



President's and Regents' Retiree Association

NetworkNews

Fall 2019

Published for Retirees of the Office of the President and Office of The Regents, University of California

President's Message

I mentioned in my Spring message that with only a small number of UCOP retirees now receiving the newsletter in paper via U.S. mail, we have an opportunity to rethink this newsletter, our primary communication mechanism. One change you will see in the coming months is the change to quarterly, instead of semiannual, publications. In the past, the publication schedule has been tied to the announcement and registration for Fall and Spring luncheons; in the future we will produce communications that are not tied to the luncheons, though two of the four-per-year newsletters will include information about the luncheons.

Our governing body, the PARRA Executive Committee, at its July meeting discussed communications from other local retiree associations: the two Berkeley (emerti and staff) associations, and the Lawrence Berkeley National Laboratory (LBNL) retiree association. We have sometimes been asked to forward announcements of their luncheons to PARRA members and, so as to not flood you with communications, we have not. This practice was reaffirmed, but at the same time the Committee would also like to reinforce the fact that information about these luncheons is included in the Berkeley Retirement Center "Center Express" newsletter, which you should all receive. I hope you will consider the rich offerings listed in that publication, including the local retiree association luncheons.

In the same vein, I'd like to remind UCOP retirees that the Berkeley Retirement Center serves UCOP retirees as well as Berkeley and LBNL retirees. The Center is funded in large part by the campus and LBNL, with some funding from Office of the President on behalf of UCOP retirees. The Center also receives significant donations during the campus fundraising campaign. With a very small staff, the Center provides great support and innovative programs for all local retirees. So, don't feel that you can't contact the Center or participate in its offerings. The staff there would be glad to see you participate in their activities.

I would also like to highlight the travel programs offered by CUCRA, the Council of UC Retiree Associations. They have been offered for years, but it has been difficult to communicate about them as the primary communication vehicle has been paper brochures. Recently, however, information about the travel programs has been placed on the CUCRA web site: <http://cucra.ucsd.edu/travel/>. If you are interested, please take a look.

I'll end by noting that no additional information about retiree health plans is available yet. But I have recently learned that a UCOP communication about the new Medicare Advantage PPO plan provided by United Healthcare will be published sometime later this month. It is intended to include the ways in which retirees can learn about the new plan's networks, formulary and how to get individual questions answered in advance of open enrollment.

— Jim Dolgonas

PARRA Fall Luncheon Thursday, October 10

Please join us at the PARRA Fall luncheon at the Berkeley Country Club in El Cerrito. Our speaker will be Carol Christ, UC Berkeley Chancellor. Her topic will be "Berkeley Then and Now".



Chancellor Christ began her term as the 11th chancellor of the University of California, Berkeley on July 1, 2017. A celebrated scholar of Victorian literature, she is also well known as an advocate for quality, accessible public higher education, a proponent of the value of a broad education in the liberal arts and sciences, and a champion of women's issues and diversity on college campuses

We will again offer plated entrees instead of a buffet. There are three new choices, selected when registering: Breast of Chicken; Soy Citrus glazed Salmon; and Vegetable Lasagna with Pesto and Marinara Sauce.

PARRA Donors January - June 2019

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Nancy Huey	Ina Potter	<i>PARRA thanks you for</i>
Jackie Ito-Woo	Carla Raffetto	<i>your generosity!</i>

PARRA Financial Report

BALANCE July 1, 2018		\$6,521.80
INCOME:		
Fall 2018 Donations/Luncheon	3,560.00	
Spring 2019 Donations/Luncheon	3,490.00	
TOTAL INCOME		\$7,050.00
EXPENSES:		
Spring 2018 Newsletter Mailing	184.68	
Fall 2018 Luncheon	3,547.00	
Fall 2018 Luncheon TicketSpice fees	156.46	
Fall 2018 Newsletter Mailing	186.84	
Fall 2018 Newsletter Printing	290.84	
2019 CUCRA Dues	137.00	
Spring 2019 Luncheon	2,849.56	
Spring 2019 Luncheon TicketSpice fees	114.20	
IRS Form 1024 Application Fee	600.00	
Name Tag Holders	33.62	
Gift Card	50.00	
CUCRA Meetings, San Diego & Berkeley	904.00	
TOTAL EXPENSES		\$9,054.20
BALANCE June 30, 2019		\$4,517.60

Submitted by Bill Newton, Treasurer

Contra Costa Food Bank Volunteer Day

July 24 brought a dedicated group of PARRA volunteers to the Contra Costa Food Bank in Concord, where they sorted food destined directly to low-income people at community sites and to other nonprofit organizations serving the ill, the needy, and children.

The Food Bank of Contra Costa & Solano is a member of the California Association of Food Banks. There are member food banks in all nine Bay area counties: Alameda; Contra Costa; Marin; Napa; San Francisco; San Mateo; Santa Clara; Solano; and Sonoma. For complete contact information, please visit <http://www.cafoodbanks.org/cafb-member-food-banks>.



PARRA members who would like to suggest other worthy volunteer activities should feel free to make a suggestion. Email jdolgonas@yahoo.com.

Scenes from the Spring Luncheon

Marking one year at our new venue, the Berkeley Country Club, more than 65 PARRA members and guests attended the Spring Luncheon to hear from UC Provost and Executive Vice President for Academic Affairs Dr. Michael Brown.



Upcoming Newsletter Changes

This summer a group consisting of Judy Coy, Carla Raffetto, and myself have been evaluating a number of e-mail services that could replace the "legacy" products PARRA has used for many years to create its newsletter and communicate with members.

A move to current technology should provide a more stable technical environment and streamline newsletter production considerably. It would also allow for more frequent communication as described in the President's Message on page one of this issue.

Assuming all goes well with the transition, subscribers will see e-mail from news@ucparra.org in their in-boxes sometime this fall. Great thanks to Judy and Carla for all their work so far – and still to come – on this project!

Also, anyone wishing to subscribe or re-subscribe to PARRA Network News, either the paper or the electronic version, can let us know by contacting parra4uc@gmail.com.

Finally, if you know of a fellow retiree who may have inadvertently fallen out of contact with PARRA, please pass along this information.

– Connie Williams

We Remember

Heather Andrews

Charles Barragan

Jan Behrsin

Dan Cheatham

Jane Headley

Dennis Kelleher

Ernest Lee



UC Berkeley Retirement Center
101 University Hall, Berkeley, CA 94720-1550
ucbrc@berkeley.edu, 510-642-5461

*The Retirement Center is dedicated to helping you and your family live well in retirement.
We serve UCOP retirees, as well as retirees of the Berkeley Campus and Lawrence Berkeley National Lab.*

Just Released! The 2019 Issue of the CenterPiece is available to download [here](#).

Included are highlights from our past year and an exciting line up for the upcoming year. Detailed information and registration links for Learning in Retirement, UC Retiree Learning Series, workshops on long-term care, emergency devices, encore careers and volunteering, Emeriti and Retiree Association events, discounts, and more.



Upcoming Programs

**Learning in Retirement 4-part series: *Modern Art During Crisis* begins September 10
*Art and Dictatorship: Argentina, Brazil and Chile in the 1960s & 1970s***

Julia Bryan-Wilson, Professor of Modern and Contemporary Art, UCB

Tuesday, September 10, 2019, 2-4 pm, Banatao Auditorium, Sutardja Dai Hall. Three lectures to follow on 9/17, 9/24 and 10/3. [Online registration](#) or contact the Retirement Center at 510-642-5461. Details and registration for additional LIR series on *Climate Change* and *Technology, Law, and Society* are available on our [website](#).

UC Retiree Learning Series provide off-campus learning opportunities and a chance to explore Bay Area retirement communities. The first lecture this fall is **The Globalization of Prehistoric Art** with *Margaret Conkey, Professor Emerita, Department of Anthropology*, Thursday, September 26, 2:30 – 4:30 pm, Belmont Village Albany, 1100 San Pablo Ave, Albany. [Online registration](#). See the complete schedule of UCRLS fall programs on our [website](#).



Fall Workshops – For more details visit our [website](#)

Summoning Help in an Emergency: Devices and Emerging Trends

Tuesday, October 29, 10:00 am to 12:00 pm, University Hall 150 [Online registration](#)

Considering an Encore Career

Friday, October 18, 10:30 am to 12:00 pm, University Hall 150 [Online registration](#)

Peace Corps and Serving as a Volunteer Panel and Information Session

Friday, October 25, 10:00 am to 11:30 am, University Hall 150 [Online registration](#)

UC Retirees' Association at Berkeley Luncheon with the New Director of the Botanical Gardens, Professor Lewis Feldman – open to all retirees of UCOP – Thursday, September 19

11:30 am - doors open and buffet luncheon at 12 noon, \$25 per person

Room G202 Geneva Hall, First Presbyterian Church of Berkeley

Luncheon Registrations must be received no later than Thursday, September 12. [Online registration](#).

Mail checks payable to UCRA B to: UCRA B, 101 University Hall, Berkeley, CA 94720-1550.



Berkeley Home Match Pilot Program

Berkeley Home Match is a program of the UC Berkeley Retirement Center that helps match Cal retirees and those planning for retirement with graduate students to live in your home. To learn more about this opportunity visit our [website](#) or attend the upcoming [information session](#) on October 16th, 4:30 pm, University Hall 150.

The best way to receive information on upcoming lectures, luncheons, resources and discounts for retirees, is by subscribing to the *CenterExpress*, our bi-weekly eNewsletter. Just send your email request to ucbrc@berkeley.edu.



President's and Regents' Retiree Association

Fall Luncheon

Thursday, October 10, 2019

Berkeley Country Club, 7901 Cutting Blvd., El Cerrito

**Chancellor Carol Christ *on*
Berkeley Then and Now**



***UC Berkeley Chancellor
Carol Christ***

Chancellor Christ will talk about the differences between Berkeley in the 90's, when she served as Provost, and now.

Chancellor Christ began her term as the 11th chancellor of the University of California, Berkeley on July 1, 2017. She spent more than three decades as a professor and administrator at UC Berkeley before serving as president of Smith College from 2002 to 2013. Christ returned to Berkeley in January 2015 to direct the Center for Studies in Higher Education and was appointed interim executive vice chancellor and provost in April 2016.

No-host bar opens at 11:15 a.m.; plated lunch, including a vegetarian selection, begins at noon.

NEW MENU CHOICES! Now that our luncheons are held at the Berkeley County Club (detailed directions on included in this newsletter), we can vary the menu selections. Selections for the Fall Luncheon are: Breast of **Chicken**; Soy Citrus glazed **Salmon**; and **Vegetable Lasagna** with Pesto and Marinara Sauce.

To register or to donate online, go to <http://parra.ticketspice.com/fall-luncheon>

Questions? Contact Linda Glasscock at 415-612-4175 or linda.glasscock@yahoo.com.

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- ☐ Yes, I will attend the luncheon. Enclosed is my check in the amount of \$ _____ (\$35 per person)

Please indicate how many of each plated entree to order for your party:

_____ Chicken _____ Salmon _____ Lasagna

- ☐ Enclosed is my voluntary donation of \$ _____ (\$10 per year suggested)

Name _____

Name of Guest(s) _____

Email Address _____



Mailed and online reservations must be received no later than **Wednesday, September 25, 2019**. Mail this form and your check, made out to "PARRA," to:

PARRA c/o Linda Glasscock
20 Laurelwood Drive, Novato, CA 94949

Directions to Berkeley Country Club

From Oakland/Berkeley/San Francisco/Hayward Proceed East on Interstate 80 to Potrero Avenue Exit. At bottom of ramp continue straight on to Eastshore Blvd. Cross San Pablo Avenue onto Hill St. At T intersection, turn left onto Elm St. Follow yellow line uphill (turns into Cutting Blvd) to Spyglass Drive. Turn left into Club parking lot.

From the North Bay (Richmond, Hercules, Vallejo) Take I-80 West to San Pablo/Barrett Avenue Exit. Turn left onto Barrett Avenue. Cross over San Pablo Avenue and continue until Barrett ends at Arlington Blvd. Turn right onto Arlington Blvd. Turn left onto Cutting Blvd. Turn left into Club parking lot.

From Marin County Take Interstate 580 East toward Berkeley/Oakland. Take the Central Avenue Exit. Turn right onto Central Ave. and continue on Central under I-80 to San Pablo Avenue. Turn left onto San Pablo. Turn right onto Potrero. Turn left onto Richmond St. Follow yellow line uphill (turns into Cutting Blvd) to Spyglass Drive. Turn left into Club parking lot.



Free and Ample Parking

Berkeley Country Club

(formerly Mira Vista Country Club)

7901 Cutting Blvd., El Cerrito, CA 94530

510-233-7550

<http://berkeleycountryclub.com>

