



UCRAB Newsletter

University of California Retirees' Association at Berkeley

Celebrate The Holiday Season

with the
University of California
Retirees' Association at Berkeley

Annual Holiday Luncheon

on
Thursday, December 6th

at
The Berkeley City Club

Program

11:00a.m. No Host Bar
Gifts of Chocolate from Santa

12:00 Luncheon
Holiday Raffle

Open Mic

Featuring Live Entertainment
and

Gift Donations Table for Children's Hospital of Oakland
(Please see page two for details)

UCRAB Holiday Party

Santa Claus - We've heard Santa say that every guest who attends the Holiday Luncheon has been very good this year, so everyone will get chocolates and the chance to get a photo taken with Santa.

Holiday Raffle - Each guest will receive a raffle ticket and a chance to win a wonderful gift contributed by generous local merchants.

Donations for Children's Hospital Oakland- This 2012 Holiday Season marks nearly a decade that UCRAB has been collecting donations of books, games and toys for the benefit of Children's Hospital Oakland. Children's Hospital is always in need of donations and would be delighted to receive your gifts in time for the upcoming holidays. We are requesting that you bring your unwrapped, new gift items to the luncheon on December 6th, and we will deliver the gifts on your behalf. Patients at Children's Hospital range in age from newborns to teenagers, and gifts are especially needed for teens and babies.

To view complete lists of items that are always needed and items that are not accepted by Children's Hospital, see the following link: http://www.childrenshospitaloakland.org/join/join_childrens_hospital_donations.asp#noaccept

Thank you for bringing your gifts to be displayed on the Holiday Gift Table.

Patricia Hardy, Luncheon Coordinator

UC President Formally

Recognizes Retiree Associations

Despite a long and distinguished history of service to the University of California, until recently there had been no formal recognition of the relationship of UC to the campus retiree and emeriti association or the Councils of UC Retiree (CUCRA) and Emeriti (CUCEA) Associations. In March, UC President Mark G. Yudof formally recognized the groups as "affiliate organizations" under existing policies and guidelines for support groups, foundations and alumni associations. In addition to recognizing the service the groups provide the university, the President's action allows the Office of the President's Risk Services Office to provide liability insurance coverage for the retiree and emeriti associations' events.

Adapted from August 2012 Horizon

President's Message

Association representatives lent their support at several events this semester. I attended the Chancellor's Reception for New Retirees in September, and we are hoping many will respond to UCRABs invitation to join our ranks.

The UC Berkeley Retirement Center's 15th Anniversary Celebration took place on October 11 at the Lawrence Hall of Science. Many UCRAB members attended.

I have just returned from representing UCRAB at the 2012 Association of Retirement Organizations in Higher Education (AROHE) Conference, October 21 - 24. The conference was hosted by a coalition comprised of the academic retiree organizations of the three public universities situated in the Research Triangle Area of North Carolina: University of North Carolina, North Carolina State University and North Carolina Central University. The mission of AROHE is "To enhance, develop and advance campus retiree organizations that support the intellectual, social, and physical well-being of retirees and promote retirees' continuing contributions to the academic community." This year's conference theme was "Innovations for the Next Decade." The program included best practices sessions and presentations of scholarly and professional interest to retirees from the academy. AROHE has a newsletter available online monthly: <http://arohe.org/wp/newsletter>

California was well represented with 21 of the 120 participants coming from our institutions. UC had 13 representatives, and UCRAB two--me and UCB Retirement Center Director Patrick Cullinane, who was also one of the conference's speakers and addressed the topics of retiree connections and services. Keynote addresses included "Outer Space, Inner Space, Creative Space," "Rethinking Retirement" and "Retirement in Academia, Rethinking Politics, Priorities and Procedures." Attendees had a wide range of concurrent session topics to choose from with special emphasis on fraud, investments and the different needs of older and younger retirees.

I am busy thinking about how we can implement some of the best practices that I heard about. UCRAB and the whole UC system are leaders in

President's Message, Cont'd...

the area of campus sponsored retirement centers as well as strong, dedicated and well informed retiree representatives.

I hope you enjoyed the UCRAB Halloween mixer on October 30th at the Berkeley Yacht Club. I look forward to your attendance at our December holiday party.



Isn't it great to be retired?

Iola James, President

Trip Update - The March 5-7, 2013 Yosemite trip is postponed until further notice. We hope to reschedule for a later date. Please look for more information in January 2013.

Retirement Center Update

In its 15th year of service, the UC Berkeley Retirement Center strives to transform retirement by focusing on programs and services that contribute to the wellbeing and creativity of our retired faculty and staff and that support the UC community. On October 11, the Center celebrated its 15th year of service with a reception at the Lawrence Hall of Science and an address by Nobel Laureate Stanley Pruisner, MD, on the latest advances in aging research. We were glad to see that many of evening's 200 attendees were UCRAB members, and we hope you enjoyed the event as much as we did!

May 2013 Older Americans Month Workshops

As we start planning our next year of programming, we want your input! In May 2013 we will host a series of workshops (in lieu of our biennial Retirement Conference) for Older Americans Month. What topics do you find most relevant and interesting? What format do you prefer? Contribute your ideas by sending an email to ucbrc@berkeley.edu.

Caregiver Support

In collaboration with the campus Elder Care Program, the Center now offers a retiree caregiver support group. If you are interested in joining this group, contact the Center at 510-642-5461 and ask to have your information forwarded to the support group coordinator.

E-News Reminder

This issue saw the rollout of UCRAB's electronic news format. If you received only an electronic version of the UCRAB news via email, but would prefer to receive a paper copy, let us know! Send an email to ucbrc@berkeley.edu and request to continue receiving a paper copy of the UCRAB news.

Summer Scanlan, UCB Retirement Center

Membership Update

Please welcome the new members who have joined UCRAB since January 2012: Jennifer Anderson, Martha Costas-Lippmann, Tommy Elioff, Ruth Hopper, Emily Ladner, Lillian Lee, Amelia Marshall, Christine McCarthy, Pablo Mendoza, Wendy Mitchell, Reginald Nance, Andris Peterson, Harry Sakalay, Kathleen Marconi, Martha Seuss, Barrie Thorne, Carol Norris Travis, Kit Van Buskirk, Karin Morris Watkins, Susan Wester and Melvyn C. Wright. We value your membership.

Martha Costas-Lippmann and Martha Suess were the lucky winners of a one-year membership to UCRAB by "spinning the wheel" at the July Retirement Center BBQ at Tilden Park. CONGRATULATIONS!

Isabelle Revoir, Membership Coordinator

UCRAB

Executive Board

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Berkeley

FunCheapSF

This organization would not exist without dedicated volunteers.

The UC Berkeley Retirees' Association invites its members to attend the executive board meetings, which are held at 10:30 am on the third Wednesday of the month at the UC Berkeley Retirement Center, 1925 Walnut Street.

The coming schedule:

January 16, 2013

February 20, 2013

March 20, 2013

Please note that no meetings are held in August or December.

Retirement Center Liaison
to UCRA: B
Patrick Cullinane, MS, Director

Johnny's Guide to San Francisco for CHEAPSKATES

FunCheapSF helps Bay Area residents find inexpensive activities and events. Sort events online by East Bay or San Francisco, or Editors' Top Picks, and identify the closest BART station to an event that you want to attend. Most offerings are free, but some range in price from \$2 - \$20.

To learn more, visit their website, <http://sf.funcheap.com/>. Be sure to check out their Upcoming Fun and Cheap Events calendar. FunCheapSF does not list a telephone contact number on their website. If you do not have a computer, simply call a friend who has Internet access and suggest that they do a search for you of the latest FunCheap events calendar. When visiting their website click on --

Upcoming Events

- *Top Picks of the Week
- *The East Bay Calendar

- *Yerba Buena Center for the Arts
FREE First Tuesdays
Noon to 8:00pm

City Guide

- *Farmers' Market Guide
- *Bay Area Flea Market Guide
- *The Bay Area's Free Book Store
- *And much, much more

- *Oakland Museum of California
FREE First Sundays
11:00am to 5pm

- *SFMOMA: FREE First Tuesdays
11:00am to 5:45pm

- *30¢ Vintage Film Night
Landmark Bridge Theatre
3010 Geary Blvd., San Francisco

UC BERKELEY RETIREES' ASSOCIATION

INVITES YOU TO JOIN US FOR OUR

HOLIDAY LUNCHEON

Berkeley City Club

2315 Durant Ave, Berkeley
No Host Bar at 11 a.m. Luncheon at Noon

Thursday, December 6, 2012



Celebrate The Holiday Season with the UCRAB Annual Holiday Luncheon on Thursday, December 6, featuring gifts from Santa, a raffle and Open Mic.

Don't forget to bring your donation in support of Children's Hospital of Oakland! UCRAB has been collecting donations of books, games and toys for the benefit of Children's Hospital for almost 10 years. The Hospital is always in need of donations and would be delighted to receive your gifts in time for the upcoming holidays. See insert for more information.

Reservations must be received in the office no later than Friday, November 30.

Parking and Transportation Information for the Berkeley City Club:

Low-rate parking is available in the parking lot of the First Presbyterian Church of Berkeley. The entrance to the lot is on Channing Way between Dana St. and Telegraph Ave. The #51B and #7 AC Transit busses stop close to the Berkeley City Club and Downtown Berkeley BART.



Reservation for the UCRAB Holiday Party

Member Name:	_____
Address	_____
Phone Number/email	_____
Spouse/Partner/Guest Name:	_____
Address	_____
Phone Number/email	_____
Guest Name:	_____
Address	_____
Phone Number/email	_____

Meal Choice: _____ Regular Entrée _____ Vegetarian Entrée

Enclosed is my check payable to UCRAB for \$25.00 per person.

Please mail this reservation form to: UCRAB, 1925 Walnut Street, Berkeley, CA 94720-1550