

UC Retirement Contacts and Resources

Who	Contact info/Question type
Retirement Administration Service Center (<i>RASC</i>)	<p>P.O. Box 24570, Oakland, CA 94623-1570 Monday–Friday, 8:30 a.m.–4:30 p.m. (PT) 1-800-888-8267; (call right at 8:30 to maximize response) Fax: 1-800-792-5178 Retiree pension and health care plans questions; Medicare enrollment process; Retirement counseling and questions (Counselor assigned after you submit “Request for Retirement Initiation Packet”)</p>
Steps to retire:	<p>https://ucnet.universityofcalifornia.edu/compensation-and-benefits/roadmaps/retiring.html</p> <p>Initiate retirement process:</p> <ul style="list-style-type: none"> - Log on to UCRAYs and select: Retirement > Initiate & Elect Retirement > Create PRP - Follow the prompts to create and save your Personal Retirement Profile (PRP) <p>OR</p> <ul style="list-style-type: none"> - Fill out the Request for Retirement Initiation Packet form: http://ucal.us/retirementform. Complete the request form online, save it as a PDF or Word document, and submit it either: Electronically, as a secure message attachment through your UCRAYS account or fax to 1-800-792-5178. RASC will confirm receipt of your request. - Remember to also notify your department of your retirement! <p>It is recommended to start the retirement process four months before you intend to retire. The retirement process generally takes 90 – 120 days. If you are retiring the beginning of January or July, consider the “No Lapse in Pay” opt in.</p>
UCRAYs (<i>UC Retirement at Your Service</i>)	<p>https://retirementatyourservice.ucop.edu/ - secure email messaging with RASC, portal for initiating retirement process, pension balance estimates, seeing service credit, etc.</p>

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MyUCretirement	http://myucretirement.com - "All things UC retirement" website for UC publications, explanations, and links to resources; includes Retirement Review and Readiness Score (personal statement of monthly retirement income), classes and one-on-one counseling (Fidelity). Includes links to UCNET with retirement and retiree health insurance publications, webinars, etc.
UC Retirement Savings Program (Fidelity Retirement Services)	http://netbenefits.com (Website for managing your 403b, 457b, and DCP plans) To arrange one-on-one financial counseling, call 1-866-682-7787 or go to https://myucretirement.com/Counseling Support staff are Eric Schreiber, eric.schreiber@fmr.com and Nancy Pargot, nancy.pargot@fmr.com
UC Health Care Facilitator Program	UCB: Gabe Schmidt, 510-664-4134 gabe.schmidt@berkeley.edu LBNL: Blanca Bocobo, 510-486-4269 Fax: 486-6009 Email: hcf@lbl.gov Assistance with healthcare related questions; help with using health plan
Retirement Center (different from the Retirement Administration Service Center- RASC)	http://retirement.berkeley.edu 101 University Hall (2199 Addison Street), Berkeley, Ca, 642-5461 Fax: (510) 643-1460, Email: ucbrc@berkeley.edu Retiree bMail (for staff/non-emeriti); Retiree ID Card, parking passes, Retiree (UCB, LBNL, & UCOP) and Emeriti Associations, e-news list; personal development and long-term care and retirement housing workshops. retirement planning resources on website
Office for Faculty Equity & Welfare (for UCB Faculty Considering Retirement)	https://ofew.berkeley.edu/retirement 200 California Hall, MC #1500 Berkeley, CA 94720-1500, Phone: 510-642-1935, Email: ofew@berkeley.edu ; Sam Davis, Retirement Faculty Liaison, sdavis@berkeley.edu , personal phone 510-712-0045 Pathway to Retirement Option, Emeriti Privileges. Professor of the Graduate School

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Social Security	https://www.ssa.gov/ Phone: 1-800-772-1213; TTY/TDD: 1-800-325-0778 for hearing impaired Berkeley office: 1-877-531-4696; 2045 Allston Way, Berkeley, CA 94704, To find an office close to your home: https://secure.ssa.gov/ICON/main.jsp ; Social Security balances, Medicare eligibility, enrollment and benefits, Social Security publications, “my Social Security” account)
Medicare	What to do if you’re enrolling in Medicare , publication from UC; For questions about UC retiree health insurance coordinated with Medicare, contact your UC Health Care Facilitator .
CalPERS	https://ltcpolicyhub.com/calpers/ ; Phone: (800) 908-9119 CalPERS has suspended open enrollment due to current uncertainty in the long-term care market and is no longer accepting applications. When enrollment is open, long-term Care coverage is available to current California public employees, retirees, their spouses, parents, parents-in-law, adult children and adult siblings, who are between the ages of 18 and 79 when they apply.
Rec Sports	https://recsports.berkeley.edu , Email: recsports@berkeley.edu (510) 642-7796 Now is the time to start an exercise routine that you can carry into your retirement. (LBNL – in person sign-up only)
Career Development	UCB People and Culture, Lisa Rykert Career & Professional Development Lead, lrykert@berkeley.edu ; http://hr.berkeley.edu/development/career-development LBNL: http://www2.lbl.gov/BLI/div-resources/All_Employees/Career_Planning_Workshop.html ; Elayne L. Chou, Ph.D. , Career and Leadership Development Coaching and Consulting , 1708 Shattuck Avenue, Suite 2 Berkeley, CA 94709 (510) 435-9773 drelaynechou@hushmail.com
Be Well at Work	Websites: https://uhs.berkeley.edu/bewellatwork ; https://uhs.berkeley.edu/bewellatwork/employee-assistance Email: Wellnessfacstaff@berkeley.edu ; employeeassistance@berkeley.edu Faculty & Staff Health Programs for UCB and LBNL: providing tools and workshops for healthy lifestyles, elder care counseling and employee assistance workshops, including topics like stress management, instant relaxation, and coping with transition/change