



# EX-Ls

## Retiree Newsletter

Lawrence Berkeley National Laboratory - July 2016

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### Explanation of late publication of this Newsletter

**This newsletter would have normally been published in July 2016 before our ExL August 2016 Luncheon. As announced in an earlier email before the Luncheon, and at the Luncheon itself, our editor Louise Volgelsberg, was taken ill just before putting together the July 2016 edition. We understand that she is in the process of recovering from this illness, and wish her a safe and speedy recovery. In the meantime, without Louise's excellent editorial capabilities, we have had to delay in putting together this issue. We greatly appreciate the excellent assistance that Cary Sweeney and her associates at the UC Berkeley Retirement Center have done in helping put this issue out. Since it is late, we have dropped the normal write-up of August 2016 menu and a few other contributions and expect to have them covered in our October 2016 edition preceding the November 2016 Luncheon.**

## **EX-Ls EXPRESS— August 2016**

**Deadline for Newsletter submittals is 7 days after the Board meeting.**

### **EX-Ls BOARD OF DIRECTORS**

President:	Cheryl Fragiadakis
1st Vice-President:	Lee Schroeder
2nd Vice-President:	Henry Rutkowski
Secretary:	Esther Schroeder
Treasurer:	Kay Bristol
Membership:	Patti Powers-Risius
Activities:	Vicky Jared
LBNL Liaison:	Armando Viramontes
CUCRA/AROHE Representative:	Janis Dairiki
UCBRC Policy Board:	Richard Sexto Trudy Forte
Editor EX-Ls EXPRESS:	Louise Vogelsberg
Webmaster— <a href="http://www.lbl.gov/EX-Ls">www.lbl.gov/EX-Ls</a>	Richard Baker

### **PAST PRESIDENTS**

Connie Grondona-2015	
Trudy Forte-2014	Tom Beales — 2000
Joe Jaklevic-2012-2013	Ken Mirk — 1999
Rollie Otto — 2011	Paul Hernandez — 1998
Richard Sextro — 2010	Clay Sealy — 1996-1998
Don Grether — 2009	Igor Blake — 1994-1996
Jose Alonso — 2008	Conway Peterson — 1992-1994
Janis Dairiki — 2007	Howard Browne — 1990-1992
John Kadyk — 2006	Ethel Skyrdlinski - 1989
Gene Binnall — 2005	Al Amon - 1988
Sig Rogers — 2004	Ken Lou — 1987
Bob Fulton — 2003	Virginia Cherniak - 1986
Bob Birge — 2002	Bill Bigelow — 1985
Per Dahl - 2001	Ted Bowers — 1981-1984

### **2016 CALENDAR OF BOARD MEETINGS & LUNCHEONS**

**Board:** October 13, 2016  
**Luncheon:** Nov 17, 2016: Hs Lordships

Board Meetings start at **3:00 p.m.**, usually in 70A-3377 (that's in the conference room addition to Perseverance Cafeteria) at the Lab, but subject to change at the last minute, so check with a Board member if you plan on attending. We welcome attendance by interested members.

### **OFFICE ADDRESS:**

**Our mailing address is:** LBNL EX-Ls 101  
University Hall  
Berkeley, CA 94720

**Photo Site:** <http://picasaweb.google.com/exLpics>

**Photo Czar:** Ned Dairiki

**Website:** [www.lbl.gov/EX-Ls](http://www.lbl.gov/EX-Ls)

**Webmaster:** UC Berkeley Retirement Center

### **EX-Ls Honorary Life Members**

Shirley Ashley                      Ingeborg Henle  
Bud Larsh                              Patrick Cullinane

Greetings— once again we are pleased to have a newsletter with lots of good information on what has happened recently, and invitations to you to participate in future activities. Not to steal anyone's thunder, but let me note a few highlights:

First—We welcome new Lab Director, Mike Witherell, whose bio you can find online <http://www.lbl.gov/lab-leadership/director/> but briefly, is a former director of FermiLab, and until recently, Vice Chancellor of Research at UCSB. The Ex-Ls Board was pleased to have an informal meeting with Mike on July 21, and more importantly, Mike will be addressing all of you who can attend the next luncheon meeting Thursday August 18 at Hs Lordship's; registration details are elsewhere in the newsletter and on the website. The title is: "Overview of the Lab and a Glimpse into the Future." We try to program a Lab update every year or two—it is amazing and wonderful how the Lab continues to develop and grow, and this version should be particularly special as it will include the vision of the new director.

We have one more luncheon in 2016—Thursday, November 17. Lee Schroeder is developing an interesting speaker for this meeting as well, so you might want to pencil in the date now (or do the electronic equivalent!)

Next---A relatively new initiative the Board is supporting is the fund raising for a Post-Doc Fellowship program by the Berkeley Lab Foundation— a program meant to support postdocs from underrepresented communities. The Foundation hopes for contributions from retirees and from current employees. There will be a letter solicitation, and also a button on the Berkeley Lab Foundation web site, "Donate Now", by which anyone can make donations. All donations are tax deductible. See the brief write-up on page 5 for website.

In June, the Lab hosted its second annual Lab reception for new retirees—see elsewhere in the newsletter for a summary, and soon on-line for photos (<http://retirement.berkeley.edu/ex-ls>). I would like to thank the Lab for honoring the new retirees and hosting such a welcoming event. And particularly I would like to thank Connie Grondona, Trudy Forte, Vicky Jared, Patti Powers-Risius, and Lee Schroeder for their work to get the event planned and executed.

Remember—please let us know what you'd like in terms of speakers, activities, or whatever—email is the best (we'll be putting email of some or most of the officers on the website, so it will be available whenever you like.)

Finally—Regarding the Board itself, I am pleased to announce that Kathy Bjornstad has taken over the luncheon coordination responsibility from Vicky Jared, effective January 1, 2017, Kathy has already made it to one Board meeting—welcome aboard and thanks for stepping up, Kathy! We have another position coming available as of January 1; this is Membership coordinator, taking over from Patti Powers-Risius, who has ably served for many years. The Membership Coordinator has maintained the membership list and coordinated with the treasurer and mailing list manager. Depending on the membership model we continue with, the duties may be fairly light, focusing on coordinating with the UC Retirement Center on getting new names into the mailing list, etc. Anyone interested should contact me or Lee Schroeder.

All the best to all of you!

Cheryl

Next Luncheon: November 17, 2016
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ATTENDEES AND GUESTS AT MAY 19 , 2016 LUNCHEON

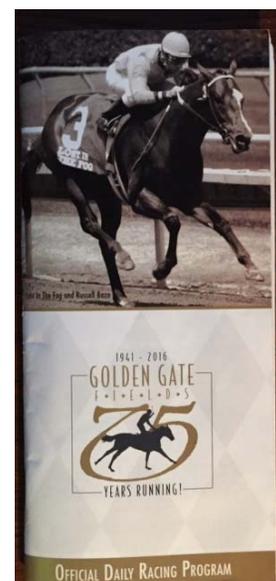
Marie & Ray Alberti	Richard LaPierre
John Allen	Almon Larsh
Winnie Baker	Doug McWilliams
Andrys Basten	AnnMarie Mitchell
Regina Beatus	Ken Mirk
Roy Benedict	Mary Mobley
Gene & Myrna Binnall	Torben Moller
Kathy Bjornstad	Ndancy & Vic Montoya
Igor Blake	Maudie Noyd
Kay Bristol	Patti Owen
Nancy Brown	Dr. & Mrs. Morton Paley
Jerry Bucher	Fred Perry
Cate & Bruce Burkhardt	Conway Peterson
Shireen Burns	Martin Pollard
Geores Buttner	Patti Powers-Risius
Gretchen Carlson & Ion	Mike Press
Elioff	Sharon Primbsch
George & Abby Chang	Zona Roberts
Freida & Thompson Conkle	Don Rondeau
K. Patricia Cross	Henry & Linda Rutkowski
Patrick Cullinane	Paul Salz and Rei McColley
Janis & Ned Dairiki	Lee Schroeder
Diane D'Aoust	Clay Sealy
Eleanor Dahl	Brenda Shank
Robert Dibble	R.P. Singh
Genevieve Dreyfus	Betsy Smith
Andrew Dubois	Laura Spurrier
Laurel Egenberger	Frank & Marie Agnes Stephens
Linda & John Ellwood	Cary Sweeney
Norma Esherick	Tom & Susan Tenforde
Trudy Forte	Al Thompson
George Goldman	William Turner
Rick Gough	Eugene Veklerov
Bruce Goya	Trudy Washburn
Jim Greer	June Wong
Donald & Becky Grether	Ken Woolfe & Bobbie Klezmer
Connie & Ed Grondona	Allan Zalkin
John Gurule	
Jun Hamamoto	<b>Guests:</b> Margaret Scott, Speaker, Betty Eng, Debbie Reily and Amy Self
Lillian Hawkins	(Belmont Village Representatives).
Gordon Hawkins	Laura Crymble (Fidelity Representative)
Cornelius & Barbara Hopper	
Sara Ishikawa	
Joe Jaklevic	<b>Guests Attending Talk Only:</b> Margaret Barbee, Kathy & Tom Brady, Sara
Vicky & Richard Jared	Holmes, Judy Kawamoto, Philip McGough, John McNulty, Maria & James
Jowdy Johnson	Pann, Barbara Maslyn, Joyce & Sid Putnam
Caroline Kane	
Jame Kaneko	<b>Raffle Prize Winners:</b> Winnie Baker, Jerry Bucher, Don Grether, Rick Gough,
Rachel Kimball	Jowdy Johnson
Ferenc & Laura Kovac	

## 14<sup>th</sup> ANNUAL DAY AT THE RACES EVENT

Friday, May 6 was the Fourteenth Annual UCRAB "Day at the Races" at Golden Gate Fields. You most likely received an email announcement from UCRAB to join in this field trip. The price to attend is reasonable for what it includes: reserved seating in the Turf Club, valet parking, entrance fee, daily racing program, excellent food buffet style, drinks and of course watching/betting on the races. There is a section of the Turf Club reserved just for UCRAB/EX-Ls

attendees so we are all seated together. What made this one different was it took place on a very special day--The Kentucky Oaks Stakes Race. Fans celebrated in fashion and merriment in honor of the fourth highest attended horse race in the U.S.

The Day at the Races is also a fund raiser for an excellent cause. A portion of the proceeds are set aside for scholarships awarded to graduating seniors at Oakland High Schools and matched by the UC President's Office. If you have an opportunity to join in this event next year you won't be disappointed at all. Not only will you have an enjoyable day at the races, students will benefit too.



Diane D'Aoust, Vicky & Richard Jared joined Iola James and other UCRAB staff at the winner's circle for picture taking after the UCB designated race ended. Perhaps next year you might consider attending the races and helping a good cause.

## EX-Ls MAKING A DIFFERENCE

Many of us who love the lab are concerned about the impact tight federal funding is having on both our ability to perform cutting edge basic and applied research and to attract talented young scientists to our workforce. As we see postdoctoral fellows struggle to fund themselves, we worry that we may be losing a generation of scientists. The EX-L Board has decided to address this problem directly by working with the Berkeley Lab Foundation to provide funding for the Lawrence Fellows - a program designed to support postdocs from underrepresented communities at the lab. This will be the lab's inaugural annual fund, and you can be a founding donor by giving online at [www.berkeleylabfoundation.org](http://www.berkeleylabfoundation.org). Donations made to the Berkeley Lab Foundation are tax-deductible.

We will also be sending out a mailing for those who prefer to make their gifts by check. We hope to have strong participation from retirees in this critical program -- it's a way we can each do something simple to make the lab a better place, and support the future of scientific discovery. The EX-Ls Board is looking forward to introducing members to the funded fellow -- or fellows! -- next year.

## May 19, 2016 EX-LS LUNCHEON

### SPEAKER'S SUMMARY



May 2016 Ex-L Luncheon Presentation: “Belmont Village Albany: A Seniors Housing Community Built in Affiliation with UC Berkeley (Margaret Scott, CIO Belmont Village Senior Living).”

Margaret Scott (Belmont Chief Investment Officer) provided an overview, to a packed audience of 100+ people (Ex-L’ers + visitors), of the Belmont Village Albany, which broke ground in January 2016. There are 24 such Belmont Village units spread across the U.S., with 3 under construction, including one in Mexico City. The Albany facility is projected to be available for occupants in the fall of 2017. A unique feature of this new facility for independent living, assisted living and memory care, is that it is being done in affiliation with UC Berkeley to promote collaboration on programs and research. The Albany facility, available to all UCB, UCOP and LBNL faculty and staff will include, among other things: a technology center, theater, fitness center, salon, Town Hall for lectures and meetings, and regular shuttles to the UCB campus, with chef-prepared meals in its dining areas, as well as catering. Medical facilities include a Diabetes Center of Excellence, with licensed nurses on-site 24/7 to manage medications and wellness, including mild cognitive impairment and Alzheimer’s support. Belmont Village Albany will be located in the University Village in Albany, about 3 miles from the UC Berkeley campus. During the construction phase a Planning Committee, made up of UC Berkeley people, including Ex-L’s Donald Grether and UC Retirement Center’s Ex-L-contact Cary Sweeney, has helping to provide planning guidance to the Belmont Village group. Priority status for occupants for leasing and unit selection will be 90% to UC-affiliated retirees and 10% to Albany residents. A waitlist has been started in May 2016, to sign up for the waitlist an application must be filled out and a payment of \$5000 refundable waitlist fee is required. About 43 independent living units (1-2 bedrooms, starting at \$5700/month), about 99 assisted living units (studio + 1-bedroom, starting at \$6100/month) and about 33 memory-care units (studio plan, starting at \$8100/month) are planned; with costs including meals, transportation and other amenities. Margaret Scott’s presentation was followed by a lengthy Q&A period in which three (3) Belmont Village representatives answered questions from the audience, as well as one-on-one discussions afterwards. Further information regarding Belmont Village and Belmont/Albany can be found by contacting : Betty Eng, Belmont Village Community Relations at 510-525-4554 or [info@belmontvillage.com](mailto:info@belmontvillage.com). Shown below is an artist’s conception of Belmont Village Albany, as it will appear after completion. The figure is from Margaret Scott’s presentation.

Lee Schroeder, Ex-L 1st Vice President

## **FORTHCOMING SURVEY OF UC RETIREES**

UC and LBNL retirees should watch for an e-mail inviting them to participate in an online survey about their post-retirement activities. This is the first time such a survey has been undertaken, and it is intended to complement the periodic surveys of retired faculty members.

The primary purpose of the short survey is to provide information that can be used by the individual campus and lab retiree associations and by campus retiree centers to better serve and advance the interests of UC and LBNL retired staff.

The survey was developed by a team of retirees from UC campuses and staff from UC retiree centers. It is sponsored by the Council of UC Retiree Associations (CUCRA), which consists of representatives from every UC affiliated staff retiree organization.

The EX-Ls and UC Berkeley Retirement Center urge all staff and non-Senate academic retirees to participate in the survey so its findings can be used in advocating on their behalf. Look for an email coming from Ex-Ls in September 2016.