Hi PARRA Colleagues,

Welcome to all new Office of the President and Regents retirees. Congratulations! You automatically became a member of PARRA upon retirement. We’re happy to have you and hope you will attend our Spring luncheon on April 28.

Recently, a friend and I have been investigating what to do about our living circumstances over the next few years. We are both single with no children in the area and right now just want to know what options may be available. We are interested in staying in the Oakland-Berkeley area, so we concentrated on those locations or close by.

We found a couple of places that are purely condos for seniors with some communal activities such as a gym, swimming pool, movie theater, library and meeting rooms. We also looked at facilities with condos or apartments where there is a meal plan in addition to other communal spaces or activities.

All these places had their pluses and minuses and one thing in common: the condos or apartments are very small. For me and my friend, it will be a major job to pare down our current “stuff” to fit into the small spaces.

* * *

This is my last letter to you as PARRA president. I am so thankful for your friendship, support and good cheer.

PARRA continues to advocate on behalf of retirees and on behalf of OP issues and projects. To further PARRA’s goals, we have kept in touch with and remained visible to President Napolitano’s office and management team.

None of the work of PARRA would get done without the outstanding volunteers on the Executive Committee. They contribute time, ideas and energy toward all of our work. So, a big thanks to each of them for their commitment and affability, and in particular:

- Nancy Nakayama, without whom I could not have done this job.
- Erica Nietfeld and her husband, Royce Kelley, who have taken over the editorship of our newsletter. They do a beautiful job and have already brought new ideas to the process.
- Ellen Switkes who is ending her 9+ years on the Executive Committee and who was always willing to step up and take on more than her fair share of the work for PARRA cheerfully.
- June Brugger Smith who was consistent in her commitment to PARRA and helpful in our discussion of important issues.

Thanks also to Cary Sweeney and Kris Thornton at the UCB Retirement Center for all the work they do on behalf of the Berkeley, Lawrence Berkeley Lab, and OP retiree associations.

Susan von Seeburg
vonseeburg@gmail.com
PARRA Donors Sept. 2015 - March 2016
Marc Aarens
Steve and Melva Arditti
Larry Aull
Joe Azzolino
Beverly Barker
Eric Behrens
Helmut Blaschczyk
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Stephanie Travis
Leigh Trivette and Rick Malaspina
Susan von Seeburg
Barbara Yoder
PARRA thanks you for your generosity!

PARRA Dues Are Due
April means tax time, and it’s also the month that PARRA requests contributions from members of voluntary dues of $10 per year.

Your contributions support this newsletter, the PARRA website, and PARRA participation on the systemwide Council of UC Retiree Associations.

Checks, made out to PARRA, may be mailed to our treasurer, Nancy Nakayama, at 8724 Don Carol Drive, El Cerrito, CA 94530.

We hope you will be able to attend the April 28 luncheon, but even if you cannot, you may use the luncheon reply form to mail your contribution to Nancy.

Thanks for your support!

PARRA Financial Report

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tr>
<td>BALANCE August 31, 2015</td>
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<td>INCOME -- Donations</td>
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<td>EXPENSES:</td>
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<td>CUCRA, Dues (136 x $.50)</td>
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<td>CUCRA-CUCEA Meeting, Oct. 28-29 2015 UCD</td>
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<tr>
<td>Total Expenses</td>
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<td>BALANCE March 12, 2016</td>
<td>$6,159.85</td>
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Submitted by: Nancy Nakayama, Treasurer
Nominations Committee Update

The PARRA bylaws provide that each year the President shall appoint a Nominating Committee of three Executive Committee members to nominate a slate of Officers and Executive Committee Members at large. At the January 26 PARRA meeting, Booker McClain, Judy Craig and I were appointed as this year’s nominating committee. I was asked to chair the committee and am providing this status report to the full PARRA membership.

Following previous practice, we asked the Executive Committee members whose terms were expiring if they wished to be nominated to serve another three-year term. Of those with expiring terms (June Smith Brugger, Sandra Douglas, Larry Hershman, Con Hopper, Randy Scott and Ellen Switkes), all except Ellen and June agreed to be nominated for continuing terms. The Committee then undertook to identify two individuals who will agree to be nominated to replace these two Members at Large whose terms expire June 30, 2016.

The Nominating Committee is also responsible for nominating Officers (President, Vice President, Secretary and Treasurer) should any of those positions become vacant as of June 30. The Nominations Committee has identified individuals from the Executive Committee to fill these roles as well.

The Nominating Committee recommendations will be presented to the Executive Committee at its upcoming meeting in late March. Once accepted, all of these nominations will be presented for election to the full PARRA membership at the April luncheon, the annual meeting of the Association.

Jim Dolgonas

National Parks Lifetime Senior Pass

2016 marks the centennial of the creation of the National Park Service. It’s a great time to visit one or more of our national treasures. If you’re at least 62 years old, you’re eligible to purchase a lifetime pass for just $10 — a bargain compared to the standard annual pass ($80). The pass admits the pass owner and up to three adults to national parks and federal recreational sites. For more information go to www.nps.gov.

Connie Williams

New Housing Option for UC Retirees

UC Berkeley is partnering with Belmont Village Senior Living to construct a building in Albany with 175 one- and two-bedroom apartments for independent living, assisted living, and memory care. Construction is already underway on UC-owned land at University Village, just three miles from the campus, with an opening date of fall 2017.

UC emeriti and retirees from the Berkeley campus, the Lawrence Berkeley National Laboratory, and the Office of the President will have priority status for entrance. Patrick Cullinane, former director of the UCB Retirement Center, is leading the Belmont Village-UCBRC Planning Committee. We’ll be sharing more information about this project in the coming months.

Pat Pelfrey & Susan von Seeburg

Bylaw Amendments Approved

At the October 2015 luncheon, the membership approved amendments to the Bylaws, including the following:

- Expanded the definition of member to include domestic partners.
- Added to the President’s duties ensuring that an annual audit of the financial records is performed. Previously this function fell under the jurisdiction of the Executive Committee.
- Added the position of President-elect, who will assume the Presidency at the end of the President’s term.
- Permitted the amendment of the Bylaws at a designated business meeting, rather than at the annual Spring business meeting.

Please go to http://retirement.berkeley.edu/parra to view the amended Bylaws.

We Remember

Larry Vanderhoef, October
John Catton, November
Ruth Johnson, January
Sylvia McLaughlin, January
Eleanor Reilly, February
Dear PARRA Members,

I hope you can join us at one of our Learning in Retirement series or one of our Long Term Care and Estate Planning workshops. Kris Thornton, Program Manager, and I are looking forward to attending the upcoming PARRA luncheon.

Cary Sweeney, Director, UCBRC

Learning in Retirement Spring Line-up

The Quality Of Contemporary Urban Life
Organized by Neil Smelser, Professor Emeritus, Sociology

April 5: Sources of Social Integration in the City
Claude Fischer, Natalie Cohen Professor of Sociology, Sociology and Demography Group

April 12: The Seamier Side: Inequality Poverty, Homelessness, Crime, and Incarceration
David Harding, Associate Professor, Sociology and Demography Group

April 19: Migration and the Cities
Irene Bloemraad, Associate Professor, Sociology

Healthy Aging: People, Places and Technology
Organized by Carol N. D’Onofrio, Professor Emerita, Public Health

April 26: Healthy Aging at the Intersection of People and Places
William Satariano, Professor of Epidemiology, School of Public Health

May 3: Community Initiatives for Aging Well
Andrew Scharlach, Kleiner Professor of Aging, School of Social Welfare

May 10: A Look at Technology-Enabled Services and Current Challenges for Making Aging as Healthy and Independent as Possible
Dave Lindeman, Director, CITRIS and Center for Technology and Aging

Register by phone: (510) 642-5461 or online: http://retirement.berkeley.edu/LIR/schedule

Long Term Care and Estate Planning Legal Clinic
May 19, 2016 2:30-5:00 p.m.
University Hall 150

Bring your questions about estate planning documents or planning for long-term care to a free 20 minute consultation with an attorney.


Register by phone: (510) 642-5461 or online: http://retirement.berkeley.edu/workshops_details
Yes, I will attend the luncheon. Enclosed is my check in the amount of
$ ___________ ($30 per person)

In addition, enclosed is my voluntary contribution of $ ____________
($10 per year suggested)

I cannot attend the luncheon, but enclosed is my voluntary
contribution of $ ___________ ($10 per year suggested)

Name __________________________________________________________

Name of Guest(s) ________________________________________________

Email Address __________________________________________________

Reservations must be received no later than Monday, April 18, 2016.
Mail this form and your check, made out to “PARRA,” to:

PARRA c/o Nancy Nakayama
8724 Don Carol Drive, El Cerrito, CA 94530-2735
Directions to H's Lordships

**From the East Bay Oakland, Hayward using 580 West** towards San Francisco. Proceed to I-80 East towards Sacramento. Take the Emeryville Powell St. exit. Turn left and go under the freeway overpass. Make an immediate right onto Frontage Rd., following the road until you get to University Ave., and turn left onto University. Stay in the left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

**From the East Bay Oakland Using Highway 880 North** take Highway 880 North to I-80 towards Sacramento. Exit at University Ave. and proceed on University. At the third light, make a U turn and head back toward the water. Stay on your left until you get to Marina Blvd. and go to the end (Berkeley Pier will be in front of you). Turn left on Seawall Dr. and go to the end of the road.

**From the North Bay (Richmond, Hercules, Vallejo)** Take I-80 West to Berkeley. Exit at University Ave. Follow Loop West to University Ave. Turn left onto University Ave. Stay in left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

**From San Francisco** Take Highway 101 North to I-80 across the Bay Bridge. Take the Emeryville Powell St. exit. Turn left and go under the freeway overpass. Make an immediate right onto Frontage Rd. Proceed on Frontage Rd. until you get to University Ave. and turn left onto University. Stay in left lane. At Marina Blvd. stop sign, stay left and go to the end. (Berkeley Pier will be in front of you.) Turn left on Seawall Dr. and go to the end of the road.

Free and Ample Parking H's Lordships Restaurant, 199 Seawall Drive, Berkeley, CA 94710, 510-843-2733.