

# EX-Ls EX-PRESS

**Volume 22 Number 4  
Fall 2004**

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**Luncheon Reservations to Bud Larsh**

Please send your luncheon reservations to Bud Larsh at the Ex-Ls Official address:  
PO Box 5280, Hercules CA 94547.

The EX-Ls Board of Directors and members gratefully acknowledge the  
Lawrence Berkeley National Laboratory Administration for their continuing support.

## **PRESIDENT'S MESSAGE**

### **Sig Rogers**

Alas, the year is drawing to a close as is my term as President. This is my last President's Message. It has been an exciting year for Cindy and me with lots of travel and adventure including Hawaii, the UK, a cruise to the Northern European Capitols and two trips to Virginia. Next year will be different as we are seriously trying to break ground in Buffalo Junction, Virginia, in spring. We hope to spend lots of time on-site hopefully making sure things go right.

I want to sincerely thank all of this year's board members and LBL retirees for all their help. We've had great speakers, good food, and interesting table talk. I want to especially thank Bud Larsh for keeping us solvent and Dave Stevens for writing it all down in the Newsletter. Thank you Gene Binnall for those speakers, Eleanor Dahl for the board meeting minutes, Inge Henle (Activities Chair emerita) along with new helpers Myrna Binnall and Maxine Adams, and Tom Beales, our current chief negotiator with Spenger's. Thanks also to Bob Fulton and Tom Beales, our representatives at the Council of U.C. Retirees Associations. (CUCRA). Thanks also to Webmaster Richard Baker, and to Nominating Committee Chair John Kadyk for securing this year's slate of officers. Thanks to Bob Birge for his tireless effort securing Lab Funding for the U.C. Retirement Center. Last, but not least, thank you, Terry Powell and Reid Edwards, for spearheading the support we get from LBNL.

For 2005 the slate of proposed officers has Gene Binnall for our new President, John Kadyk first Vice President, Janis Dairiki second Vice President. Continuing to carry the torch into 2005 are Secretary Eleanor Dahl and Treasurer Bud Larsh. Our Activities Chair is a work in progress, but continues to function well with volunteer support from helpers Myrna Binnall, Maxine Adams, and Tom Beales

Please check the CUCRA News item, which contains excerpts from Tom Beales's report of the most recent meeting. It put my mind at ease about retirement plan funding. I was concerned that with the current business trend to not support retirement systems, that UC might also seize upon that idea as a great cost savings tool. Michelle French, Executive Director of Human Resources and Benefits Policy, stated that it wouldn't happen at U.C. with their system of actuarial pre-funding on an accrual basis. This is good news as the thought of receiving a diminished retirement and having to go back to work was pretty overwhelming.

### **A Special Note**

Some time ago I wrote Dr. Steven Chu, the Laboratory's sixth Director, telling him about the EX-Ls, our lunches and speaker programs and asking him if he would speak at one of our lunches. He has agreed to speak at our February 17, 2005, lunch. I verified today that we are still on his calendar.

I look forward to seeing you all on November 18<sup>th</sup> and again in February.

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# EX·LS Ex·press



## 2004 Fall Lunch

- Date:** Thursday, November 18, 2004
- Where:** Spenger's Fresh Fish Grotto  
1919 Fourth St.  
Berkeley
- Time:** No-host Bar: 11:30 AM  
Lunch Served: 12:00 Noon
- Speaker:** Iain S. Walker, Environmental Energy Technologies Division
- Subject:** A Sticky Situation: Everything you want to know about duct tape
- Menu:** Bay Shrimp Louie Salad (with cup of chowder)  
Salmon (with dinner salad)  
Flatiron Steak w/mushroom demi-glaze (with dinner salad)
- Cost:** \$18 per person (PREPAID)
- Reservations:** Payable to EX-Ls. Send to Bud Larsh  
PO Box 5280  
Hercules, CA 94547

Spenger's management policy makes it absolutely imperative  
that they receive reservations by November 12, 2004

(Reservation slip on last page)

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## From our August lunch

*Reported by Gene Binnall, EX-Ls First Vice-President:* Our speaker for the August 19<sup>th</sup> Luncheon was George Reyes, Director of the Facilities Division at LBNL. His topic, “The Laboratory’s Long Range Development Plan” (LRDP), a document prepared for the UC Regents and designed to guide the Laboratory’s development for the next 20 years, through 2025.

As Director of the Facilities Division, George manages more than 275 employees with a budget of \$50 million, nearly 10% of the Lab’s annual Budget. He is responsible for facilities planning, design and construction of new facilities, maintenance and operation of existing facilities, all utilities, and numerous other activities including bus service, cafeteria, fleet, and receiving/stores/transportation. The Facilities Division is also responsible for developing and implementing the Long Range Development Plan (LRDP) for the Laboratory. A summary of George’s presentation follows:

The Laboratory is a DOE facility, interdisciplinary with collaborative research. We have 17 divisions, four national user facilities, a \$500 million operating budget, 4200 employees, and 1.76 million square feet of support and research facilities. The Long Range Development Plan tries to look ahead and match the vision of science with the needs in terms of staff population and facilities, and to support that population as it grows. We are planning for a growth of 1100 employees in the next 20 years.

Now that we are moving into contract competition, we are making an effort to identify and build upon our linkages with the University of California campuses—not just Berkeley, but all of the campuses that we partner with. The goal is to strengthen the role of the Lawrence Berkeley Laboratory as “the research campus” of the University. We are managed by the University of California, and we are located on land owned by the Regents, which makes us unique among the three UC managed DOE laboratories. Our proximity to the Berkeley campus, our joint appointments, and our graduate students provide strong support for this goal. From a historical perspective, this is the nation’s oldest national laboratory. It was founded in 1931 by Ernest Lawrence as the Radiation Laboratory, and officially moved to the hill site in 1940.

The LRDP is a UC document, not a Department of Energy document, and it’s something that we are required to do for the Regents, as is every UC campus. It provides the Regents with information about where we are going as an institution in the next 20 years, both in the physical sense and in the environmental sense. This document is linked to the research programs and embodies the Laboratory’s visions and goals, and the need for growth and expansion. In our planning, the key research areas focused on are: physics and cosmology, life sciences and health, material and physical biosciences, computing sciences, and energy and environment.

Over the next 20 years, we plan to add a million gross square feet of new and replacement construction. Our actual net growth will be 800,00 square feet, because we need to demolish more than 250,000 square feet of existing building space. Among the structures currently slated for demolition are buildings 25 and 10. We have also been asked to expect \$80 million over a

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four-year period beginning in FY06 to remove what's left of the Bevatron, which sits on the most prime building space for new facilities at the Laboratory.

One of the most exciting and innovative concepts in the design of research facilities is the "research cluster". The concept is to try to collect scientific affinities into compact geographical areas so that we can eliminate the fragmentation that occurs when Divisions are dispersed over a wide area. For example, there is emphasis on a multi-building Life Sciences cluster conveniently located in close proximity to the Molecular Foundry. With the cluster concept, the new buildings will have utility and service access corridors from the back, so that we can turn the front of the buildings into areas of linkage so that people can flow from building to building unencumbered by having to dodge trucks and torn-up pavement. The goal is to try to create more of a campus-like feel in the buildings and in the passages between buildings where accidental beneficial encounters can occur.

Other exciting projects that we have on board include a proposed ALS User Support building and a User Housing Facility. The ALS User Support building will be located behind the Advanced Light Source at the present site of building 10. This is a DOE funded building intended to provide setup and staging areas for users of the ALS beam lines. Construction is to start in FY08. The User Housing Facility will be a multistory small compact hotel between the cafeteria and the ALS. We are currently looking at a model that would have 60 to 70 rooms. It will be a self-supporting facility. The university has committed in concept to lend us the money (approximately eight million dollars) to construct this facility, with the debt service on the loan to be paid for by the users. We hope to rent the rooms for about \$70 a night.

We have also proposed a 60,000 square foot, four-story Research Office building with a conference center on top, to be located just inside the Blackberry Canyon gate with a stunning view of the bay from the glass enclosed conference center. For convenient access, the top floor will be on the same level as an entrance to the Building 50 complex. This Research Office building is one of several buildings being considered by the Regents for funding as part of their commitment to the Laboratory.

Other building projects include the Molecular Foundry (a user facility for the design, synthesis and characterization of nanoscale materials), which is currently under construction. Not yet funded is the LUX (Linac-based Ultrafast X-ray source) accelerator targeted for the Old Town area behind the ALS. A computational research facility, currently titled the Theory and Computation Building, is planned to be a 140,000 square foot building built in two 70,000 square foot sections on the site of the Bevatron's old External Proton Beam (EPB) hall. This will enable us to bring the NERSC supercomputing facility back up to the hill from the present Oakland site as well as to expand for the next generation of supercomputing. It will also contain approximately 350 offices to enable us to consolidate computing sciences and other functions, helping to ease to congestion in the Building 50 complex. This building will also be proposed to the Regents for funding support. Other proposed projects for the Regents include a 100,000 square foot building intended to house the new cancer research consortium in the Life Sciences cluster, and a building to showcase the Energy and Environmental Building Technologies

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component, which has received worldwide exposure for cutting edge efficient energy usage. In addition, four different sites have been proposed for parking structures.

The LRDP is currently on track to go to the Regents the later part of the '05 calendar year. We are partnering very closely with the campus on LRDP issues. The Berkeley campus LRDP is scheduled to go to the Regents sometime in January or February 2005, and LBNL is scheduled to come out in the spring of 2005 with a public release of the Draft LRDP documents for review and comments. We encourage all of you to review these documents and provide us with your input, and to attend the public meetings. Your support is needed.

You can go to the following LBNL web sites for additional information:

<http://www.lbl.gov/Community/LRDP/>

<http://www.lbl.gov/Community/LRDP/faq.html>

*Luncheon Attendees:*

Maxine Adams	Per & Eleanor Dahl	Donald & Bertha Miller
Al Amon	Janis & Ned Dairiki	Bob Mortiboy
Bob Avery	Jack & Darlene Franck	Fred Perry
Bill Baker	Frank & Maxine Garnier	Conway Peterson
Dick Baker	Bill Gilbert	Terry Powell
Winnie Baker	Lee Glasgow	Don Prestella
Josephine Barrera	Abe & Marjorie	Ellie & Gwen Ralph
Tom Beales	Glicksman	Adair & Lois Roberts
Bill Bigelow	Roger Hughes	Sig & Cindy Rogers
Gene & Myrna Binnall	John & Ann Kadyk	Elmer Silva
Bob & Elizabeth Birge	Joseph Klems	Robbie & Mary Smits
Igor Blake	Ralph Kujala	Dave & Sally Stevens
Dick Burleigh	Bud Larsh	Speaker George Reyes &
Geores & Katie Clevenger	Branko Leskovar	guests Kyle Perry and
Buttner	Ken Lou	Rich McClure
	Katherine Lucas	

### **Editor's Note**

Table Talk seems to have lapsed into silence; if you miss it, it's up to you to help revive it. If you can't attend lunch and have anything you'd like to say to the membership, send it along. If it's not scurrilous, obscene, or a blatant sales pitch, we'll print it. Letters, articles, and ideas for articles may be submitted via e-mail ([david\\_stevens@comcast.net](mailto:david_stevens@comcast.net) or [stevens@lmi.net](mailto:stevens@lmi.net)) or snail-mail to Dave Stevens, 1107 Amador Ave, Berkeley, CA 94707, or even telephone (510-524-2904). Further along in this issue you will note another hobby suggestion from Anton Acker. ***NOTE: The deadline for newsletter submittals is 10 days after the preceding Board meeting. See the back page for meeting dates.***

dfs

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## Apology

I misspelled Sam Villa's name in the July *In Memoriam* box. I apologize for any resultant confusion or distress. [dfs]

## Berkeley Retirement Center

The Lab has signed a two-year contract to continue the participation of former Lab employees in the programs of the Center. You should already be receiving the Center's quarterly newsletter, *The CenterPiece*. If not, you should contact the Center at 2 Boalt Hall #7200, Berkeley, CA, 94720-7200, 510-642-5461, [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu). For an overview of the programs and benefits they offer, visit their website at <http://thecenter.berkeley.edu>. Note that you need a Retirement Center ID card to take advantage of their offerings. The card is free and can be obtained by contacting the Center either in person or electronically.

## EEOIC Resource Center established in Livermore

The EEOIC (Energy Employees Occupational Illness Compensation) program has established a resource center in Livermore to provide current and former employees with information about the program and to assist possible claimants prepare the necessary materials. EEOIC is a joint DOE/DOL program to provide compensation to energy employees (and their eligible survivors) who have suffered certain illnesses as a result of exposure to radiation, beryllium, silica, or other toxic substances. Kris Neely of the Livermore center will attend the November luncheon to provide an introduction to the program and be available after lunch to answer questions. You may also contact Kris directly at the Energy Employee Compensation Resource Center, 2600 Kitty Hawk Road Suite 101, Livermore CA 94551, 925-606-6302 (or 1-866-606-6302), e-mail [california.center@eh.doe.gov](mailto:california.center@eh.doe.gov).

## Good News and Bad News for the February Luncheon

The good news is that Laboratory Director Chu has agreed to be our speaker for the February luncheon. The bad news is that it will probably cost more. This is not Dr. Chu's fault. Spenger's has already raised their banquet prices, and it's only our contractual agreement that allows us to hold the line in November. Since the contract expires at the end of the year, we expect that next year's prices will be increased by a dollar or two.

## Something to consider

### Anton Acker

It's football season; sew what? For retired L.A. Rams legend Rosie Greer, it means time to tackle his cross stitching. Some years back, the rugged member of the Ram's "Fearsome Four" defensive line made headlines by coming out of the closet, so to speak, and revealing that his hobby was cross-stitching, thus breaking the stereotype-image of spinster-stitchers.

With the Fall and Winter approaching, this may be a good time for you to also consider trying your hand at a new hobby, like cross-stitching. It is very inexpensive and the results for both

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beginner and master are impressive. The next time you visit Wal-Mart or a craft-store like Michaels, check out their cross-stitch department. You will find low-cost kits that provide everything you need to get started. You can also find accessories, such as large needles, magnifying glasses, etc., that will make this hobby accessible even to those with diminished eyesight or physical impairments.

If you want a real challenge, you can even find shareware programs that create useable, but intricate, patterns from your favorite digital-photos.

Numerous articles have pronounced the many health benefits this hobby. It is pleasantly relaxing; keeps your fingers and wrists active; and helps keep your mind nimble and focused. A good starting point for basic information is [www.Cross-Stitching.com](http://www.Cross-Stitching.com)

Remember that it is time to enjoy your retirement and try new hobbies.

### ***Berkeley Lab View available***

All members of Ex-Ls are entitled to receive a complimentary copy of the *Berkeley Lab View*, the newsletter that looks a great deal like the *Currents* used to look, but is less concerned with the Lab calendar. (That function has been taken over by the Lab's daily e-mail.) If you have not been receiving the View—and would like to do so—please contact the Lab's Community Relations Office, 415-486-7292.

### **News from CUCRA**

There is good news on two fronts: As Sig noted in the President's Message, the UC Retirement Program remains fully funded despite the University's over-all belt-tightening, and there are two positive developments with respect to health-care: Firstly, costs will not go up in the coming year, and in fact will decline slightly for most retirees with Medicare. And secondly, beginning in January it will be possible to drop out of a UC health plan (if, for example, you have access to a less expensive plan through a family member) and rejoin at a future open enrollment period. These changes, and several other open enrollment matters, are discussed in the October issue of *New Dimensions*, the Benefits newsletter for UC retirees. (If you have not received your copy, you should request one from the UC Customer Service Center, 1-800-888-8267.) (IF you would like a copy of Tom Beales's complete report, please let me know and I'll send you a copy. [dfs])

The following is not breaking news, but might possibly be of interest: If you are interested in travel opportunities that might not be generally available, you should contact the CUCRA Travel Interest Group. Their most recent offering was a 20-day tour of Australia and New Zealand. You may get information on available trips from Rosemary Norling (Rnorling@ucsd.edu).

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### Question and answer

I recently picked a new primary care physician. After two visits and exhaustive lab tests, he said I was doing “fairly well” for my age. A little concerned about that comment, I couldn't resist asking him if he thought I'd live to be 90. The following dialogue ensued:

--Do you smoke tobacco or drink beer or wine?

-- No, I never smoked or drank.

--Do you eat rib-eye steaks and barbecued ribs?

--No, I've heard that all red meat is very unhealthy.

--Do you spend a lot of time in the sun, like playing golf / sailing / ballooning / motorcycling / rock climbing?

--No, I can't say that I do.

--Do you gamble, drive fast cars, or fool around?

--No, I have never done any of those things.

--Then why the hell do you want to live to be 90?

### I Love to Live

Today, dear Lord, I'm 80, and there's much I haven't done;

I hope, dear Lord, you'll let me live until I'm 81.

But if I haven't finished all by then I want to do

Please arrange to let me stay until I'm 82.

So many places still to go, so very much to see,

Do you think that you could find a way to make it 83?

The world is changing very fast, there is so much in store

I'd like it very much to live until I'm 84...

And if by then I'm still alive, I'd like to stay to 85!

More planes will be up in the air, so I'd really like to stick

And see what happens to the world when I turn 86.

I know, dear Lord, it's much to ask,

(and it must be nice in heaven)

But I'd really like to stay down here until I'm 87.

I know by then I won't be fast, and sometimes will be late,

But it would be very pleasant to be around at 88.

I will have seen so many things, and had a wonderful time,

I'm sure that I'll be willing to leave at 89.

(Maybe.)

Just one more thing I'd like to say, dear Lord, I thank you kindly,

If it doesn't put you out too much, I'd love to live past 90.

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## **Luncheon Logistics**

Thanks to Maxine Adams and Myrna Binnall, who have volunteered to help with luncheon registration. We could use additional volunteers. This need not be a lifetime commitment: If we can develop a cadre of folks willing to help, nobody would have to work more than once a year. If you are interested, just show up a little early and volunteer. (No experience necessary; a ready smile is the most important qualification for the job.)

## **Position of Activities Coordinator is still vacant**

We are still looking for someone to act as Activities Coordinator. For the most part, this involves negotiating the annual renewal of our contract with Spenger's plus working with the Spenger's staff and Treasurer Bud Larsh to coordinate the individual luncheons. Please see Sig Rogers or Gene Binnall if you are interested.

## **New-member introductory offer**

The Board has approved an introductory offer for new members: The organization will absorb the dues for the balance of the calendar year in which a new member joins. (This does not extend to the luncheon cost, however; the new member will still have to pay for those luncheons attended.) So if you know of former LB(N)Lers who have not yet joined Ex-Ls, you might suggest they give us a try while this munificent offer remains in effect.

## **The limp duck**

A woman brought a very limp duck into a veterinary surgeon. After a brief examination, the vet shook his head sadly and said, "I'm so sorry; your pet has passed away." "How can you be so sure without any tests?", the owner protested. "He might just be in a coma or something." The vet rolled his eyes, turned around, left the room, and returned a few moments later with a black Labrador retriever.

As the duck's owner looked on in amazement, the dog stood on his hind legs, put his front paws on the examination table and sniffed the duck from top to bottom. He then looked at the vet with sad eyes and shook his head. The vet patted the dog and took it out and returned a few moments later with a beautiful cat. The cat jumped up on the table and also sniffed the bird from its beak to its tail and back again. The cat sat back on its haunches, shook its head, meowed softly, jumped down and strolled out of the room. The vet looked at the woman and said, "I'm sorry, but as I said, this is most definitely, 100% certifiably, a dead duck." Then the vet turned to his computer terminal, hit a few keys, and produced a bill, which he handed to the woman. "\$150!" she cried. "\$150 just to tell me my duck is dead?!!" The vet shrugged. "If you'd taken my word for it, the bill would have been \$20. But you wanted more tests, and with the lab report and the cat scan, it all adds up."

**In Memoriam**

<b>Philip Abelson</b>	<b>Frank McClure</b>
<b>Thomas Bowen</b>	<b>Ed Pollack</b>
<b>George Brecher</b>	<b>David Robinson</b>
<b>James Cullen</b>	<b>Paul Silverman</b>
<b>James Handers</b>	<b>Will Siri</b>
<b>Gil Hartley</b>	<b>Heimlich Summer</b>
<b>Howard Heath</b>	<b>Sam Villa</b>
<b>Ira Jones</b>	<b>Ming Xie</b>
<b>Spencer Knoll</b>	

**WELCOME  
NEW MEMBER  
Rich Arri**

**If you wish to join the Ex-Ls, please send the filled out form below, to Bud Larsh, Treasurer;  
610 Devonwood; Hercules, CA 94547.**

If you have any questions, please call Bud Larsh, at 510-724-1202, or e-mail to AlmonLarsh2@juno.com.

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Spouse: \_\_\_\_\_ Year Retired: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**SEE YOU AT THE NOVEMBER 18 LUNCHEON**

**To: Bud Larsh  
 PO Box 5280  
 Hercules, CA 94547  
Be sure to make reservations by November 12**

**From: \_\_\_\_\_**

**I plan to attend the EX-Ls luncheon \$18 PREPAID**

**I will bring \_\_\_guest(s). Name(s) of guest(s): \_\_\_\_\_**

**Menu Choice(s): Beef \_\_\_ Fish \_\_\_ Salad \_\_\_**

**Please make check payable to EX-Ls Total Enclosed: \_\_\_\_\_**

**EX-Ls EXPRESS – Fall 2004**

Published Quarterly at the end of January, April, July, and October

Editor: Dave Stevens

*Deadline for newsletter submittals is 10 days after the preceding Board meeting.*

**EX-Ls BOARD OF DIRECTORS**

**Officers**

President: Sig Rogers  
Vice-Pres #1: Gene Binnall  
Vice-Pres #2: John Kadyk  
Secretary: Eleanor Dahl  
Treasurer: Bud Larsh  
Activities: **Vacant**  
LBNL Reps: Reid Edwards  
Terry Powell

CUCRA Reps: Bob Fulton  
Tom Beales

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Tom Beales Paul Hernandez  
Bill Bigelow Ken Lou  
Bob Birge Ken Mirk  
Igor Blake Conway Peterson  
Howard Browne Clay Sealy  
Virginia Cherniak Ethel Skrydlinski Thompson  
Per Dahl

**Calendar of Board Meetings & Luncheons**

L: November 18, 2004  
B: January 13, 2005 L: February 17, 2005  
B: April 14, 2005 L: May 19, 2005  
B: July 14, 2005 L: August 18, 2005  
B: October 13, 2005 L: November 17, 2005

Board meetings take place in the LBNL cafeteria at 3:45 on the dates mentioned; we welcome attendance by interested members.

**Ex-Ls Life Members**

Esther Colwell Shirley Ashley  
Frank Garnier Inge Henle  
Tané Nutting

**Official Address**

LBNL EX-Ls  
P. O. Box 5280  
Hercules, CA 94547

**Website:** [www.lbl.gov/ex-l-express/](http://www.lbl.gov/ex-l-express/)

**Webmaster:** Richard Baker [robaker@lbl.gov]

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