

EX-L's
EX-PRESS

SPRING 2002

*20th YEAR
ANNIVERSARY
ISSUE*

1982 - 2002

The EX-L Retirees' Board of Directors and members gratefully acknowledge the Lawrence Berkeley National Laboratory Administration for continuing to support this organization all these years.

PRESIDENT'S CORNER

Bob Birge

We see the end of an era when Tané Nutting steps down as Editor of the EX-L's EX-Press. I have known Tané for many years and hope she will stay in touch with us all even as she bows out of the tedious work of editing.

We welcome Dave Stevens as a replacement. I have also known Dave for a long time, though not as an editor, but as a computer scientist, and thespian. If anyone would like to volunteer to help type up the next issue of the EX-Press, Dave would be most appreciative if you would let him know. His phone number is (510) 524-2904.

Please note that the price of lunch has gone up by one dollar. We have found that the \$17 cost no longer covers the expense of the luncheon making it necessary to charge \$18 which still includes the tax and tip.

The organization continues with its varied programs, and I'm looking forward to the next luncheon in May to learn about the new Bay Bridge.

ANNOUNCEMENT

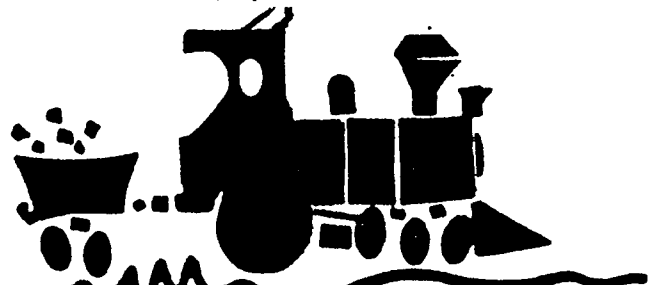
The Center for Research and Education on Aging (CREA) invites you to Spring into Spring with a *Nutrition & Exercise in Healthful Aging* : a Colloquium and Fair, Saturday, May 11, 2002, 10 AM - 1 PM at the University of California, 155 Dwinelle Hall
\$5.00 Admittance fee at the door

Pre-registration encouraged: CREA c/o Paola S. Timiras, 401 Barker Hall, UC, Berkeley, CA 94720-3202 or Email info to: crea_registration@yahoo.com

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EX-L'S Ex·press



VOLUME 20 NUMBER 1

SPRING 2002

LUNCH TIME

DATE: THURSDAY, MAY 16, 2002

WHERE: Spenger's Fresh Fish Grotto, 1919 Fourth St., Berkeley, California

TIME: No Host Bar 11:30 AM Lunch Served 12 Noon

SPEAKER: Mike Whiteside
Cal Trans Supervising Bridge Engineer

SUBJECT: Bay Bridge East Span Replacement Project

MENU: Bay Shrimp Louie Salad (with cup of chowder)
Parmesan Petrale Sole w/lemon caper butter (with dinner salad)
Flat Iron Steak w/mushroom demi glace (with dinner salad)

COST: \$18 per person (PREPAID)

RESERVATIONS: Payable to EX-L's. Send to Inge Henle
820 Villa Lane #3, Moraga, CA 94556

Spengers management policy makes it
absolutely imperative
that they receive reservations by May 10, 2002

FROM OUR FEBRUARY LUNCHEON

Reported by Bob Fulton, our VP #1: The speaker for the February 21, 2002, EX-L lunch was Dr. Ashok Gadgil, LBNL, Environmental Energy Technologies Division, who talked about the ultraviolet water purification system developed to provide purified drinking and cooking water for developing nations. Dr. Gadgil started his talk by pointing out that in a world where a billion people live without access to safe water, more than six young children die every minute because of contaminated drinking water. The project was begun with scrounged parts and volunteer help until he could get DOE, USAID and private grants. Some of the criteria the system had to meet were: simplicity, ruggedness, low water pressure, and low energy requirements. Ultraviolet light, which disrupts organisms DNA so that they die quickly without reproducing, was selected as the purification technique.

The resulting units now weigh 15 pounds, require only 60 watts of power, and deliver up to four gallons of purified water per minute. Electricity can be provided by solar cells, windmill or generator. Present estimates are that water for a small village can be provided for seven cents per day. A number of these systems are now in use and undergoing further evaluation in Mexico and the Philippines. In response to a question, Dr. Gadgil described the situation in Bangladesh, where water from many wells is heavily contaminated with arsenic. Ultraviolet light does not remove the arsenic from well water, but it does allow the use of surface water, which is often contaminated with bacteria, to be purified and used safely. The Laboratory has licensed the design to a manufacturer in Napa, Water Health International, who is presently producing the units. More information on the UV Waterworks can be found on the LBNL website at <http://www.lbl.gov/wonder/gadgil> and at <http://www.waterhealth.com>.

Those who attended the February luncheon are listed below:

Maxine Adams	Ed & Polly Fleischer &	Robert Meuser
Al Amon	guest Erich Berthold	Ken Mirk
John Anderson	Jack & Darlene Franck	Robert & Jo Morris
Shirley Ashley &	Bob Fulton	Bob Mortiboy
guest Connie Silva	Frank Garnier	Charles Ogden
Dick Baker	William Gilbert	Conway Peterson
Bill Baker & Addie Eby	Abe & Marjorie Glicksman &	Terry Powell
Winnie Baker	guests Phil & Thora Bean	Don Prestella
Bill Bigelow	Carson Haines & Joan Carter	Ellie & Gwen Ralph
Eugene & Myrna Binnall	Bob Harvey	Ed Reiox
Bob & Elizabeth Birge	Howard & Betty Heath	Ken & Carole Rex
Donald Blackman	Roger Hughes	Sig & Cindy Rogers
Igor Blake	Nylan Jeung	Charlotte Scales
Richard Burleigh	Robert & Barbara Kaufman	Clay Sealy
Geores & Katie Buttner	Ralph Kujala	Jim & Pat Shand
Chester Cernac	Bud Larsh	Ben Shuey
Franklin Choy	Cedric Larson	Elmer Silva
Winifred Corniea	Ted & Lynn Lauritzen	Robbie & Mary Kaye Smits
Per & Eleanor Dahl	John & Barbara Lax	Robert Springsteen
Bill & Jean Dolter	Branko Leskovar	Dave & Sally Stevens
Robert Everett	Donald Lundgren	Marilyn Taylor &
William & Wally Everette	Dick Mack	guest John Otvos
Warren & Averil Faust	Fritz & June Marg	Fred & Linda Vogelsberg
		Richard Wolgast

MESSAGE FROM YOE

Dear Fellow EX-L's:

Here we are in the year 2002, nearly twenty years down the road and moving right along. Maybe it's time to look back and see how we got here — before we forget! Considering the age of the Lab we were slow in forming an organization that would provide a link with our (retired) work-place friends and associates. It wasn't until 1981 that the idea even surfaced. It happened at that year's annual Director's Office salute to the current batch of retirees. As we looked around at those familiar faces some of us suddenly realized that we would not, in the normal course of events, see any of them again. We agreed sadly that to leave the Lab payroll was to have a door closed behind us. We said as much to then Director Dave Shirley and lo! before the year was over came the invitation to meet with representatives of the Lab's administration to discuss ways and means of forming a retirement association.

The first telephone call from Kathleen Handron, Employee Services coordinator on December 7, 1981. From it we learned that we already had approval to compile a list of retired personnel; that we had been put on the mailing list for publications of general interest and that we were to consider ourselves eligible for LBL training courses.

On March 11, 1982 we met with Kathleen, Director Earl Hyde and the new Personnel Director Bob Cameron. Notes from that meeting indicate that we discussed sampling retiree interest and establishing a range of costs/fees. We explored the prospective benefits to members in addition to those of just keeping old ties alive. Organizational guide lines were laid down as follows:

Lab Participation

- Acquisition and quarterly updating of a list of all living retirees
- Incorporation of list of retirees into the master mailing list for distribution of LBL News Magazine, Currents, LBL's Annual Report and information on recreation programs and events.
- Distribution to retirees of LBL's annual training schedule with free enrollment in courses on a "space available" basis.
- Provision of a contact person at the Lab for information and implementation.

Retirees' Participation:

- Mailing to retirees to suggest organizational structures, suggest activities and invite response and feedback.
- Creation and maintenance of retirees' organization that best fits the needs and wants of the retiree's population.

Following the meeting Kathleen set to work extracting names of retirees from the data base. That turned out to be a challenge (more like a fiasco) because the base didn't sort according to affiliation so we had a mix of acronyms: LBL, LLL, PERS, UCRS, etc., etc. Furthermore, we learned in the process that any Berkeley Lab retiree who returned to work, even as a consultant, was deleted from the base. We found ourselves eventually with three lists, no two of which matched. It took a lot of sorting out the ineligible and/or irrelevant folk and then rooting around in our memories before we had a sufficiently representative collection of names to proceed with our canvas. We have no way of knowing, even to this day, how many names - or whose - fell through that big crack!

Next we sent out a cover letter and a questionnaire (examples herewith). I don't recall now how many. The first wave netted about 69 responses (also presented here). More came in later. Among those responses were some thinly disguised hidden agendas from a few persons who regarded the potential association as a handy dandy mailing list for private pursuits (e.g., travel ads, etc.)

By now the cast of EX-L's characters have altered radically. Names of new retirees no longer sound familiar to old Charter Members, and in our Memoriam acknowledgments we have said good-bye to many old friends. The CURRENTS news articles seem to come from an unknown territory, and our own newsletter has become mostly a TripTalk. But every passing year seems to produce a nucleus of strong, positive leaders who are assuring the survival of our Laboratory retirement association.



Lawrence Berkeley Laboratory

University of California
Berkeley, California 94720
Telephone 415/486-4000
FTS: 451-4000

August 9, 1982

Dear LBL Retiree,

In response to many suggestions, and with the encouragement of LBL Administration, we two interested retired employees are proposing the formation of an organization of LBL retirees.

We annuitants have already shared a unique experience. We have spent a substantial portion of our lives with an organization of world-wide significance at a critical time in history...hardly your run-of-the-mill work experience. There is ample reason to assume that we could both enjoy and profit from a continued association. Support from LBL Administration will provide the initial organizational expense, but, of course, once we are established we will want to be strictly on our own. So -- tell us whether you are:

Enthusiastic (wildly)

Interested (mildly)


Good Heavens! What For?

If you put your mark in Box #1 or #2, read on. We need to know where your interests lie, and what you would consider the best format for our organization. Attached is a questionnaire which addresses these concerns. Please fill it out and return it with your R.S.V.P. by September 3rd.

The reason for requesting speedy return reactions can be explained by the enclosed invitation. The 1982 Annual Retirement Reception this September 10th will serve two purposes: to honor this year's retirees and to celebrate the initiation of our organization. We hope to see you in September....and often thereafter!

Best regards,


Tane Nutting


Ted Bowers

COPY OF QUESTIONNAIRE MAILED TO RETIREES ON LIST

ACTIVITIES	DEGREE OF INTEREST		
	Wild	Mild	None
1. A Newsletter with contributions from membership			
2. Regular Social Events - (e.g. Dinner/Dancing or Picnics so we can visit and exchange up-to-date news)			
3. Recreational a..Athletic Events as: Audience Participant b. Entertainment as: Audience Participant c. Travel as: Arranger Participant			
4. Educational/Self Improvement (Wide range of class possibilities as: Teacher Student			
5. Goods and Services Exchange as: Contributor Recipient			
6. Community Service as: Program Developer Volunteer			

The possibilities are endless! Your additional suggestions and comments are very welcome:

What amount of yearly dues would you consider acceptable? _____ Would you be willing to pay \$12/year in dues? ___ Yes ___ No

INTERIM SUMMARY 9/3/82

Distribution of Interest

News Letter	66	1
Social	64	2
Athletic Events	28	7
Entertainment	36	5
Travel	55	3
Educational/Self Improvement	49	4
Goods & Services	32	6
Community Service	20	8
DUES - \$12 per year	MOSTLY YES	69

When the preliminary canvas was complete and the organization had begun to take shape Dr. Shirley threw a party — a champagne reception!

Dr. and Mrs. David A. Shirley

request the pleasure of your presence

at a

Champagne Reception

honoring retired and

retiring employees

Friday, September 10, 1982

at four o'clock in the afternoon

Director's Office

Bldg. 50 A, Rm. 4133

Dr. Shirley's Greeting

- Welcome - old and new retirees - a special year having both together
- Acknowledgment - years of service and loyalty
- Distribution of Certificates as supervisors introduce their employees
- Announcement of the new LBL Retirees' Organization
- Description of how the idea got started
 - The strong support from Laboratory Administration
 - The work done by Tané and Ted - mailing list, questionnaire etc.
- Introduction: Tané Nutting & Ted Bowers

Tané's Greeting:

"The moral of this story is, if you're going to speak up, do it in the right places. I don't know whose original idea this joint reunion was, but it was truly inspired. I do know that we owe much to such people as, for starters, Director Shirley, and to the Personnel Department's Kathleen Handron and Maggie Lechner, and many others who searched, typed, and recorded.

"It is a treat to see you all -- and to know that it can happen again -- without having to go back on the payroll and work a 40-hour week to do so. Getting a current and complete list of LBL retirees was exceedingly difficult and we're not at all sure we have succeeded. If anyone has been overlooked, you may be sure it was accidental. The response from those of you who (either wildly or mildly) wish to be a part of an association of retirees was heartwarming. Ted has facts and figures and pertinent information for you."

The party was well attended, as you can see listed below, and we imbibed our celebratory champagne happily and noisily. The Lab photographer was there too -- so there were pictures in the next issue of the Currents.

RETIREES INVITED TO RECEPTION
(Those with check mark attended)

New Retirees

Anger, H. O.
Bretz, H. H.
✓Buchingham, S.
Camp, J.A.
✓Cantelow, H.
✓Drummond, D.
✓Eaton, W.F.
✓Fletcher, V.

✓Force, R.
✓Frey, R.A.
✓Gisser, R.G.
✓Hart, J.W.
✓Hebel, H.
Hedquist, E.E.
Hull, J.M.
✓Johnson, Craighton.

✓Ketchum, H.E.
✓Kroll, J.
✓Lake, A.
✓LePore, E.W.
LePore, J.V.
✓Lundgren, D.F.
✓McCracken, R.E.
Minter, J.C.

Nielsen, R.J.
Niemi, W.H.
Rainey, J.E.
✓Reuss, A.I.
Rivolo, R.
✓Siri, W.
Tunney, J.O.
Wilson, G.

"Older" Retirees

✓Acker, R.C.
✓Awtrey, F.
Berou, E.G.
✓Bierlein, F.
✓Bigelow, W.S.
✓Blisard, W.S.
✓Bowers, T.W.
✓Boynton, P.M.
Bradley, W.J.
✓Breitenbach, P.
Browne, H.
✓Burke, J.P.
Byrns, R.
✓Cherniak, V.
Cimpher, E.
✓Connell, R.P.
Coolbaugh, W.B.
Corrigan, D.J.
Curtis, D.D.
Davis, N.L.
✓Dexter, W.
✓Dodds, E.L.
✓Dufour, R.S.
Edwards, G.W.
Eno, E.
Eno, N.

Entriiken, T.
Falster, H.
✓Felker, P.J.
Fisher, R.S.
Forsberg, F.
Fowell, R.M.
Freitas, D.
Fulrath, M.
✓Garnier, J.F.
Goranson, G.H.
Hagopian, H.
Hamilton, P.
✓Harney, R.
✓Harvey, J.C.
Heath, H.
Hedquist, D.B.
✓Hotzel, O.
Hubbard, C.
Hughes, E.
Hull, E.
Johnson, J.M.
Jura, G.
✓Keller, J.E.
Kleid, A.H.
Kingsbury, R.
Klimlinger, W.P.

Klimish, C.M.
LaMoyné, S.T.
✓Lavers, M.P.
LeFebvre, C.A.
✓Lichliter, S.
✓Loyd, M.L.
✓Lutz, C.
✓Lyster, M.K.
✓MacKenzie, R.G.
Mangels, M.B.
✓Manov, T.
✓Mendes, J.A.
✓Milburn, M.S.
Minor, F.
Mock, C.O.
Mulky, H.S.
✓Nutting, T.
Onffroy, J.C.
✓Park, F.W.
✓Perry, G.
✓Phipps, K.D.
Pickus, M.R.
✓Porter, F.
Quintin, L.R.
Reioux, E.
✓Reynolds, W.B.

Richards, J.C.
Romano, V.J.
Sager, W.T.
✓Sateren, C.O.
Saunders, B.G.
Schifferle, L.
✓Schwager, M.J.
Schwemin, A.J.
Seaborg, G.T.
✓Sherman, H.O.
✓Smith, M.
St. Aubin, B.
Steers, G.
✓Sutherland, G.
✓Suttle, J.
✓Thaxter, M.
✓Toby, F.
Turner, J.O.
✓Valcalda, L.
VanAtta, C.M.
✓Wakerling, R.K.
✓Wean, K.L.
✓Weiss, C.P.
✓Wilson, A.L.
Young, J.D.

Reception honors this year's retirees, marks formation of new organization



Speaking at the annual Retirement Reception last Friday was Deputy Director Earl Hyde (far right), who presented certificates of achievement to this year's retirees, while A&FRD's Tom Elioff (right) greeted members of his division.



Also attending the reception were retirees from past years, bringing the total number present to over 200. It was a time for enjoying refreshments, greeting old friends and catching up on the latest happenings.



Besides honoring this year's retirees, the reception marked the initiation of the newly formed LBL Retirees' Organization. Recreation Coordinator Kathleen Handron (far left) greets longtime LBL employee Ted Bowers, while Tane Nutting (center) signs her name tag. Ted and Tane are cofounders of the new association.

Group members are thinking about social get-togethers, group travel, educational activities, community service projects and other possibilities. The association's first organizational meeting will be held in the LBL cafeteria on Friday, October 15, at 4:30 p.m., and all interested retirees are invited to attend.

And of course your editor summed it all up in a letter to our potential membership. The letter also announced the first general meeting on October 15, 1982.

Before that meeting we learned from Kathleen Handron that it had been decided to place the club under the umbrella of Recreation in order to provide non-taxable status, insurance coverage, to get an assist with mailing the first newsletter, to have our own account which was to be set up when officers were elected, and a bank account with signature card bearing two names for check cashing authority.

LBL'S SEPTEMBER 10, 1982 CELEBRATION FOR RETIREES
A SUCCESS!



Lawrence Berkeley Laboratory

University of California
Berkeley, California 94720
Telephone 415/486-4000

Dear LBL Retiree,

WELL! If the success of a gathering can be measured by crowd density and decibels, LBL's annual retiree celebration was "10" on the scale. As you know this was the first time the annual reception invitation list has included not just this year's group of retirees, but all superannuated LBL employees. So many familiar faces (packed in a little more tightly than comfortable, perhaps)! So many warm greetings, copious champagne, attractive edibles! The combination was very festive.

We quieted down long enough to hear Dr. Earl Hyde, pinch-hitting for an unavoidably absent Director Shirley, ruminates a bit on the subject of LBL's history and make some predictions for its future, after which he presented certificates to the current crop of retirees. From there on out the meeting was ours! Suffice it to say that we did break it up before the champagne ran out - but not much!

Those of you who could not make it were missed - but we hope to see you at our next. We realize that it is not possible for you people who have forsaken the Bay Area to just pop in at will, but maybe you will be back for a visit or will at least keep in touch by mail?

If the spirit displayed and the enthusiasm expressed by the two hundred who were on hand Friday is any indication, we have the momentum for a dynamic association. Our first general meeting, as many of you already know, is set for Friday, October 15, at 4:30 p.m. in the (more spacious) Cafeteria. At that session we hope there will be many suggestions forthcoming that will pertain to our activities, plus many volunteers of help.

And speaking of volunteers, the first order of business is to tackle the mechanics of organizing; so, if it meets with general approval, we (Tane and Ted) volunteer to co-chair the first meeting (or meetings, as necessary until election procedures are pinned down). We urgently need a secretary and treasurer for this interim period. The pro-tem nucleus, with the addition of an LBL representative, and acting on recommendations of the membership, will be responsible for shaping a constitution/by-laws package for presentation to the membership - by mail if we can cover the cost, or at the second general meeting (circa February). Please be thinking about these matters and contribute your reactions and/or alternative suggestions on October 15th.

The agenda of that meeting will include:

1. Suggestions for a name (we could rock along with Lawrence Berkeley Laboratory Retirees' Association - but how prosaic can you get?) and a substitute for the word retiree, which is a misnomer if there ever were one!
2. Decision as to the nature of our next (February ?) meeting, i.e.: Lunch? Dinner? And where? A business session will be part of it, of course.
3. Responses to requests for volunteers to help with the buying service, child care center, etc.
4. Suggestions regarding the type of newsletter content and frequency of publication.
5. Reports of experiences with the benefits, as listed on the fact sheets given out at the Reception - copies of which are being sent along with this blurb to those who were not present at that gala affair.

Lastly, how do we ask people with special expertise to step forward? We know this group is abounding with talents which have not necessarily been revealed during the course of their 8 to 5 jobs, and, even though we know most of you are (to quote a quote) so busy you don't know how you ever found time to work, we hope you will be able to share your time and talents with the rest of us.

Yours for the renewal of interest in our old roots!



Tane Nutting



Ted Bowers

P.S. Two overlooked (by the computer, that is) persons have boiled to the surface. We encourage you to talk around because we're sure there are others like them out there.

Mailing Address: Tane Nutting
 c/o Benefits Section
 Lawrence Berkeley Laboratory
 Bldg. 90-Rm. 1012
 1 Cyclotron Road
 Berkeley, CA 94720

So the first meeting was held on October 15, 1982. The agenda looked like this:

AGENDA - Oct. 15, 1982 MEETING

- I (Tané) Convene Meeting
- II (Ted) Filling Interim Officer Spots - President, Vice President, Secretary, Treasurer, and Activities Chair
- III (Tané) Name of Organization (and we selected our EX-L's name which was suggested by Toni Phipps)
- IV (Ted) Elements of Organization
- V (Tane) Volunteers
 - 1. Newsletter (notification of retiree functions)
 - 2. Buying Service
 - 3. Child Care Center
- VI (Ted) Next Meeting Decisions and Adjournment

And the list of people who attended: Sally Bemis*, Bill Bigelow*, Ted Bowers, Jim Burke, Virginia Cherniak, Fran Durantini*, J. Felker, Frank Garnier*, Jack Harvey, Howard Heath*, Mac Johnson, Fred Korteum, Brownie Kuch, Red LeFevre, Tony Manov, Tané Nutting*, Martin Schwager*, Fred Toby, and Aida Wilson.
**Still active members in 2002*

We reported on the meeting to members and Dr. Shirley (ltr. dated Nov. 1, 1982).

November 1, 1982 Copy of Letter to Members & Dr. Shirley

The first meeting of the LBL Retirement Group on Friday, October 15, 1982 made up in enthusiasm what it lacked in numbers, and quickly accomplished the majority of goals set forth in the last update, to wit:

- 1) Establishment of a pro-tem board, consisting of:
 - Executive Committee:
 - Co-Chairs - Ted Bowers/Tane Nutting
 - Secretary - Virginia Cherniak
 - Treasurer - Frank Garnier
 - Activities Director - Fred Toby
 - Assistants - Tony Manov, Aida Wilson
 - Editor - Aida Wilson
- 2) Selection of the name "EX-L's" (To get the full flavor, say it aloud)
- 3) Opted for quarterly meetings, preferably over lunch.
- 4) Set some guidelines for the newsletter.

On October 19, 1982 the interim board met and drafted the proposed bylaws for approval by the charter members at the October meeting as follows:

For your information, our organization is to be sponsored by the LBL Recreation Association, which relieves us of the problems inherent in the incorporating process and assures us of insurance coverage and the exempt status. The arrangement also provides us with some much-needed assistance, under the guidance of Benefits Administrator Maggie Lechner, but it does not, emphatically NOT, alter the fact that we must be financially self-supporting.

The next general meeting is coming up fastTuesday, November 16, 1982 at 4:30 p.m. in the Cafeteria. Again, members should identify themselves at the gate in order to avoid parking restrictions.

Your Pro-tem Board
(which looks forward to seeing you and getting your input)

MINUTES OF GENERAL MEETING OF EX-L's
November 16, 1982
Respectfully submitted by Virginia Cherniak, Secretary

The meeting was called to order by Ted Bowers at 4:30 p.m. The minutes were read and approved.

**Charter
Members**

George Barbero*
Bill Bigelow*
Ted Bowers
Jim Burke
Virginia Cherniak
Worrell Deuser*
Ralph Fay, Sr.
Jane Felker
Evelyn & Roy
Fisher
Frank Garnier*
Robert Gisser*
Jack Hart
Howard Heath*
Elmer Kelly*
Al Kleid*
Clarence LeFevre
T. Myhree*
Tané Nutting*
Jo Onffroy
Toni Phipps
Bruce Quan
Martin Schwager*
Fred Toby
Harold Vogel*
Aida Wilson

*Active 2002 member

BY-LAWS

The by-laws were read as prepared by the Pro-Tem Executive Board and recommended changes were made.

It was agreed that all those attending would be Charter members of the EX-L's. Bill Bigelow moved and it was seconded that the By-Laws be accepted as corrected. The motion carried.

NOMINATIONS FOR OFFICERS

Ted Bowers then announced that we would need to nominate permanent officers for our organization. It was agreed that there would be a short recess while people discussed nominations. After the recess, Bill Bigelow nominated the Pro-Tem Board as the new Executive Board. Fred Toby, the Activities Chairman, asked to be withdrawn, and Jack Hart was nominated in his place. The Board was voted in unanimously. The following are the officers:

President	-	Ted Bowers	(Phone No. - 939-4461)
Vice-President	-	Tane Nutting	(" " - 548-7377)
Secretary	-	Virginia Cherniak	- 848-0683)
Treasurer	-	Frank Garnier	" " - 525-4867)
Activities Chairman	-	Jack Hart	" " - 841-5089)

NEWSLETTER

A Newsletter is of first priority to keep the membership aware of happenings at the Lab and also informed about others retirees. Tane Nutting and Jane Felker volunteered to help on the Newsletter and a meeting was arranged with Ada Wilson, Ed. Ada's phone number if you have something "hot" for the newsletter is 237-2421 and Jane Felker's is 865-1571.

DUES

Dues will be \$12.00 per year and are due now. Please send your check if you wish to join to Frank Garnier, 7500 Errol Drive, El Cerrito, California 94530.

ANNOUNCEMENTS

Those wishing Retirees Badges for easier entrance to the Lab will find them available at Bldg. 65. Contact Maxine Adams after 1:00 p.m. any day.

Our Laboratory representative is Maggie Lechner in Personnel and her phone number is 486-5474.

Next meeting will be a Luncheon meeting - the place to be announced as soon as Jack Hart finds a suitable place, the date is Wednesday, February 16. Please hold the date!!!!

As there was no further business the meeting was adjourned.

After our second meeting we again reported to Dr. Shirley and he responded.

December 21, 1982

TO: Dr. David Shirley

FROM: LBL Retirees Organization

Your newest adjunct organization is now ready to make its first progress report. In what we feel to be a relatively short time span we retirees have:

- 1) Adopted a name..... Ex-L's
- 2) Approved By-laws..... Copy attached
- 3) Elected Officers President - Ted Bowers
Vice Pres. - Tane Nutting
Secretary - Virginia Cherniak
Treasurer - Frank Garnier
Activities - Frank Hart
- 4) Formed an Editorial.... Editor - Aida Wilson
Board which is now Assistants - Jane Felker
preparing Issue #1 of Tane Nutting
its first newsletter
- 5) Established a quarterly meeting schedule and set a date for the first one, to which you are most cordially invited. It is to be lunch at 11:30 a.m. at the Men's Faculty Club, February 16, 1983.

None of the above could have occurred if it had not been for your instant endorsement of the original suggestion and we thank you (heartily) for making it all possible.

January 13, 1983

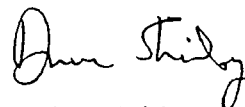
TO: Ex-L's

FROM: David A. Shirley

Congratulations on your existence, and thanks for the progress report! I'm proud that I could help facilitate the creation of Ex-L's. Now it is up to you to build a strong program. I'm betting that you'll succeed.

Unfortunately I'll be abroad most of February, but thanks for the invitations to your first meeting. I'll look forward to interacting with the Ex-L's.

Sincerely yours,



David A. Shirley

EX-L'S Ex·press



ABOUT THE NEWSLETTER

EX-L'S EX-PRESS

The first newsletter was primarily an announcement of the first quarterly lunch — the NO NAME NEWSLETTER it was termed for obvious reasons (like not having one). A subsequent contest to name the newsletter was held and the EX-L's EXPRESS was the winning name — whoever the lucky person was got a free meal out of the deal. And Tech Info's Bill Bero designed the masthead — and I think he got fed too. For a while we even had illustrations, courtesy of Carol Lutz, but we always seemed to be running to meet our deadlines and often couldn't get copy to her before press time. The format has changed considerably over the years — to reflect the kinds of input we had from members. Meanwhile it has served effectively to keep the membership up to date on Ex-L's activity as well as keeping us in touch with members who have moved to remote parts of the world (like San Diego). It was Virginia Cherniak who first took on the task of word-processing the letter and after several years was succeeded by our current faithful industrious indomitable secretary, Shirley Ashley — who not only types it but guides its travels through the printing world.

It's worth mentioning that since 1987 every issue of the EX-PRESS lists present and past officers on the back page. However the very early issues did not.

The names of the folks who served as Past Presidents (in order of their appearance) are listed below :

Ted Bowers
Bill Bigelow
Virginia Cherniak
Ken Lou
Al Amon
Ethel Skrydlinski Thompson (deceased)
Harold Browne
Conway Peterson
Igor Blake
Clay Sealy
Paul Hernandez
Ken Mirk
Tom Beales
Per Dahl
Bob Birge

NO · NAME · NEWS

vol. 1 no. 1

What you are holding in your hand is the latest element in the periodical table. It is one we hope will have a very long and full half life. We have not isolated a name for it yet, because we wish your involvement in the process. More on that subject anon. But first, a quick scan across the gap existing between our first communication of August 9, 1982 and this one, by critical dates:

September 10, 1982:

Dr. Shirley invited all retirees to the annual Director's Office Retirement Reception. The response was enthusiastic and the affair was festive. Noisy, too. All that catching up!

October 15, 1982:

The first meeting of several actively interested retired persons was convened at the Cafeteria. The name EX-L's was proposed and accepted; a pro-tem board was selected; the nature and frequency of meetings was determined.

November 16, 1982:

A second meeting was held at which by-laws were approved, an election of officers held, a body of charter members established, and a date and time for our first quarterly meeting set (see *Reports from the Board*).

[So look where we are already! We have officers, by-laws, charter members — and \$192.00 in our treasury!]

This summary would be incomplete if it did not give copious credit to Director David Shirley, who blessed the idea in the first place; to Personnel Director Bob Cameron, whose interest has cleared many a path for us; to Kathleen Handron who wielded the broom ... it is she who effectively manages the LBL Recreation Association under which wing we roost comfortably, tax-exempt and secure; and to Maggie Lechner, Benefits Administrator who stands ready to rescue us from organizational evil.

Now — The Newsletter. We have an editorial board which has already met and discussed format and content. This publication is highest on our priority list, as it best serves to close the gaps in distance and time. We expect to publish it quarterly at the halfway point between meetings and we want it to be an open line of communication. To that end we are planning a series of suggestions for potential content. The columns are designed — we hope — to make you eager to contribute. We depend on you!

INSIDE THE FENCE

(Goings-on at the Old Stand)

Prospects look very good for selection of LBL as the site of a DOE Center for Advanced Materials, to be built around a next-generation synchrotron radiation source. Three ancillary laboratories will focus on basic research in surface science and catalysis, in advanced materials synthesis and in advanced device concepts. To quote Dr. Shirley, "NCAM represents a very important opportunity for Berkeley and for American science."

SAME PEOPLE — OTHER PLACES

(or what are YOU doing out there?)

If you would like to work a few days now and then without being committed to a full schedule, you might consider a career as an extra in the movies, says Aida Wilson (Inventory Management). Many Hollywood producers prefer to film in the Bay Area she says, which means there is opportunity for those interested in bit part acting. Pay, she adds, is minimal, but the work is easy, the settings interesting and — who knows — you may see yourself on TV some day! Aida promises us a more complete description in a future issue of our newsletter, along with some tips on becoming involved in the world of drama.

PULSING THE SYSTEM

(in which we find news of projected retirements, present activities, social events, etc.)

In response to the many requests for a luncheon meeting, your Executive Board approved Jack Hart's recommendation of the Men's Faculty Club for our next quarterly meeting on February 16. The Club is well known for its excellent cuisine, and is readily accessible by Lab bus or Humphrey-Go-Bart. The menu is limited to two entrees, one meat, one vegetarian. EX-L's bank account (yes, we have one!) will pick up the tab for the cost of the dining room and for a celebratory beverage. A business meeting will follow, and we hope you will all come with ideas, suggestions, and requests pertinent to the future of EX-L's. Please make your reservations by February 9, 1983.

IT SAYS HERE

(in which the editor and/or staff speak their minds regarding matters affecting membership)

Have we overlooked anything?

As you can plainly see, we encourage your participation and, for starters ...

A CONTEST!

We need a name and a logo for our No-Name-News. How about it? It is good for a reward if your suggestion wins: Lunch for two on the occasion of our May session, or later, if that date is inconvenient. Deadline for submission is February 1, 1983.

WHAT'S ON YOUR MIND?

(letters to the editor regarding controversial matters or whatever is worth comment.)

Times have changed but you are still "special" and so are your Lab friends — so send along news about yourselves and other EX-L's you are in touch with we will put it in print.

Send information to:

Aida Wilson
5007 Montoya Avenue
Apt. 43
San Pablo, CA 94805

FEEDBACK

(For member reports of experiences with retirement benefits, for example.)

- Did you know that you get a discount for an eye examination at the UC Optometry Clinic— 642-5761?
- Those wishing retiree badges for easier entrance to the Lab or whatever, will find them available at Building 65. Contact Maxine Adams any day after 1 p.m. (486-4226)
- Our Lab representative is Maggie Lechner in Personnel and her phone number is 486-6404. She can field any of your questions.
- If you wish to list items in *Currents*, please call Sandi Kronquist - 486-6654.

REMEMBER WHEN?

(dedicated to nostalgia trips; tales from the past.)

Where was the turnstyle?

Remember when the FBI put the questions about your activities to your neighbors, thus providing you with an aura of mystery?

RETIREES

Frank Sparr	7-26-82
William Everette	10-1-82
Donald Corrigan	7-31-82
Hilbert Bretz	10-1-82
John Barale	10-31-82
Armando Benassini	10-30-82
Alfred Windsor	11-1-82
Sally Ann Bemis	12-31-82
Warren Ng	11-6-82
Nick Archuletta	11-16-82
Ray Puccio	12-31-82

RETIRING(S)

Marjory Simmons	1-4-83
Armand La Rouche	3-1-83
Herbert Davis	1-8-83
* Edward Pauletich	4-2-83
Eldred Calhoon	2-3-83
Milford Bookman	4-1-83
Virginia Weaver	3-1-83
John Muzinich	4-2-83
* Glenn White	4-1-83
William Fletcher	4-9-83

* Combined luncheon on April 1st at Spengers.
For reservations call Ray Jeffrey - 486-5575.

No-Name News

Vol. 1, No. 2

PULSING THE SYSTEM

Our *first* quarterly meeting established one thing for sure: gatherings of EX-L's types generate decibels—ample quantities of same! Forty members turned out for lunch at the Faculty Club on February 16, easily overcoming such obstacles as finding the Club in the first place, and then the way in from any one of the four entrances through the maze of miscellaneous rooms, to our reserved tables.

The guests of the day were the three un-retired (or -retiring) persons who have been most active in helping to get EX-L's on the air: Personnel Department Director Bob Cameron, Lab Employee Service Co-ordinator Kathleen Handron, and Benefits Administrator Maggie Lechner. Each had pertinent comments and good suggestions to make—as an example, see Handron's pitch in ITS SAYS HERE column.

A brief business meeting followed in which we first mourned the loss of our secretary Virginia Cherniak who has gone off to San Diego, and welcomed her successor, Sally Ann Bemis, who won't get away if we can help it. Sec'y Bemis then read the minutes of the previous meeting. They were approved, of course. Treasurer Frank Garnier reported that we now have over 90* paid-up members (how about that!). Instructions were given to the Board to frame an amendment to the by-laws establishing provision for associate member status, to be voted on at our next meeting.

Meanwhile a sign-up sheet was circulating which was designed to pin down current activity



XL'S CHEW AND CHAT—PARTIAL VIEW

Photo: Jack Hart

interest, and wring committee action commitments out of any willing members. The #1 choice of interests was (is anyone surprised?) travel. And so it is that our next affair will have travel as its central concern.

Our guest speaker is to be Associate Director Walter Hartsough who is not only a talented talker, but a knowledgeable traveler. And by a happy coincidence we even have (so to speak) our own travel expert in the person of Bruce Quan (C&M). Bruce has just completed special training in the field and will be on tap with his assistant to answer questions and/or make recommendations. And lastly, among our resources is a *Senior Citizen Travel Directory* prepared by Harry Henry of Oakland. The Directory provides comprehensive coverage, both national and international, of transportation facilities, lodging and meal services, with emphasis on discount or low-to-moderate rates. The Directory will be available for reference at our luncheon...and whenever else it is needed.

*As we go to press we can count up to 108. This association is obviously an idea whose time had come

EX-L's RECAP OF EVENTS

Now to recap our activities for all these years. As you know our quarterly events are generally selected by the Board at the quarterly meetings (to which everyone is invited but rarely show up). Occasionally events reflect one individual's special interest, in which case the member is named. Sometimes we have speakers -- or a special kind of program, and we've indicated those, too.

YEAR	DATE	LOCATION & EVENT	SPEAKER
1983	2/16	UC Faculty Club	
	5/11	Solomon Grandy	Walt Hartsough
	8/16	Hotel Mac	Vish Moré
	11/16	Concord Inn	
1984	2/15	Berkeley House Familiar Myths about Aging Brains	Dr. Marian. Diamond
	5/12	Rusty Scupper, Oakland State of LBL	Director David Shirley
	8/10	Concord Inn	
	11/13	Oakmont Inn, Valley of the Moon	Gwen King
1985	2/27	Oakland Museum Tour	Docent -Helen Tryon
	5/14	Hs Lordships	D.Shirley/W. Siri
	8/14	Angel Island (Ken Lou)	
	11/19	Concord Inn (Nominations)	Karen Kenny - UC Dept. of Recreational Sports
1986	2/19	Harbor Bay, Alameda (J. Felker)	Tour
	5/27	Monterey Aquarium (M. Adams)	
	9/25	Hotel Mac/Masquers (V. Cherniak) "I Remember Mama"	dinner/theater
	11/13	Pacific Fresh Seafood	
1987	2/5	A Day at the Capitol	
	5/20	Berkeley House Magnetic Resonance Imaging	T. Budinger
	8/20	Holiday Inn (Concord)	Barber Shop Quartet

	12/3	Masquers "Call Me Madam"	Theater
1988	2/18	Pleasant Hill Country Club	
	8/12	Spengers Fish Grotto	
	11/9	Boundary Oak	
1989	2/15	Oak Knoll	Gillian Page British Tour Guide
	5/24	California Maritime Academy & Yet Wah Restaurant	Tour and Lunch
	8/31	Masquers "Lion in Winter"	Theater
	11/9	Charlie Browns, Concord	
1990	2/22	Hs Lordships	
	5/15	Zia Alfredo, Pleasant Hill	
	8/30	Masquers "Flowering Peach"	Theater
	11/13	Hs Lordships	
1991	2/22	Boundary Oak	
	5/14	Ali's	Belly Dancer
	8/15	Concord Elk's Club	
	11/7	Masquers - 2 comic operas	theater
1992	2/20	Alameda Naval Air Station BASTEC Program	Rollie Otto
	5/15	Charlie Brown's "55 Club" lunch	
	8/12	Oak Knoll The Brain	Dr. Marian Diamond
	11/17	Hs Lordships LBL's Role in the World Today	Director Shank & Shaun Fennessey
1993	2/18	China Pavilion	
	5/12	Savoy at Boundary Oak & tour of Bancroft Gardens (P. Fleischer)	Wayne Roderick, Director, EB Parks Botanical Garden
	8/11	Alameda Air Station Officers' Club	
	11/10	LBL Tour of the Advanced Light Source Project	Pier Oddone

1994	2/24	Spenger's Fish Grotto	Appreciation Bash to Tané by Walt Hartsough
	5/19	Alameda Naval Air Station Officers' Club - Advanced Light Source - Beginnings & Operation	Klaus Berkner, LBL Associate Director
	8/18	Spenger's Fish Grotto Progress in Cholesterol Research at LBL	Ronald Krauss
	11/17	Spenger's Fish Grotto Tomorrow's Materials - What's New in the World of Materials!	Ron Gronsky LBL Materials Science Division
1995	2/23	Spenger's Fish Grotto Is Anybody Out There? - The Search for Extra Terrestrial Civilization with Project SERENDIP	Charles Donnelly & Dan Werthimer, Space Sciences
	5/18	Spenger's Fish Grotto Radon - Myth or Reality?	Anthony Nero, LBL Energy & Environment
	8/17	Spenger's Fish Grotto	
	11/16	Spenger's Fish Grotto Research in Life Sciences Division Shift in Paradigm or Is It?	Aloke Chatterjee, Deputy Head, Life Sciences Div.
1996	5/16	Spenger's Fish Grotto Ten-Meter Kack Telescope Now in Operation on Mauna Kae	Andy Debois, LBL
	8/15	Spenger's Fish Grotto State of the Laboratory	Director Shank
	11/14	Spenger's Fish Grotto The 72-Inch Bubble Chamber	Paul Hernandez
1997	2/20	Spenger's Fish Grotto A Visit with Molly Lawrence	Molly Lawrence EOL's widow
	5/15	Spenger's Fish Grotto Songs from the Big Band Era - Paul on keyboard, & John on drums	Music by Remenarich & Hernandez
	8/14	Spenger's Fish Grotto Radiation Laboratory, The Beginning	Ed Lofgren, LBNL Associate Dir Emeritus
	11/13	Spenger's Fish Grotto - Steamboat	Dick Burleigh
1998	2/19	Spenger's Fish Grotto- Energy Efficient Lighting Technology Expect to See in the Near Future	Steve Johnson, Environmental Tech. & Engr.

	5/21	Spenger's Fish Grotto- Recreating the Early Universe in the Laboratory	Jay Marx, Project Mgr. of STAR
	8/20	Last Time at Spenger's (Closing) Elderhostelling	Kay Bohn Smith, No. Cal. Director
	11/18	Hs Lordships - State of the Lab	Director Shank
1999	2/18	Francesco's Restaurant Beam Hunting	Dick Mack
	5/20	Francesco's Restaurant Western Aerospace Museum Tour	Per Dahl
	11/18	Francesco's Restaurant Update on Happenings at LBNL	Deputy Director Pier Oddone
2000	2/18	Spenger's Fish Grotto Biomedical Imaging	Dr. Thomas Budinger
	5/18	Spenger's Fish Grotto- Battle for Heavy Water During World War II	Per Dahl
	8/17	Spenger's Radiation Effects on Cell-to-Cell Communication	Dr. Mary Helen Barcellos-Hoff
	11/16	Spenger's New Directions of LBNL	Director Charles Shank
2001	2/15	Spenger's- Center for Research & Education on Aging (CREA) at LBNL	Judith Campisa
	5/17	Spenger's Mapping of California - Historical Maps of California 16th-19th Century	Warren Heckrotte
	8/16	Spenger's Folklore in the Modern World	Professor Alan Dundes, U.C. Berkeley
	11/15	Spenger's Future Direction of the Lab	Dr. Bill Barletta, ARFD Director filling in for Dr. Shank
2002	2/21	Spenger's UV Waterworks - Reliable Water Disinfection for the World	Dr. Ashok Gadgil LBNL Environment & Energy Div.
	5/16	Spenger's Bay Bridge East Span Replacement Project	Mike Whiteside Cal Trans Bridge Engineer

IN MEMORY OF DEPARTED MEMBERS

We also have a custom of commemorating our departed members by making yearly contributions to a charitable organization. A list of our donations over the years follows:

- 1984 Home Hospice of Sonoma County
 - 1986 American Cancer Society
Angel Island Association
 - 1987 Alta Bates Hospice
Contra Costa Crisis Suicide Intervention
UC Physically-Disabled Student Program
 - 1988 We Care Day Treatment Center, Concord
American Heart Association, Contra Costa
Deaf Counseling, Advocacy & Referral
 - 1989 National Parkinson Foundation
AIDS Project of the East Bay
UC Regents, for Alzheimer Research
 - 1990 Health Physics Society, NorCal Chapt. (Burton J. Moyer Graduate
Fellowship Fund)
Northern Light School
 - 1991 None
 - 1992 UC Regents, LHS Chemistry Outreach
UC Regents, LHS Biology Outreach
Lawrence Hall of Science
 - 1993 None
 - 1994 Junior Center of Art and Science
Ruth Bancroft Garden, Inc.
East Bay Water Color Society
 - 1995 UC Project Serendip at Space Science Lab.
Hospices of Contra Costa
 - 1996 Kaiser Hospice, Walnut Creek
 - 1997 Home Hospice Residence, San Francisco
On Lok, S.F., Care for the Frail Elderly
 - 1998 Alzheimer's Services of the East Bay, Berkeley
 - 1999 Walnut Creek Hospice (Kaiser)
Hospice of Contra Costa Foundation, Concord
Lawrence Hall of Science (for Glenn T. Seaborg)
 - 2000 VNA & Hospice Foundation, Emeryville
Alzheimer's Services of the East Bay, Berkeley
 - 2001 UC Berkeley, Campisi, CREA - Center for Study of Aging
 - 2002 American Red Cross, Bay Area Chapter
-

IN MEMORIAM
James T. Vale
Marcel Vanderbeck

WELCOME
NEW MEMBERS
Larry Brusse
Jack Calvert
Jo deVries
Charles Matuk
Lou Reginato
Kenneth & Carole Rex
Ralph Thomas

**NOTE: If you haven't sent in your DUES
PLEASE - DO IT NOW!**

MEMBERSHIP INFORMATION
Membership in Ex-L's is open to all past employees of LBL/LBNL. Annual dues are \$12 per family, prorated over the year for new members. New members, please include your name, address and phone number. Also, if you'd like the name of your spouse included in the annual membership directory, or your e-mail address please send that information.
Send your check payable Ex-L's to:
Bud Larsh, Treasurer, 610 Devonwood, Hercules, CA 94547

SEE YOU AT THE MAY 16 LUNCHEON

To: **Inge Henle, 820 Villa Lane #3, Moraga, CA 94556**
Be sure to make Reservations by May 10, 2002

From: _____

I plan to attend the Ex-L's luncheon \$18.00 PREPAID

I will bring _____ guest(s). Name(s) of guest _____

Menu Choice (s) Beef Fish Salad

Please make check payable to EX-L's. **TOTAL ENCLOSED** _____

EX-L's EXPRESS - 20-Year Anniversary Issue (1982-2002)

Editor: N. Nutting
Typist: S. Ashley
Published Quarterly

BOARD OF DIRECTORS

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Bill Bigelow	Ken Lou
Igor Blake	Ken Mirk
Howard Browne	Conway Peterson
Virginia Cherniak	Clay Sealy

Board Meetings

LBNL, B 77 Lunch Rm, 3:45 PM
January 17, 2002
April 18, 2002
July 18, 2002
October 17, 2002

We welcome attendance at our board meetings - we're always ready for new input

Luncheons

February 21, 2002
May 16, 2002
August 15, 2002
November 21, 2002

Official Address

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Hercules, CA 94547

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