Housing Considerations in Retirement

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TTN-HOME Housing Options for Seniors

• **Aging in Place**
  • Aging in your Own Home
  • Aging in Rented House or Apartment
  • Downsizing to condo, apartment or smaller house
  • Accessory Dwelling Unit

• **Aging in Community**
  • Co-Housing
  • Limited Equity Housing Cooperative
  • Pocket Neighborhood

• **Shared Housing**
  • Buy a House Together
  • Renting a House with Landlord present
  • Renting a House without a Landlord present

• **Institutional Housing**
  • Affordable Senior Housing
  • Retirement Community
Housing Costs
Housing Costs

• Berkeley
  – 3 bedroom/2 bath house=$1,164,300
  – Rental 2 bedroom apartment=$3,186

• Oakland/Piedmont
  – 3 bedroom/2 bath house=$892,126
  – Rental 2 bedroom apartment=$3,580
Aging in Place

– Aging in your own home or rental
– Downsizing to condo, coop or smaller house
– Accessory Dwelling Units
Aging in Place
Bay Area Villages

- Avenidas (Palo Alto)
- Foster City
- Sequoia (Belmont, San Carlos, Redwood City)
- NEXT Village SF
- SF Village
- Hotel Oakland
- North Oakland
- Ashby Village (Berkeley, Emeryville, Albany, El Cerrito, Kensington and parts of N. Oakland)
- Sausalito Village
- Mill Valley
- N. San Rafael Village
- Lamorinda Village (Lafayette, Orinda, Moraga)
- Village Network of Petaluma
Bay Area Villages in formation

- Eden Area (Hayward, Castro Valley, San Lorenzo & adjacent areas)
- Life Elder Care: Fremont
- San Mateo
- Coastside (Half Moon Bay)
- Mid-Peninsula
- The Village in Bolinas and Stinson Beach
- Walnut Creek
- Carquinez Village Project (Benicia)
Ashby Village
Housesharing
Accessible Kitchen
Downsizing
1951 Shattuck Avenue
Berkeley Town House, first senior coop in the nation
Accessory Dwelling Units

• Self-contained smaller living space on the lot of a single-family home. They can be either attached to the primary house, such as an above-the-garage unit or a basement unit, or, as is more typical in Berkeley, an independent cottage or carriage-house. Also called in-law or granny shack.
Examples of ADUs
Manufactured ADUs
Tiny Homes
Aging in Community

- Buying a House Together
- Renting a House Together (with or without a landlord)
- Multi-generational Housing
- Co-Housing (Senior Co-Housing)
- Mobile Home Parks
- NORCs (Naturally Occurring Retirement Centers)
- Communities Without Walls
- Senior Housing/Affinity Housing
My House, Our House

- https://www.youtube.com/watch?v=_aJfWcSLYaE
Multigenerational Housing
Multigenerational Housing Today
Phoenix Senior Co-Housing
Naturally Occurring Retirement Centers

• A community that has a large proportion of residents over 60 but was not specifically planned to meet the needs of seniors

• NORCs may develop in three different ways:
  – A large number of persons moved into a community when they were younger (aged in place);
  – A large number of older people move into a community (immigration); or
  – Older people remain in a community as younger residents move out (emigration).
NORC, Berkeley, CA
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