought about auditing, but looked around and thought if they (younger students) are brave enough, I'm brave enough. I come to the library here on campus a lot now, too, and use the retiree library privileges.

#### Do you have any final words of wisdom?

I recommend that other retirees take the workshop if they have the opportunity. It took me three years to get involved after retirement. I regret that I didn't get involved sooner. The Retirement Center offers lots of activities and the retiree community is thriving, interesting and vibrant. I don't regret taking steps to become a bigger part of the Cal community. If you think the Berkeley community is interesting, you're probably right, and you owe it to yourself to explore.

*Summer Scanlan, UCBRC Project Manager*

#### COA Volunteer Opportunities

To apply for these or other volunteer opportunities, please visit [www.ComingofAge.org/BayArea](http://www.ComingofAge.org/BayArea).

#### Support Women Entrepreneurs in the Bay Area

For 25 years, the Women's Initiative for Self Employment (WISE) has provided high-potential, low-income women with the training, funding and ongoing support to start their own businesses and become financially self-sufficient.

The women who go through our program significantly increase their income and assets while launching businesses, creating jobs and stimulating the local economy. WISE is currently recruiting volunteers for a wide range of responsible positions. This project lasts 4 weeks and is a minimum commitment of 5 hours a week.

#### Don't Let Homelessness Stop a Child's Education

Join the Community Education Partnerships team of volunteers who provide free tutoring to children who have been affected by homelessness. Tutors provide weekly one-on-one tutoring, most often at shelters and transitional homes throughout Oakland and Berkeley.

By offering free tutoring, school supplies, enrollment assistance, and access to enrichment activities, Community Education Partnerships strives to remove some of the many educational obstacles homeless children face. Time Requirement: 1 hour/week; 3 month commitment.





# the CenterPiece

The *CenterPiece* is published by the UC Berkeley Retirement Center, which reports to the Office of the Vice Provost for the Faculty. The *CenterPiece* is distributed to annuitants of UC Berkeley, the UC Office of the President, and Lawrence Berkeley National Laboratory.

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## Retirement Center Announcements

### LAIR OF THE GOLDEN BEAR DISCOUNTS

#### Cal Summer Camp for Adults and Families Retiree Discounts at Lair of the Golden Bear

In its 60-plus years, the Cal Alumni Association's Lair of the Golden Bear has become one of the nation's renowned summer family camp destinations. Located just three hours from Berkeley in the central Sierra Nevada town of Pinecrest, the Lair has hosted legions of Cal alumni, faculty, and staff over the years. With so many activities to dive into, and in such a glorious natural setting, the Lair is able to create a special sense of Cal community, while maintaining the feeling of being at a familiar home away from home.

This season, the Lair is happy to offer these special discounts to our retirees:

#### 50% off Week 11 - Lair Family Camp

August 17-23, 2013 (regularly \$595 per adult)

Find out more online at <http://alumni.berkeley.edu/travel/lair-golden-bear/types-vacations/family-camp>

#### \$100 off Lair Sports and Recreation Camp

August 24-31, 2013 (regularly \$895 per person)

Find out more online at <http://alumni.berkeley.edu/travel/lair-golden-bear/types-vacations/sports-and-recreation-camp>

To receive the discounted rate, you must call (510) 642-0221 and identify yourself as a retiree. For more information about Lair programs, call or email [lair@alumni.berkeley.edu](mailto:lair@alumni.berkeley.edu), or check out <http://alumni.berkeley.edu/travel/lair-golden-bear>.

### Retirees By the Numbers

Did you know? Emeriti make up just over 9% of our retiree population. UCB Staff account for 62.5%, LBNL 21% and UCOP about 7.5%.

A good number —34% — of all our retirees have email. Interestingly, 80% of Emeriti have email, as do 45% of UCOP retirees.

A whopping 85% of our retirees stay in California after retirement. Some move to other states, such as Arizona, Nevada, Oregon and Texas, but with the exception of Oregon with almost 2%, each of these states is home to fewer than 1% of our retiree constituency!

## Association News

Mark your calendars for the following retiree association events.

**UCBEA** (<http://thecenter.berkeley.edu/ucbea.shtml>)

Board Meetings - September 17, December 3, January 21, 2014

Luncheons - September 21, December 7, January 25, 2014

**UCRAB** (<http://thecenter.berkeley.edu/ucrab.shtml>)

Board Meetings - June 19, July 17, September 18, October 16

Luncheons - June 20, September 19, December 5

**PARRA** (<http://thecenter.berkeley.edu/parra.shtml>) - TBA

**Ex-Ls** (<http://www.lbl.gov/ex-l-express/>)

Board Meetings - July 11, October 10

Luncheons - August 15, November 14

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the **CenterPiece**

Summer 2013

### Directions to the Center

**By BART:** Take BART to the Downtown Berkeley station. Exit and walk two blocks north on Shattuck Ave. Turn right on University Ave. Walk one-half block east. Turn left on Walnut St. Walk one-half block north. Building is on your right.

**By AC Transit:** AC Transit bus lines 1, 18, 49, 51B, 65, 67, 800, and 851 stop at the Berkeley Bart Station.

### Payment Reminder

The Retirement Center only accepts checks and money orders made to UC Regents as payment for parking, course fees, CRCN email, or other charges. We do not accept cash or credit cards. Please be prepared when coming in to make a payment.

### Options for the CenterPiece

In an effort to reduce costs and to help Cal be as environmentally conscious as possible, the Retirement Center no longer sends paper copies of *the CenterPiece* newsletter to retirees with email addresses on file.

To continue receiving a paper copy of *the CenterPiece*, send an email to [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu) or call 510-642-5461 with your name and email address indicating your preference. If you currently receive *the CenterPiece* by email only, no action is needed.

You can view *the CenterPiece* online at <http://retirement.berkeley.edu/>.