



# UCRAB Newsletter

University of California Retirees' Association at Berkeley

UC BERKELEY RETIREES' ASSOCIATION INVITES YOU TO THE

## ***SPRING LUNCHEON***

MARCH 17, 2016, featuring guest speaker, Joseph Lurie

Hs Lordships Restaurant, Berkeley Marina  
11:00 AM No Host Bar and Social  
12 Noon Lunch

*Inspired by a West African proverb that says "The stranger sees only what he knows," Joe Lurie will share a feast of cross-cultural stories and misadventures, exploring the deeper cultural messages that escape people who hear largely what they're used to hearing and see mostly what they're used to seeing. Gleaned from his years of research, travel and managing Berkeley's International House, Lurie reveals how cultural filters distort perceptions of others in the worlds of immigration, diplomacy and business.*



### **Perception and Misperception in a Globalized, Polarized World**

by

**Joseph Lurie, Executive Director Emeritus  
Berkeley's International House**

Joe Lurie is Executive Director Emeritus of Berkeley's International House where he served for two decades. Since retiring from I House, Joe has been teaching cross-cultural communication to Berkeley undergrads, as well as offering intercultural courses at the Osher Institute for Life-long Learning and the Fromm Institute at USF. He's also lectured for Cal Discoveries in France, South Africa and Thailand. A former Peace Corps Volunteer, he has directed academic programs in France, Kenya and Ghana for the School for International Training, and is author of the recently released *Perception and Deception, A Mind-Opening Journey Across Cultures*. ([www.Perception-AndDeception.com](http://www.Perception-AndDeception.com))

Please RSVP BY MARCH 14, 2016.

Online registration is available here:[http://www.retirement.berkeley.edu/ucrab\\_events](http://www.retirement.berkeley.edu/ucrab_events)

Or, register by phone (510) 642-5461

(If no answer, please leave voice mail with name, email address and name of event registering for.)

Please make checks payable to UCRAB for \$25 per person.

Mail payment to UCRAB, 101 University Hall, Berkeley CA 94720-1550

Patricia Hardy, Luncheon & Speaker Coordinator

## Membership

The UCRAB Holiday Party had a nice array of raffle items donated by our board members and the following local business owners resulting in a festive and bountiful raffle gift table.

Little Star Pizza  
1181 Solano Avenue  
Albany, CA 94706

T-Rex BBQ  
Gilman and 10th Street  
Berkeley, CA

Junket Deli  
El Cerrito Plaza  
El Cerrito, CA 94530

Viv & Ingrid  
2142 Oxford Hall  
Berkeley, CA 94704

Restaurant Valparaiso  
1403 Solano Avenue  
Albany, CA 94706

Angeline's Louisiana Kitchen  
2261 Shattuck Avenue  
Berkeley, CA 94704

Thanks to all for these generous donations!

Also, thanks to all of you who renewed your UCRAB memberships and a special thanks to the following NEW members.

Donata Hubert  
Martha Muhs  
Edith Radkey  
Diane Wolcatt

See you at an upcoming UCRAB luncheon or on a trip!

*Isabelle Revoir, Membership Coordinator*

## Workshops

The Retirement Center is pleased to offer a number of free workshops to retirees and their partners or spouses around legal, estate and long-term planning. Below are the session topics and dates. All workshops are held in University Hall, Room 150, from 2:30 - 4:00 pm. The Long Term Care and Estate Planning Legal Clinic runs from 2:30 - 5:00 pm. To register, please call 510-642-5461 or email [ucbrc@berkeley.edu](mailto:ucbrc@berkeley.edu). For more information, including workshop descriptions, go online to: [http://retirement.berkeley.edu/workshops\\_details](http://retirement.berkeley.edu/workshops_details)

How to Detect a Black Sheep on a White Horse and Stop Scams Targeting Retirees - March 24  
Housing Considerations in Retirement - April 7  
The ABC's of Long Term Care: An Overview - April 28  
Retirement Doesn't Mean You Stop Planning for Your Future - May 12  
Long Term Care and Estate Planning Legal Clinic - May 19

*Cary Sweeney, Retirement Center Director*

## UCRAB Board of Directors

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## ***UCRAB Day at the Races – Kentucky Oaks Stakes***

This year on Friday May 6, 2016, our 14th Annual Day at the Races at Golden Gate Fields will take place on a very special day, The Kentucky Oaks Stakes. This is the day before the Kentucky Derby which is held on Saturday, May 7, 2016 and guests are more than welcome to wager in advance for the Kentucky Derby.

The Longines Kentucky Oaks is America's premier and most lucrative race for 3-year old fillies – female horses - held each year on the day before the Kentucky Derby. This feature race is a \$1 Million Grade 1 stakes race and awards the winning filly a garland of lilies, appropriately named "lilies for the fillies." Like the Kentucky Derby, the Longines Kentucky Oaks race is one of the longest continually held sporting events in American history, and one of the only horse races to take place at the original site of its inception. The race was established on May 19th, 1875, by the same founder of the Kentucky Derby, Colonel Meriwether Lewis Clark, and is modeled after the British Epsom Oaks.

Kentucky Oaks Day at Churchill Downs is the fourth highest attended horse race in the United States – following the Triple Crown of racing; the Kentucky Derby, the Preakness Stakes, and the Belmont Stakes. Aside from thunderous live horse racing, fans celebrate fashion and fundraising for critical women's health issues.

The price per person is \$45 per person (tickets are worth \$60) and will include reserved seating in the elegant Turf Club, valet parking, daily racing program, prime rib buffet, tax/tip for the food servers and a race named in honor of our group. This fun filled day is also a fundraiser for our scholarship fund, and a portion from each ticket will go to the UC Oakland Initiative Scholarship Fund.

Please register by April 22, 2016.

You may use the form below (buffet menu on the verso) to mail in your reservation and payment, or you may reserve online at [http://www.retirement.berkeley.edu/ucrab\\_events](http://www.retirement.berkeley.edu/ucrab_events).

*Iola James. Event/Trip Director*

## ***14th Annual UCRAB Day at the Races The Kentucky Oaks Stakes ~ Friday, May 6, 2016***

Join us for food and fun times in the elegant Turf Club at Golden Gate Fields in Albany.

The registration fee includes: Preferred parking, complimentary racing program and outstanding all-you-can-eat buffet lunch. (The menu is on the back of the newsletter.) Come join the festivities. Remember, a portion of the proceeds are set aside for the UCRAB scholarship fund. Don't miss out!



Gate opens at 11:00 a.m. Buffet times: 11:30 a.m. to 2:00 p.m. First race: 12:45 p.m.  
Last race: 4:30 p.m. (approx.)

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 Yes, I plan to attend "Day at the Races" with UCRAB on Friday, May 6, 2016  
Registration deadline is Friday, April 22.

Member: \_\_\_\_\_ \$45.00

Guest: \_\_\_\_\_ \$45.00

Total enclosed: \$ \_\_\_\_\_

Make checks payable to UCRAB, and mail to: UCRAB, 101 University Hall, Berkeley, CA 94720-1550  
Directions: Take the Gilman Street exit off Interstate 80 – Go towards the Bay to 1100 East Shore Hwy.,  
Albany, CA.

Tickets will be held for you at will call.

University of California  
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101 University Hall  
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## *14th Annual UCRAB Day at the Races, Friday, May 6, 2016*

### **Turf Club Buffet Menu 2015-2016**

(Menus subject to change)

#### **Salads:**

Mixed Baby Greens - With mushrooms, shredded carrots, cherry tomatoes, English cucumbers and cheddar cheese

Peanut Coleslaw - A light vinegar based dressing with herbs, fresh ginger, and a hint of wasabi

Spinach & Grape Chopped Salad - Fresh baby spinach tossed with nuts, fete cheese, and a walnut-raspberry Vinaigrette

Greek Salad - Chopped Iceberg Lettuce topped with Tomatoes, Kalamata Olives, Cucumbers and fete cheese topped with an Italian Vinaigrette

Fresh Fruit Salad - Watermelon, cantaloupe, honeydew, red grapes and pineapple

#### **Entrees & Sides:**

Soup Du Jour

Herb Roasted Garlic Red New Potatoes & Vegetable

Vegetable Stir Fry

Crispy Herb Baked Cod - Herb tossed panko on top of cod baked until golden brown

Chicken Parmesan - Breaded and baked chicken topped with marinara sauce and mozzarella cheese

Golden Gate Fields "Signature" Fried Chicken Carving

Slow roasted Prime Rib - Served with au jus and horseradish cream

Roasted Turkey Served with cranberry sauce and turkey gravy

Roasted Ham Served with a honey mustard sauce

#### **Desserts:**

Petite French Pastries, pies, & cake