# CenterPiece

UC BERKELEY RETIREMENT CENTER ANNUAL NEWSLETTER

FALL 2021

#### From the desk of Cary Sweeney, Director

ver the last year or more, we've become heavily reliant on the use of technology to stay connected. Retirees have been incredibly resilient despite the challenges brought on by the pandemic. Many are new to Zoom and



have taken a leap of faith to participate in virtual lectures, learning as they go. We have hosted hundreds of participants at a time at our virtual lectures, and in some ways, they have provided relief from the daily stresses we've all

been experiencing.

I'd like to thank the emeriti and retiree volunteers, committees, and our community partners for their support of Retirement Center programs. Without your organizing, creativity, and support, none of what we do would be possible, especially in this challenging year!

This fall, most of our programs will continue to meet virtually. Here are some highlights:

• The UC Retiree Learning Series on topics like Gentrification, Dia de Los Muertos, UC Nature Reserves, and more (see page 4)! Retirees have been incredibly resilient despite the challenges brought on by the pandemic. Many are new to Zoom and have taken a leap of faith to participate in virtual lectures, learning as they go.

# MORE INSIDE ON... LEARNING OPPORTUNITIES Learning in Retirement 2 UC Retiree Learning Series 4

UC Retiree Learning Series 4

BERKELEY EMERITI ACADEMY 5

RETIREE ASSOCIATIONS COMMUNITY & ADVOCACY 7

RETIREE SERVICES AND PERKS 8

- The UCB Emeriti
  Association has new Emeriti
  Legacy Video interviews.
  This project captures the
  interesting experiences of
  our emeriti with videos
  available on their website:
  retirement.berkeley.edu/
  ucbea.
- Our flagship program, Learning in Retirement, which saw record participation this past year, starts its 23rd year (see pages 2 and 3).
- Retiree Associations provide an opportunity to connect with old friends and meet new ones (see page 7).
- Established this past fall, the Emeriti Academy

(emeritiacademy.berkeley.edu) supports collaboration with Emeriti colleagues from other departments and disciplines (see page 5).

The best way to stay informed and connected is through the electronic newsletter *CenterExpress*. If you are not already receiving the *CenterExpress*, you can email ucbrc@berkeley.edu to be added.

Cary Sweeney DIRECTOR





#### Learning in Retirement Committee, Professors Emeriti

Donald Mastronarde, Chair Linda Jewell Tom Laqueur Paul Licht Carlo Sequin

We are so very grateful for the generosity of Carol Ann Neisess D'Onofrio, Professor



program. Carol passed away on April 14, 2020.

Carol was Chair of the UCB Retirement Center Board from 2009-2011 and served as a member-at-large from 2006-2008. She served on the Learning in Retirement Committee for many years, chairing the committee from 2017-2019.

In honor of Carol's generosity, service, and dedication to the well-being of retirees, we announced the Carol D'Onofrio Learning in Retirement Series on Public Health in Spring 2021. The second lecture in this series will take place in Spring 2022.

#### More to Come

he LIR Committee has additional programs in development for 2022 including a series on invasive species. As we near the end of the fall semester, visit our website retirement.berkeley. edu/LIR or call 510-642-5461 to learn about the new LIR series. New programs will also be announced in our monthly eNewsletter the CenterExpress. Be sure to send us your email to ucbrc@berkeley.edu if you aren't receiving the CenterExpress.

# Learning in Retirement

C retirees and their guests may attend all programs at no cost. Advance Zoom registration is required for virtual lectures. For more information on each series and to register, go to: <u>retirement.berkeley.edu/LIR</u> or call 510-642-5461.

For lectures that have already passed, please check the Retirement Center website for a recording. Lectures are recorded at the discretion of the speaker.



# SOCIAL MEDIA, POLICY, AND THE PUBLIC GOOD

Organized by Donald Mastronarde, Professor of the Graduate School, Emeritus Professor of Ancient Greek and Roman Studies

# "The Value of Free Speech and the Challenges of Social Media"

Sarah Song, Professor of Law, Philosophy, and Political Science, Berkeley School of Law Wednesday, September 1, 2-3:30 pm

# "The Changing Supreme Court and Free Speech"

Erwin Chemerinsky, Dean and Jesse H. Choper Distinguished Professor of Law, University of California, Berkeley School of Law Monday, November 1, 2-3:30 pm

# "Dilemmas in Content Moderation Over Social Media and Collective Intelligence Solutions"

Douglas Guilbeault, Assistant Professor in the Management of Organizations, Haas School of Business; Faculty Affiliate at the Berkeley Institute for Data Science; Barbara and Gerson Faculty Fellow

Tuesday, September 21, 2-3:30 pm

"From Content Moderation to Community Care: What Does Restorative Justice Teach Us About Addressing Online Harm?"

Niloufar Saheli, Assistant Professor, School of Information

Wednesday, September 29, 2-3:30 pm

# US NATIONAL SECURITY PAST AND PRESENT

Organized by Tom Laqueur, Helen Fawcett Distinguished Professor Emeritus, Department of History

# "US National Security in the Era of the Cold War"

Daniel J. Sargent, Associate Professor, Department of History, UC Berkeley Tuesday, October 12, 2-3:30 pm

# "9/11 Twenty Years Later: The Evolution of Homeland Security"

Janet Napolitano, Professor of Public Policy and Director of the Center for Security in Politics, Goldman School of Public Policy; Former University of California President, Secretary of Homeland Security, and Governor of Arizona Tuesday, October 19, 2-3:30 pm

"These lectures changed the way I think about this topic.
So worthwhile!"
PAST ATTENDEE



#### "Security Issues Today: Bio, Cyber, and Climate Security"

Panel discussion featuring:

Janet Napolitano, Professor of Public Policy and Director of the Center for Security in Politics, Goldman School of Public Policy; Former University of California President, Secretary of Homeland Security, and Governor of Arizona

Daniel J. Sargent, Associate Professor, Department of History, UC Berkeley

Monday, December 13, 2-3:30 pm

#### **NEW DIRECTIONS IN TRANSPORTATION**

Organized by Linda Jewell, Professor Emerita of Landscape Architecture and Urban Design, and Betty Deakin, Professor Emerita of City & Regional Planning and Urban Design

# "Shared Mobility — Is Sharing Caring? Understanding Social and Environmental Impacts"

Susan Shaheen, Adjunct Professor, Department of Civil and Environmental Engineering, UC Berkeley Tuesday, November 9, 2-3:30 pm

# "California's Efforts to Reduce Greenhouse Gas Emissions through Transportation and Land Use Planning"

Betty Deakin, Professor Emerita of City & Regional Planning and Urban Design, UC Berkeley
Tuesday, November 16, 2-3:30 pm



"Fascinating topics and wonderful presentations!"

PAST ATTENDEE

## GEOMETRY, SYMMETRY, TOPOLOGY, AND ABSTRACT SCULPTURE

Organized by Carlo H. Sequin, Professor Emeritus of Electrical Engineering and Computer Science

## "Geometry, Symmetry, Topology, and Abstract Sculpture: Part I"

Carlo H. Sequin, Professor Emeritus of Electrical Engineering and Computer Science, UC Berkeley Tuesday, November 30, 2-3:30 pm

## "Geometry, Symmetry, Topology, and Abstract Sculpture: Part II"

Carlo H. Sequin, Professor Emeritus of Electrical Engineering and Computer Science, UC Berkeley Tuesday, December 7, 2-3:30 pm

#### **Peace Corps: Serving as an Older Volunteer**

**Returned Volunteer Panel and Information Session** 

Friday, November 19, 2021, 12:30 to 2:00 pm

Presented online via Zoom Registration: retirement.berkeley.edu/after-retirement

hether you're mid-career, ready to retire or well into your retirement years, Peace Corps service is the

opportunity of a lifetime—for couples, too. Join us at this special information session to learn about volunteer experiences firsthand from a panel of local Peace Corps volunteers who served later in life. You can also ask questions about service and gain tips to guide you through the application process. A



Peace Corps recruiter will be present to give an overview of the Peace Corps and be available to speak one-on-one.

For more information, please contact Kerry Carmichael at kcarmichael2@peacecorps.gov or 510-309-8398.



# BIG **GIVE** 2022

The Retirement Center L will participate in UC Berkeley's annual campus-wide fundraising event, the Big Give on March 10, 2022. We are so appreciative to the hundreds of retirees and community members who take this opportunity each year to support the Center and our programs. For more information on how you can participate, join our e-mailing list by emailing UCBRC@berkeley.edu. You can also donate to the Center anytime by visiting retirement.berkeley.edu/ donate.

# **UC Retiree Learning Series**



Partnering with Belmont Village, Albany, the UC Berkeley Affiliated Senior Living Community, and Front Porch (formerly Covia), the UC Retiree Learning Series aims to expand learning opportunities to retirees while providing an opportunity for retirees to learn about Bay Area retirement communities. For more information on the series and how to register, visit: retirement.berkeley.edu/ucrls or call: (510) 642-5461. We will continue offering lectures virtually this fall until it is safe to meet in person again. Look for announcements about

the spring in the CenterExpress.

We are grateful to our sponsors: Belmont Village, Albany, UC Berkeley Affiliated Senior Living Community, and Front Porch (formerly Covia).

#### October 6, 2021, 11:00 am

#### The Day of the Dead as Mexican National Symbol

Stanley H. Brandes, Professor Emeritus, Medical Anthropology, Sociocultural Anthropology Hosted by Belmont Village Albany, virtually

#### October 21, 2021, 11:00 am

#### History and Current Research of the Blue Oak Ranch Reserve

Dr. Mike Hamilton, Emeritus Reserve Director Hosted by Front Porch (formerly Covia), virtually

#### November 3, 2021, 11:00 am

#### The UC Natural Reserve System: California's Library of Ecosystems

Peggy L. Fiedler, Emeritus Director of the University of California Natural Reserve System Hosted by Belmont Village Albany, virtually

#### November 10, 2021, 11:00 am National Talk

#### **Understanding Diabetes and Pre-diabetes, the Risk Factors and Prevention**

Sarah Kim, MD, Associate Clinical Professor of Medicine and Director of the UCSF Diabetes Teaching Center

Hosted by Belmont Village Albany, virtually

This talk is in collaboration with multiple UC campuses and Belmont Village communities across the country.

#### November 17, 2021, 1:00 pm

#### Gentrification Explained

Professor Karen Chapple, Faculty Director and Professor of City & Regional Planning with the Urban Displacement Project

Hosted by Front Porch (formerly Covia), virtually



# BELMONT VILLAGE ALBANY CELEBRATES FOUR YEARS!

elmont Village Albany, UC Berkeley affiliated Senior Living Community, celebrated their 4th Year Anniversary with residents, family, and team members. The celebration was a wonderful reminder of the importance of creating a community of belonging year-round, especially given the challenges of a historical year. Live performances were by Amor Do Samba Dance Crew and Ashton Trinidad Caribbean Steel Drums.



# Berkeley Emeriti Academy

A community of scholars committed to continuing their contributions on campus and beyond.



# Berkeley Emeriti Academy

n October 26, 2020, the first-ever Emeriti Academy (EA) at the University of California was officially launched. Even with many activities put on hold because of the pandemic, the EA has so far recruited more than 100 members. One of the important services that the EA supports is an opportunity for consistent connection between emeriti and students. Students work with EA members on research projects, study panel presentations, and special projects such as a video library that captures UCB faculty's early interests and passions in short 5 minute videos to support undergraduates in choosing their major.

"It is a great pleasure to be part of the Emeriti Academy. [...] I am involved in interdisciplinary collaborations with other emeriti from a variety of disciplines. This engagement is both personally and professionally gratifying. The Emeriti Academy also allows each of us to meet new people and provide a new benefit to the campus community," shared Academy member Amy B. Joy, Professor Emerita of Nutritional Sciences.

One of the important services that the Emeriti Academy supports is an opportunity for consistent connection between emeriti and students.

The aim of the EA, with support from the Executive Vice Chancellor and Provost and EA Board, is to facilitate interdisciplinary emeriti engagement and discovery. The EA connects emeriti from across campus to engage in collaborative work that can involve teaching, student mentoring, study panels, or other special projects.

On May 3 and 5, 2021, the EA hosted a virtual showcase of a sample of interdisciplinary collaborations between emeriti and undergraduates in the 2020-21 academic year. In this two-day event, the Academy showcased five projects with six emeriti mentors and 17 undergraduates. Projects included a 2020 voter guide on healthcare policies, as well as projects documenting - through video interviews, research papers, and informational web pages - the evolving roles and experiences of women at Berkeley over the past 150 years, as part of the University's 150W History Project. These projects focused on the Berkeley communities of Asian American women and women in chemistry, city planning, and the Prytanean honor society. Also featured were short briefs created by students exploring Covid-19 vaccine hesitancy as part of a course taught by Professor Emeritus of Public Health John Swartzberg and Sam Davis, Professor Emeritus of Architecture.

John Swartzberg shares: "This would not have been possible without the terrific support of the Emeriti Academy. The EA handled all the logistical issues smoothly and timely....Without the support

## CenterPiece

The UC Berkeley Retirement Center is dedicated to helping retirees and their families live well in retirement. The UCBRC Advisory Board advises UCBRC on projects and programs.

#### **UCBRC Advisory Board**

Stephen Andrews, Member-At-Nilima Bhatia, Member-At-Large Sam Castaneda, Member-At-Large Jim Dolgonas, PARRA Ben Feinberg, EX-Ls Marian Gade, UCRAB Howard Hatayama, EX-Ls David Hollinger, UCBEA Sharon Inkelas, Ex Officio Amy Block Joy, UCBEA Lisa Kala, Member-At-Large Caroline Kane, Chair Bill Newton, PARRA Patti Owen, Past Chair; UCRAB Michael Ray Trevino, Member-At-Large

#### **Retirement Center Staff**

Cary Sweeney, Director Camille Koué, Associate Director Sigrid Mueller, Emeriti Academy Program Manager

#### **CenterPiece**

Newsletter Design: Alexander Atkins Design, Inc. of the EA, I do not think we would have embarked upon the course."

While the pandemic forced many students to return to their homes across the country and all over the world, the projects between the students and emeriti continued. One student shared, "We are grateful to our emeriti mentors for their extensive knowledge and invaluable guidance. Their mentorship made our [URAP] project possible. Due to them being retired, we could contact

them a lot more with our questions and received a lot of focused attention."

The bond between mentors and mentees was so tangible and the students' presentations so impressive that the Academy board has been invited to recruit emeriti/ae as mentors for two campus-wide initiatives designed to improve undergraduate education. To learn more about the Emeriti Academy or to view recordings of the two-day event, go to: emeritiacademy.berkeley.edu.

# MANY THANKS GOES OUT TO THE EMERITI ACADEMY BOARD FOR THEIR EFFORTS:

Co-Chairs: Angelica Stacy, Prof. Emerita, Chemistry; Sheldon Zedeck, Prof. Emeritus, Psychology

Carolyn P. Cowan, Prof. Emerita, Psychology

Phil Cowan, Prof. Emeritus, Psychology

Fiona Doyle, Prof. Emerita, Materials Science & Engineering

Malcolm Feeley, Prof. Emeritus, Law, Senate Committee on Faculty Welfare

Cathy Gallagher, Prof. Emerita, English

Sharon Inkelas, Associate VP, OFEW

Amy B. Joy, Prof. Emerita, Nutritional Sciences, UCB Emeriti Association

Todd LaPorte, Prof. Emeritus, Political Science

Ken Polse, Prof. Emeritus, Optometry & Vision Science

Renee Sung, Prof. Emerita, Plant & Microbial Biology

### BERKELEY HOME MATCH

Perkeley Home Match has been on hold since March 2020. However, plans are in place to resume matching for spring 2022. If you are interested in being matched with a



graduate student to live in your home or would like more information about the program, email homematch@ berkeley.edu. Information about our program can be found at: homematch.berkeley.edu.



# Retirement Center Raises Record Amount

hank you! This year, the Retirement Center raised more money than ever before, with 538 donors generously giving over \$66,000. Thank you! We depend upon your ongoing support to help fund our programs and graciously accept donations throughout the year. To donate now, visit our website at retirement.berkeley.edu/donate, or mail your donation by check made payable to UC Berkeley Retirement Center to UC Berkeley Gift Services, 1995 University Ave, Ste 400; Berkeley, CA 94704-1070; Memo line on the check: Fund FH0103000. Be on the lookout for our annual appeal later this year and join us for the Big Give on March 10, 2022.



## ONLINE REGIS-TRATION FOR ALL PROGRAMS IS EASY

Registration is available three ways:

- **1.** Register online at **retirement. berkeley.edu**
- 2. Email UCBRC@berkeley.edu
- **3.** Call the Retirement Center at 510-642-5461





The CenterExpress is our monthly eNewsletter providing timely information about upcoming events, Retirement Center news, and support for both our retired and soon-to-be-retired communities from UC Berkeley, Lawrence Berkeley National Lab, and UC Office of the President.

#### **NETWORK WITH SOCIAL CONNECTIONS**

Our Retiree Associations' events and activities provide opportunities to connect with colleagues and engage in lifelong learning. Associations are actively involved in advocacy at the campus and statewide levels to protect retiree rights.



#### **UC BERKELEY EMERITI ASSOCIATION (UCBEA)**

UCBEA serves as an advocate of Emeriti interests, acting through campus and systemwide organizations, giving emeriti a voice in many decisions made on campus and at the Office of the President. UC Berkeley emeriti are automatically members with no dues required. The association typically meets several times a year for in-person luncheon lectures. Lectures will be held virtually or in person at the Women's Faculty Club, depending on what circumstances allow. Luncheons: 10/9/21, 11/6/21; Distinguished Emeriti of the Year Reception: 12/1/21 retirement.berkeley.edu/ucbea ucbea@berkeley.edu



#### **UC RETIREES' ASSOCIATION AT BERKELEY (UCRAB)**

Membership is open to all retired staff and academic employees of UC Berkeley and other UC locations, including current UC Berkeley employees who are eligible for retirement. UCRAB provides advocacy, outreach, community engagement, and networking activities. UC Berkeley retirees are automatically members with no dues required. UCRAB holds quarterly luncheon lectures as well as a holiday party at the end of the year. Lectures will be held virtually or in-person, depending on what circumstances allow. Luncheons: Check the website for upcoming virtual luncheon lecture dates. UCRAB trips are currently postponed. Check website for updates.

retirement.berkeley.edu/ucrab ucrab@berkeley.edu



#### LAWRENCE BERKELEY LAB RETIREES ASSOCIATION (EX-LS)

The EX-Ls is an organization of Lawrence Berkeley National Laboratory retirees whose purpose is to provide social, cultural, and intellectual relationships among retired and/or ex-employees and their families. The EX-Ls Retiree Newsletter is published quarterly. Any retiree of LBNL and their spouse or domestic partner is an automatic member. Lecture luncheons will be held virtually or in-person, depending on what circumstances allow: 11/18/21, 2/17/22, 5/19/22, 8/18/22 & 11/17/22. retirement.berkeley.edu/ex-ls EX-Ls@berkeley.edu

# PRESIDENT'S AND REGENTS' RETIREE ASSOCIATION (PARRA)



All retirees of UCOP are automatically members of PARRA but are encouraged to pay \$10 voluntary dues annually. PARRA holds two luncheon lectures per year. The next luncheon will be held on November 5th, 2021. PARRA also coordinates various volunteer activities where PARRA members assist various nonprofit organizations. retirement.berkeley.edu/parra jdolgonas@yahoo.com

University of California, Berkeley Retirement Center 101 University Hall Berkeley, CA 94720-1550 Nonprofit Organization U.S. Postage Paid University of California Permit No. 8285



o take advantage of special offers you must use a Retiree ID card that identifies you as retired from UCB, LBNL or UCOP, or their surviving spouse or partner.

To obtain your free card, email <a href="mailto:UCBRC@berkeley.edu">UCBRC@berkeley.edu</a> or call 510-642-5461.

#### SELECTED CAL CONNECTIONS

- 20/20 Vision Plan discount at University Eye Center
- Free admission at the Berkeley Art Museum & Pacific Film Archive (BAMPFA)
- Discount in Annual Membership at the UC Botanical Garden at Berkeley
- Cal Athletics season tickets discount
- Discounts on select Cal Performance events
- Access to Cal Rentals housing services
- Cal Rec Center annual membership discount
- Retiree bMail service
- Access to campus Health Care Facilitator
- Free enrollment to The Berkeleyan eNewsletter
- Free UCB library card
- Music Department performance discounts
- Osher Lifelong Learning Institute membership discount
- 10% Cal Student Store discount
- UC Press online purchase discounts
- Membership discounts at The Faculty Club and the Women's Faculty Club
- Discounted Retiree parking permits

Visit retirement.berkeley.edu/retiree\_id for details on the Cal Connections.



101 University Hall, Berkeley, CA 94720-1550 Phone: 510-642-5461 • Fax: 510-643-1460 Email: ucbrc@berkeley.edu Web: retirement.berkeley.edu



#### **RETIREE BMAIL**

For an annual fee, retirees of Berkeley, UCOP, and LBNL can have a @berkeley.edu bMail account (or maintain the one they already have). Retiree bMail comes with campus tech support, storage space, anti-virus software downloads, access to LinkedIn Learning, and more! Application and payment information is available at retirement.berkeley.edu/bmail.



#### **OFFICE HOURS**

University Hall, and by extension the Retirement Center, remains closed to the public at least through the end of 2021. Staff are monitoring voicemails and emails and will respond as quickly as possible. If you need to speak with a Center representative, please call us at 510-642-5461. You can also email us at UCBRC@berkeley.edu. Check our website for the most up-to-date information on Center news and reopening plans.