

EX-Ls EX-PRESS

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Fall 2009

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The EX-Ls Board of Directors and members gratefully acknowledge the
Lawrence Berkeley National Laboratory Administration
for their continuing support.

President's Message
Don Grether

This is my last EX-Ls President's message, so I am taking the opportunity to go over some of the more eventful things that have happened this year. I have enjoyed the year but, frankly, am looking forward to becoming President emeritus on January 1, 2010 so that I can do more "socializing" at our luncheons.

At the national level, our first African American President was inaugurated and faced with a formidable list of issues including the recession; the financial system that contributed to the recession; the wars in Iraq and Afghanistan; health care reform; and the closely related issues of energy technologies, oil imports, and climate change. With respect to the latter, we all know that Steve Chu, the Lab's Director for a little over four years, is now the Secretary of Energy.

What is probably less well known is that President Obama nominated Arun Majumdar to be the first Director of DOE's Advanced Research Projects Agency-Energy (ARPA-E). Patterned after the Defense Department's ARPA, ARPA-E was authorized by Congress in 2007 to carry out R&D on "transformational" energy technologies. However, ARPA-E received no funding until \$400M was provided as part of the American Recovery and Reinvestment Act (ARRA – the stimulus package) of 2009. Thus, assuming that Arun will be confirmed by the Senate, he will be getting in on the ground floor, so to speak. As of this writing Arun is a Professor in the UC Berkeley Mechanical Engineering Department, the LBNL Associate Laboratory Director for Energy & Environmental Sciences, and the Director of the Environmental Energy Technologies Division (EETD). Lastly, Arun is my supervisor in my role of rehired retiree and Senior Advisor to the EETD Division Director. He will give up all these positions if he is confirmed.

We are all aware of the budget crisis at the State level, and that the University is doing its best to absorb a substantial cut in the funds it receives from the State while maintaining the high academic standards of the institution.

As I mentioned in the last President's message, the crisis should not impact the Lab directly since it is supported almost entirely by federal funds and the Lab's budget is growing due to ARRA. We also mentioned that President Obama's budget request for DOE for fiscal year 2010 was generally favorable in many areas of the Lab's research. This time we can report that the Energy & Water Development Appropriations bill (which funds DOE) has passed the House and, as of this writing, is expected to be passed soon by the Senate. That bill is also favorable to many of the Lab's research areas.

Turning now to EX-Ls, the Board passed a policy regarding records retention in January, and a policy regarding gifts and honorary memberships in April. Finally, at the October meeting the Board brought to closure a process that had been going on for at least the last three years – revising the EX-Ls Bylaws. [The President's letter continues on page 7.]

EX·LS Ex·press



2009 Fall Lunch & Annual Meeting

Date: Thursday, November 19, 2009

Where: Berkeley Yacht Club ←←←NOTE: WE'RE AT BYC THIS MONTH
1 Seawall Drive (at the foot of University Avenue), Berkeley
(Directions on page 8. Please save some close-in parking spaces
for members who have difficulty walking)

Time: No-host Bar: 11:30 AM
Lunch Served: 12:00 PM
Annual Meeting: Election of Officers & Approval of Bylaws: 1:00
(approximately)

Speaker: Steve Greenberg, EETD
Subject: Schleppling towards sustainability

Menu: Buffet (entrees include poached salmon, chicken Florentine, and
lasagne Roma) preceded by Caesar salad served at the tables

Cost: \$25 per person (PREPAID)

Reservations: Please make checks payable to EX-Ls. Send to
Vicky Jared
4849 John Muir Road
Martinez, CA 94553

For regular mail, the reservation slip is on page 25. You may
also reserve via e-mail to jaredrv01@aol.com, or telephone at
925-228-2145.

**It is imperative that Vicky receive your reservations
by November 16, 2009.**

From our August Lunch

*Reported by speaker Don Grether: **Watch out for the baboons! (Three weeks in a rain forest in Uganda)***

Background: In February 2009 Don and his wife Becky participated in the rain forest portion of a UCLA Field Biology Quarter (FBQ). In an FBQ undergraduates spend the first third of the quarter in lectures and seminars, the next third undertaking research projects, and the final third preparing reports and giving presentations. This FBQ was led by two UCLA faculty members: Greg Grether (Don and Becky's son), a Professor in the Ecology and Evolutionary Department and an expert in animal behavior; and Greg's wife Debra Shier Grether who was a UCLA instructor for the purposes of the FBQ. Debra's regular job is as a scientist in the San Diego Zoo's Institute for Conservation Research and she is an expert in conserving endangered species.

Going along on the trip were Greg and Debra's two daughters Briana (12) and Paria (4), and son Wiley (2). Our grandparents' role was to run a daycare center when Greg and Debra were working with the students. Briana is Greg's daughter from his first marriage, and is half Japanese. The female students outnumbered the males, and (as one might expect of a California University) a significant number were Asian-Americans. So Briana fit right in.

Since the presentation consisted almost entirely of photos taken by Don, Becky and Greg, the following is at best an attempt to give some of the flavor of the trip.

Uganda: Uganda is a land-locked small-to-medium sized country (for Africa), mostly just north of the equator. It's bordered on the east by Kenya, on the south by Tanzania, on the north by the Sudan, and on the west by the Congo and Rwanda. It's perhaps most famous for the ruthless dictator Idi Amin, but that was from 1971 – 1979. Now, the country is peaceful except for the Lord's Resistance Army, a guerrilla army based in northern Uganda. The people we met were very friendly and there was no sign of a military presence.

Getting there: The group (24 in all) flew on Northwest Airlines from LA to Amsterdam via Minneapolis, then on KLM from Amsterdam to Entebbe, which is south of the Ugandan capital of Kampala. Each of us was restricted to one check-in piece of luggage, partly because we needed to check in a number of boxes that held the equipment that the students would need for their projects.

From Entebbe we went by vans to a hotel on the outskirts of Kampala where we spent the night. The hotel advertised itself as having a "million dollar view", which turned out to be of downtown Kampala; it also had, in Don's words, "ten dollar rooms."

The next day we went by bus to Fort Portal, seeing the countryside and colorful villages along the way. Fort Portal was the home base of Kabarole Tours & Safaris Ltd, the agency that arranged our logistics in Uganda. It was pretty much a one-person show in a small building on a side street, but billed itself as "Uganda's Leading Eco-Tours Operator". Which may well be the case as Uganda is not nearly as big a tourist attraction as Kenya and Tanzania. In contrast to Kenya (which we had been to several years ago) the gift shops are small and few and far between, and there are no high-pressure sales tactics.

The Kibale Research Station: The station is in the Kibale National Park, a short drive from Fort Portal, and managed by Makerere University in Kampala, a large university about the size of UC Berkeley. The station attracts researchers from all over the world, including ones while we were there from France, Canada, and Sweden. The station is only ½ degree north of the equator, but at 5000 feet in altitude the climate is pleasant with warm days and cool nights. There were no TV's, radios, newspapers, or Internet access but cell phones worked and we had electricity most of the time.

The main building has a dining room at one end, a biology lab at the other end, and a semi-open space in the middle for group gatherings. There were many outlying buildings. The students stayed in a dormitory, but we had our own small house, as did Greg and his family. Each of the houses had a small living room, two bedrooms, a utility room, and a bathroom of sorts. The bathrooms had a sink and a shower, but only cold water and no toilet. For whatever reason all the toilets were in outhouses. The furnishings were Spartan at best.

The windows did not have glass panes, but rather screens on the inside to keep out the insects, shutters on the outside to keep out the rain, and horizontal steel bars in between to keep out the baboons, which would ransack a house looking for food if they got inside. We had almost daily visits by anywhere from one to a whole group of baboons. A beautiful bushbuck (an antelope) made occasional visits. The most fun were the black and white colobus monkeys that would visit from time to time and were highly entertaining, as they would leap from limb to limb, from tree to tree, and between the ground and the trees. "Colobus" is a Greek word meaning "mutilated" which in this case means that the monkeys have no thumbs, only four fingers. Which seemed to be no hindrance to their agility. The station also attracted birds, fascinating insects, and lizards.

Activities at the Station: Briana was out of school for almost a month, and worked diligently on her homework. For the younger set Becky had brought lots of arts and crafts activities as well as flying disks, balloon-powered helicopters and paper airplanes. Greg and Debra had brought along a portable DVD player and Paria wanted to see at least one movie a day, usually the same one. Frequently joining us was an African boy about the same age as Paria, Martin (pronounced Marteen). He was the son of Ester who was a data analyst for a chimp project and often brought Martin with her to her office at the Station. For the most part the three little guys got along just fine, although Paria is a great talker and became frustrated with Martin at least partly because he knew very little English.

Uganda was an English protectorate (never a colony), which meant that there was tea time in mid-morning and mid-afternoon in the semi-open area in the main building. We would go to tea time as often as we could as it gave us a welcome break. There were always at least a few students there, who were a big help in keeping Paria and Wiley entertained.

All of our meals were served buffet style in the dining room. Breakfast was our favorite as there was always lots of fresh fruit; hard-boiled, scrambled, or fried eggs; and once in awhile the toaster worked. Lunch and dinner were always served hot from stainless steel kettles. The food was monotonous, bland, high in carbohydrates, low in protein, and never included fresh

vegetables. We felt protein-deprived, which is one reason we appreciated having eggs at breakfast.

The Rain Forest: The station was literally surrounded by the rain forest. Almost every day we went on a hike. The trail map looked like a layout for a subdivision with both “roads” and a rectangular grid of “forest trails”. The roads had perhaps once been drivable but had deteriorated into single file trails. Don preferred staying on the roads as the vegetation had been cleared to the width of an actual road and it was easy to see things. The forest trails were narrow, with dense vegetation on both sides that made it hard to see much of anything. There were also no trail markers of any help and it was not uncommon for even experienced hikers (like Greg and Debra) to get lost.

However, the real problem with the forest trails was ample evidence that extremely dangerous forest elephants were in the vicinity. There were large footprints on the muddy trails, huge piles of dung, and trees that had recently been broken in half. The advice of the locals was that if you see a forest elephant – “run”.

Meanwhile, there was much to see in the rainforest: interesting flowers and fungi, several species of monkeys, birds, beautiful butterflies, strange insects, and weird creatures that were most likely caterpillars but like nothing we had ever seen before. We had to go to a different part of the park and take a guided tour to see chimpanzees that had been habituated so that they were not afraid of people.

Getting Back: From Kibale we went in vans (which are called mini-buses in Africa) to Queen Elizabeth National Park. It was clear that there was no way that the vans could hold all of our luggage let alone the equipment boxes. So the day before one of the vans took the boxes and much of our luggage to a guesthouse (what we would call a motel) near Entebbe airport. Becky and Don filled one of our two pieces of luggage with things that we would not need until back in LA, and figured that there was about a 50% probability that we would never see the stuff again.

At Queen Elizabeth we stayed one night in a hostel. Here we had the typical safari experience, taking several game drives on the savannah and a riverboat ride. We saw at least some of the classic African animals: antelope, Cape buffalo, a hyena, elephants, wart hogs, mongoose, hippos, and many birds.

The trip from Queen Elizabeth to Entebbe was what Don considers “the ordeal”. The roads were terrible, with huge potholes that led to one of the vans having a flat tire. We had lunch with actual sit-down service, menus, and western style foods such as hamburgers and pizza. However, we completely overwhelmed the kitchen staff and lunch took something close to three hours. The traffic on the outskirts of Kampala and Entebbe was horrible and we seemed to be traveling at about one mile per hour for hours. We caught up with our luggage and the equipment boxes at the guesthouse, but getting there had taken so long that we would have missed our 11:00 pm flight to Amsterdam. Had it not been delayed by eight hours, so we didn’t actually leave until 7:00 am the next morning. By the time we reached Amsterdam our flight to LA had already taken off. KLM put us up in a first class hotel near the airport and paid for a nice dinner and an extensive breakfast buffet. [Our advice is that if you are going to be stranded at an airport, be

flying KLM as they treat you very well.] Our room had warm water (the first time in three weeks) and a flat panel TV screen so that we could find out what had happened to the world via an English language CNN broadcast. We arrived back in LA a day later than planned. Somewhat to our amazement all of our luggage and the equipment boxes had survived the ordeal.

Post Script. What Don forgot to mention at the luncheon is that the UCLA students were a great group. They were very diligent in carrying out their research projects, were interesting to talk to, and accepted all the “downs” (like the ordeal) in good humor.

Luncheon Attendees:

Jose Alonso	Ingeborg Henle	Bob Mortiboy
Bill Baker	Paul & Nancy Henrickson	Rolf Muller
Dick Baker	Egon & Annette	Karl Olson
Winnie Baker	McCoubery-Hoyer	Rollie Otto
Josephine Barrera	Vicky Jared	Fred & Eleanor Perry
Edward & Mildred Bennett	John & Ann Kadyk	Conway Peterson
Gene & Myrna Binnall	Gudren Kleist	Stephanie Roth
Bob Birge & guest Barbara Borowiak	Joe & Jean Klems	Andy Sessler
Geores & Katie Buttner- Clevenger	Matt Kotowski	Rich Sextro
Jim & Ann Carroll	Richard LaPierre	Brenda Shank
Per Dahl	Bud Larsh	Starr Shulman
Janis & Ned Dairiki	John & Barbara Lax	Elmer Silva
Ben & Mary Feinberg	Branko Leskovar	Karen Springsteen
Donald & Jean Foster	Katherine Lucas	Dave & Sally Stevens & guest Jim Rothfuss
Don (speaker) & Becky Grether	Donald & Bert Miller	Suzanne Stroh
Connie & Ed Grondona	Jeanne Miller	Jack Tanabe
Jim Haley	Ken Mirk	Clyde Taylor
	Mack & Ann Morgan	Grace & Ron Walpole
	Marty Morimoto & guest	Al Windsor
	Mako Nakae	

Editor’s Note

Note that the November luncheon is our annual meeting, at which the membership is asked to elect officers and, this year, to approve an updated set of Bylaws. See the meeting announcement on page 8, and the complete Bylaws beginning on page 16. This issue is also accompanied by the current directory; please check your entry and let Suzanne know of any changes. The January Board meeting will be in 54-130B (see the calendar on the back cover). If you have comments on the newsletter in general, or suggestions for articles, you can contact me at david_stevens@comcast.net, at 1107 Amador Ave, Berkeley 94707, or 510-524-2904. // dfs

President’s Message (continued)

This process was a prime example of the need for a records retention policy as it was not at all clear what version of the Bylaws was in effect. In any case, the real need was for a set of Bylaws that reflected how the organization currently functions.

Over the more than three-year period there was an ever-changing list of people who were on the ad hoc Bylaws Committee. Many others contributed useful suggestions as to how the Bylaws should be revised. The one constant was Jose Alonso, who kept with it while at the same time becoming the Director of SUSEL in South Dakota, being out of the picture for a while for medical reasons, and dealing with all the other aspects of life that we retirees know well. We owe Jose a debt of gratitude for sticking with it.

The October 11, 2009 version of the Bylaws is included in this newsletter. They will be voted on for approval at the November 19 combined luncheon and General Membership meeting. We will also be voting on the slate of Officers for 2010.

Finally, I would like to thank the EX-Ls Officers who are dedicated to making EX-Ls run smoothly: Rich Sextro (1st Vice President and responsible for the luncheon speakers), Rollie Otto (2nd Vice President and Chair of the Nominating Committee), Suzanne Stroh (Treasurer and Membership Coordinator), Karen Springsteen (Secretary), Vicky Jared (Activities Coordinator), Dave Stevens (Newsletter Editor), and Dick Baker (Webmaster). With these folks doing such great jobs, the EX-Ls President has it relatively easy.

Directions to BYC

Once in Berkeley, take University Avenue over the freeway so that you are going west towards the bay. Continue straight and pass the Seabreeze Market on the left. Proceed to the Marina entrance, where University Avenue makes a slight turn to the left and then straightens again. Do not make a right turn until you are at the Municipal Fishing Pier and the Chinese Dog Warrior sculpture, at the extreme west end of University Avenue. Turn right at the sculpture and go north (past Skates restaurant) to the end of the road, where you will see the BYC clubhouse and parking lot entrance. Parking is free but the lot sometimes fills for large events. There is considerable overflow parking capacity in other adjacent lots. Car break-ins are sometimes a problem, so do not leave valuable items anywhere in the car.

Bus service: The #9 (Berkeley Marina) bus runs north on Shattuck (from Dwight), west on Hopkins and Gilman Streets, south on 6th Street, and west on University Avenue to the pier. Fare is \$2.00 (\$1.00 for over 65).

Annual Meeting, Election of Officers, and Approval of Updated Bylaws

Each year at the Fall Luncheon, we conduct our only regularly scheduled business meeting of the year, at which the officers for the coming year are elected. Our election process is basically autocratic with the possibility of a democratic override: The Board of Directors will offer a slate of officers for ratification by the membership. Before calling for ratification of the slate, however, the presiding officer will issue a call for additional nominees. If a member wishes to nominate someone not on the slate, and (a) that nomination is seconded, and (b) the nominee is willing to serve if elected, then an actual

election is held for that office. The new officers take office on January 1 following. At this year's meeting, the membership will also be asked to approve our newly updated Bylaws, a complete copy of which is printed in this newsletter, beginning on page 18.

The Board nominees are: Rich Sextro, President; Rollie Otto, 1st Vice President; Joe Jacklevic, 2nd Vice President; Karen Springsteen, Secretary; Suzanne Stroh, Treasurer and Membership Coordinator; Vicky Jared, Activities Coordinator.

News of our members

Farewell, John: Ted Hittell sent us the notice of **John Keller's** passing, which said, in part: "John passed away in his sleep on July 7th...He was able to stay in his home, enjoying his garden...and with constant visits from his neighbors...[He] never complained about his situation, and was always positive and happy; only that he 'had no energy' left, except for telling jokes...John and Laura were both founding members of the Mendocino County Museum, and would be appreciative that any donations in remembrance be sent to: The Mendocino County Museum, 400 East Commercial St., Willits, CA 95490."

Ted also reminded us that John was instrumental in starting the EX-Ls.

Ave atque vale.

Eclipse (partially) eclipsed: At least two of our member families, the **Bensons** and the **Dairikis** went to southern China to observe July's total eclipse of the sun. Over much of its path, the eclipse itself was eclipsed by cloud cover, so the Bensons missed it completely, and the Dairikis caught only totality, and missed the prelude and postlude.

In addition to his ceremonial duties as the 2009 New Hampshire Outstanding Tree Farmer of the Year, **Igor Blake** has been broadening his horizons in Scotland and along the Volga in Russia.

Elders hosting: **Edward & Mildred Bennett** and **John & Ann Kadyk** report that the EH "Historical Railroads of Colorado" is a must for railroad buffs, featuring narrow gauge and cog RRs. (It operates out of Denver.) The **Kadyks** had earlier enjoyed the "Grand Staircase" Elderhostel, which visits five national parks and as many national monuments. The "staircase" refers to the many layers of geologic strata rising thousands of feet in altitude as the trip progresses. Spectacular scenery. Highly recommended.

When he's not running/biking/swimming, he's writing. Here is the latest contribution from **Geores Buttner**: Another Poem: Rapidly the hourglass filled. / Joys of fulfillment revealed / Seen through rose-colored glass. // Pheromones and dreams, angels and hope / All shake hands, pat backs. / A job well done. A happy ending. // Seashore sunsets and morning rides, / Mountain top noon rises and bare feet, / Eight-ball and beer, champagne on the bay. // Music is playing: Let's dance. / Dance while the gullet awaits / Cunningly it waits, in the abyss. // Unseen, till the last grains of bliss / Fall with a gulp through the neck, / And descend to euphoric digestion.

Lost Members: We are now maintaining a list of lost members on the inside back page. If you have a valid address for any of them, please let our membership coordinator know: Suzanne Stroh, 530 Curtis St., Albany 94706, 510-524-1953, scstroh@gmail.com.

Keeping Up with the Lab
(Snippets from <http://newscenter.lbl.gov/>)

Bye-bye Bevatron: The farewell ceremony is scheduled for November 6, 2:00 – 3:30 in what's left of the Bevatron. Because of space limitations, the event is by invitation only, and, unfortunately, the deadline for requesting an invitation was October 2.

Get the true story of Alice and the origin of *FlashForward*. (Feature story, September 17)

Progress towards the smart grid. (Feature story, August 19)

Confirmation of element 114. (Press release, September 24)

Money, money, money (grants totalling more than \$75M). (Press releases, August 10 & 19 and September 9)

Whose friend are you? The Friends of Science, sponsors of the *Science at the Theatre* series, have become the Friends of Berkeley Lab. For more information, including how to become a Friend, see <http://www.lbl.gov/LBL-PID/fobl/>.

>>For these and other stories about the Lab, go to the archives at the LBNL Newscenter.<<

Web news

EX-Ls Photo Site: Thanks to Ned Dairiki we now have a web site for the photos Vicky, Ned, and others have been taking at the occasional luncheon or outing. The site is accessible through www.picasaweb.google.com/EXLpics; no ID or password is necessary. The photos you will see are the portals to the different albums on the site; clicking on one will bring up the entire album.

New direct web address: The EX-Ls website now has its proper url: www.lbl.gov/EX-Ls.

Updates on activities relevant to retirees

- The initiative to increase taxes on pension distributions is still in circulation to collect the necessary signatures. We shall keep you informed.
- UCOP Post-Employment Benefits Task Force: Information is sparse, but we are told that there will be listening sessions on the Berkeley campus on November 10, and there may be a separate forum for Berkeley Lab; your best source for timely information on these sessions is the Berkeley Retirement Center (see below).

From the Berkeley Retirement Center Patrick Cullinane

OLLI: The publication schedule of the EX-Press does not mesh well with the advance information that is available from Osher Lifelong Learning Institute at Berkeley. If you wish to keep aware of their offerings, you should ensure that you are on their mail or e-mail distribution list so that you receive program information directly from OLLI in a timely fashion. You can check them out at www.oli.berkeley.edu.

Post-employment Benefits Task Force: There will be two “listening sessions” on the Berkeley campus on November 10, Both sessions are scheduled for two hours, in the morning for (active and retired) faculty, and in the afternoon for (retired and active) staff. If you are interested in attending, please contact the Berkeley Retirement Center for time and location. There may eventually be such a session specifically on LBNL, but no details are available at this time.

Health Insurance Counseling: Retirement Center constituents are eligible to make an appointment with a HICAP counselor for a personalized session at the Center. (HICAP, the Health Insurance and Counseling Advocacy Program, is part of a legal assistance program for seniors in Alameda County; it provides free quality assistance to people with questions or problems relating to Medicare.) You can call HICAP at 510-839-0393 to make an appointment at the Center. Additional information on HICAP is available on-line at <http://ashicap.org/services/health-insurance-counseling-and-advocacy-program>.

Financial Resources for UC Berkeley Employees and Retirees: Several classes and workshops dealing with financial management are available to constituents of the Center. More information and hotlinks to class and workshop descriptions is available at <http://hrweb.berkeley.edu/resources/financialeducation.htm>. Some of the classes described there are open only to current UC employees, but others are accessible either through the Center or with a CalNet ID, which the center can help you obtain. Note that one of the classes is *Planning Today for Your Fiscal Tomorrow*, an earlier edition of which was attended by Tom Beales, who reviewed it in the April, 2009, newsletter.

Website: More information on Retirement Center programs can be found at <http://thecenter.berkeley.edu>.

Luncheon Problems

Our luncheon problems continue. Our principal contact at Spenger’s has become a victim of downsizing; our original caterer for BYC has had a heart attack [we don’t think our lunches were a causative factor]; it’s the case that whichever location is the current one, some folks will be dissatisfied; and it’s becoming harder to hold the line on prices at either location. Our search has uncovered no Utopian solutions. For the present, we shall continue to alternate between BYC and Spenger’s and attempt maintain the current cost. However, the Board has authorized Vicky to increase the price to \$27 if necessary to obtain (a) a selection of at least two entrees; (b) occupancy of the room for at least two hours; and (c) access to a bar. If you have any suggestions (and a reasonable expectation that they are no more expensive than our current locations), please contact Vicky Jared (925-228-2145). Vicky would also like to know if you would like to see more variety in the door prizes, such as, for example, a gift card to Home Depot or Andronico’s, or some other local merchant.

Recent Travellers



The purpose of this column is simply to provide the names of recent (covering only the last calendar year and this one) travellers, so that those who are considering these same destinations might have a potential source of useful information and helpful hints. (Not all of these have been previously reported in the EX-Press.) Please let me know if you think this is a useful addition to the EX-Press. Also, please let me know if you have taken an interesting trip in the last year or so.

<u>Destination</u>	<u>Year</u>	<u>Traveller(s)</u>
Amazon River	2008	James Bettencourt
America by Amtrak	2008	Dave & Sally Stevens
China	2008	Sandra Stewart
China	2009	Bill & Mabry Benson; Janis & Ned Dairiki
China/Macau/Hong Kong	2008	Winnie & Tracy Baker
Colorado	2009	Edward & Mildred Bennett; John & Ann Kadyk
Egypt & Jordan	2009	James Bettencourt
Great Britain & Ireland	2009	Dave & Sally Stevens
Italy (& Hungary)	2008	Sig & Cindy Rogers
Jordan (Petra)	2008	Janis & Ned Dairiki
Lancaster (CA) Poppy Reserve	2008	Bob & Valerie Fulton
Machu-Picchu	2008	James Bettencourt
Mexico (Maya Riviera)	2008	Bob & Valerie Fulton
New Hampshire	2008/9	Igor Blake
Oregon Wineries	2008	Dave & Sally Stevens
Patagonia	2009	Bill & Mabry Benson
Philadelphia and environs	2008/9	Dave & Sally Stevens; Brenda Shank & Bud Larsh
The Pinnacles (CA St Pk)	2008	Geores Buttner
Peru & Galapagos	2008	Tom & Marcia Beales
Portugal	2009	Bud Larsh & Brenda Shank
Red Rock Canyon (CA St Pk)	2008	Bob & Valerie Fulton
Rome	2008	Janis & Ned Dairiki
Russia (Volga)	2009	Igor Blake
St. Martins	2008	Bud Larsh & Brenda Shank

Salt Lake City (Mormon Library)	2008	Sally Stevens
Scotland	2009	Igor Blake
South Dakota	2008/9	Jose Alonso
Southeast Asia	2008	Andy Sessler
Spain	2008	Sig & Cindy Rogers
Tunisia	2009	Andy Sessler
Uganda	2009	Don & Becky Grether
Utah	2009	John & Ann Kadyk
Virginia	2009	Sig & Cindy Rogers
Wyoming (& bits of MT)	2008	Sue Wingerson

Trip Report
Island Impressions
Dave Stevens

In the course of five weeks travelling in and around Great Britain and Ireland in May and June, Sally and I visited parks and gardens, ecclesiastical ruins, active cathedrals, Neolithic sites, stately homes, a castle, a Viking burial site, and walked on or circumnavigated nearly a score of small islands and two fairly large ones (not counting Great Britain and Ireland themselves). Herewith, impressions of nine of the islands.

The gentle islands: Wight, Iona, Lindisfarne; the deathplace of a queen, the resting place of kings, and one of the springs of Celtic manuscript illumination, respectively. They are not always gentle, of course – no island is – but compared with other stops on our circumnavigation they are less rugged, less barren, and generally greener and less forbidding than the rest.

Wight is the southernmost and greenest, and its interior is protected on three sides by chalk downs and on the fourth by the mainland of England. Where they meet the sea the downs end in vertical cliffs, but the inner slopes are green and often gentle. The Isle of Wight has streams and fields and beaches and forests. It is mostly too tame for real hiking, but marvelous countryside for walking, and was beloved of Tennyson, for whom one of the downs is named, and Queen Victoria, who died there.

Iona is well known as the place to which Columba exiled himself, and rather less well known as a royal cemetery, but several kings of Scotland chose to be buried there. It is a sliver of an island, only 3.5 miles long and 1 mile wide, and its spine peaks at only 100 metres above the sea at the crest of Dun I, “with views out of all proportion to the effort required to get there”. It hosts masses of wild yellow iris in the summer, which provide a home for one of the rarer British birds, the corncrake. (We neither saw nor heard one, but one of the other groups with us did.)

Lindisfarne is the flattest of the three, its only rise being a low tor on its seaward tip that boasts a castle that, viewed beneath darkling grey clouds, would make Dracula feel right at home. It is not always an island, actually, being connected to the mainland by a causeway that is passable at low tide. It was the abbey here that created the second of the three great masterpieces of Celtic illuminated scripture, the Lindisfarne gospels (later than Durrow, earlier than Kells).

The garden island: Tresco. Off the southwestern extremity of England sits a great graveyard of ships, the hundred or so granitic Isles of Scilly, long feared by sailors and the indirect driving force behind the development of the chronometer. (When four English men-of-war foundered in the Isles of Scilly in 1707 the Admiralty instituted a prize for the development of a clock that remained accurate on board ship, so that accurate determination of longitude at sea would be possible. The full story of the chronometer is told in Dava Sobel's book *Longitude: The true story of a lone genius who solved the greatest scientific problem of his time.*) The surface of most of the islands is rock and wind-torn grasses and little else, and some are underwater at high tide, but the largest is home to a large and beautiful semi-tropical garden. It was originated by Augustus Smith, who realized that if a garden was to flourish on an island that experienced occasional 100-mph winds, some sort of protection scheme had to be devised. So he created a three-layer circumferential windbreak: Scottish gorse backed by Himalayan rhododendrons backed by Monterey pine, within the shelter of which one can stroll surrounded by agaves, bromeliads, proteas, aloes, and a host of other tropical, semi-tropical, and temperate flowers.

The cave island: Staffa. From the top of Dun I on Iona one can see off to the north the volcanic island of Staffa. Staffa is home to several sea caves, one of which is "the most famous cave in the world and the least visited", Fingal's Cave, immortalized by Mendelssohn in his *Hebrides Overture*. (I've been told that wave action can play the columns like chimes, and that this was Mendelssohn's inspiration, but there was no concert when we were there: It was too calm.) The origin of the name of the cave is obscured by legend, mostly surrounding the Irish hero or giant (pick one) Finn MacCool, who is given mythical credit for the Giant's Causeway in Antrim as well as for Staffa. (The causeway and the middle layer of Staffa are both columnar basalt.) Staffa is a three-layer volcanic cake, with solidified ash for a base, then a stand of columnar basalt, and a crest of cloudlike chaotic basalt, so that the whole looks like a petrified forest of broccoli planted in mud. Fingal's Cave is eroded out of the columnar layer and is accessible both by boat and by foot, although landing on the island can be a bit tricky. Our 49th-anniversary photo was taken at the entrance to the cave.

The bird islands: Little Skellig, Bass Island, and Boreray. Together they probably account for a majority of the nesting gannets in the world. Little Skellig is off southwestern Ireland (where it is companion to the larger island that holds the former monastic community Skellig Michael, with its beehive huts), and from a distance looks like a multi-layered limestone-and-lava Dobosh torte. It's only when you get up close that you can see that the white layers are ledges covered with seabirds and guano. Bass Island is nearly diametrically opposite Little Skellig, being just outside the entrance to the Firth of Forth in Scotland. Besides gannets, it is known for housing one of the lighthouses built by David Stevenson, the uncle of Robert Louis. Boreray, together with its little sisters Stac Lee and Stac an Armin (all part of the St. Kilda group), houses the largest colony of gannets in the world. All of the gannet colonies are accompanied by large, but lesser, numbers of puffins, razorbills, cormorants, guillemots, and, in the St. Kilda group, skuas, plus the occasional gull. The puffins, razorbills, and guillemots provide a particularly interesting contrast to the gannets in that the latter are slender, white, and graceful flyers, whereas the others are all or partially black, stubby, and flail their way through the air. Had Wordsworth spent time around any of these islands instead of in the English Lake District one of his more famous poems

might have begun “I sailed lonely as a cloud that floats on high o’er vales and hills / When all at once I saw a crowd of gannets, gulls, and razorbills....”

The haunted island: Hirta. Many of the islands we visited might be considered haunted: Inishmurray, abandoned in 1960; Lewis, with the stone circle of Callanish; Inishmore, with the neolithic fort (if that’s what it actually was) of Dun Aengus; Mainland, Orkney, with the 5,000-year-old settlement of Skara Brae (plus some stone circles of its own) – but for me, the truly haunted island is Hirta. Some 50 miles to the west of the Hebrides, Hirta is the largest of the St. Kilda group (and, incidentally, nobody knows where the name St. Kilda comes from, because nobody knows of any saint in any sect named Kilda). Hirta had been occupied off and on for at least 2,000 years before it was abandoned in 1930, and was home to a small, hardy, unique civilization, completely self-sufficient until 1822.

For the three hundred years before then, their contact with the outside world was a more-or-less annual visit by a chaplain employed by the Scottish laird who owned the islands, who would collect any taxes due and baptize any new arrivals. They lived in *cleits*, small round stone huts with thatch roofs and a fire pit (there being no wood or peat on the island, they had to keep the hut small so that a turf and twig fire would suffice in the summer; in the winter, they brought the livestock into the cleits for added warmth), farmed a small patch of poor barley, primarily to obtain straw for thatching, and survived primarily on birds and bird eggs, supplemented by Soay sheep (a hardy breed brought over by the Vikings centuries before) and fish. They would climb barefoot down the steep cliffs wherever the birds were nesting and collect eggs and young birds during the nesting season. What they didn’t eat right away, they would smoke for use during the rest of the year.

In 1822 came the Reverend MacDonald, followed shortly by Victorian tourists. The good reverend forbade all dancing and all non-Sunday-service singing and encouraged the islanders to build proper Victorian houses where livestock were not permitted into the dwelling and all the heat went up the chimneys. The tourists came to gawk at the odd folk, especially the feet of the men, which, because of their cliff-climbing activities, had become almost prehensile. Then, during WWI, a wireless station was installed on the island, and later destroyed by gunfire from a German submarine. (The only other casualty was a sheep.) Increasing contact brought increasing discontent and diseases for which the islanders had no immunity. In 1930, after a woman died of appendicitis, the 36 people who were left on the island requested relocation by the government.

Today, in addition to the dozens of empty cleits scattered across the hills, there is a radar station on the island, and a National Trust team of caretakers and sometime archeologists (Hirta is now a dual World Heritage Site – both cultural and historical). There is also a reminder, in the form of the rusting hull of a Spanish freighter that was driven into the rocks last winter, of the violence of the storms to which Hirta is subject. To walk about is to marvel at the life these people were able to wring out of such inhospitable circumstances, and to think that there must have been a way to bring them into the 20th century *without* robbing them of their joy, their traditions, and their dignity.

Preface to the revised Ex-Ls Bylaws

Some time ago, the EX-Ls Board realized that we were operating on a good-faith basis under a set of Bylaws that no longer reflected the actual operation of the organization. Shortly after he joined the Board of Directors, Jose Alonso, with the advice and assistance of several other Board members, began the process of collating the various old versions of the Bylaws and other active Board policies into a consistent document. At the October meeting of the Board of Directors, the following set of Bylaws was adopted for presentation to the membership, who will be asked to approve it at the November General Meeting. (This note is not part of the Bylaws.)

EX-Ls Bylaws as of October 11, 2009

ARTICLE I: NAME AND MAILING ADDRESS

The name of this organization is the “EX-Ls.”

The official mailing address is the home address or designated Post Office Box of the serving Treasurer.

ARTICLE II: NATURE AND PURPOSE

The EX-Ls is a non-political association of Lawrence Berkeley National Laboratory retirees and ex-employees whose purpose is to provide social, cultural, and intellectual relationships among its members, their spouses, widows, and widowers. The primary means of doing so are quarterly luncheons and newsletters. It also serves as a vehicle for allowing its members to maintain contact with LBNL, and for receiving information from other retirement organizations including those affiliated with UC.

The EX-Ls is affiliated with the LBNL Employee Activities Association.

ARTICLE III: MEMBERSHIP, GOVERNANCE, AND OFFICIAL YEAR

Membership

Membership is open to all former employees of LBNL, whether or not they retired from the Lab. Members’ spouses are automatically members. Spouses of deceased retirees or ex-employees remain eligible for membership. Assessed annual dues must be paid in order to continue membership. New members pay no dues for the calendar year in which they join.

Life Membership

The Board of Directors (hereafter referred to as “Board”) is empowered to confer Honorary Life Membership on a Member in good standing for meritorious service to the organization. Honorary Life Members are not required to pay annual dues.

A Member may purchase a Life Membership by paying a one-time assessment corresponding to 10 times the annual dues in force at that time. This status will exempt the Member and his/her spouse from paying annual dues thereafter.

Governance

The EX-Ls is governed by its elected officers and other members of the Board as described below.

Committees, both standing and ad hoc, will be appointed by the Board as needed.

Official Year

The Official Year extends from January 1 through December 31.

ARTICLE IV: OFFICERS, COMMITTEE CHAIRS, AND TERMS

Elected Officers

The following officers are elected by the Membership: the President, the First and Second Vice Presidents, Secretary, Treasurer, Membership Coordinator, and Activities Coordinator, all of whom shall serve without compensation. The Treasurer and Membership Coordinator positions may be held by the same person.

Appointed Officers

The Newsletter Editor and Webmaster officers are appointed by the Board.

Committees

Chairpersons for standing and ad hoc Committees, along with the committee members, will be appointed by the Board.

As needed, the Board may constitute new ad hoc Committees to address issues of importance to the organization. These ad hoc Committees will be reviewed on a yearly basis for relevance to EX-Ls interests and will be continued or disbanded, as appropriate.

Terms of Office

A Term extends for one year starting January 1st and ending December 31st.

The President, 1st Vice President, and 2nd Vice President serve for one full Term in these offices. For the following Term, the 1st Vice President normally becomes the nominated candidate for President, and the 2nd Vice President normally becomes the nominated candidate for 1st Vice President.

Any officer serving a partial Term (due to his/her being appointed to fill a vacancy) is eligible to be nominated to serve in that office the following full Term.

The Secretary, Treasurer, Membership Coordinator, and Activities Coordinator serve one Term with no limit on the number of Terms that can be served.

The Newsletter Editor and Webmaster serve one Term with no limit on the number of Terms that can be served.

Committee Chairs and committee members serve at the pleasure of the Board, with no limit on their duration of service as long as their committees remain in existence.

Election and Vacancies

Elected Officers are chosen at the Annual Election Meeting as described in Articles VI and VIII.

Appointed Officers and Chairs and members of committees are appointed or reappointed by Board action at the first Board meeting of the year.

If any Board position other than President becomes vacant, the President may make an interim appointment, valid until the next Board meeting, at which time the Board shall confirm the interim appointment or appoint another person to fill out the Term. If the position of President becomes vacant, the 1st Vice President shall fill out the remainder of the Term as President, and the 2nd Vice President shall fill out the remainder of the Term as 1st Vice President.

Vacancies in Board positions not filled by interim appointment are filled by action of the Board at a regularly scheduled or a specially called meeting at which a quorum is present. Persons so elected complete the current Term for the position they are filling.

ARTICLE V: POWERS AND DUTIES OF OFFICERS

President – is the Chief administrative officer, Chairperson of the Board, and official liaison between the organization and LBNL management. He/she maintains the EX-Ls Bylaws and policies, and ensures that all members of the Board have complete and accurate copies thereof. He/she sees that all policies and decisions of the Board are carried out, and oversees the appointment of chairpersons of standing and ad hoc committees. Except as specified below, he/she presides at all Board meetings and General Membership meetings. In addition, he/she is responsible for writing the annual EX-Ls' letter report to the LBNL Director and for maintaining copies of the annual EX-Ls' President's Letter to the LBNL Director and other key official correspondence as defined in the EX-Ls' Policy on Essential Documents.

1st Vice President – may, upon request of the President, assist the President with liaison activities between LBNL and the EX-Ls. He/she is responsible for identification and invitation of Speakers for the quarterly luncheons. He/she will assume the powers and duties of the President in case that officer is absent or unable to act. In addition, the 1st Vice President maintains the Cumulative List of Luncheon Speakers and Topics in accordance with the EX-Ls' Policy on Essential Documents.

2nd Vice President – serves as Chairperson of the Nominating Committee, and will assume the powers and duties of the President in case both the President and the 1st Vice President are absent or unable to act.

Secretary – records and distributes the minutes of all meetings of the Board and, if relevant, of business transacted at General Membership meetings. He/she maintains the official files, records, and documents of the organization in accordance with the EX-Ls' Policy on Essential Documents.

Treasurer – is responsible for all funds of the organization, their collection, and disbursement. The Treasurer will evaluate the financial status of the organization and make recommendations on the level of annual dues to be assessed. He/she will ensure that a notification letter of annual

dues is distributed to the membership. He/she prepares financial reports for Board meetings, and provides the Board at the first meeting of the year with a summary of the previous year's income and expenditures. In addition, the Treasurer is responsible for maintaining the EX-Ls' bank statements, year-end financial reports, and the Cumulative List of Charitable Donations in accordance with the EX-Ls' Policy on Essential Documents.

Membership Coordinator – maintains the membership roster and compiles the annual directory that is distributed to the membership. Management of any lists containing private information of the members is handled in accordance with policies approved by the Board. In addition, in accordance with the EX-Ls' Policy on Essential Documents, the Membership Coordinator maintains copies of the Annual Directory of Members.

Activities Coordinator – is responsible for coordinating and organizing activities involving the general membership, in particular the quarterly luncheons. In addition, in accordance with the EX-Ls' Policy on Essential Documents, the Activities Coordinator maintains a cumulative history of luncheon venues and arrangements.

Newsletter Editor – prepares four Newsletter editions per year. The Newsletter is distributed by postal mail to the membership of the organization. The Newsletter is the principal vehicle for conveying official information and notification to members regarding upcoming events, luncheons and meetings, and other matters of importance to the general membership. In addition, in accordance with the EX-Ls' Policy of Essential Documents, the Newsletter Editor is responsible for maintaining paper copies of the quarterly newsletters and any special editions thereof.

Webmaster – maintains the official EX-Ls Website. This Website must include official notifications, copies of published Newsletters, lists of upcoming events (Board meetings and luncheons) and other matters of interest to the membership. The Webmaster also coordinates the upkeep of the e-mail list with the Membership Coordinator, and distributes e-mail notifications to those on the e-mail list in response to Officer- or Board-authorized requests.

ARTICLE VI: NOMINATING COMMITTEE AND ELECTION OF OFFICERS

The Nominating Committee is chaired by the 2nd Vice President and must include at least two more members. This Committee is reconstituted every year, and must be appointed by the Board.

The Nominating Committee is responsible for identifying candidates to fill vacancies in the list of elected officials for the following year.

The Board will select an official slate of candidates from the Nominating Committee's list. The President will present this slate at the general membership meeting described in Article VIII. The slate will be considered elected if it receives a majority of votes of the members present at this meeting.

Should the Board's slate not receive a majority of votes, a vote will be taken for each position to be filled, with the opportunity being given to receive nominations from the floor to compete with the Board's candidate. Each such nomination must be endorsed by no fewer than 1/5th of the

members present. In such a case, the candidate receiving a simple majority of votes will be considered elected to the position.

ARTICLE VII: BOARD OF DIRECTORS

Authority

The EX-Ls Board of Directors represents and acts on behalf of the membership for the operation of the organization.

Board: Membership

The Board consists of four types of Members:

- (a) Elected Officers forming the Executive Committee – comprising individuals holding the following offices: President, 1st and 2nd Vice Presidents, Secretary, Treasurer, Membership Coordinator, and Activities Coordinator.
- (b) Appointed Officers and Chairs of Standing and ad hoc Committees.
- (c) Emeriti: Elected or Appointed Board members who have served at least three years on the Board and whose terms of office have expired, but who wish to remain active in the affairs of the EX-Ls. Emeritus status continues until the member voluntarily withdraws, by written notification to the President, or is incapable of serving owing to health issues.
- (d) Liaison persons, comprising representatives of/to organizations with whom EX-Ls has interests or close ties, falling into two classes:
 - i) Non-member Liaison representatives from organizations that EX-Ls is particularly close to, including but not limited to LBNL and the UC Berkeley Retirement Center. The Board will invite organizations with whom it wishes to share this relationship to provide the name of their liaison person. Terms for Non-member Liaison representatives are determined by the organizations that provide these representatives.
 - ii) Member Liaison representatives to organizations with whom the EX-Ls wishes to maintain contact. CUCRA (Council of University of California Retirees Association), and AROHE (Association of Retirement Organizations in Higher Education) are examples of such organizations. Also included would be our representative(s) to the UC Berkeley Retirement Center Policy Board, in response to this organization's invitation for us to nominate up to two representatives. Member Liaison representatives are appointed by the Board for one-year terms, with no limit on the number of terms that can be served.

Board: Voting rights and Quorum

During formal Board meetings, all Elected, Appointed, Emeriti members, and Member Liaison representatives present are entitled to vote, one vote per person regardless of the number of positions or offices this person may hold. Non-member Liaison representatives do not have voting rights.

Proxy votes: No proxy votes will be accepted for Board members who are not present.

Majority: Defined as greater than 50% of the voting Board members present at the meeting in which the vote is taken.

Quorum: To constitute a quorum, at least four persons holding elected office must be present and one of those must be either the President or a Vice President.

In the absence of a quorum, no official business can be completed; however, business requiring a vote may be completed after the meeting by a poll of the entire Board conducted by the President via an e-mail, telephone or postal mail ballot. A majority of votes returned within an appropriate time frame and/or recorded by the President will be sufficient to pass the measure. The President must prepare a summary document detailing the matter and any discussions pertaining to it, and will distribute this via e-mail to all Board members. A hard copy of this summary, and hard copies of any e-mail discussions and of the voting tally will be collected by the Secretary and become part of the official Minutes of the meeting at which the topic was introduced.

Board: Meetings

The Board of Directors meets at least four times per year, dates to be synchronized with the schedule of membership luncheons to allow for adequate preparation for these membership gatherings. Other meetings of the Board can be called by the President to discuss and act on special business matters.

Board meetings are considered “open” meetings. Members of the organization are invited to attend Board meetings as non-voting observers. Non-member guests can also be invited to attend should their participation be relevant to issues being discussed at the meeting.

Board: Powers and Duties

Consistent with the purposes of the organization, the Board:

- Establishes policies in areas of importance to the membership;

- Establishes its own rules of procedure, using Robert’s Rules of Order as a reference;

- Performs reviews of these Bylaws at least triennially and takes action to update them as appropriate through the process described in Article X;

- Establishes yearly dues upon recommendation of the Treasurer;

- Evaluates internal and external factors of relevance to its membership and conveys relevant information to the membership.

- Coordinates and organizes participation, where appropriate, in LBNL-sponsored employee activities such as the yearly Wellness Fair.

ARTICLE VIII: GENERAL MEMBERSHIP MEETINGS

Frequency

The EX-Ls holds one General Membership meeting a year, normally in conjunction with the fall luncheon, at which the Elected Officers for the coming year are elected. Special meetings may be called by the Board as required; in such a case, the entire membership shall be notified by mail,

specifying the purpose and agenda of the special meeting, at least two weeks in advance of the meeting. 30 non-Board members constitute a quorum at any general membership meeting.

Notice

Notice of the General Membership meetings, whether regular or specially called, must be distributed in writing to the entire membership at least two weeks prior to the scheduled date of the meeting. The EX-Ls' Newsletter is normally the mechanism used to meet this requirement.

ARTICLE IX: FINANCES

All funds received from the membership or otherwise must be deposited in a commercial bank. Disbursement is by check signed by the Treasurer or other Elected Officer, and, in the case of checks for greater than \$1,000, countersigned by the President, 1st Vice President, or other Elected Officer.

Annual dues are due and payable January 1st and delinquent March 1st.

ARTICLE X: AMENDMENTS

Amendments to these Bylaws may be proposed by a Board member at a regular Board meeting or by petition signed by 25 members in good standing at any general membership meeting.

When amendment(s) are presented, the Board must constitute an ad hoc Bylaws Committee consisting of not fewer than three (3) members of the Board. This Bylaws Committee will take the proposed amendments under study and submit its report and recommendations to the Board, ideally, at the next meeting. The Board will then vote as to whether to present the proposed amendment(s) to the general membership.

Notice of proposed bylaw changes will be published in the Newsletter edition immediately prior to the General Membership meeting at which the proposed changes will be voted on.

Ratification of any amendment(s) must be by a 2/3 affirmative vote of those members attending the General Membership meeting at which the proposed changes are voted on.

----- End of EX-Ls Bylaws -----

A pleasant journey

It's often surprising how much information a clever person can pack into a bit of seemingly casual entertainment. You might wish to suggest this one to your grandchildren. Turn your speakers on and go to URL

<http://dingo.care2.com/cards/flash/5409/galaxy.swf>



SEE YOU AT THE NOVEMBER 19 LUNCHEON

**To: Vicky Jared
4849 John Muir Road
Martinez, CA 94553
Be sure to make reservations by November 16**

From: _____

I plan to attend the Ex-Ls luncheon >> \$25pp << PREPAID

I will bring guest(s). Name(s) of guest(s): _____

I ___ would like to carpool / ___ am willing to drive

___ Please seat me close to the speaker and screen

Menu: Buffet

Please make check payable to EX-Ls Total Enclosed: _____

Welcome New Members

- | | |
|------------------------|-------------------------|
| Victor Brady | John Colonias |
| William Douglas | Paula Foerschler |
| Bernard Harvey | Hilma Johnson |
| Mark Nyman | Pier Oddone |
| William Rankin | Mike Sexson |
| Greg Stover | David Wood |

In Memoriam

- | | |
|--------------------|----------------------|
| Sibyl Donn | Martin Jara |
| John Keller | Ellie Ralph |
| Harry Reed | Harold Wilson |

Lost Members: Mail addressed to the following members has been returned, with no forwarding address. We would appreciate hearing from anyone who could provide the Membership Coordinator with a current address.

- Al Amon
- Shirley Ashley
- Esther Colwell
- Charles Garrett

Suzanne Stroh, 530 Curtis St., Albany 94706
510-524-1953; scstroh@gmail.com



LBNL EX-Ls
530 Curtis Street
Albany, CA 94706

Time Critical First Class

FIRST CLASS

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EX-Ls EXPRESS – Fall 2009

Published Quarterly at the end of January, April, July, and October

Editor: Dave Stevens

Deadline for newsletter submittals is 10 days after the preceding Board meeting

EX-Ls BOARD OF DIRECTORS

Officers

President: Don Grether
Vice-Pres #1: Rich Sextro
Vice-Pres #2: Rollie Otto
Secretary: Karen Springsteen
Treasurer: Suzanne Stroh
Activities: Vicky Jared
LBNL Rep: Mark Chekal-Bain
CUCRA/AROHE Rep: Janis Dairiki
Berkeley Ret Ctr Reps: Gene Binnall
Don Grether
Patrick Cullinane

BRC Liaison

Past Presidents

Jose Alonso: Janis Dairiki
Al Amon: Bob Fulton
Tom Beales: John Kadyk
Bill Bigelow: Ken Lou
Gene Binnall: Ken Mirk
Bob Birge: Conway Peterson
Igor Blake: Sig Rogers
Per Dahl: Clay Sealy

Calendar of Board Meetings & Luncheons

L: November 19, 2009
B: January 14, 2010 L: February 18, 2010
B: April 8, 2010 L: May 21, 2010
B: July 8, 2010 L: Aug 19, 2010
B: October 7, 2010 L: November 18, 2010

Board meetings start at **3:00** on the dates listed above. The January 14 meeting will take place in 54-130B (that's the conference room addition to Perseverance Hall at the Cafeteria) at the Lab. We welcome attendance by interested members.

EX-Ls Honorary Life Members

Shirley Ashley
Esther Colwell
Inge Henle
Bud Larsh

Official Address

LBNL EX-Ls
530 Curtis Street
Albany, CA 94706

Website: www.lbl.gov/EX-Ls

Webmaster: Richard Baker [xrobaker@comcast.net]