



EX-Ls

Retiree Newsletter

Lawrence Berkeley National Laboratory - July, 2017

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EX-Ls EXPRESS - July 2017
Deadline for Newsletter submittals is 7 days
after the Board meeting

EX-Ls BOARD OF DIRECTORS

President: Lee Schroeder
1st Vice-President: Henry Rutkowski
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Treasurer: Kay Bristol
Membership: Patti Powers-Risius
Activities: Kathy Bjornstad
LBNL Liaison: Margaret Dick
CUCRA Representative: Janis Dairiki/Don Grether
UCBRC Policy Board: Richard Sexto
Connie Grondona
Editor EX-Ls Newsletter: Linda Rutkowski
UCBRC Director and Liaison Cary Sweeney

PAST PRESIDENTS

Cheryl Fragiadakis -- 2016	Per Dahl - 2001
Connie Grondona – 2015	Tom Beales - 2000
Trudy Forte – 2014	Ken Mirk - ` 1999
Joe Jaklevic – 2012-2013	Paul Hernandez – 1998
Rollie Otto – 2011	Clay Sealy - 1996-1998
Richard Sextro – 2010	Igor Blake - 1994-1996
Don Grether – 2009	Conway Peterson – 1992-1994
Jose Alonso – 2008	Howard Browne – 1990-1992
Janis Dairiki – 2007	Ethel Skyrdlinski – 1989
John Kadyk – 2006	Al Amon - 1988
Gene Binnall – 2005	Ken Lou – 1987
Sig Rogers – 2004	Virginia Cherniak - 1986
Bob Fulton – 2003	Bill Bigelow – 1985
Bob Birge – 2002	Ted Bowers – 1981-1984

EX-Ls Honorary Life Members

Shirley Ashley Patrick Cullinane, Bud Larsh

2017 CALENDAR OF BOARD MEETINGS & LUNCHEONS

Board: Meetings:

January 12, 2017

April 13, 2017

July 13, 2017

October 12, 2017

Board Meetings start at 3:00 p.m. and end at 5:00 p.m. usually held in LBNL Conference Room (54-130B). Location is subject to change at the last minute, so check with a Board member if you plan on attending. We welcome attendance by interested members.

Luncheons:

Thursday, Feb 16, 2017, Hs Lordships

Thursday, May 18, 2017, Hs Lordships

Thursday, Aug 17, 2017, Hs Lordships

Thursday, Nov 16, 2017, Hs Lordships

OFFICE ADDRESS:

Our mailing address is: LBNL EX-Ls

101 University Hall Berkeley, CA 94720-1550

Photo Site:

<https://get.google.com/albumarchive/108867583996319040696>

Photo Czar: Ned Dairiki

Website: <http://retirement.berkeley.edu/ex-ls>

Webmaster: Kris Thornton, UCBRC

Next Luncheon: AUG 17, 2017

President's Message

Lee Schroeder

Welcome to the 2017 summer edition of the EX-Ls Newsletter. The winter and spring rains have given way to much warmer weather— particularly east of the Caldecott Tunnel, where I live. Following are some of the EX-Ls activities that I'd like to draw your attention to.

Update on Universal Membership:

In our last two newsletters we discussed the need, now that we are continuing with the “universal membership,” for voluntary contributions to off-set the on-going costs associated with the EX-Ls and that we would be requesting these contributions twice/year at the spring and fall luncheons. The May luncheon contained our first request and we are very pleased to announce that EX-L members responded with a total of \$910—an excellent start for 2017! While there will be no formal request in the upcoming announcement for the summer luncheon (Thursday, August 17, 2017 at Hs' Lordships), any voluntary contribution of \$15 would be graciously accepted. As stated in spring 2017 EX-Ls newsletter, one of the uses of these funds is for dues we pay to CUCRA (Council of University of California Retirees Associations)— please see the article on CUCRA by Janis Dairiki and Don Grether (our reps on CUCRA) later in this newsletter.

May 31st Retiree Reception:

The 3rd annual Lab Retiree Reception, sponsored by LBNL, EX-Ls and the UCB Retirement Center, was held at the Lab on May 31, 2017, from 5:30-7:00 pm. About 75 retirees, both ‘about to be’ and those ‘already retired,’ attended the event. The reception provides an opportunity for Lab Director Mike Witherell to meet with retirees and for our retiree community to visit with old friends and associates from the Lab. Director Witherell took this opportunity to thank all retirees for their many contributions, that over the years have made the Lab the outstanding science center that it is; with his expectation that this excellence will continue into the future, even with the ‘tight times’ that appear to be coming out of Washington. I spoke following Mike and reminded those present that we collectively represent 100's of years of service and scientific excellence to the Lab and thanked them for a “job well done.” Finally, Alicia Yeh, the Executive Director, Biosciences, gave an update from the Berkeley Lab Foundation—one of the Foundation's programs is to initiate one or more fully funded diversity post-doctoral fellowships at the Lab (for more information, please contact the Foundation). We are hoping to increase the turnout for this annual event in future years—would like to see 100 or more (which would push the capacity of the cafeteria) attendees at the future receptions—your ideas would be appreciated.

July 2017 Board Meeting:

The 3rd board meeting of 2017 took place on July 13, 2017, at LBNL from 3:00-5:00 pm. A reminder that members of the EX-Ls are invited to attend—please let Esther Schroeder our Secretary know, so that admission to the Lab for the meeting can be made. For this meeting William Johansen (Senior Advisor to the Deputy Laboratory Director) updated the Board on the status of the policy for both ‘rehired retirees’ and what will be called ‘retiree affiliates.’ The new policy (for which the EX-Ls provided input) is being reviewed by the Lab’s upper management and will be sent out to the rest of the Laboratory shortly. I expect to get a copy in the next week or so—when I do, it will be emailed to all EX-Ls for your information. As attendees to the February 16, 2017, EX-Ls luncheon remember, due to a conflict with a UCBRC activity in November 2017, the November EX-Ls luncheon was to be moved two days earlier. That conflict has now been resolved and the 2017 November luncheon will be held on the usual 3rd Thursday, November 16th. Just prior to this meeting the EX-Ls Board learned that the Regent’s July meeting was to include a proposal to discuss the recession of the 70 per cent floor for the University’s aggregate annual contribution to the retiree health benefit program. This was apparently done without any consultation with the several retiree groups. The very next day we learned that CUCRA (see article on CUCRA later this Newsletter) had written to the University of California’s President complaining about including the proposal in the Regent’s agenda without prior notification or consultation with the Academic Senates or other Councils and Retiree Associations and that the proposal has been pulled from the Regent’s agenda. While this is welcome news it appears that the topic will be on the agenda of the September Regent’s Finance and Capital Strategies Committee—so stayed tuned in, we will keep you informed as developments unfold and appropriate actions become more apparent.

Upcoming Events:

Our 2017 summer quarterly luncheon will be held at Hs Lordships from 11:30 a.m. to 2:00 p.m. on August 17th. We are pleased to have Professor John Perry of Stanford, as our guest speaker (much more information on Professor Perry later in this newsletter), whose talk is entitled, “How Can Philosophy Help in Retirement?” Hope to see you there!

Lee Schroeder
2017 EX-Ls President

All You Need to Know about CUCRA and Why It's Important

CUCRA (Council of UC Retiree Associations) consists of 1-2 members from each of the UC Retiree Associations at all the UC campuses, the three national Laboratories, and the UC Office of the President. Each association pays dues to CUCRA based on its membership. CUCRA meets semiannually -- at a campus in southern CA in the spring and at a northern CA campus in the fall. Its sister organization, CUCEA (Council of UC Emeriti Associations) meets at the same time and place. Each council meets separately and they also meet jointly.

Of particular importance are the Joint Benefits Committee (JBC, joint between CUCRA and CUCEA) reports and the attendance of representatives of UCOP (UC Office of the President) at the joint meeting. The JBC report is one of the most important actions of the two councils. The JBC responds to retirees' concerns and brings them up before the two councils and UCOP for solutions as needed. Representatives from UCOP provide responses to the report and bring up any relevant updates in the joint meeting. Most often the concerns are about healthcare and the JBC deserves a lot of credit for holding the line on healthcare for retirees. Just this month (July), CUCRA (and, separately, CUCEA and the Academic Senate) responded to a proposed topic on the July Regents' agenda to rescind the 70 percent floor for the University's Aggregate Annual Contribution to the Retiree Health Benefit Program. As a result, the topic was moved to the Regents September meeting; this will allow time for consultation with the affected parties and a thorough analysis of the possible consequences of any change.

CUCRA is currently reviewing its mission and its relationship with UCOP and role as retirees' advocate as well as the cost and structure of the twice-annual meetings, which are becoming more expensive. CUCRA also makes grants to member associations to carry out projects that will benefit retirees; EX-Ls received a grant last year to expand the list of emails of our members. CUCRA has recently completed a survey of all UC retirees to see what they are doing and how they are faring in retirement. Hopefully you all participated in the survey. Results of the survey will be available soon.

Since UCOP decisions concerning campus retirees also concern LBNL retirees, it is critical for EX-Ls to be represented at the meetings and be able to provide input regarding any special concerns. The EX-Ls Board has designated one CUCRA delegate and one alternate. Delegates provide written and oral reports of the CUCRA meetings to the EX-Ls Board, along with a write-up for the newsletter. EX-Ls provides reimbursement for one attendee.

Also, CUCRA meetings provide a forum where retiree associations can learn from each other and also learn about and appreciate the other campuses. A campus tour and a social event are usually part of the meetings. For example, a recent meeting featured a tour of the Animal Medical Facility at UC Davis. Retirees from other campuses can also learn about the Lab since many either know very little or have misconceptions.

CUCRA is important for the EX-Ls and for all UC retirees. Learn more at cucra.ucsd.edu/.

Janis Dairiki and Don Grether
EX-Ls representatives to CUCRA
July 17, 2017

May Luncheon Recap



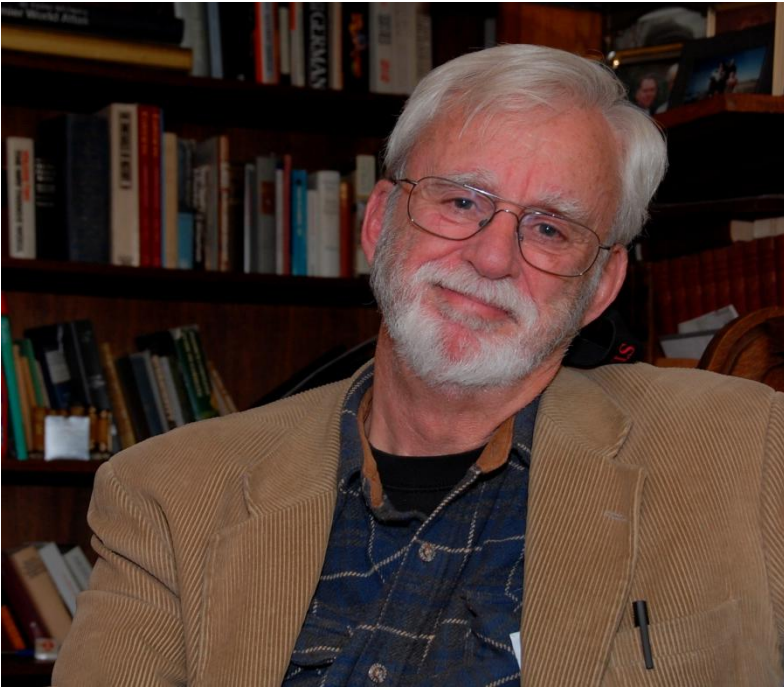
Dr. Thomas Mann gave the luncheon talk at our May luncheon. The title was "Politics and Policy in the Era of Trump." Dr. Mann is a Resident Scholar at the UC Berkeley Institute for Governmental Studies and spent 27 years at the Brookings Institution as a Senior Fellow. The talk was about 50-50 lecture and question-answer with no visual material. The American political party system has become more parliamentary in nature than the American constitutional separation of powers system. Anger at the opposition is more important than love of one's own side. Behavior is tribal. Mann thinks the Republicans have changed more than the Democrats in how they think government should work. He would like to see them revert to being a "governing party." The founding documents define America and the problem is how to manage together. Mann says Trump is unqualified and unsuited to be President, but somehow he got elected. How could America do this? He attributes it to negative voting against Hillary Clinton which was decided by 77,000 voters in three states. Party loyalty accounts for 90% of votes and Trump was a disruptive candidate who catered to the resentful and disrespected whose lives have suffered. He is the first candidate to appeal directly to the disadvantaged. His is not a revolutionary movement. What has been the reaction and were the Framers right? In other words, how well are we resisting Trump's incompetence and tendency to autocracy? Mann says the public and civil service are doing well. The grass roots are healthy. Commentary by Republicans such as Bret Stephens and David Frum is encouraging. On the negative side, Congress is not holding the President accountable. Control of both houses by the Republicans is not stopping gridlock and there is a failure to deal with economic issues. Instead we have ideological rigidity and vacuousness. We have a state of permanent campaigning and the Republicans have checked out of a governing role. The Republicans must lose their contempt of government and science and their Manichean view of the world.



Next came the audience question session. Mann said he had not expected the Republican base to support a non-conventional candidate. He said the Electoral College is an empty shell with 10 states determining the result. The Citizen's United ruling removed the checks from District and Federal Courts and Justice Kennedy did not expect the resulting flood of "dark money." The Senate filibuster originated with VP Aaron Burr and Rule 22 (the Cloture rule) originated during Woodrow Wilson's presidency. Possible future Republican heroes include some Governors, Jeff Flake, John McCain, Susan Collins, Ben Sasse, and Ann Coulter. Possible future Democratic heroes include Nancy Pelosi, Bernie Sanders, and Elizabeth Warren. Conspiracy theories abound because of American lack of trust in government and amnesia. Populists have no leader without a candidate for President. Republican populism is concerned with immigration and nationalism while Democratic populism is concerned with economics. This is a dangerous period, Trump is not suited to the job.



August Luncheon Preview



"How Can Philosophy Help in Retirement?"

John Perry is the Henry Waldgrave Stuart Professor of Philosophy Emeritus at Stanford University . He was born in Nebraska in 1943; earned his B.A. from Doane College and his Ph.D. at Cornell. He moved to California in 1968, and since then has taught at UCLA, Stanford, UC Riverside and UC Berkeley, retiring from Stanford after almost forty years in 2008. He's written books on personal identity, the problem of evil, the philosophy of language and the philosophy of mind and, the most popular one, *The Art of Procrastination*. He is the co-creator and longtime co-host, with Ken Taylor, of the public radio program "Philosophy Talk". John and Frenchie Perry have been married 55 years; they have 3 (very) grown children and 10 grandchildren.

He will discuss a number of issues concerning retirement from a philosophical (and a retired) point of view. Is one entitled to retire? Is one obliged to retire? Is it irrational to work harder in retirement than one did while employed? Is retirement the time to find meaning in human existence, or quit trying? Is there something wrong with you if you don't want to sit on the beach or go fishing? What's the rational way to look forward to, or worry about, senility? Is retirement a good time to delve in to the philosophy books you put off reading when you were younger? If so, which ones? Should all of us children of the 60s be marching on Washington? And what should we do when we get there?

To learn more about John Perry, *Philosophy Talk*, and his co-host Ken Taylor either listen to *Philosophy Talk* on KALW (91.7 FM) Sundays at 10:00 AM or Tuesdays at 12:00 noon, or visit the program's website www.philosophytalk.org.

Third Annual Retiree Reception

The Third Annual Retiree Reception was held on May 31, 2017 in the LBNL Cafeteria.



Director Witherell welcomed all the attendees and provided a short update on happenings at the Lab including the Dark Energy telescopes, the move of the Joint Genome Institute from Walnut Creek to a new building on site, and the Congressional Budget Process



Members of the EX-Ls Executive Board speaking with Director Witherell

Get great discounts and access to services with your retiree ID!

Retirees of LBNL may obtain a Retiree ID, offered through the Retirement Center, to take advantage of special discounts and perks. Perks include: Free entrance into the Berkeley Art Museum- Pacific Film Archive (BAMPFA), discounted entrance into the Botanical Garden at Berkeley and Cal Performances, as well as discounted Cal Athletics Season Tickets, and much more! To see the full list visit: http://retirement.berkeley.edu/id_card.

To get a Retiree ID card, you can stop by the Retirement Center Monday-Friday, 1-4 pm, 101 University Hall, at the corner of University Avenue and Oxford Street. Or you may call in or email your address and we'll mail you one: 510-642-5461, ucbrc@berkeley.edu.



EX-Ls President Lee Schroeder also addressed the attendees and extended an invitation to retirees to become active in the EX-Ls as well as making other remarks. Please refer to the President's message in this Newsletter for more information. Good food, music and conversation was enjoyed by the attendees

Report on the Spring CUCEA/CUCRA Meetings

Don Grether

CUCEA is the Council of UC Emeriti Associations, and CUCRA the Council of UC Retiree Associations. EX-Ls is a member of CUCRA. CUCEA and CUCRA hold semi-annual meetings on a UC campus. The format is that CUCEA and CUCRA meet separately, and also hold a joint meeting that is attended by representatives of the UC Office of the President (UCOP). I attended the meetings on April 26-27, 2017 at UC Irvine (UCI). The following briefly addresses those items that particularly pertain to LBNL retirees. If you would like a more detailed report please send an email to dfgrether@yahoo.com.

You may recall (and perhaps participated in) a recent CUCRA Survey of UC Retirees Activity. A presentation on interim results was given. Unfortunately the speaker's podium was right in front of the screen, the speaker stood behind the podium and was a big man, making the slides unreadable and there were no handouts. So I can offer no comments on the interim results.

There is always a tour of some aspect of the host campus and a dinner. This time the after dinner speaker was UCI Professor Elizabeth Loftus on the subject of "The Fiction of Memory", or what might be called "false memory". She cited two examples from the last election. Hillary Clinton said that in a trip to Bosnia in the 1990's she and her entourage had been pinned down by snipers and had to run while stooping over to their escape vehicles. She had indeed gone to Bosnia, but the speaker presented photos of Clinton's arrival that showed it was very peaceful. Donald Trump had said that he had seen videos of thousands of Muslims cheering 9/11. There were no such videos. The speaker said that many people have been convicted and sent to prison on the basis of false memories. She said that it was easy to induce a false memory in adults who will recount in detail a childhood incident that had never happened. It is very hard to tell the difference between a real memory and a false memory unless one has another source of information, as in the cases of Clinton and Trump. So I guess the lesson is: "be skeptical of anyone's memory of the past".

Two UCOP presentations were given by Cary Schlimgen, Executive Director Retirement Programs & Services. He addressed a project underway that only applies to investments made through Fidelity. The asset-based fee (percentage of funds invested) is to be replaced by a flat fee. Those affected were to have received a postcard announcement mailed on May 2.

Schlimgen also addressed "Redwood: A multi-year project to improve operations and your experience with RASC (Retirement Administration Service Center)". [Redwood is the company carrying out the project.] While the main purpose is to "enhance the member experience" relative to the current At Your Service, the new system may also address some long-standing CUCEA/CUCRA issues. RASC periodically supplies the UCB Retirement Center and other Centers with an updated database of retirees. The database only includes those who took the UC Pension, not those who took the lump sum payout. Also, the current approach does not include email addresses because RASC has no means of allowing retirees to opt-in or opt-out of sharing their email address. Supposedly, the new database will address both of these issues. The new system will be called UCRAYS for UC Retirement At Your Service. Unfortunately, it won't be ready until the end of 2019.

Susan Pon-Gee addressed 2017/18 Health Plans. As you may know, UCOP went through a rebidding of the PPO health plan, and for 2017 switched from Blue Shield to a combination of Anthem Blue Cross and OptumRX, the latter for prescriptions. The advertised “seamless” transition turned out to be anything but. There have been lots of problems. People have been dropped out of Medicare or had their prescription drug plan cancelled. A number of attendees at the meeting spoke out strongly about their “disastrous” experiences with OptumRX. UCOP is working on several approaches to fixing the problems.

There are no anticipated changes to the health care plans for 2018. They are going to check the “viability of adding Costco to (the) provider network” for hearing aids. UCOP is planning to assess and possibly rebid the contract with Health Net for 2019. Hopefully, there have been some “lessons learned” from the PPO experience.

Pon-Gee went over the demographics of the system and showed a pie chart of the enrollment in the various plans, with the combination of Health Net and Kaiser having somewhat more enrollments than all the other plans put together. [Health Net and Kaiser have about the same enrollments.] Medical costs are, of course, going up. She said that whether the Affordable Care Act stays in place or is replaced by something else, there will be an impact on UC. There is an ongoing UC effort to manage retiree health costs, for example the annual 3% reduction in UC contributions to a floor of 70%. Then there is the rebidding process to obtain better deals.



WHERE HAVE YOU BEEN?

**SHARE YOUR TRAVEL ADVENTURES OR SPECIAL
EVENTS YOU ATTENDED**

Submit your articles to EX-Ls Newsletter Editor:

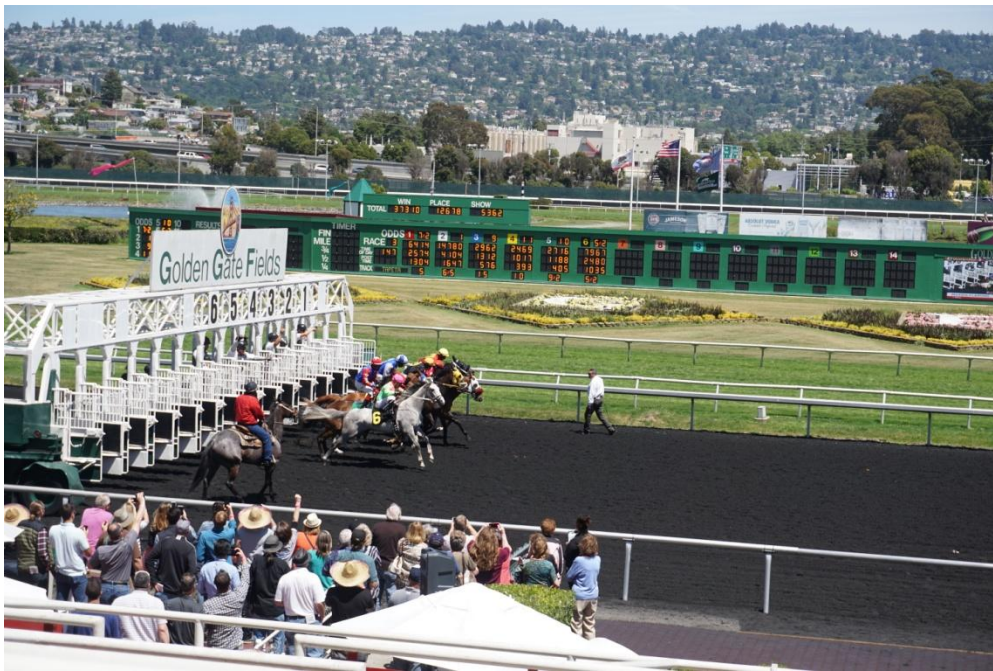
Linda Rutkowski

Email: chamisa6@att.net

Notes From Members

15th Annual Day at the Races Event

Friday, May 5, 2017 was the Fifteenth Annual UCRA B "Day at the Races" at Golden Gate Fields on the day before the Kentucky Derby. Fans celebrated in fashion and merriment in honor of the fourth highest attended horse race in the U.S.



UCRAB emails the announcement of the “Day at the Races” to all retirees, and we highly recommend you try to attend the fun-filled day next year. Besides the opportunity to enjoy the excitement of horse racing and good food, this event is also a fund-raiser where a portion of the proceeds go to the East Bay College Fund, which administers a scholarship program for low-income graduates of Oakland high schools who attend a UC campus. The proceeds collected are also matched by the UC President’s Office.

The price to attend is reasonable for what it includes: reserved seating in the Turf Club, valet parking, entrance fee, daily racing program, excellent buffet style food, drinks and of course watching/betting on the races. There is a section of the Turf Club reserved just for UCRAB/EX-Ls attendees so we are all seated together, and we gather at the Winner’s Circle for picture taking after the UCB designated race ends.

Join us next year for an enjoyable day at the races. You will enjoy the day and students will benefit from your participation.

Thanks, Vicky Jared

Travel Note

After losing my beloved Lonny, I spent a lot of 2016-17 traveling to dream destinations. My most recent outing was in May to China, Tibet, and Mongolia. A central goal and high point (pun intended) was to reach (via vehicle, not hiking) the Tibet side Mt. Everest Base Camp, and somewhat to my surprise I was able to still function above 17,000'. Meanwhile I love living in Tucson, AZ with great hiking and have made good friends, but I do miss most my friends and colleagues at LBNL.

Regards, Todd Hansen

Free Physical Examination Information

Submitted by Connie Grondona

The Worker Health Protection Program (WHPP) provides free medical screening for former workers of Lawrence Berkeley, Lawrence Livermore and Sandia-CA National Laboratories.

The physical exams occur locally and WHPP Physicians at Queens College NY review the findings and provide a detailed results letter with recommendations for care and compensation when appropriate. All records are kept confidential and secure.

As of this year the screenings are being done U.S. HealthWorks in Pleasanton, California. For those unable to travel to Pleasanton an alternative site will be arranged

All participants who are former workers will continue to be eligible for rescreening exams every three years.

I have participated in this program over the last 9 years and have received 3 exams. I found the exams to be very thorough and included a history of possible exposures, additional blood tests, chest x-ray, hearing test, and a pulmonary test.

You may e-mail me at cegronodna @att.net if you want to find out more about my experience, or better yet,

To participate in this free program or to check the status of your next exam call the project office toll-free at 1-866-460-0628 or 1-877-653-1962.

Belmont Village Update

Don Grether

As you may know, Belmont Village is a company that constructs and manages facilities for seniors. Each facility has independent living, assisted living, and memory care. Belmont Village Albany (BVA) is nearing completion and by the time you receive this newsletter the first residents will have moved in. BVA is on University land in Albany and fronts on San Pablo Avenue near the Albany-Berkeley border. It's a joint effort among Belmont Village, UC Berkeley, and the city of Albany. First priority for admittance is for retirees from the campus, the UC Office of the President (UCOP), and the Lab. Next are seniors affiliated in some way with UC, such as parents of current UC employees.

On July 11, 2017 I attended the dedication of the public artwork at the front of the building. You can't miss it. Afterwards, we took a tour of the building. It's rather impressive, with many facilities that residents can take advantage of; including an exercise room, a theater, a beauty shop, a medical facility, and a bistro in addition to the dining room.

On the next day I returned to BVA for a different purpose. The new staff members are going through training, and one part of it was a session about UC in general, UC Berkeley, and the Lab. Pat Pelfrey, who retired from UCOP, gave the broad picture of UC with its ten campuses. I gave a brief presentation of the history of the Lab, which was followed by a short video produced by the Public Affairs Department that covered a sample of the Lab's ongoing research. Cary Sweeney, the Director of the UCB Retirement Center, finished with a description of and a short video of the campus. She included a video of The Play – a most unlikely finish to the 1982 Cal/Stanford Big Game. If you have forgotten about it you can Google on "The Play". Be sure your sound is turned on.

Looking ahead there will be an ongoing effort to keep the residents connected up with UC. There are already photos on some of the walls, and a quilt made up of T-shirts, including one from an LBNL Runaround.

EX-Ls PHOTO VIEWING

If you are interested in looking at the photos from the May, 2017 luncheon or the Lab's Retiree Reception, you can view them at our Google web page:

<http://get.google.com/albumarchive/108867583996319040696>

86 members and guests met at Hs Lordships Restaurant. Join us on August 17, at Hs Lordships and get reacquainted with former coworkers and friends, enjoy excellent food/drink and enjoy an interesting lecture.

In Memoriam

LOUISE VOGELSBERG OBITUARY

Louise Vogelsberg passed away at the age of 86 at the beginning of June after a ten-year battle with cancer.

Louise was born and raised in San Francisco. She attended local schools, graduating from Washington High School. After a semester at San Francisco State as a music major, she decided to change course and follow in her father's footsteps as an optometrist and transferred to the UC School of Optometry in 1952.

Louise was the only woman in her graduating class at the UC School of Optometry (circa 1955). She practiced with her optometrist father for a while before inheriting his practice in San Francisco after his death in the early 60s and continued there until about 1980. She was also a past president of the California Optometric Association and member of its board for a number of years.

She and her husband, Frederick, (EE 1950 and retired LBL employee), met at UC Berkeley and were married for 52 years. A few years after their nuptials, Fred was hired at LBL and they bought a house in El Cerrito where they spent the rest of their lives together.

When husband Frederick retired from LBL in 1991, Louise accompanied him to EX-L events. After Fred's death in 2005, Louise continued to enjoy these events and joined the board as editor of the newsletter.



Louise is shown here with her daughter, Linda Beroza, at the EX-Ls November Luncheon where she was honored for her years of service as the EX-Ls Newsletter Editor.

In addition to Cal activities, Louise kept busy with many other things: along with husband Frederick, sailing on the Bay and participating in the local Swedish-American community. Also, was a board member of the PTA and the League of Women Voters for years, and served as a docent at the Oakland Museum.

She was also a typist par excellence, a talented piano player, and adept at needlework. She enjoyed tennis and bridge and was an avid reader, especially of California and San Francisco history. But most of all, she was a devoted wife, mother, and grandmother whose presence will be greatly missed.

She is survived by daughter Linda, her husband and their three children. There will be a "Celebration of Life" service for her on **Saturday, July 22 from 2-5 pm at Richmond Yacht Club** (351 Brickyard Cove Rd., Point Richmond, CA 94801) with a program immediately followed by a reception.

Donations can be made in Louise's memory to:

Sveadal Memorial Fund

1019 Pinehurst Court,
Millbrae, CA 94030

Richmond Yacht Club Foundation

361 Brickyard Cove-Road, PO Box 295,
Point Richmond, CA 94807

Hugh Stoddart

Dec. 7, 1926 - May 8, 2016

Oakland



Hugh Stoddart passed away on May 8, 2016. Hugh was born in Glasgow, Scotland and was the youngest of 6 boys, with one younger sister. After serving with the British Army in Burma during [World War II](#), Hugh moved to New York City where he met his wife of nearly 56 years, June Snider. They married in 1959 and eventually settled in the Montclair District of Oakland, where they lived for over 40 years. Hugh played a major role in the early years of youth soccer in Montclair and spent many windy weekends refereeing games at Merritt College in Oakland. He was an avid tennis player and played every day until his health declined. Hugh worked in construction and was the Chief Construction Engineer at Lawrence Berkeley National Lab until his retirement in 1991.

Hugh is survived by his two daughters, Una Stoddart and Airdri Stoddart (m. James Hockridge) and grandson, Collin Hockridge. Hugh was pre-deceased by his wife, June.

Alper Abdy Garren



April 30, 1925 - June 25, 2017

Alper Abdy Garren was born on April 30, 1925 in Oakland, California and died peacefully on June 25, 2017 in Oakland, California.

Al attended the United States Naval Reserve Midshipmen's School, [University of Notre Dame](#) in 1945 and served as a Commissioned Lieutenant in the United States Naval Reserve through 1947.

He received his B.A. and M.A. from University of California, Berkeley (1945-1950) and his Ph.D. in Physics from Carnegie Institute of Technology (1955).

Dr. Garren was a career Particle Physicist at Berkeley Lab, located on the hill above the UC Berkeley campus. He wrote his first paper for what was then the Radiation Laboratory in 1949. He wrote his final paper in 1991 at what had become the Lawrence Berkeley National Laboratory (LBL).

Al was a brilliant scientist. He designed the Superconducting Super Collider (SSC) collider lattice. His invention of the "Diamond Bypass," shortening the half-cell length from 114 m to 90 m, modified the utility straight section to permit both beams to be injected and aborted from just one utility straight. His career included work on the Tevatron, the asymmetric B-Factory based on PEP and SYNCH, a computational tool (for which he held a patent) used extensively at Fermilab, Brookhaven National Laboratory, and other laboratories around the world.

He contributed to the design and orbit theory of the following: The Bevatron, Magnetic Mirror Fusion Reactors, 88-inch Cyclotron, Advanced Light Source (ALS), Fermilab Proton Synchrotron, the Large Proton-Proton Storage Rings LSR (CERN), ISABELLE (BNL), and the High Energy Heavy Ion Facility SUMATRAN (Japan). He collaborated with scientists around the world, sharing his ideas with colleagues and mentoring his young students.

Al loved to travel and was especially drawn to the culture and people of Asia. He loved the performing arts and was a patron to the San Francisco Opera, the San Francisco Symphony, and the Philharmonia Baroque Orchestra. He was a dedicated philanthropist, supporting some 200 environmental, human rights, and performing arts organizations in his later years.

Physicist, teacher, mentor, world traveler, sailor, philanthropist, and above all dear friend, Al enriched many lives during his 92 years.

EX-Ls Board of Directors Open Positions for 2018 (Treasurer and Membership Coordinator)

We are seeking candidates for a Treasurer and Membership Coordinator to serve on the EX-Ls Board of Directors starting January 1, 2018. The positions are nominally for a one-year term, but there is no limit on the number of terms that can be served. The Board of Directors meets at least four times per year and the meetings are “open” to all EX-L members. The duties of these two Board of Director positions are described below.

Treasurer: The Treasurer is responsible for the disbursement of all funds that are needed for the operation of the EX-Ls Association. He/she is expected to deposit collected funds into the bank that currently manages the EX-Ls funds in a timely manner. The Treasurer is expected to attend all luncheons to perform the above duties. If for some reason the Treasurer is not available, the President, the 1st Vice President and the Secretary have the same authority as the Treasurer to perform these responsibilities. The Treasurer will evaluate the financial status of the organization and make recommendations to the Board that he/she deem appropriate. He/she also, prepares financial reports for the Board meetings, and provides the Board, at the first meeting of the year, with a summary of the previous year’s income and expenditures. In addition, the Treasurer is responsible for maintaining the bank statements, year-end financial reports, and the Cumulative List of Charitable Donations (if any) in accordance with the EX-Ls’ Policy on Essential Documents.

For questions and more information about the position, please contact our current Treasurer, Kay Bristol, at kbristol@berkeley.edu, 510-665-8022, or talk to a current Board Member.

Membership Coordinator: The Membership Coordinator is responsible for maintaining the membership roster and membership statistics. Management of any lists containing private information is handled in accordance with policies approved by the Board. In accordance with the EX-Ls’ Policy on Essential Documents, the Membership Coordinator maintains copies of the Annual Directory of Members. The Membership Coordinator works closely with the University of California at Berkeley Retirement Center (UCBRC) which sends out all EX-Ls announcements. The Membership Coordinator is responsible for attending outreach events for new retirees, such as the annual Retirees Reception.

For questions and more information, please contact the current Membership Coordinator, Patti Powers-Risius at pattijac@icloud.com, 510-525-9045, or talk to a current Board Member.

EX-Ls 05-18-2017 Lunche**EX-Ls Guests**

Winnie Baker
Paul Banchemo
Eugene & Myrna Binnall
Kay Bristol
Nancy Brown-Williamson
Jerry Bucher
Joe Cerny
Jane Colman
Patrick Cullinane
Eleanor Dahl
Diane D'Aoust
David Edgar
Ben & Mary Feinberg
Trish Elliott
Trudy Forte
Kenneth Frankel
Regine & Larry Goldstein
Richard Gough
Joseph Grcar
Donald & Becky Grether
Warren Harnden
Steven Harnden
Diana Hopper
Ron & Marijean Huesman
Mildred Hughes
Vicky & Richard Jared
Kathy Jarrett
Joseph Katz
Stanley Klezmer
Judy Kody
Ginny & Heinz Lackner
Richard LaPierre
Almon Larsh
Burns MacDonald
Lynne McGraw
Mark Mendell
Bruce J. Miller
Nancy & Vic Montoya
Marty Morimoto
Leverett Pope
Michael Press
Hans & Maria Ritter
Donald Rondeau
Henry & Linda Rutkowski

Attendees and Guests**EX-Ls Guests**

David Schild
Esther Schroeder
Lee Schroeder
George Shalimoff
Brenda Shank
Starr Shulman
R.P. Singh
Barry Stockli
Danica Truchlikova
William Turner
Marian Whitehead
June Wong
Allan Zalkin

UC Guests

Lynn Bailiff
Richard & Barbara Barlow
Barbara Chan
Helen Clifton
Fran Cooper
David Duer
Sue Gerttinger
Pat Granberg
Nancy Horton
Sara Ishikawa
Patti & Steve Owen
Cathy Robinson-Walker
Ron Shoop
Kay Starkweather
Cary Sweeny
Antonia Sweet

Guest Speaker: Thomas Mann

Raffle Prize Winners:

Ron Huesman
Burns MacDonald
R.P. Singh

EX-Ls Luncheon

Date: **Thursday, August 17, 2017**

LOCATION: HS Lordships Restaurant, 199 Seawall Drive, Berkeley Marina



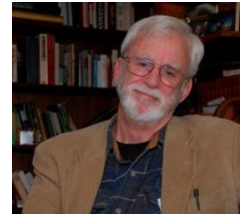
TIME: 11:30 AM - Lunch Served at 12:00 (or there about)

BANQUET ROOM LOCATION: Windsor Court Room - To the right of the entrance door
Opens at 11:30 – No Host Bar Service located in banquet room

BUFFET SELECTION: Caesar Salad + Sliced Seasonal Fruit + Fried Chicken + Salmon + Portobello Mushroom Ravioli + Mashed Potatoes + Fresh Seasonal Vegetables + Assorted Desserts. Dinner rolls and butter, water, coffee (hot tea on request) and iced tea.

Cost: \$30 per person (prepaid)

LUNCHEON SPEAKER: Dr. John Perry. He will discuss a number of issues concerning retirement from a philosophical (and a retired) point of view. Is one entitled to retire? Is one obliged to retire? Is it irrational to work harder in retirement than one did while employed? Is retirement the time to find meaning in human existence, or quit trying? Is there something wrong with you if you don't want to sit on the beach or go fishing? What's the rational way to look forward to, or worry about, senility? Is retirement a good time to delve in to the philosophy books you put off reading when you were younger? If so, which ones? Should all of us children of the 60s be marching on Washington? And what should we do when we get there?



TITLE OF TALK: "HOW CAN PHILOSOPHY HELP IN RETIREMENT?"

BIOGRAPHY: Dr. John Perry, is a retired philosophy professor. He was born in Nebraska in 1943; earned his B.A. from Doane College and his Ph.D. at Cornell. He moved to California in 1968, and since then has taught at UCLA, Stanford, UC Riverside and UC Berkeley, retiring from Stanford after almost forty years in 2008. He's written books on personal identity, the problem of evil, the philosophy of language and the philosophy of mind and, the most popular one, The Art of Procrastination. He is the co-creator and longtime co-host, with Ken Taylor, of the public radio program "Philosophy Talk". John and Frenchie Perry have been married 55 years; they have 3 (very) grown children and 10 grandchildren.

Reservations: Computer access to the EX-Ls Web page (<http://retirement.berkeley.edu/ex-ls>) will also give you the lunch form. **Kathy Bjornstad (New Activities Chair)** must receive your reservation by *Saturday, August 12*. Please mail form to Kathy, **4343 Arden Place, Oakland, CA 94602**. Call Kathy @ (510) 220-1273 - or email to: kathy.bjornstad73@gmail.com if you have questions or concerns.

REGISTRATION FORM: See you at the August 17 luncheon at Hs Lordships Restaurant. Be sure to make reservations by *Sat. August 12, 2017*.

Mail To: Kathy Bjornstad, (New Activities Chair) 4343 Arden Place, Oakland, CA. 94602.

I Plan to Attend (Name): _____

I will bring _____ guest(s) Name of guest(s): _____

Buffet Service - Advance choice is not required **\$30.00 per person – Check payable to EX-Ls**

Total Enclosed: \$ _____

First Time Attending Luncheon? _____ **LBNL Retiree?** _____ **UC Retiree?** _____

Willing to carpool: As Rider? _____ As Driver?: _____ Other Needs?: _____

Need to sit closer to the screen? _____ Buffet Assistance? _____